



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 9 am or 7 pm Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)
fr.nahachewsky@eeparchy.com

Deacon: Dcn. John Lukey

johndebbielukey@yahoo.ca

Pastoral Care (visiting shut-ins):

Debbie Lukey

780-478-4337

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Toll Free: 1-866-886-3946

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.

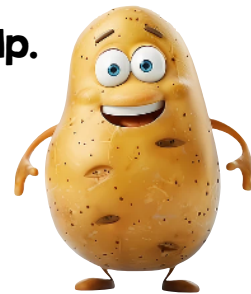
Sunday, January 18, 2026

Thirty-second Sunday after Pentecost, Octoechos Tone 7; & Our Holy Fathers and Archbishops of Alexandria Athanasius and Cyril.

“A big **THANK YOU** to all who worked the parish casino fundraiser last Monday & Tuesday. All earnings for January, February & March are pooled from certain Edmonton casinos and then divided equally amongst organizations that worked during that quarter. We should receive our share by the end of April. Earnings will be posted in the bulletin.”

Today after the liturgy we need your help.

Either during or right after today's Coffee hour we will be pulling out a whole mountain (300 lbs) of potatoes. We really could use your help to peel these spuds so that tomorrow we can make them into delicious filling for Tuesday's Perogy Pinching Bee. So, instead of running out the doors after prayer, come grab a peeler and skin some taters with us.



Pre-Lent

In the Ukrainian Catholic Church (which follows the Byzantine Christian tradition), the Sunday of Zacchaeus marks the beginning of a gentle period of preparation for Great Lent. This preparatory time is often called the pre-Lenten season. Its purpose is to help people get ready spiritually for Lent, not all at once, but step by step.

The Sunday of Zacchaeus

The Sunday of Zacchaeus is named after a Gospel story found in the New Testament (Luke 19:1-10). Zacchaeus was a tax collector—someone widely distrusted by the Jewish people because tax collectors often cheated people and they worked for the occupying Roman authorities who were seen as enemies thus making them seen as “public sinners” (even if their actions were not actually sinful). Zacchaeus was also short. When Jesus came to his town, he could not see over the crowd, so he climbed a sycamore tree just to catch a glimpse of Jesus.



What makes this story important is not Zacchaeus's height, but his...

Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Perogy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

For reasons of food safety and liability our policy regarding food in the hall is A> No outside food is permitted, B> All food is to be consumed in the hall, C> No leftovers are given out, D> No take-out food.

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
Deacon - Dcn. John Lukey
President – Mark Helmak
Past President – Peter Fedorak
1st Vice-President – Mark Ramsankar
2nd Vice-President –Deacon John Lukey
Secretary – Mariya Mahalyas
Treasurer – Dale Kluk
Archivist – Diana Horyn
Cultural – Ken Kozak
Fundraising – Terry Yackimec
Hall Rental – Lisa Borosuik & Gladys Woitas
Ladies' Club – Dianne Kluk
Knights of Columbus – Darrell Uchach
Men's Club President – Marc Chiasson
Youth Coordinator – Emmette Lysak
Maintenance – Larry Wayne
Membership – Lorna Chiasson
Social – Edd Horyn
Spiritual – Debbie Lukey

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo a month or more in advance

Weddings:

- Contact Fr. Bo a year in advance if possible

Funerals:

- Contact Fr. Bo as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.



A message
from our
fabulous
Frozen



Ukrainian Food Folk

On behalf of the Frozen Food Department we would like to say an extra special thank you to all of our members that have dedicated their time to this important parish fundraiser. We have had a very profitable 2025 year in sales for our Parish. In fact, we have substantially exceeded 2024's gains. Without our volunteers this would not have been such a success. I would also like to extend appreciation to those that have dedicated their time to the department with key roles that are behind the scenes. It takes countless hours to prepare for our bees in regards to purchasing, prep and execution. We look forward to another year of success for our parish. And we also appreciate the great community building and fellowship that naturally happens during our bees where the time spent together is priceless.

