



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 9 am or 7 pm Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)
fr.nahachewsky@eeparchy.com

Deacon: Dcn. John Lukey

johndebzielukey@yahoo.ca

Pastoral Care (visiting shut-ins):

Debbie Lukey

780-478-4337

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Toll Free: 1-866-886-3946

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.

Sunday, January 25, 2026

Sunday of the Publican and the Pharisee; Octoechos Tone 8; ✙ Our Holy Father Gregory the Theologian, Archbishop of Constantinople.



It must be **Children's Liturgy** today... Marilyn the Catechetical Puppet has been spotted lurking around.



Just a friendly reminder to everyone that we are having a **Nalysnyky Bee** on Thursday, February 29th at 9am. For those of you that typically come to make the crepes before our start time, I will have the batter ready to go for 7am! As always, we really appreciate those that can commit to assisting in the "behind the scenes" of a work bee. I look forward to seeing everyone that is able to help! See the announcements section for the full list of Frozen Food Bees. Blessing on you all.Lisa

Also, watch for sign up sheets by the parish office for our upcoming **Bake Sale Baking Bees**. Your help making the delicious breads and other items is so important, as the Easter Bake Sale is an important parish fundraiser. Even if you don't quite know how to bake... or cook things. Come, we can teach you and use your help at the same time!



Happy 2nd Diaconal Ordination Anniversary Deacon John.

Thank you Volunteers for our Awesome Malanka! See more on page 2.



Pre-Lent (part 2)

In the Ukrainian Catholic Church, the Sunday of the Publican and the Pharisee is an important moment in the pre-Lenten season—a gentle period of spiritual preparation leading toward Great Lent. Together with this Gospel theme, the Church also draws attention to a simple and powerful prayer known as the Jesus Prayer, which expresses the heart of repentance and humility.

The Sunday of the Publican and the Pharisee

This Sunday is focused on a parable told by Jesus in the Gospel of Luke (18:10–14). In the story, two men go to the temple to pray. One is a Pharisee, a religious leader known for carefully following religious laws. The other is a publican (tax collector), someone viewed as sinful and dishonest.

The Pharisee stands proudly and thanks God that he is not like other people. He lists his good deeds and compares himself favourably to...

continued on page 3

Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Perochy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

For reasons of food safety and liability our policy regarding food in the hall is A> No outside food is permitted, B> All food is to be consumed in the hall, C> No leftovers are given out, D> No take-out food.

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
Deacon - Dcn. John Lukey
President – Mark Helmak
Past President – Peter Fedorak
1st Vice-President – Mark Ramsankar
2nd Vice-President –Deacon John Lukey
Secretary – Mariya Mahalyas
Treasurer – Dale Kluk
Archivist – Diana Horyn
Cultural – Ken Kozak
Fundraising – Terry Yackimec
Hall Rental – Lisa Borosuk & Gladys Woitas
Ladies' Club – Dianne Kluk
Knights of Columbus – Darrell Uchach
Men's Club President – Marc Chiasson
Youth Coordinator – Emmette Lysak
Maintenance – Larry Wayne
Membership – Lorna Chiasson
Social – Edd Horyn
Spiritual – Debbie Lukey

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo a month or more in advance

Weddings:

- Contact Fr. Bo a year in advance if possible

Funerals:

- Contact Fr. Bo as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

Malanka Celebration 2026

This successful parish event was held on January 10th. It was successful, because fifty-three (53) volunteers offered their time and efforts to host this annual New Year's celebration. The Malanka Organizing Committee (Rose Marie Semchuk, Marge Bachynski, Trina Horyn, Rose Marie Sumka, Lisa Borosuk, Cynthia Moolyk, Diana and Edd Horyn) appreciated the overall generous support from the parish volunteers. It was gratifying to see the social interaction that was shared as we hosted the event for 159 guests. We received many compliments on the entire program of the evening, from the welcoming ambience, the delicious supper banquet, and the music entertainment of the Sparkling Tones. Another positive outcome was that our ticket sales and bar service provided us a financial boost of \$6,235.78 for our parish. This is just another example of tremendous team work!! **God bless all of our Volunteers and Thank you.**

This Saturday the participants of our Alpha Program are spending the whole day at church to learn about the Holy Spirit.

While we are learning about prayer, we request your prayers. Please pray for us so that we can truly feel the Spirit working within us.

If you have questions about our Alpha Program, please contact Fr. Bo or Dianne or Dale or Eli or Kat or Alyssa or Joyce or Ken or Fred or anyone who is participating in it. We would all be happy to explain what this very worthwhile program is about.



