



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 9 am or 7 pm Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)
fr.nahachewsky@eeparchy.com

Deacon: Dcn. John Lukey

johndebbielukey@yahoo.ca

Pastoral Care (visiting shut-ins):

Debbie Lukey

780-478-4337

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Toll Free: 1-866-886-3946

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.

Sunday, October 12, 2025

**Eighteenth Sunday after Pentecost. Octoechos Tone I.
Holy Priest-Martyr Phocas, Bishop of Sinope (98-117). Holy Prophet
Jonah (786-46 BC). Venerable Jonah the Presbyter, Father of
Theophanes, Composer of Canons, and Theodore the Branded;**

Everyone has questions.

Exploring is good. We're
built for it. Explore more
about life, faith and
meaning with Alpha.

Alpha



↑ This Tuesday at 6pm. Spread the word.

There are postcards to distribute to young people in the entrance of the church.
Consider letting your children and/or grandchildren know about this.



Axios!

Yesterday (Saturday) Bishop David ordained the servant of God Peter Pitchko to the Diaconate at St. Josaphat's Cathedral.

Our Eparchy now has a new deacon. Deacon Peter has not yet been assigned to any particular parish as far as I know... but he has been helping a lot at the Cathedral.

**Did you get a
SAFER
ENVIRONMENTS
(S.E.) email or letter from
Fr. Bo?**

Or did you not get a letter and
you know you are a volunteer?

See Page 3

**The Harvest Dance is
coming up really
quickly.**

**Get your tickets and or
Volunteer for this ASAP.**

poster on page 3

Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/ memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

For reasons of food safety and liability our policy regarding food in the hall is A> No outside food is permitted, B> All food is to be consumed in the hall, C> No leftovers are given out, D> No take-out food.

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
Deacon - Dcn. John Lukey
President – Mark Helmak
Past President – Peter Fedorak
1st Vice-President – Mark Ramsankar
2nd Vice-President – Deacon John Lukey
Secretary – Mariya Mahalyas
Treasurer – Dale Kluk
Archivist – Diana Horyn
Cultural – Ken Kozak
Fundraising – Terry Yackimec
Hall Rental – Lisa Borosuk & Gladys Woitas
Ladies' Club – Dianne Kluk
Knights of Columbus – Darrell Uchach
Men's Club President – Marc Chiasson
Youth Coordinator – Emmette Lysak
Maintenance – Larry Waye
Membership – Lorna Chiasson
Social – Edd Horyn
Spiritual – Debbie Lukey

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo a month or more in advance

Weddings:

- Contact Fr. Bo a year in advance if possible

Funerals:

- Contact Fr. Bo as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.



★ **ONLY 2 WEEKS TO REGISTER!** ★

★ **CALLED TO BE HOLY MEN'S CONFERENCE!** ★

Gentlemen, this is your friendly reminder that our **Men's Conference** is just around the corner! Join us **Nov 7-8 at Holy Spirit Seminary** for an enriching experience focused on:

"SELF MASTERY FOR SELF GIFT"

This is more than just a conference; it's a chance to grow in faith alongside a community of men dedicated to living out God's call!

Here's what you can look forward to:

Inspiring Keynote by Fr. Michael Winn: Dive deep into the theme of self-mastery and its importance to our journey towards holiness.

Engaging Session with Catholic Speaker Brian Holdsworth:
Ponder the question "How can I be Human in an Inhuman world?"

- **Prayer, Fellowship, & Community:** Experience a weekend filled with spiritual growth and connection.
- **Dates:** Nov 1, 6:30 PM – 9:30 PM & Nov 2, 8:30 AM – 4:30 PM
- **Location:** Holy Spirit Seminary, 12909 – 113 Ave NW, Edmonton
- Meals, fellowship, and powerful teachings plus a Friday evening Scotch tasting! Optional Friday supper available for \$20 – 5:30 – 6:30 PM.
- Students get a 10% discount with promo code STUDENT25.
- Limited overnight accommodation available so register now!

Registration Deadline: October 30, 2025

Register here <https://tinyurl.com/Calledtobeholy25> or scan 
For more info: 780-424-5496 or
Bernadette.mandrusiak@eeparchy.com.