With Easter upon us early this year and our next Perogy supper on February 14th, we will be having a very busy next few months. We have scheduled a perogy bee on **January 20th at 9am. Please come join us!**

As most of you know, preparation for perogy bees is quite intense. We have decided this time to peel potatoes **on Sunday the 18th after coffee hour.** Normally we have been peeling the day before the bee but we have struggled to have members to show up very very early in the morning to complete this task. So we thought to try doing it a different way that may be easier for our volunteers. More hands make the task light and when we have 300lbs of potatoes to peel...the more the merrier! **We will still be making the potatoes into balls on Monday the 19th at 9am.**

Also, we just recently purchased 500lbs of cabbage that we are preparing for sweet and sour cabbage rolls. 100lbs of cabbage are quietly curing right now, and the other 400lbs are awaiting for us for our next bee which will be scheduled for **February 3rd at 9am.** On this day we will make what we require for perogy supper as well as begin to store for Easter sales.

Any one of you that have interest in becoming a part of our team please give Terry or myself a call. There are many things that we could use help with! The more people that we can train, the better our project! These include:

- perogy dough masters
- phone messages and sales
- rice masters for cabbage rolls
- post bee packaging and storage

Many blessings to all...

Lisa Borosuik 780-222-9155

Last Sunday's Donations:

Collection	\$2345.00
Candles	\$30.50
E-transfers	\$100.00
Building Fund	\$30.00

Pre-Lent: The Sunday of Zacchaeus continued from page 1

... desire. Even though he was unpopular and perhaps spiritually lost, he wanted to see Christ. Jesus noticed him, called him down from the tree, and chose to stay at his house. This encounter changed Zacchaeus's life. He promised to repay anyone he had cheated and to give generously to the poor. Jesus then declared that salvation had come to Zacchaeus's home.

In the Ukrainian Catholic Church, this Sunday reminds believers that the first step toward spiritual renewal is the desire to seek God. You do not have to be perfect to begin. Like Zacchaeus, you simply need to want to see Christ and be willing to change.

The Pre-Lenten Season

The Sunday of Zacchaeus opens the door to the pre-Lenten season, a series of Sundays that gradually prepare people for Great Lent. Rather than immediately focusing on fasting and strict discipline, the Church first emphasizes inner attitudes of the heart.

Each pre-Lenten Sunday has a theme drawn from the Gospel:

- **Zacchaeus** teaches us desire and repentance.
- **The Publican and the Pharisee** teach humility.
- **The Prodigal Son** teaches God's mercy and forgiveness.
- **The Last Judgment** reminds us of love in action. (also known as Meatfare Sunday)
- **Forgiveness Sunday** teaches reconciliation before Lent begins. (also known as Cheesefare Sunday)

This progression helps believers reflect on their relationship with God and others before taking on the physical and spiritual demands of Lent.

Why This Matters

The Ukrainian Catholic approach recognizes human nature. Sudden change is hard. By starting with



Zacchaeus—a flawed but willing seeker—the Church shows that Lent is not about punishment or perfection. It is about returning to God.

For someone unfamiliar with the liturgical calendar, the pre-Lenten season can be understood as a spiritual warm-up. Just as you would stretch before a long race, the Church invites believers to prepare their hearts before entering the deeper repentance and fasting of Great Lent.

In short, the Sunday of Zacchaeus and the pre-Lenten season remind us that salvation begins with a simple step: wanting to see Christ and being open to transformation.

Is it Pre-Lent already?

Yup. Today is Zacchaeus Sunday, which begins a 4 week journey to Lent. Lent itself starts for us at Sundown on Sunday, February 15th this year (2026) which is known as Forgiveness Sunday (or Cheesefare Sunday). During this week (from today till next Sunday) the fasting rules do not change from regular time, but we are called to get our minds and hearts into gear.

If it's already Pre-Lent, why do we still say "Christ is Born!" and sing Christmas Carols?

The Christmas season continues for 40 days from Christmas. It concludes on the feast of the Encounter of our Lord (celebrated on February 2nd). Until this time we continue to celebrate the incarnation of God the Son. In other words, we emphasize how God became completely human while remaining fully Divine.

The Use of Holy Water

Holy water is a sacred gift of the Church, blessed especially at Theophany, when we proclaim that Christ sanctifies the waters and all creation. We use holy water as a sign of God's blessing and protection in our daily lives. When we bless ourselves, our homes, our families, or our belongings with holy water, we renew our baptism, confess our faith in the Holy Trinity, and ask the Lord to guard us from evil, strengthen us in temptation, and fill our lives with His grace. Holy water reminds us that we belong to Christ and that our whole life is meant to be lived in God's presence.