I know I was supposed to put something here.... for the life of me I can't remember what it is supposed to be.

Sorry.

If it's your announcement, please let's announce it at the end of our Liturgy.

Maybe... the "End of Life Issues Talk"? I think I have both speaker's on board, but it's still being planned and likely won't happen till after Easter... so not likely.... but I guess I could put a teaser here..... maybe.... okay I did.

Last Sunday's Donations:

Collection	\$1579.00
Candles	\$18.50
E-transfers	\$185.00
Building Fund	\$0.00

Pre-Lent: Continued from Page 1

... others. The publican, by contrast, stands at a distance, does not even look up to heaven, and prays simply: "God, be merciful to me, a sinner." Jesus concludes the parable by saying that the publican—not the Pharisee—goes home justified before God.

This Sunday teaches that humility matters more than religious performance. Being outwardly religious can become detrimental, especially if it leads to pride or judgment of others. True spirituality is internal. Prayer must begin with honesty, repentance, and trust in God's mercy.

The Pre-Lenten Season

The Sunday of the Publican and the Pharisee is the first full Sunday of the pre-Lenten season (Technically Zacchaeus Sunday Evening is the beginning of this season), which prepares believers for the deeper spiritual effort of Great Lent. Rather than beginning immediately with fasting and strict practices, the Church first focuses on shaping the right attitudes of the heart.

Each pre-Lenten Sunday highlights a spiritual lesson:

- Zacchaeus teaches the desire to seek God.
- The Publican and the Pharisee teach humility.
- The Prodigal Son reveals God's mercy.
- Meatfare, also known as Last Judgement, calls attention the need to serve others.
- Cheesefare, also known as Forgiveness Sunday, focuses on reconciliation as well as fasting.

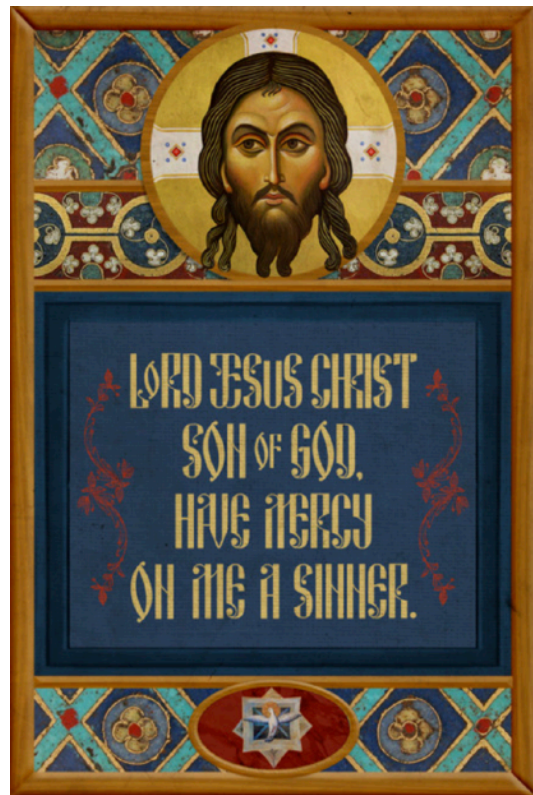
This gradual approach helps people prepare inwardly, so that Lent becomes a meaningful journey rather than just a set of rules.

The Jesus Prayer

Closely connected to the message of this Sunday is the Jesus Prayer, a short prayer widely used in the Eastern Churches. The prayer is usually said as:

"Lord Jesus Christ, Son of God, have mercy on me, a sinner."

This



prayer echoes the words of the publican in the Gospel. It is simple, direct, and deeply personal. The Church encourages people to repeat it quietly throughout the day—while walking, working, or resting. Over time, it helps shape the heart toward humility, repentance, and constant awareness of God's presence.

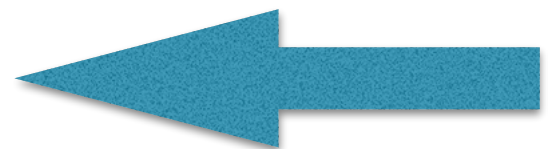
The Jesus Prayer is not about feeling guilty or unworthy. Instead, it teaches that God's mercy is always available and that prayer does not need to be complicated to be sincere.

Why This Matters

The Sunday of the Publican and the Pharisee is a reminder that spiritual life begins with honesty and humility, not comparison or self-congratulation. The pre-Lenten season gently prepares believers for change, and the Jesus Prayer offers a simple way to live that change.

