



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 9 am or 7 pm Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)
fr.nahachewsky@eeparchy.com

Deacon: Dcn. John Lukey

johndebbielukey@yahoo.ca

Pastoral Care (visiting shut-ins):

Debbie Lukey

780-478-4337

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Toll Free: 1-866-886-3946

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.

Sunday, October 5, 2025

Seventeenth Sunday after Pentecost; Octoechos Tone 8;
The Holy Martyr Charitina.

This week at Holy Cross:

Monday:

- 6:00 pm Choir Practice and Youth Ministry**
(Young people and singers wanted! join us!)
- 7:00 pm Ladies' Club Meeting**
(All women in the parish are invited.)

Tuesday

- 10:30 am Venta Care Centre Divine Liturgy**
- 2:00 pm Chosen: Watch and Talk** for Seniors
- 6:00 pm Chosen: Watch and Talk** for Everyone

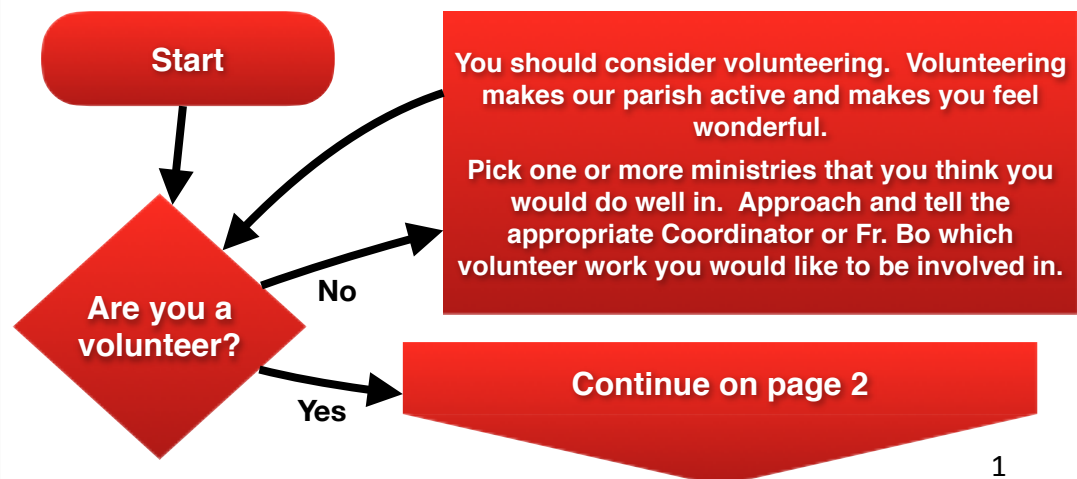
Wednesday

- 9:00 am Divine Liturgy**
- 9:00 am* Cabbage Blanching Bee** (come lend a hand)

Did you get a SAFER ENVIRONMENTS (S.E.) email or letter from Fr. Bo?

This week Fr. Bo was able to send out a letter to over 140 volunteers in and around the parish who he is aware of. Hopefully they are all accurate and not too hard to understand. However, this is... sadly... unlikely for all 140 letters.

So I am asking **EVERYONE** to do this "simple" flowchart: Need help? See Fr. Bo.



Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcup

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcup

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

For reasons of food safety and liability our policy regarding food in the hall is A> No outside food is permitted, B> All food is to be consumed in the hall, C> No leftovers are given out, D> No take-out food.

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
Deacon - Dcn. John Lukey
President – Mark Helmak
Past President – Peter Fedorak
1st Vice-President – Mark Ramsankar
2nd Vice-President –Deacon John Lukey
Secretary – Mariya Mahalyas
Treasurer – Dale Kluk
Archivist – Diana Horyn
Cultural – Ken Kozak
Fundraising – Terry Yackimec
Hall Rental – Lisa Borosuk & Gladys Woitas
Ladies' Club – Dianne Kluk
Knights of Columbus – Darrell Uchach
Men's Club President – Marc Chiasson
Youth Coordinator – Emmette Lysak
Maintenance – Larry Weye
Membership – Lorna Chiasson
Social – Edd Horyn
Spiritual – Debbie Lukey

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo a month in advance

Weddings:

- Contact Fr. Bo a year in advance

Funerals:

- Contact Fr. Bo as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

**Donations Collected at Holy Cross this past week:**

Last Sunday's Collection: \$2200.00

Last Week's Candles: \$21.55

September Vocations Collection: \$150.00

FEAST DAY OF THE PROTECTION OF THE MOST HOLY MOTHER OF GOD

This Feast in the West is celebrated on October 07 and is referred to as the feast of “Our Lady of the Rosary”. In the East we as Ukrainian Catholics and Orthodox celebrate it on October 01 and in Ukrainian know it as “Pokrov”.