At the same time, it is important to understand what holy water is not. Holy water is not magic, a charm, or a superstition. It does not work automatically or replace prayer, repentance, the sacraments, or a life lived according to the Gospel. Using holy water without faith, without turning our hearts to God, or as a "guarantee" against problems misses its true meaning. Holy water does not control God or force blessings; rather, it invites us to trust in Him and to cooperate with His grace.

Therefore, we are called to use holy water with reverence, faith, and prayer. It should lead us to deeper conversion, more frequent confession and Holy Communion, and a greater desire to live as baptized Christians. When used properly, holy water becomes a humble but powerful reminder that Christ has sanctified our lives, and that we are

called to walk each day under His loving protection and mercy.

You are welcome to come and take some Holy Water home with you.

If you brought your own jar, great! Fill 'er up. If you wish to take one of the small plastic bottles that Fr. Bo found, please do. The Holy Water is currently at the front of the church near the fire exits. The water will stay out in this spot for this week, but will be put away before next Sunday (if all goes according to plan). After that you can still get some Holy Water, but you will need to ask Fr. Bo, Deacon John, Ed, or someone else to get it for you.

What should you do with it? We often drink Holy Water when we feel ill or anxious, and we ask God to help us. We also bless our families, homes, vehicles, and even pets by sprinkling the blessed water upon them. Normally between the feast of Theophany (Jan 6) and the feast of the Encounter in the Temple (Feb 2) people invite the priest to come over and do the house blessing service. For more details, see the article below.



Home Blessings 2026

In the next several weeks, I hope to visit many of you in your homes to bless your homes and to better get to know you, as is the tradition in our Ukrainian Catholic communities after the feast of Theophany.

If you would like me to come to your home, simply fill out the paper on the table in the entrance of the Church. **PLEASE PRINT CLEARLY AND INCLUDE YOUR PHONE NUMBER!** I will try to accommodate a good number of parishioners each week, but please be patient with me. I will do my best with the time available to me.

What to Expect and Do for Home Blessings

House blessings typically take about 5-10 minutes. However I (Fr. Bo) would like to sit and get to know you a little. So I might stay up to 25-30 minutes if you let me. I will try not to exceed 30 minutes per household.

I will always give you a quick phone call from the previous person's place to let you know I'm on my way. If something comes up in your schedule and house blessing won't work for you, simply call me on my cell phone: 780-340-3726.

When I come gather your family (if you have others living with you) and turn off any TVs, radios and other distractions. We can start the blessing at your icon corner, or at your kitchen or dining room table. I will bring an icon and a candle with me, and we can put them on your table if you don't have your own focal point to pray in front of (such as a bible, icon or cross).

After saying/singing the prescribed prayers, I can walk through your house....



House Blessings Continued

... sprinkling it with recently blessed Holy Water. Its not a bad idea to have someone leading me through the house so that I don't go any place I am not supposed to. This is a great job for a kid(s) to do if you have any children around. If you would rather me just stay in the one room instead of walking everywhere, just say so. God can bless all the house without me physically going anywhere.

Once I have sprinkled your home with Holy Water, we will conclude the prayers at the place where we started. After this we can visit for a little. I would love to know who you are a little better, what ideas you have for our church, and what we can do to serve you and your family better.

Visiting after with Fr. Bo:

Personally I don't drink coffee, but I might accept a glass of water or a cup of tea at a few houses. Please keep it simple, and if I don't drink or eat anything at all, please don't be insulted. I can bless 4-8 houses in a day and if I drink a cup at each one... I will... well... need to make too many pit stops, and I'll get even fatter.

Also, don't worry about cleaning up before I come. I don't care if your house is tidy or more "lived in." My own house is certainly very "lived in".

And I love pets. If you have any I will bless them and play with them if you let me. No need to put them away unless they eat priests.

Finally I do this for free. Many people think it's necessary to give an "envelope" but I am happy just to get to know you and serve you however I can.

I hope to see you soon.

Do you live outside of the city? Within reason... no problem.

If you are around the general Edmonton area, and you anticipate me needing a little extra time to travel back and forth to your place: just let me know.

Google Maps will help me find my way around.