First Solemn Communion

Let us know of any kids who
are ready for the Sacraments.
Typically Grade 2-ish



Just come and talk to
Fr. Bo, or you can send
an email to
office@ehcucp.ca



Walking With St Peter From Sinner to Saint

a 3 Day Lenten Mission with

Bishop David Motiuk

February 20 - 22

Friday 6 pm. Saturday 6 pm. Sunday 10 am.
Priests will be available for Confessions.

At Exaltation of the Holy Cross Ukrainian Catholic Parish
9003 153 Avenue, Edmonton, AB

Everyone Welcome.

See EHCUCP.ca for more information



Exaltation of the Holy Cross
Ukrainian Catholic Parish



Home Blessings 2026

I hope to visit many more of you in your homes, to both bless your homes and to better get to know you. This is one of our Ukrainian Catholic traditions that happens after the feast of Theophany.

If you would like me to come to your home, simply fill out the paper on the table in the entrance of the Church. **PLEASE PRINT CLEARLY AND INCLUDE YOUR PHONE NUMBER!** I will try to accommodate a good number of parishioners each week, but please be patient with me. I will do my best with the time available to me.

I am sorry that I don't have a tonne of different available time slots. I guess I am a busy priest. I suppose in a way that is a good thing.

What to Expect and Do for Home Blessings



House blessings typically take about 5-10 minutes. However I (Fr. Bo) would like to sit and get to know you a little. So I might stay up to 25-30 minutes if you let me. I will try not to exceed 30 minutes per household as it would make me late for my next appointment.

I will always give you a quick phone call from the previous person's home to let you know I'm on my way. If something comes up in your schedule and house blessing won't work for you, simply call me on my cell phone: 780-340-3726. I hope it does not happen but I will do the same if something happens and I can't come.

When I come gather your family (if you have others living with you) and turn off any TVs, radios and other distractions. We can start the blessing at your icon corner, or at your kitchen or dining room table. I will bring an icon with me, and we can put it on your table if you don't have your own focal point to pray in front of (such as a bible, icon or cross).

After saying/singing the prescribed prayers, I can walk through your house sprinkling it with recently blessed Holy Water. It's not a bad idea to have someone leading me through the house so that I don't go any place I am not supposed to. This is a great job for a kid(s) to do if you have any children around. If you would rather me just stay in the one room instead of walking

everywhere, just say so. God can bless all the house without me physically going around.

Once I have sprinkled your home with Holy Water, we will conclude the prayers at the place where we started. After this we can visit for a little. I would love to know who you are a little better, what ideas you have for our church, and what we can do to serve you and your family better.

Don't worry about feeding me. I need to lose a few pounds and I don't like coffee anyway.

Young Adults and our Choir are meeting together on Monday, February 9 at 6 pm to discuss some new and exciting ideas.

Hey Young Adults: we really want "our" parish to be "your" parish. It's time for you to shape the way we do our prayers and liturgy to make them fit more with what you need. Help us figure out how can we make our prayer both profound and sacred, yet also upbeat and joy filled? What type of songs do we wish to sing before and after the Liturgy? Come join us for this "funner" meeting, especially if you want to have a "voice" in our parish. (pun intended)





Dear Friends,

Time moves on and Valentine's day is just around the corner. That means it's time for Table for Two! This year it will be held at Exaltation of the Holy Cross parish hall, 9003 – 153 Ave, Edmonton.

Registration is open so register yourself or someone else as a gift! Invite others that you know who will enjoy this evening.

As always, couples who are dating or married are invited to take part in this romantic candlelit dinner which provides the ideal opportunity to focus only on each other and the faith you share.

Each of the courses is served up with discussion starters which invite couples to explore and deepen their relationship with each other and with God.

There will be a short presentation on a topic related to sacramental marriage.

We hope you will join us on Feb 15 at 5:30 – 8:00 pm.

The cost is \$95 per couple which includes appetizers, beverages and a three course meal, curated and created by our professional chef Teresa.

Register soon as the deadline to register is Feb. 9 and there are limited spaces.

Go to: <https://tinyurl.com/TableforTwo26>

or scan the QR code:

Allergies and food sensitivities will be accommodated within reason.



Just a reminder to all that your priest, Fr. Bo, is extra NEURO-SPICY

In other words Fr. Bo has significant, if not super intense, ADHD and this often makes him forgetful, disorganized and... well... weird. But he is still lovable! Bonus: I'm both Hyperactive and Inattentive! (I won the ADHD lottery!)