🌟🙏 We can't wait to see you there! 🙏🌟

If you say: 'Have mercy on me', God says to you: 'If you want me to have mercy on you, then have mercy on your brother (or sister). If you want me to forgive you, you too must force your neighbour.'

A saying of the Desert Fathers

You are Invited to the Holy Cross Parish

Harvest Dance

Saturday, October 25, 2025

Doors Open at 5:00 PM

Dinner at 6:00 PM



Music by The New Lumberjacks

Tickets available from Rose Marie

Call 780-217-8217

Adults \$55.00

Youth \$30.00 (12 and under)

DOOR PRIZES!

*** Casual Wear ***



**The Harvest
Dance is coming
up really quickly.**

**New Younger
Band**

Great Food

Good Fun for All

**Get your tickets
and or Volunteer
for this ASAP.**

Did you get a **SAFER ENVIRONMENTS** (S.E.) email or letter from Fr. Bo?

A few weeks ago Fr. Bo was able to send out a letter to over 140 volunteers in and around the parish who he is aware of. Hopefully they are all accurate and not too hard to understand.

Please fill the attached forms out and return them to Fr. Bo or slide them under his office door.

IF you also volunteer but **you did not get a letter** please ask Fr. Bo for one.

Note: **General Risk Volunteers** simply need to fill out 2 simple forms telling us who you are, who your "emergency contact is" and such. Nothing too difficult. Most people who volunteer to cook or greet people at the door fit into this category.

If you work with parish money, you have keys to the building or you work with vulnerable people such as children or seniors, then you are a **High Risk Volunteer**. If you are, then you need to fill out a few forms, provide the parish with a Police Information Check and participate in a 45 minute online training program. This is fairly standard stuff for volunteers in any organization now-a-days.

Got Questions? Talk to Fr. Bo

Forte Plus Choir and Seniors Acting Out Together

present

Christmas Delivery

November 30 at 2:00 pm
Holy Cross Ukrainian Catholic Parish
9003 153 Ave NW, Edmonton
Tickets: \$10

*A harried mailman discovers the real meaning
of Christmas as he delivers packages,
trains a new employee, and discovers a new sense
of connection to the community he serves when he
meets a young women and her child in a difficult
situation along his route*

**Monetary donations in support of the
Jessica Martel Foundation**

For tickets call 780-238-5617

SoNoted.ca





Saint Cosmas the Hymnographer, Bishop of Maiuma

Commemorated on October 12

Saint Cosmas the Hymnographer, Bishop of Maiuma, was a native of Jerusalem. He was raised by the parents of Saint John of Damascus (December 4) together with their son, and he received a fine education. When Saint Cosmas came of age, he set out to one of the monasteries of Palestine, where he attained renown for his monastic exploits.

During a time of persecution against holy icons Saint Cosmas, and the venerable John, came forward to defend Orthodoxy. In the year 743 Cosmas was made Bishop of Maiuma. He died in old age, leaving behind many canons for feast days and a Triodion for four days of Holy Week.

In Slavic usage Saint Cosmas the Hymnographer is commemorated on October 12, but on October 14, according to Greek usage.

Consider Making a Pilgrimage!

The Ukrainian Catholic Eparchy of Edmonton invites all faithful to a special day of prayer and reflection in honour of Blessed Bishop and Martyr Vasyl Velychkovsky. His Holy Relics will be available for veneration on Sunday, October 19, 2025, offering a profound opportunity for spiritual renewal and connection with the living witness of faith.

Red Deer - St. Vladimir Church

📍 3932-46 Street, Red Deer, AB

🕒 Divine Liturgy at 10:00 a.m.

🕒 Presentation on the Life of Blessed Vasyl at 1:00 p.m.

🍽️ A light lunch will be provided.

For more information, please contact:
Claude Dupont –
claudedupont@xplomet.com |
403-742-4373

Edmonton - St. Basil the Great Church

📍 7007 109 Street NW,
Edmonton, AB

🕒 Divine Liturgy at 7:00 p.m.

For more information, please contact:
Fr. Gabriel Haber –
fr.haber@eeparchy.com



Both services will conclude with the veneration of the Holy Relics and the anointing with holy oil. The Guest Homilist for both events will be Father John Sianchuk, C.Ss.R., Director of the Blessed Vasyl Velychkovsky National Martyr's Shrine in Winnipeg.