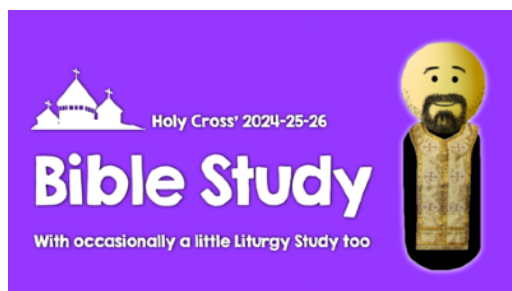


2026 is fully here and it's time to (re-)Encounter God!

Our **"Alpha"**, our **"Bible Study"** and our **"The Chosen"** are back and ready to help us explore our faith.

We are gathering as before on every other Tuesday and or Wednesday, alternating between these three ongoing faith filled programs. And we welcome YOU to join us. In "Alpha", every other Tuesday, we eat together, then ask questions and talk honestly about what our Christian faith is all about. In our "Bible Study" program, which is every other Wednesday, we are overviewing the New Testament now, learning about what God has to say to us through Sacred Scripture. In "The Chosen" program, that occurs on the other Tuesdays of each month, we look at the Gospels through the lens of the show "the Chosen" and then we discuss Christ and our life with Him.

For more information talk to Fr. Bo, the office or anyone who is currently participating. They all will be happy to share what's going on. Don't be shy. Come.





This Friday we had our
Fabulous, Free & Fun
**KARAOKE
NIGHT!**

Thanks to those who helped and came. It was a blast. Special thanks to the Kozaks for the food, and for the Kluks who helped with the technology. Everything went super well. You all rock.

Those who did not come... you missed a great event. We will definitely do it again!

(and Shaun: you rock... even if you like and sing country.)



Young Adults and our Choir are meeting together on Monday, February 9 at 6 pm to discuss some new and exciting ideas.

Hey Young Adults: we really want “our” parish to be “your” parish. It’s time for you to shape the way we do our prayers and liturgy to make them fit more with what you need. Help us figure out how can we make our prayer both profound and sacred, yet also upbeat and joy filled? What type of songs do we wish to sing before and after the Liturgy? Come join us for this “funner” meeting, especially if you want to have a “voice” in our parish. (pun intended)



Parish Announcements

Info for Volunteers + Volunteers Needed:

- If you did not get your **membership renewed** (or started) for our parish, you can still make arrangements to do so later through Lorna Chiasson, our Membership Coordinator. However there will no longer be a person sitting and waiting for you after Liturgy. Not sure who Lorna is? Ask Fr. Bo or any parish council member.
- Please consider being part of our **Parish Pastoral Council in 2026**. This is the group that works with the clergy to run the parish. If you are interested please talk to Mark Helmack, or speak to the parish through the parish office on Wednesday mornings.
- Our parish is **looking for a volunteer to be our Kitchen Coordinator**. This person would be the primary person who would oversee a small group of volunteers who will assist them with purchasing of kitchen supplies & regular groceries (not special event groceries); Maintaining and occasionally organizing/cleaning the kitchen; and Ensuring kitchen appliances are in working order (with help from our maintenance team when needed). If you have some energy and can help this parish, please volunteer by contacting Dianne Kluk, either after liturgy, at the parish office on Wednesdays, or by email at office@ehcucp.ca

General Parish Announcements:

- **Always Our Parishioners:** You may have noticed in the entrance of the Church there is a trifold handout entitled "Always our Parishioners". Now in addition to the handout there are small sheets which you can fill out letting us as a parish know about people who are no longer able to physically come to the church...Perhaps they are in a nursing home, hospital, or shut-in their own homes, it is important for us to go and be with them. But we can't be with them if we don't know who and where they are. So if you know of someone who would like pastoral visits, please fill out one of the forms for them, and then give it to a greeter or drop it into the collection plate. Please include contact information for them. **Everyone is important in our parish. Let's not leave anyone out.**
- **Table For Two: You are my Valentine:** This romantic candlelit dinner provides the ideal opportunity to focus only on each other and the faith you share. Each of the courses is served up with discussion starters which invite couples to explore and deepen their relationship with each other and with God. There will be a short presentation on a topic related to sacramental marriage. Register yourself or someone else as a gift!