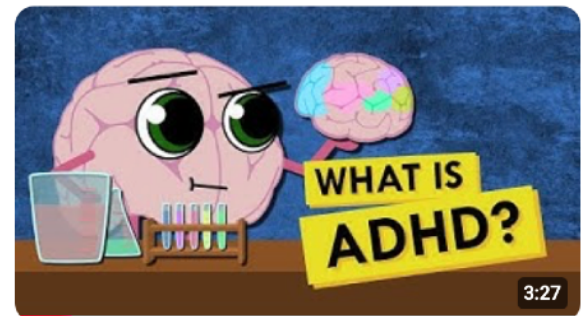
If you are ever wondering about why he does things the way he does, or why he does not always call people back or answer his emails, or perhaps in the middle of a conversation he gets interrupted and then forgets he was talking to you, or he seems to get certain projects done quickly while others... like Safer Environments or cleaning his office seem to take forever... please just simply talk to him.

He does not try to make things difficult on purpose (especially you people who ask him to put something in the bulletin). He just is a "little different". To learn more about ADHD and how it affects people please consider watching one of these youtube videos:

And remember everyone has their interesting things about them.

Normal does not really exist.

Think about it: Have you ever met a normal person?



[HTTPS://WWW.YOUTUBE.COM/WATCH?V=XMWTGOZN5JU](https://www.youtube.com/watch?v=XMWTGOZN5JU)



[HTTPS://WWW.YOUTUBE.COM/WATCH?V=D7QUXM0IPDU](https://www.youtube.com/watch?v=D7QUXM0IPDU)

INTEGRITY • COURAGE • MANLINESS • COMMITMENT • FIDELITY



MEN of INTEGRITY

Lead by Example!

St. Joseph

IDENTITY AND MISSION: SONSHIP TO SACRIFICE

MARCH 6-7, 2026

**HOLY FAMILY PARISH
75 POIRIER AVE. ST. ALBERT**



DEVIN SCHADT

FOUNDER OF FATHERS OF ST. JOSEPH



COLIN MACKENZIE

CONNECTED CONVERSATIONS



BISHOP GARY FRANKEN

ST. PAUL DIOCESE



FATHER PAUL MORET

HOLY TRINITY CATHOLIC CHURCH

EARLY BIRD REGISTRATION

\$60 MAN | \$45 STUDENT/SENIOR

AFTER FEBRUARY 1ST

\$70 MAN | \$55 STUDENT/SENIOR

AT THE DOOR

\$80 FOR ALL

REGISTER HERE



WEEKEND INCLUDES

ADORATION - CONFESSION

MASS ON FRIDAY AND SATURDAY

LIGHT BREAKFAST - LUNCH - SNACKS

TALKS - VENDORS - FELLOWSHIP

FRIDAY: 5:00-10:00PM

SATURDAY: 7:00AM-4:00PM

WWW.CATHOLICFAMILYMINISTRIES.COM | REGISTRATION QUESTIONS 780-920-7878

Parish Announcements

Info for Volunteers + Volunteers Needed:

- If you did not get your **membership renewed** (or started) for our parish, you can still make arrangements to do so later through Lorna Chiasson, our Membership Coordinator. However there will no longer be a person sitting and waiting for you after Liturgy. Not sure who Lorna is? Ask Fr. Bo or any parish council member.
- Please consider being part of our **Parish Pastoral Council in 2026**. This is the group that works with the clergy to run the parish. If you are interested please talk to Mark Helmack, or speak to the parish through the parish office on Wednesday mornings.
- Our parish is **looking for a volunteer to be our Kitchen Coordinator**. This person would be the primary person who would oversee a small group of volunteers who will assist them with purchasing of kitchen supplies & regular groceries (not special event groceries); Maintaining and occasionally organizing/cleaning the kitchen; and Ensuring kitchen appliances are in working order (with help from our maintenance team when needed). If you have some energy and can help this parish, please volunteer by contacting Dianne Kluk, either after liturgy, at the parish office on Wednesdays, or by email at office@ehcucp.ca

General Parish Announcements:

- **Always Our Parishioners:** You may have noticed in the entrance of the Church there is a trifold handout entitled "Always our Parishioners". Now in addition to the handout there are small sheets which you can fill out letting us as a parish know about people who are no longer able to physically come to the church...Perhaps they are in a nursing home, hospital, or shut-in their own homes, it is important for us to go and be with them. But we can't be with them if we don't know who and where they are. So if you know of someone who would like pastoral visits, please fill out one of the forms for them, and then give it to a greeter or drop it into the collection plate. Please include contact information for them. **Everyone is important in our parish. Let's not leave anyone out.**
- **Table For Two: You are my Valentine:** This romantic candlelit dinner provides the ideal opportunity to focus only on each other and the faith you share. Each of the courses is served up with discussion starters which invite couples to explore and deepen their relationship with each other and with God. There will be a short presentation on a topic related to sacramental marriage. Register yourself or someone else as a gift!