For the West this feast “Our Lady of the Rosary”, celebrates the naval victory that took place on October 07, 1571 of the coast of Greece in the Gulf of Lepanto, where the Christian navy, greatly outnumbered by the invading Muslim fleet, became victorious and saved Christian civilization. Prior to the battle Pope Pius V had called on all Catholics in Europe to pray the Rosary and to ask the Blessed Virgin Mary for her intercession. Victory was obtained through the powerful intercession of the Theotokos.

For us as Eastern Christians this Feast of the Protection of the Theotokos is a reminder of the love and protection that she has for all humanity. According to tradition sometime in the ninth century Constantinople (present day Istanbul) was under attack by a large Rus’ army, our Slavic brothers (Rus’ was still pagan at the time). The people had gathered at Blachernae church in Constantinople and according to Sacred Tradition the Theotokos appeared to St Andrew the Fool-for-Christ. He saw the dome of the church open and the Blessed Virgin moving around in the air accompanied by Angels and Saints. She then knelt and prayed for all the people, the faithful Christians throughout the world. She then asked Jesus to accept the prayers of all the people who have asked for protection. The Theotokos then spread her Veil over all the people in the Church as protection, a sign of her unwavering protection in time of need.

Are these Feast Days, Prayers and Rosary relevant in today’s world one may ask.? Well look

at what transpired in Fatima. The Blessed Virgin appeared several times to the three children with a message: “Pray the Rosary every day”. Her last appearance in Fatima was in 1917, and some 70,000 people witnessed the miracle of the sun.

shortly thereafter the First World War ended in 1918.

In Greece the Feast of the Protection is celebrated on October 28th. On this day in 1940 during the Second World War, Mussolini gave an ultimatum to the Greek Prime Minister to surrender. Greece refused, the people turned to the Blessed Virgin Mary in prayer and were spared. The Blessed Virgin is seen as a great ally of the Greek people.

Pope John Paul II on March 25, 1984, consecrated the world to the Immaculate Heart of Mary together in union with the world’s Bishops and a few years later the collapse of the Soviet Union started with the collapse of the Berlin

wall in 1989, just to mention a few examples.

The months of May and October are set aside to honor and venerate the Blessed Virgin Mary the Theotokos and to ask for her intercession on our behalf.

Saint Mother Teresa, while going through airport security was asked if she had any weapons, she opened her hand and showed her Rosary. It’s been said by St Mother Teresa that, “to hold the Rosary beads within one’s hand, is to hold Our Lady’s hand, as a child trustingly grasps a mother’s hand”.

So, it is quite appropriate that we will once again resume reciting the Rosary before Divine Liturgy starting this Sunday in response to the Blessed Virgins request, “Pray the Rosary daily, in order to obtain peace for the world and the end to war”.

Deacon John



Martyr Charitina of Amisos

Commemorated on October 5

Saint Charitina (Charitínē) was from Amisos (Amisós) in Pontus and lived during the reign of Emperor Diocletian (284-305). Orphaned at a young age, she became the servant of a noble Roman Christian named Claudianus, or Claudius, who brought her up as his own daughter. The young girl was very pretty, sensible, and kind. She imparted her love for Christ to others, and brought many to the path of salvation. Saint Charitina was meek, humble, obedient and silent. Although she was not yet baptized, she was a Christian at heart. She studied the Law of God day and night, and vowed to preserve her virginity as a true bride of Christ.

Because Saint Charitina brought many others to the Christian Faith, Dometius, one of Emperor Diocletian's governors, came to hear of her and sent a letter to Claudius, ordering him to send Charitina to him so that he might question her. Claudius had no doubts about the result of this interrogation. Grieved at the prospect of losing her, he put on sackcloth and wept bitter tears. Charitina comforted him, saying: "Do not grieve, my Master, but rejoice, for I am to become an acceptable sacrifice to God, for my sins and for yours."

Claudius replied: "O Servant of God, remember me when you stand before the heavenly King in the ranks of the Holy Martyrs."