We are very glad to have you with us today. It is our hope that everyone who is with us can experience the Living God here through the prayers of the Divine Liturgy, the warmth of the community and through the profound Eucharist that our Lord gives us.

Please introduce yourself to others and if we can do anything to help you, or if you have any questions about our community, please let us know. We hope you feel at home here and become part of our big happy church family.

If your experience goes well, tell others. If something did not go well, please let us know in the office (office@ehcucp.ca or 780-478-5260) or by telling Fr. Bo (780-340-3726 or fr.nahachewsky@eeparchy.com) so that we can address the problem and make our parish the best it can be.

Upcoming Events:

- **Sunday, October 12 at 9:30 am:** Fr. Myron plans to be here for confessions.
- **Monday, October 13: Thanksgiving Monday**
- **Tuesday, October 14 at 6 pm: Alpha.** This is a meal, presentation, and discussion night for those who are curious or even apprehensive about the Christian faith. The program continues every other Tuesday at 6 pm for 11 weeks.
- **Tuesday, October 14 at 7:30 pm:** Knights of Columbus meeting in the boardroom.
- **Wednesday, October 15 at 6 pm:** Bible Study
- **Thursday, October 16 at 9 am:** Cabbage Roll Bee. Come help if you can.
- **October 18-24: Catholic Education Week.** Catholic Education Week is a time to give thanks for the gift of Catholic education, celebrate its constitutional and spiritual foundations, and renew our shared mission. In unity, the Catholic Bishops have issued a [Pastoral Letter](#) affirming our mission, encouraging courageous witness, and expressing gratitude for all who serve in Catholic education. If you are reading this bulletin in a digital format you can click on the link to read this.
- **Sunday, October 19, at 10 am: Bishop's Name Day Celebration** at St. Josaphat's Cathedral. Divine Liturgy (bilingual) will be followed by a brunch at the parish hall. Donations in honour of Bishop David will be accepted to aid the people of Ukraine. Please RSVP to Patty Zakordonski: pzakordonski@gmail.com
- **Monday, October 20 at 7 pm: Men's Club Meeting.** All men are welcome, members please attend.
- **October 20-23: Annual Clergy Study Days.** Theme: Catechesis and Synodality. Fr. Bo & Deacon John are away.
- **Tuesday, October 21 at 2 pm for Seniors, and 6 pm for others: "The Chosen: Watch and Discussion"** (and every 2nd Tuesday)
- **Wednesday, October 22: No 9 am Divine Liturgy** due to Clergy Study Days.
- **Saturday, October 25: Harvest Dance:** Doors open at 5 pm, Dinner is at 6 pm. See posters.
- **Monday, October 27 at 9:45 am: Bilingual Schools Divine Liturgy** at St. Basil the Great Parish. If ATA strike is over.
- **Tuesday, October 28 at 9 am: Perogy Bee.** Come help if you can.
- **Sunday, November 2 at 10 am:** St. Nicholas Parish is celebrating Fr. Slavko Dumec's 25 anniversary of Priestly Ordination.
- **Friday - Saturday, November 7-8:** Called to be Holy: Men's Retreat

- **Sunday, November 9 at 10:30 am:** St. Stephen Parish in Calgary cordially invites you to celebrate Praznyk and **25 Anniversary to Priesthood of Fr. Janko Herbut.** Celebration will be on Sunday, November 09th with D. Liturgy at 10:30 am followed by Dinner. Tickets are \$20.00 for adults; \$ 15.00 for seniors; \$ 10.00 for kids(13-18); \$5.00 for kids (6-12); \$0.00 for kids (0-5). You can buy them by calling Fr. Janko at 780-951-6126 or Parish office 403-249-4818.
- **Saturday November 15: The Nativity Fast begins.**
- **Saturday November 15 at 10 am:** The deaconal ordination of Julian Savaryn.
- **Wednesday, November 19: Red Wednesday:** <https://acn-canada.org/red-wednesday/>
- **Sunday, November 30 at 2 pm:** Choir Concert "Christmas Delivery"
- **Monday, December 1 at 5:30: Ladies' Club Christmas Meeting and Dinner**
- **Sunday, December 7: St. Nicholas Visits us!** Yahoo

Other Announcements

- **Our Question Box:** In our Church's entry there is a "Question Box". If you have a question about our Faith, Church or Traditions, simply write it down and drop it into the box. Fr. Bo will try to answer your question in one of the next bulletins.
- **Are you having a 50th Anniversary?** If so put your anniversary on the sheet on the table next to the parish office or talk to Diana Horyn 780-255-9926. Holy Cross Parish will honour you with a plaque at the end of a Divine Liturgy.