For adults: dating or married. On Sunday, Feb 15, from 5:30 – 8:30 pm, at Exaltation of the Holy Cross Parish, 9003 – 153 Ave, in Edmonton. The cost is \$95 per couple, but you get one heck of a great meal, fancier than in most restaurants for that price AND it includes the discussions. Please register by February 9th. Go to <https://tinyurl.com/>

TableforTwo26 or contact Bernadette.mandrusiak@eeparchy.com

- **Our Question Box:** In our Church's entry there is a "Question Box". If you have a question about our Faith, Church or Traditions, simply write it down and drop it into the box. Fr. Bo will try to answer your question in one of the next bulletins.
- **Are you having a 50th Wedding Anniversary?** If so put your anniversary on the sheet on the table next to the parish office or talk to Diana Horyn 780-255-9926. Holy Cross Parish will honour you with a plaque at the end of a Divine Liturgy.

Regular Programs & Events

- **Every Sunday at 9:30 am:** the Rosary
- **Every Sunday at 10 am:** Divine Liturgy, alternating English one week, and Bilingual English and Ukrainian the next week.
- **Every Sunday after the Gospel Reading: Sunday School,** for children up to grades 2.
- **Every Sunday* at 11:15 (+/-) am: Coffee Hour** (* unless otherwise stated in this bulletin, and during the summer months)
- **First Sunday of each month*: Fr. Myron comes to our parish to help hear confessions.** This sacrament is very important in everyone's spiritual life, so please take advantage of it. (* unless otherwise stated in this bulletin)
- **Last Sunday of almost each month at 10 am: Children's Liturgy,** on this last Sunday of the month we try to make the Divine Liturgy more welcoming for our children and youth. They get a special homily with Marilyn the Catechetical Puppet and children also are encouraged to participate in the service by singing, serving at the altar, reading the epistle, helping with the collection and/or other ways.
- **First Monday of Every Month at 6 pm: Choir with Youth Meeting and Practice*** (* unless otherwise stated in this bulletin, and during the summer months)
- **Third Monday of Most Months at 6 pm: Youth Altar Serving.** See bulletin announcements.* (* unless otherwise stated in this bulletin, and during the summer months)
- **Almost Every Monday Evening: Some sort of Parish Meeting,** including but not limited to: Ladies' Club (typically the 1st Monday at 7), Knights of Columbus (typically the 2nd Monday at 7:30), Men's Club (typically the 3rd Monday at 7), and Parish Pastoral Council (typically the last Monday at 7). Check this Bulletin below to confirm the date of the next meeting for your group(s)
- **Many Mondays & Tuesdays & Wednesdays:** Fr. Bo comes to the Church and tries to paint icons or do office work in the morning or afternoon... however

you should always phone or text if you would like to come and see him, incase he has other plans.

- **First Tuesday of every month:** Fr. Bo & Deacon John celebrate Divine Liturgy at Venta Care Centre.
- **Every Other Tuesday at both 2 and 6 pm:** “The Chosen”: Watch and Discuss. Come during the day, or come in the evening.
- **Every Other-Other Tuesday at 6 pm:** The Alpha Program
- **Every Wednesday at 9 am:** Divine Liturgy, (unless otherwise stated in this bulletin, and not during the Great Fast)
- **Most Wednesdays:** Fr. Bo tries to start the bulletin, so if you wish to put something into that week’s bulletin, please try to have it in by this day. (Yes, most of the time he is still working on it on Saturday... but he wants to get it done mid week.)
- **Every Second Wednesday* at 6 pm:** Bible Study, Everyone Welcome (* unless otherwise stated in this bulletin, and September through June)
- **Every Thursday:** is Fr. Bo’s Day off... at least in theory. Please call him if you really need to, but don’t if you don’t.
- **Winter - First Solemn Communion Program Begins.** Let Fr. Bo know if you have a child who is ready to receive the sacraments (typically grade 2)

Upcoming Events:

- **Sunday, January 18th, after the Coffee Hour... or maybe part way through it:** Potato Peeling. Please stay a little and help us get the work done quickly.
- **Sunday, January 18 at 2 pm:** Fr. Bo & Deacon John serve Liturgy at St. Michael’s Extended Care.
- **Monday, January 19 at 9 am:** Prep for Perogy Bee. Please come if you are able to help ball up the potatoes and to assist in making the dough.
- **Monday, January 19 at 6 pm.... Nothing.** Fr. Bo is cancelling the youth “Altar Serving Practice” because he is not ready with his “big secret” yet.
- **Monday, January 19 at 7 pm:** Men’s Club Meeting
- **Tuesday, January 20 at 9 am:** Perogy Pinching Bee. Please come and help out. This is also a huge social event, as people visit while they pinch.
- **Tuesday, January 20 at 2 and 6 pm:** Chosen Program resumes.
- **Wednesday, January 21 at 6 pm:** Bible Study resumes, and will continue every other Wednesday.
- **January 23:** The Roman Catholic Archbishop-Designate’s (Bishop Stephen A Hero) installation in the Roman Catholic Archdiocese at St. Joseph’s Roman Catholic Basilica. (yes, I know I wrote “RC” three times.