The Saint was brought before a judge at the tribunal. He asked her: "Is it true that you are a Christian, and that you delude others by bringing them to your impious faith?"

Charitina replied: "It is true that I am a Christian, but it is a lie that I delude others. On the contrary, I lead them from deception to the path of truth, bringing them to my Christ."

Then the judge ordered her hair to be cut off, but by the power of God, her hair grew back even longer than before. Then burning coals were placed on her head, and vinegar was poured over her scorched flesh, increasing her pain. They drove flaming sticks through her breasts, and burnt her sides with candles. Finally, they tied a stone around her neck and threw her into the sea. She cried out: "This is my Baptism." Suddenly, the stone was loosened and sank, and God delivered her from the sea unharmed.

When the judge saw her on the shore, he ordered his men to seize her and strip her naked, and then tie her to a wheel which turned over burning coals, but an Angel of God stopped the wheel and once again Saint Charitina remained unharmed. The judge became furious and ordered that the nails of her hands and her feet be torn out, and that all her teeth be broken.

Then the wicked judge sent many dissolute men to rape her. Fearing this dishonor, Saint Charitina prayed that God would receive her soul before these vile men could defile her virginal body; and so, as she prayed, she surrendered her pure soul to God.

When the judge saw that she was dead, he had her body placed in a sack weighted with stones, and tossed it into the sea. By Divine Providence, her body was brought to the shore three days later. Her master Claudius found her body and buried her with appropriate honor and reverence.

Fragments of Saint Charitina's Holy Relics are found in the Monasteries of Kykkos, Cyprus, and Jerusalem of Boeotia.



**Taken from the Blog of Fr. Jeremy:
Judging Ourselves and Others
found at Orthodoxroad.com**

ON NOT JUSTIFYING OURSELVES

Like the Beatitudes that Jesus taught, the teachings on judgment and justice of the Orthodox Church take the wisdom of the world, turn it upside down, and slam it on its head.

Both the scriptures and the fathers of the Church are clear on this topic. And the teaching is likely the opposite of anything you've heard growing up in our culture:

If we are ridiculed or judged because we have done even the slightest amount of wrong (which is 99.9% of the time for me), then we are to endure the judgment, ridicule, and harsh words of others as a healing balm for our souls. This is part of taking up the cross and following Jesus, who did not die to free us from suffering but rather that we could suffer and die with Him. We cannot be raised with Him if we are not willing to die with Him.

When I am criticized, I find that if I carefully examine my thoughts, motivations, and actions, then I can usually find some degree of fault within myself. In doing so, I realize I must accept the insult and injury as a form of crucifying my ego.

Regarding this topic Elder Paisios states, *"One who justifies himself with excuses makes no progress in the spiritual life, nor can he find any inner peace."* While speaking with a group of nuns, he expounded this saying,

I must understand that when I try to justify myself with excuses, I'm in a wrong state of mind. I cut off my communication with God and am deprived of divine Grace, because divine Grace does not come to one who is in a wrong state. The moment a person justifies the unjustifiable, he is separated from God...There is no stronger barrier to the Grace of God than excuses!

BUT WHAT IF...??!!

"But what if it really isn't my fault, and I am the victim?"