What are we doing at our Tuesday “The Chosen” sessions?

Every second Tuesday in our parish we have two sessions of “The Chosen” one at 2 pm and the other at 6 pm.

We not only watch this acclaimed series about the life of Christ, but we also discuss how these Gospel events affect us now in the life of our parish and world. During the show, we pause at strategic spots, and discuss what happened in the preceding scene(s) to help all understand what happened, as many people don’t catch many of the various details.

In the early “senior’s” session at 2 pm this past Tuesday (specially set up for those who do not like to drive after dark) we talked about how we should understand the Old Testament if we want to understand the New Testament.

In the later 6 pm session (set later in the day for those who may work during the day) we discussed several things including demonic possession and exorcisms, as well as the power of the Sacrament of Confession.

And we ate some great theatre style popcorn!



So... What was our first session about?

Season 1, ep 1, **“I Have Called You by Name”** focuses on Mary Magdalene's struggles with demon possession and introduces several key figures before they meet Jesus.

Mary Magdalene

- The episode opens with Mary Magdalene as a young girl, being comforted by her father with a passage from the book of Isaiah.
- As an adult, she is traumatized from hinted at rape and prostitution, grappling with alcoholism, still grieving from the death of her father as a child, and tormented by demons, not to mention her being ostracized by her community.
- Near the end of the episode, she is close to taking her own life, but instead, she is drawn back into town by the Holy Spirit in the form of a dove.
- At a tavern, just as she reaches for a drink, Jesus covers her hand and calls her by her true name, Mary of Magdala, healing her in a powerful, emotional encounter.







We also were introduced to other characters:

- Nicodemus: A respected and powerful Pharisee who travels to Capernaum to investigate why local laws are being broken. The Roman praetor orders Nicodemus to perform an exorcism on Mary Magdalene, but he fails, leaving him shaken and questioning his own spiritual power.
- Simon and Andrew: Two fishermen brothers in massive debt to Rome. Desperate, they resort to working on the Sabbath and Simon tries to cut a deal with the Romans that would betray fellow Jews.
- Matthew: A tax collector who is hated by his own people for his collaboration with the Roman oppressors. He is shown to be a social outcast, but he is diligent and keeps meticulous records.

If you would like to catch up with us and watch the first episode you can find it on many streaming platforms such as Amazon Prime TV, Apple TV, and Netflix, several apps, plus it can be found on [“thechosen.tv”](http://thechosen.tv) and other websites.

So come and join us next week (Oct. 21) when we watch and talk about Season I, episode 2: “Shabbat”