For adults: dating or married. On Sunday, Feb 15, from 5:30 – 8:30 pm, at Exaltation of the Holy Cross Parish, 9003 – 153 Ave, in Edmonton. The cost is \$95 per couple, but you get one heck of a great meal, fancier than in most restaurants for that price AND it includes the discussions. Please register by February 9th. Go to <https://tinyurl.com/>

TableforTwo26 or contact
Bernadette.mandrusiak@eeparchy.com

- **Our Question Box:** In our Church's entry there is a "Question Box". If you have a question about our Faith, Church or Traditions, simply write it down and drop it into the box. Fr. Bo will try to answer your question in one of the next bulletins.
- **Are you having a 50th Wedding Anniversary?** If so put your anniversary on the sheet on the table next to the parish office or talk to Diana Horyn 780-255-9926. Holy Cross Parish will honour you with a plaque at the end of a Divine Liturgy.

Regular Programs & Events

- **Every Sunday at 9:30 am:** the Rosary
- **Every Sunday at 10 am:** Divine Liturgy, alternating English one week, and Bilingual English and Ukrainian the next week.
- **Every Sunday after the Gospel Reading: Sunday School**, for children up to grades 2.
- **Every Sunday* at 11:15 (+/-) am: Coffee Hour**
(* unless otherwise stated in this bulletin, and during the summer months)
- **First Sunday of each month*: Fr. Myron comes to our parish to help hear confessions.** This sacrament is very important in everyone's spiritual life, so please take advantage of it. (* unless otherwise stated in this bulletin)
- **Last Sunday of almost each month at 10 am: Children's Liturgy**, on this last Sunday of the month we try to make the Divine Liturgy more welcoming for our children and youth. They get a special homily with Marilyn the Catechetical Puppet and children also are encouraged to participate in the service by singing, serving at the altar, reading the epistle, helping with the collection and/or other ways.
- **First Monday of Every Month at 6 pm: Choir with Youth Meeting and Practice*** (* unless otherwise stated in this bulletin, and during the summer months)
- **Third Monday of Most Months at 6 pm: Youth Altar Serving.** See bulletin announcements.* (* unless otherwise stated in this bulletin, and during the summer months)
- **Almost Every Monday Evening: Some sort of Parish Meeting**, including but not limited to: Ladies' Club (typically the 1st Monday at 7), Knights of Columbus (typically the 2nd Monday at 7:30), Men's Club (typically the 3rd Monday at 7), and Parish Pastoral Council (typically the last Monday at 7). Check this Bulletin below to confirm the date of the next meeting for your group(s)
- **Many Mondays & Tuesdays & Wednesdays:** Fr. Bo comes to the Church and tries to paint icons or do office work in the morning or afternoon... however

you should always phone or text if you would like to come and see him, incase he has other plans.

- **First Tuesday of every month:** Fr. Bo & Deacon John celebrate Divine Liturgy at Venta Care Centre.
- **Every Other Tuesday at both 2 and 6 pm:** “The Chosen”: Watch and Discuss. Come during the day, or come in the evening.
- **Every Other-Other Tuesday at 6 pm:** The Alpha Program
- **Every Wednesday at 9 am:** Divine Liturgy, (unless otherwise stated in this bulletin, and not during the Great Fast)
- **Most Wednesdays:** Fr. Bo tries to start the bulletin, so if you wish to put something into that week’s bulletin, please try to have it in by this day. (Yes, most of the time he is still working on it on Saturday... but he wants to get it done mid week.)
- **Every Second Wednesday* at 6 pm:** Bible Study, Everyone Welcome (* unless otherwise stated in this bulletin, and September through June)
- **Every Thursday:** is Fr. Bo’s Day off... at least in theory. Please call him if you really need to, but don’t if you don’t.
- **Winter - First Solemn Communion Program Begins.** Let Fr. Bo know if you have a child who is ready to receive the sacraments (typically grade 2)

Upcoming Events:

- **Monday, January 26 at 7 pm:** Parish Pastoral Council Meeting.
- **Tuesday, January 27:** Deacon John’s anniversary of Ordination
- **Tuesday, January 27 at 6 pm:** Alpha
- **Tuesday, January 27 at 6:30 pm:** Fr. Bo teaches at NTC
- **Thursday, January 29 at 9 am:** Nalysnyky Bee
- **Saturday, January 31:** ALPHA Saturday Retreat.
- **Saturday, January 31:** St. Josaphat’s Cathedral is having a “Winter Zabava”. See the poster for more details.
- **Monday, February 2 at 9 am:** Festal Liturgy for the Feast of the Encounter of our Lord in the Temple. This is a major “obligatory” feast day where all should come to the liturgy if they are able.
- **Monday, February 2 at 12 pm - 3:30 pm:** Theosis School of Iconography will begin it’s weekly “Monday Afternoon” Icon workshop, where people will write the Icon of “Do Not Lament Me, O Mother”. For more information and the full schedule please see Fr. Bo, or go to his website: THEOSIS.ca.