It’s because I don’t want any confusion... Bishop David remains our Ukrainian Catholic Bishop.)

- **Monday, January 26 at 7 pm:** Parish Pastoral Council Meeting.
- **Tuesday, January 27:** Deacon John’s anniversary of Ordination
- **Saturday, January 31:** ALPHA Saturday Retreat.
- **Saturday, January 31:** St. Josaphat’s Cathedral is having a “Winter Zabava”. See the poster for more details.
- **Monday, February 2 at 12 pm - 3:30 pm:** Theosis School of Iconography will begin it’s weekly “Monday Afternoon” Icon workshop, where people will write the Icon of “Do Not Lament Me, O Mother”. For more information and the full schedule please see Fr. Bo, or go to his website: THEOSIS.ca.
- **Wednesday, February 4 at 6 pm - 9:30 pm:** Theosis School of Iconography will begin it’s weekly “Wednesday Evening” Icon workshop, where people will write the Icon of “Do Not Lament Me, O Mother”. For more information and the full schedule please see Fr. Bo, or go to his website: THEOSIS.ca.
- **Saturday, February 14:** Parish Perogy Supper. Talk to Terry Y if you can help. Also... get your tickets now!
- **Sunday, February 15:** Eparchial “Tables for Two” retreat dinner for married couples. This annual evening meal is served with reflections on holy marriages. See parish events section for more details. Get your tickets
- **Saturday, February 21 & Saturday, March 21:** Eparchial Marriage Prep Parts 1 & 2. Contact Fr. Bo if you plan to get married and you have not yet started your marriage preparations.
- **Sunday, March 22 after Liturgy:** The Parish Annual General Meeting will take place for all parishioners to discuss and approve parish business and elect members of the Parish Pastoral Council.
- **Saturday, March 28:** Easter Bake Sale
- **March 28 - April 4:** Holy Week
- **Sunday April 5:** Pascha! Easter! The Resurrection of Christ!



First Solemn Communion

Let us know of any kids who are ready for the Sacraments. Typically Grade 2-ish



Winter Zabava

Fundraiser for St. Josaphat Ukrainian Catholic Cathedral!



Join Us

January 31, 2026

Enjoy a delicious supper, listen to toe-tapping music, win a door prize, and dance the night away.

Verkhovyna Hall
9637 - 108 avenue

Cocktails: 5:30
Supper: 6:30
Music by the Playboys Band

CONTACT FOR TICKETS (780) 422-3181 **WEBSITE** stjosphat.ab.ca



PEROGY SUPPER

Valentine's Day
Saturday, February 14, 2026



WHERE:
Exaltation of the Holy Cross Parish
9003-153 AVE

- MENU:**
- Three types of Perogies
 - Meatballs & Gravy
 - Sweet Cabbage rolls
 - Cornmeal
 - Mushrooms & Dill Cream Sauce
 - Fried Onions
 - Coleslaw
 - Assorted Preserves
 - Desserts



FOR TICKETS

CALL: 780-242-1534

ALL AGES EVENT

ADVANCED TICKETS ONLY

Adults (13 yrs+) \$25.00

Youth (7-12 yrs) \$15.00

Children (6 & under) Free

- Tickets required for admission
- No Refunds
- Cash Bar

2 SITTINGS

FIRST
4:30PM - 6:00 PM
Doors Open @ 4:00 pm

SECOND
6:30 PM - 8:00 PM
Doors open @ 6:15 pm

**Choose from 2 Once a Week
Iconography Workshops
Edmonton, AB**

**Choose Monday Afternoons or
Wednesday Evenings*
Starting early February 2026**

Come, write and learn about traditional Byzantine Iconography by painting an icon of "Weep Not For Me" icon with consecrated iconographer Fr. Bo Nahachewsky. We will make and use traditional Egg *Tempra* paint and will gild with 23.5K gold.