The Next Couple Weeks at Holy Cross

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|--|---|
| 12 ✙ Commemoration of the Holy Fathers of the Seventh Ecumenical Council; Tone I; The Holy Martyrs Probus, Tarachus and Andronicus; Our Venerable Father Cosmas of Jerusalem, Bishop of Maium and Composer of Canon. Our Holy Father Martin the Compassionate, Bishop of Tours. Polyeleos Feast. Rurrection Gospel 7. Hebrews 13:7-16; John 17:1-13. 9:30 am Rosary 10 am Divine Liturgy (English) Yes Sunday School, Yes Coffee. | 13 The Holy Martyrs Carpus, Pappas, and Agathonikus. Philippians 1:1-7; Luke 4:37-44. Thanksgiving Monday No Theosis Studio due to Thanksgiving | 14 The Holy Martyrs Nazarius, Gervasius, Protasius and Celsius; ?? Our Venerable Mother Parasceva of Ternovo; Blessed Roman Lysko, Pastor of Youth and Martyr of L'viv. Saint with Six Stichera. Philippians 1:8-14; Luke 5:12-16. 6 pm ALPHA (1)  7:30 pm Knights of Columbus Meeting | 15 Our Venerable Father Euthymius the Younger; The Holy Venerable-Martyr Lucian, Priest of Great Antioch. Philippians 1:12-20; Luke 5:33-39. 9 am Divine Liturgy 6 pm Bible Study (17-Maccabean Revolt - End of Old Testament)  | 16 The Holy Martyr Longinus the Centurion. Philippians 1:20-27; Luke 6:12-19. 9 am Cabbage Roll Bee 5:30 pm Appointment Thursdays are normally Fr. Bo's day off | 17  The Holy Prophet Hosea; The Venerable-Martyr Andrew of Crete. Abstinence from meat and foods that contain meat. Philippians 1:27-2:4; Luke 6:17-23. Cancelled 5:30 pm Appointment 6 pm Presentation about the Meaning and Purpose of Icons in the Church and Home at St. Sophia's Parish by Fr. Bo | 18 ✙ The Holy Apostle and Evangelist Luke. Polyeleos Feast. Colossians 4:5-9, 14, 18; Luke 10:16-21. Catholic Education Week Begins, Pray for Catholic Educators and Students |
| 19 Nineteenth Sunday after Pentecost; Tone 2; The Holy Prophet Joel; The Holy Martyr Varus; ✙ Our Venerable Father John of Rila. Saint with Six Stichera. Resurrection Gospel 8. 2 Corinthians 11:31-12:9; Luke 6:31-36. 9:30 am Rosary 10 am Divine Liturgy (Bilingual) Yes Sunday School, Yes Coffee. 10 am The Cathedral is hosting the Bishop's Names Day Celebration. Catholic Education Week, Pray for Catholic Educators and Students | 20 The Holy Great-Martyr Artemius. Saint with Six Stichera. Philippians 2:12-16; Luke 6:24-30. Clergy Study Days Cancelled noon Theosis Studio time due to Clergy Study days Normally on the 3rd Monday of the Month we would have Altar Server Practice... but the Clergy Study Days... 7 pm Men's Club Meeting Catholic Education Week, Pray for Catholic Educators and Students | 21 ✙ Our Venerable Father Hilarion the Great. Saint with Six Stichera. Philippians 2:16-23; Luke 6:37-45. Clergy Study Days 2 pm Chosen (1) 6 pm Chosen (1)  Catholic Education Week, Pray for Catholic Educators and Students | 22 Holy Father John Paul II, Pope; The Holy Wonderworker and Equal-to-the-Apostles Abercius, Bishop of Hieropolis; Holy Seven Youths of Ephesus. Philippians 2:24-30; Luke 6:46-7:1. Clergy Study Days Cancelled 9 am Divine Liturgy due to Clergy Study days Catholic Education Week, Pray for Catholic Educators and Students | 23 ✙ The Holy Apostle and Brother of the Lord in the Flesh James. Great Doxology. Galatians 1:11-19; Matthew 13:54-58. Clergy Study Days 5:30 pm Appointment Thursdays are normally Fr. Bo's day off... but Clergy Study Days... Catholic Education Week, Pray for Catholic Educators and Students | 24  The Holy Martyr Aretas and those with him. Abstinence from meat and foods that contain meat. Philippians 3:8-19; Luke 7:31-35. All Day Kitchen and Hall Prep for Harvest Dance 6 pm Harvest Dance  | 25 The Holy Martyrs and Notaries Marcian and Martyrius. 2 Corinthians 1:8-11; Luke 5:27-32. All Day Kitchen and Hall Prep for Harvest Dance 6 pm Harvest Dance |
| 26 Twentieth Sunday after Pentecost; Tone 3; ✙ The Holy and Glorious Great-Martyr Demetrius, from Whose Tomb Myrrh Streams Forth. All-Night Vigil Feast. Resurrection Gospel 9. Galatians 1:11-19; 2 Timothy 2:1-10; Luke 7:11-16; John 15:17-16:2. 9:30 am Rosary 10 am "Children's/Family Friendly" Divine Liturgy (English) No Sunday School, Yes Coffee. | 27 The Holy Martyr Nestor; The Holy Martyr Capitolina and Her Slave Erotheides. Philippians 4:10-23; Luke 7:36-50. 12 noon Theosis Studio time 6 pm Altar Server Practice 7 pm PPC Meeting | 28 ✙ The Holy Martyr Parasceve of Iconium; The Holy Martyrs Terentius and Neonila; Our Venerable Father Stephen the Sabaites, Composer of Canons. Great Doxology. Colossians 1:1,2,7-11; Luke 8:1-3. 6 pm ALPHA (2)  | 29 The Passing of Our Venerable Father Abraham, Archimandrite and Wonderworker of Rostov; The Holy Venerable-Martyr Anastasia of Rome; Our Venerable Father Abraham the Recluse. Colossians 1:18-23; Luke 8:22-25. 9 am Divine Liturgy 6 pm Bible Study (Messiah 1)  | 30 The Holy Martyrs Zenobius and Zenobia His Sister; Blessed Hieromartyr Olesky Zarytsky, priest. Colossians 1:24-29; Luke 9:7-11. 5:30 pm Appointment Thursdays are normally Fr. Bo's day off | 31  The Holy Apostles Stachys, Amphas, and others with them; The Holy Martyr Epimachus. Abstinence from meat and foods that contain meat. Colossians 2:1-7; Luke 9:12-17. 5:30 pm Appointment | Nov 1 ✙ Hieromartyr Theodore Romzha, Bishop of Mukachevo; ✙ The Holy Wonderworkers and Unmercenary Cosmas and Damian. Polyeleos Feast. Saint with Six Stichera. Passing into Eternal Life of the Servant of God Metropolitan Andrey Sheptytsky, 1944. Hebrews 13:7-16; Luke 12:2-12. |