- **Monday, February 2 at 6 pm:** Choir, Youth and Young Adults Meeting
- **Monday, February 2 at 7 pm:** Ladies Club Meeting. All Ladies within the parish are invited to come.
- **Tuesday, February 3 at 9 am:** *There was a food bee here... let’s check with Lisa... IDK. But NOW there is a display in the hall that you can check to find out from Lisa herself! Yes! (please excuse my brain’s thoughts as I was typing.)*
- **Tuesday, February 3 at 2 pm & 6 pm:** Chosen
- **Tuesday, February 3 at 6:30 pm:** Fr. Bo teaches.
- **Wednesday, February 4 at 6 pm - 9:30 pm:** Theosis School of Iconography will begin it’s weekly “Wednesday Evening” Icon workshop, where people will write the Icon of “Do Not Lament Me, O Mother”. For more information and the full schedule please see Fr. Bo, or go to his website: THEOSIS.ca.
- **Sunday February 8 at 10 am:** It’s Deacon John’s day to preach.
- **February 9 at 7:30 pm:** Knights of Columbus Meeting
- **Saturday, February 14:** Parish Perogy Supper. Talk to Terry Y if you can help. Also... get your tickets already!
- **Sunday, February 15:** Eparchial “Tables for Two” retreat dinner for married couples. This annual evening meal is served with reflections on holy marriages. Get your tickets
- **Monday, February 16:** First full day of the Great Fast. It actually starts on Sunday evening.
- **Wednesday, February 18 at 10 am:** Potato peeling for Peroshki
- **Thursday, February 19 at 9 am:** Peroshki Bee. Come help if you can.
- **Friday - Sunday, February 20-22:** Our Parish Mission with Bishop David, see the poster
- **Saturday, February 21 & Saturday, March 21:** Eparchial Marriage Prep Parts 1 & 2. Contact Fr. Bo if you plan to get married and you have not yet started your marriage preparations.
- **Wednesday, February 25:** Fr. Bo is helping someone move for much of the day... and therefore won’t be around the church as much as usual.
- **Sunday, March 15, at noon-ish:** Pysanka Making in our parish hall. Do you wish to make traditional Ukrainian Easter Eggs? If so, come to this fun craft filled event. Everyone welcome. Details will come out closer to the event.
- **Tuesday, February 24 at 9 am:** Potato Peeling Bee
- **Wednesday, February 25 at 9 am:** Perogy Bee
- **Tuesday, March 3 at 9 am:** Sour Cabbage Roll Bee

Winter Zabava

Fundraiser for St. Josaphat Ukrainian Catholic Cathedral!



Join Us

Enjoy a delicious supper, listen to toe-tapping music, win a door prize, and dance the night away.

January 31, 2026

Verkhovyna Hall
9637 - 108 avenue

Cocktails: 5:30
Supper: 6:30
Music by the Playboys Band

CONTACT FOR TICKETS
(780) 422-3181

WEBSITE
stjosaphat.ab.ca


PEROGY SUPPER

Valentine's Day
Saturday, February 14, 2026

WHERE:
Exaltation of the Holy Cross Parish
9003-153 AVE

MENU:

- Three types of Perogies
- Meatballs & Gravy
- Sweet Cabbage rolls
- Cornmeal
- Mushrooms & Dill Cream Sauce
- Fried Onions
- Coleslaw
- Assorted Preserves
- Desserts