For Beginners & intermediate levels. At Exaltation of the Holy Cross Ukrainian Catholic Parish in Edmonton. For more information and to register go to

theosis.ca

THEOSIS
SCHOOL OF ICONOGRAPHY

**Iconography Workshop
Edmonton, AB**

Reading Week: Mon, Feb 16 - Fri, Feb 20, 2026
Daily from 9 am - 5 pm

Come, write and learn about traditional Byzantine Iconography by painting an icon of Christ the *Pantocrator* with consecrated iconographer Fr. Bo Nahachewsky. We will make and use traditional Egg *Tempra* paint and will gild with 23.5K gold.

For Beginners & intermediate levels



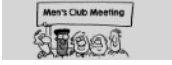









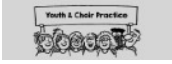




At Exaltation of the Holy Cross Ukrainian Catholic Parish in Edmonton, AB.

For more information and to register go to

theosis.ca

THEOSIS
SCHOOL OF ICONOGRAPHY

The Next Couple Weeks at Holy Cross

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>Thirty-second Sunday after Pentecost, (aka Zacchaeus Sunday) Tone 7; ☩ Our Holy Fathers and Archbishops of Alexandria Athanasius and Cyril. Saint with Six Stichera. Resurrectional Gospel 10. 1 Timothy 4:9-15; Luke 19:1-10.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (English)</p> <p>Yes Sunday School, Yes Coffee.</p> <p>After Coffee (about 12 noon) Extra help is required for Potato Prep. Please stay if you can.</p> 	<p>19</p> <p>☩ Our Venerable Father Macarius of Egypt. Saint with Six Stichera. 1 Peter 2:21-3:9; Mark 12:13-17.</p> <p>The Pre-Lenten Season Begins</p> <p>9 am Perogy Prep</p>  <p>12 pm Theosis Studio time</p> <p>Cancelled: 6-7 pm Youth Altar Serving</p> <p>7 pm Men's Club Meeting</p> 	<p>20</p> <p>✦ Our Venerable and God-bearing Father Euthemius the Great. Polyeleos Feast. Hebrews 13:17-21; Luke 6:17-23.</p> <p>9 am Perogy Bee</p>  <p>9 am Water Blessing at BCR</p> <p>2 pm Chosen</p>  <p>6 pm Chosen</p>  <p>6:30 pm NTC Icon Class</p> 	<p>21</p> <p>Our Venerable Father Maximus the Confessor; The Holy Martyr Neophytus; The Holy Martyrs Eugene, Candidus, Valerian, and Aquilas 1 Peter 4:1-11; Mark 12:28-37.</p> <p>8:30 am Parish Office is open</p> <p>9 am Divine Liturgy</p>	<p>22</p> <p>The Holy Apostle Timothy; The Holy Venerable-Martyr Anastasius the Persian. 1 Peter 4:12-5:5; Mark 12:38-44.</p> <p>Fr. Bo's Day off</p> <p>5:30 pm Appointment</p>	<p>23 🐟</p> <p>Blessed Martyrs of Pratulyn: Vincent, Nykyta, Ivan, Constantine, Michael, Onuphriy, Philip, Maxim, Daniel, Constantine, Bartholomew, Luke, and Ignatius; The Holy Hieromartyr Clement, Bishop of Ancyra; The Holy Martyr Agathangel.</p> <p>Abstinence from meat and foods that contain meat. 2 Peter 1:1-10; Mark 13:1-8.</p> <p>The Installation of the Roman Catholic Bishop in Edmonton</p> <p>5:30 pm Appointment</p>	<p>24</p> <p>Our Venerable Mother Xenia the Roman. 2 Timothy 2:11-19; Luke 18:2-8.</p>