Sunday, October 12, 2025

Eighteenth Sunday after Pentecost. Octoechos Tone 1.

Holy Priest-Martyr Phocas, Bishop of Sinope (98-117). Holy Prophet Jonah (786-46 BC). Venerable Jonah the Presbyter, Father of Theophanes, Composer of Canons, and Theodore the Branded;

Troparion, Tone 1: Though the stone was sealed by the Judeans,* and soldiers guarded Your most pure body,* You arose, O Saviour, on the third day,* and gave life to the world.* And so the heavenly powers cried out to You, O Giver of Life:* Glory to Your resurrection, O Christ!* Glory to Your kingdom!* Glory to Your saving plan,* O only Lover of mankind.

Troparion, Tone 8: Christ our God, You are glorified above all,* You established our fathers as beacons on earth* and through them guided all of us to the true faith.* Glory to You, most compassionate Lord.

Kontakion, Tone 1: You arose in glory from the tomb* and with Yourself You raised the world.* All humanity acclaims You as God,* and death has vanished.* Adam exults, O Master,* and Eve, redeemed now from bondage, cries out for joy:* "You are the One, O Christ, Who offer resurrection to all."

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 6: The Son who ineffably shone from the Father* was born two-fold of nature from a woman.* Beholding Him, we do not reject the image of His form;* but depicting it, we revere it faithfully.* Therefore the Church, holding the true faith,* kisses the icon of Christ's becoming man.

Now and forever and ever. Amen.

Theotokion, Tone 6: Undaunted patroness of Christians,* O steadfast intermediary with the Creator,* turn not away from the suppliant voices of sinners,* but in your kindness come to help us who cry out to you in faith.* Be quick to intercede, make haste to plead,* for you are ever the patroness of those who honour you, O Mother of God.

Prokeimenon, Tone 1

Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name forever.

verse: For You are righteous in everything that You have done to us.

Epistle: Hebrews 13:7-16 (NRSV)

Brothers and Sisters, remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be carried away by all kinds of strange teachings; for it is well for the heart to be strengthened by grace, not by regulations about food, which have not benefited those who observe them. We have an altar from which those who officiate in the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. Therefore Jesus also suffered

outside the city gate in order to sanctify the people by his own blood. Let us then go to him outside the camp and bear the abuse he endured. For here we have no lasting city, but we are looking for the city that is to come. Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

Alleluia verses, Tone 1

The God of gods, the Lord, spoke and summoned the earth from the rising of the sun to its setting.

Gather to Him His devout ones, who with sacrifice make covenant with Him.

Gospel: John 17:1-13 (NRSV)

At that time Jesus looked up to heaven and said, "Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

"I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves.

Communion Hymn

Praise the Lord from the heavens,* praise Him in the highest.

Rejoice in the Lord, O you just;* praise befits the righteous.

Alleluia, alleluia,* alleluia.