FOR TICKETS

CALL: 780-242-1534

ALL AGES EVENT

ADVANCED TICKETS ONLY

Adults (13 yrs+) \$25.00

Youth (7-12 yrs) \$15.00


Children (6 & under) Free

- Tickets required for admission
- No Refunds
- Cash Bar

2 SITTINGS

FIRST
4:30PM - 6:00 PM
Doors Open @ 4:00 pm

SECOND
6:30 PM - 8:00 PM
Doors open @ 6:15 pm



Choose from 2 Once a Week Iconography Workshops


Edmonton, AB

Choose Monday Afternoons or
Wednesday Evenings*
Starting early February 2026

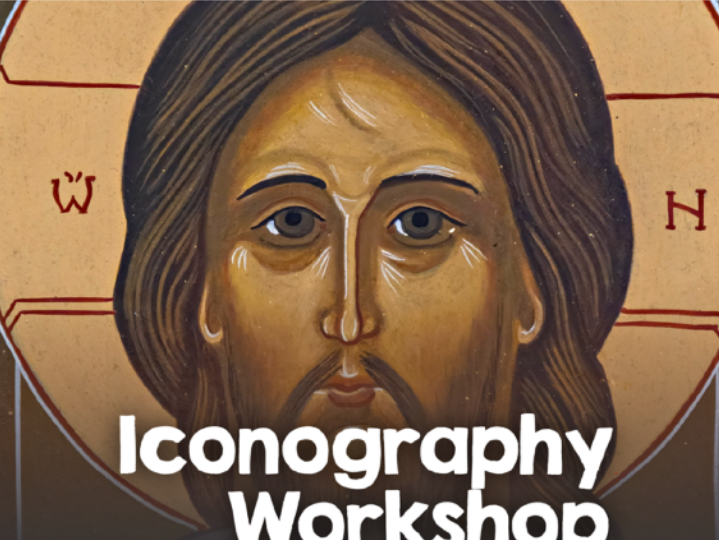
Come, write and learn about traditional Byzantine Iconography by painting an icon of "Weep Not For Me" icon with consecrated Iconographer Fr. Bo Nahachewsky. We will make and use traditional Egg Tempra paint and will gild with 23.5K gold.

For Beginners & intermediate levels. At Exaltation of the Holy Cross Ukrainian Catholic Parish in Edmonton. For more information and to register go to

theosis.ca



THEOSIS
SCHOOL OF ICONOGRAPHY



Iconography Workshop

Edmonton, AB

Reading Week: Mon, Feb 16 - Fri, Feb 20, 2026
Daily from 9 am - 5 pm


Come, write and learn about traditional Byzantine Iconography by painting an icon of Christ the Pantocrator with consecrated iconographer Fr. Bo Nahachewsky. We will make and use traditional Egg Tempra paint and will gild with 23.5K gold.

For Beginners & intermediate levels

At Exaltation of the Holy Cross
Ukrainian Catholic Parish in Edmonton, AB.





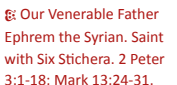
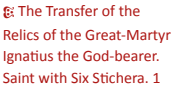