<p>25</p> <p>Sunday of the Publican and the Pharisee; Tone 8; ✦ Our Holy Father Gregory the Theologian, Archbishop of Constantinople. Polyeleos Feast. Resurrectional Gospel 11. 2 Timothy 3:10-15; 1 Corinthians 12:7-11; Luke 18:10-14; John 10:9-16.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (Bilingual)</p> <p>Yes Sunday School, Yes Coffee.</p>	<p>26</p> <p>Our Venerable Father Xenophon and his wife Maria. 2 Peter 1:20-2:9; Mark 13:9-13.</p> <p>7 pm PPC Meeting</p> 	<p>27</p> <p>✦ The Transfer of the Precious Relics of our holy Father John Chrysostom. Polyeleos Feast. Hebrews 7:26-8:2; John 10:9-16.</p> <p>Anniversary of Deacon John's Ordination</p> <p>6 pm Alpha</p>  <p>6:30 pm NTC Icon Class</p> 	<p>28</p> <p>☩ Our Venerable Father Ephrem the Syrian. Saint with Six Stichera. 2 Peter 3:1-18; Mark 13:24-31.</p> <p>8:30 am Parish Office is open</p> <p>9 am Divine Liturgy</p>	<p>29</p> <p>☩ The Transfer of the Relics of the Great-Martyr Ignatius the God-bearer. Saint with Six Stichera. 1 John 1:8-2:6; Mark 13:31-14:2.</p> <p>Fr. Bo's Day off</p> <p>5:30 pm Appointment</p>	<p>30 no fasting</p> <p>☩ The Three Holy and Great Hierarchs Basil the Great, Gregory the Theologian, and John Chrysostom; The Holy Hieromartyr Hippolytus. Hebrews 13:7-16; Matthew 5:14-19.</p> <p>5:30 pm Appointment</p>	<p>31</p> <p>☩ The Holy Wonderworkers and Unmercenarys Cyrus and John; Venerable Father John Bosco. Saint with Six Stichera. 2 Timothy 3:1-9; Luke 20:45-21:4.</p> <p>All Day: Alpha Retreat</p>  <p>St. Josaphat's Cathedral Zabava</p>
<p>1</p> <p>Sunday of the Prodigal Son; Tone 1; Pre-feast of the Encounter of our Lord God and Saviour Jesus Christ; The Holy Martyr Tryphon. Resurrectional Gospel 1. 1 Corinthians 6:12-20; Luke 15:11-32.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (English)</p> <p>Yes Sunday School, Yes Coffee.</p>	<p>2 🐟</p> <p>☩ The Encounter of our Lord God and Saviour Jesus Christ. Feast of our Lord. Holy Day of obligation. Hebrews 7:7-17; Luke 2:22-40.</p> <p>9 am Festal Divine Liturgy (bring candles to bless)</p> <p>12 - 3:30 pm Monday Icon Workshop Begins</p>  <p>6 pm Youth & Choir Meeting</p> 	<p>3 🐟</p> <p>☩ The Holy and Just Simeon who received God and Anna, Prophetess. Post-feast of the Encounter. Saint with Six Stichera. Hebrews 9:11-14; Luke 2:25-38.</p> <p>9 am Frozen Foods Bee</p>  <p>10:30 am Liturgy at Venta Care Centre</p> <p>2 pm Chosen</p>  <p>6 pm Chosen</p> 	<p>4 🐟</p> <p>Our Venerable Father Isidore of Pelusium. Post-feast of the Encounter. 1 John 3:21-4:6; Mark 14:43-15:1.</p> <p>8:30 am Parish Office is open</p> <p>9 am Divine Liturgy</p> <p>2 pm Sacred Orders Commission Meeting</p> <p>6 - 9:30 pm Wednesday Theosis Icon Workshop Begins</p> 	<p>5 🐟</p> <p>The Holy Martyr Agatha. Post-feast of the Encounter. 1 John 4:20-5:21; Mark 15:1-15.</p> <p>Fr. Bo's Day off</p> <p>5:30 pm Appointment</p>	<p>6 🐟</p> <p>Our Venerable Father Boucolus, Bishop of Smyrna; The Holy Hieromartyr Sylvanus, Bishop of Emessa and those with him. Post-feast of the Encounter. Abstinence from meat and foods that contain meat. 2 John 1:1-13; Mark 15:22-25, 33-41.</p> <p>5:30 pm Appointment</p>	<p>7 🐟</p> <p>All Souls Saturday; Our Venerable Father Parthenius, Bishop of Lampsacus; Blessed Hieromartyr Petro Verhun, presbyter. Post-feast of the Encounter. 1 Corinthians 10:23-28; 1 Thessalonians 4:13-17; Luke 21:8-9, 25-27, 33-36; John 5:24-30.</p> <p>11 am Baptismal Prep (E&A)</p>