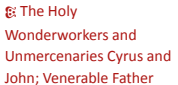




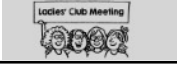

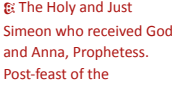



















For more information and to register go to

theosis.ca



THEOSIS
SCHOOL OF ICONOGRAPHY

The Next Couple Weeks at Holy Cross

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 Sunday of the Publican and the Pharisee; Tone 8; ✚ Our Holy Father Gregory the Theologian, Archbishop of Constantinople. Polyeleos Feast. Resurrectional Gospel 11. 2 Timothy 3:10-15; 1 Corinthians 12:7-11; Luke 18:10-14; John 10:9-16. 9:30 am Rosary 10 am “Children’s” Divine Liturgy (Bilingual) (Beware of Puppets) No Sunday School, Yes Coffee.	26 Our Venerable Father Xenophon and his wife Maria. 2 Peter 1:20-2:9; Mark 13:9-13. 7 pm PPC Meeting   6:30 pm NTC Icon Class 	27 ✚ The Transfer of the Precious Relics of our holy Father John Chrysostom. Polyeleos Feast. Hebrews 7:26-8:2; John 10:9-16. Anniversary of Deacon John’s Ordination 6 pm Alpha  6:30 pm NTC Icon Class 	28  Our Venerable Father Ephrem the Syrian. Saint with Six Stichera. 2 Peter 3:1-18; Mark 13:24-31. 8:30 am Parish Office is open 9 am Divine Liturgy	29  The Transfer of the Relics of the Great-Martyr Ignatius the God-bearer. Saint with Six Stichera. 1 John 1:8-2:6; Mark 13:31-14:2. 9 am Nalysnyky Bee  Fr. Bo’s Day off 5:30 pm Appointment	30 no fasting ✚ The Three Holy and Great Hierarchs Basil the Great, Gregory the Theologian, and John Chrysostom; The Holy Hieromartyr Hippolytus. Hebrews 13:7-16; Matthew 5:14-19. 5:30 pm Appointment	31  The Holy Wonderworkers and Unmercenarys Cyrus and John; Venerable Father John Bosco. Saint with Six Stichera. 2 Timothy 3:1-9; Luke 20:45-21:4. All Day: Alpha Retreat  St. Josaphat’s Cathedral Zabava
1 Sunday of the Prodigal Son; Tone 1; Pre-feast of the Encounter of our Lord God and Saviour Jesus Christ; The Holy Martyr Tryphon. Resurrectional Gospel 1. 1 Corinthians 6:12-20; Luke 15:11-32. 9:30 am Rosary 10 am Divine Liturgy (English) Yes Sunday School, Yes Coffee.	2  ✚ The Encounter of our Lord God and Saviour Jesus Christ. Feast of our Lord. Holy Day of obligation. Hebrews 7:7-17; Luke 2:22-40. 9 am Festal Divine Liturgy (bring candles to bless) 12 - 3:30 pm Monday Icon Workshop Begins  6 pm Youth & Choir Meeting  7 pm Ladies’ Club Meeting 	3   The Holy and Just Simeon who received God and Anna, Prophetess. Post-feast of the Encounter. Saint with Six Stichera. Hebrews 9:11-14; Luke 2:25-38. 9 am Frozen Foods Bee?  10:30 am Liturgy at Venta Care Centre 2 pm Chosen  6 pm Chosen  6:30 pm NTC Icon Class 	4  Our Venerable Father Isidore of Pelusium. Post-feast of the Encounter. 1 John 3:21-4:6; Mark 14:43-15:1. 8:30 am Parish Office is open 9 am Divine Liturgy 2 pm Sacred Orders Commission Meeting 6 - 9:30 pm Wednesday Theosis Icon Workshop Begins 	5  The Holy Martyr Agatha. Post-feast of the Encounter. 1 John 4:20-5:21; Mark 15:1-15. Fr. Bo’s Day off 5:30 pm Appointment	6  Our Venerable Father Boucolus, Bishop of Smyrna; The Holy Hieromartyr Sylvanus, Bishop of Emessa and those with him. Post-feast of the Encounter. Abstinence from meat and foods that contain meat. 2 John 1:1-13; Mark 15:22-25, 33-41. 5:30 pm Appointment	7  All Souls Saturday; Our Venerable Father Parthenius, Bishop of Lampsacus; Blessed Hieromartyr Petro Verhun, presbyter. Post-feast of the Encounter. 1 Corinthians 10:23-28; 1 Thessalonians 4:13-17; Luke 21:8-9, 25-27, 33-36; John 5:24-30. Funeral for + Elmer Boychuk (not in our parish) 11 am Baptismal Prep (E&A) which needs to be rescheduled
8 Sunday of Metafare; Tone 2; ?? The Holy Great-Martyr Theodore the General; The Holy Prophet Zechariah. Post-feast of the Encounter. Resurrectional Gospel 2. 1 Corinthians 8:8-9:2; Matthew 25:31-46. 9:30 am Rosary 10 am Divine Liturgy (Bilingual) Deacon Preaches Yes Sunday School, Yes Coffee.	9  The Holy Martyr Nicephorus. Leave-taking of the Encounter. 3 John 1:1-15; Luke 19:29-40; 22:7-39. 12 - 3:30 pm Monday Icon Workshop Begins  7:30 pm Knights of Columbus Meeting 	10  The Holy Martyr Charalampus. Jude 1-10; Luke 22:39-42; 22:45-23:1. 6 pm Alpha  6:30 pm NTC Icon Class 	11  The Holy Hieromartyr Blaise, Bishop of Sebastia. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Joel 2:12-26; Joel 3:12-21. 8:30 am Parish Office is open 9 am Divine Liturgy 6 - 9:30 pm Wednesday Icon Workshop 	12  Our Holy Father Meletius, Archbishop of Antioch. Jude 11-25; Luke 23:1-34, 44-56. Lot’s of Perogy Supper Prep Fr. Bo’s Day off 8:45 am Appointment 5:30 pm Appointment	13  Our Venerable Father Martinian. The Holy Women Zoe and Photini (Svitlana) According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Abstinence from meat and foods that contain meat. Zechariah 8:7-14; Zechariah 8:19-23. Lot’s of Perogy Supper Prep 5:30 pm Appointment	14  Saturday before Cheeseafare; ✚ The Repose of our Venerable Father Constantine the Philosopher, in the monastic life, Cyril, Teacher of the Slavs; Our Venerable Father Auxentius; The Venerable Maron, Hermit and Wonderworker. Polyeleos Feast. Hebrews 7:26-8:2; Romans 14:19-26; John 10:9-16; Matthew 6:1-13. Valentine’s Day 4:30 pm Perogy Supper! 6:30 pm Perogy Supper part 2