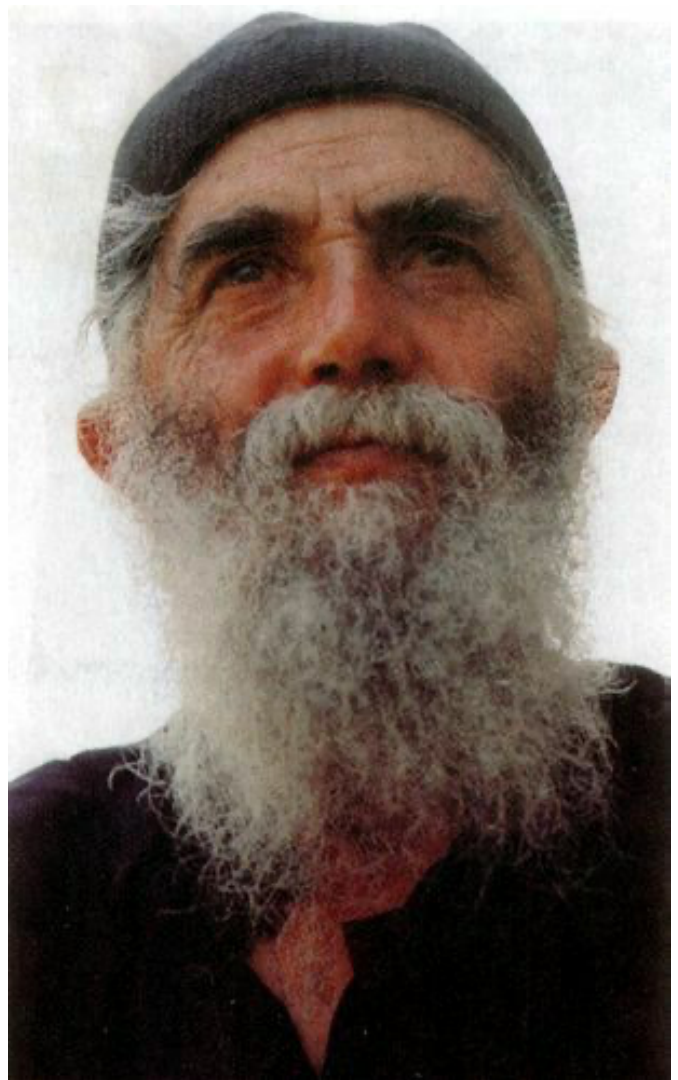
There are times that we are accused of wrong doing, whether through a misunderstanding or the malicious intent of another person. Whatever the case, the Church Fathers teach us that we must endure this persecution as Christ endured the cross. This is happening for our salvation.

Elder Paisios states that there are four stages of maturity in receiving injustice. For example, let's say somebody hurls an insult at you.

- Stage 1 – We hurl an insult back and we feel upset or perhaps we believe we have a "righteous" anger.
- Stage 2 – We feel anger arising inside of us; we are hurt, but we hold our tongue and walk away.
- Stage 3 – The insult does not upset us.
- Stage 4 – Elated joyfulness at suffering injustice. This is what the apostles experienced when they were persecuted and they rejoiced, praising God that they were found worthy to suffer for Him. (Acts 5:41)

Again, the Elder teaches:

When you accept an injustice and are prepared to justify your neighbor, you accept Christ himself into your heart, Who was often wronged and maligned. It is then that Christ cannot be evicted from your heart and fills you with peace and gladness.



Elder Paisios



2025 CALLED TO BE HOLY MEN'S CONFERENCE



Holy Spirit Seminary
Edmonton



November 7-8,
2025



MEET OUR SPEAKERS

*"Do not be conformed to this world, but be transformed
by the renewing of your minds..."*

Romans 12:1-2



Fr. Michael Winn
Keynote Speaker



Brian Holdsworth
Guest Speaker

Step away from the world's noise and rediscover your calling

Join men from across the Eparchy for two days of prayer, fellowship, and powerful talks on self-mastery and true Christian manhood. Together we'll learn how to fight the inner battles, live sacrificial love, and shine as witnesses of Christ.



Divine Liturgy & Confession



Panel Discussion & Fellowship



Meals & time to connect with brothers in faith

REGISTER NOW

Price:

Before Oct 1 → \$85 commute / \$145 live-in
After Oct 1 → \$95 commute / \$155 live-in

Scan the QR code or visit
tinyurl.com/Calledtobeholy25



bernadette.mandrusiak@eeparchy.com



www.eeparchy.com



780-424-5496

If you would like to participate in this Campaign you must do it quickly.

Also, please see **Mariyka Bodnar, as she is our parish's coordinator for this Campaign**



Bridge of Hope Annual Christmas Shoebox Campaign

Bridge of Hope is an organization within the Ukrainian Catholic Eparchy of Edmonton whose mission is to provide support services through sponsorship and ministering to underprivileged children in Ukraine that live at home or in orphanages.

We are excited to announce that Bridge of Hope is once again organizing our annual Christmas Shoebox campaign! This year, we aim to bring joy to orphans and underprivileged children cared for by the Sisters Servants of Mary Immaculate in Western Ukraine. Shoeboxes filled with all kinds of surprises from caring Canadians, will be delivered by the sisters to underprivileged children throughout western Ukraine in time for St. Nicholas day!

How You Can Help:

- **Prepare a Shoebox:** Shoeboxes are easy to assemble and a wonderful way to bring families and parishioners together in a meaningful way.
- **How to Pack a Shoebox:** Use either a shoebox, or backpack. Choose either a boy or girl, within the following age ranges 2-4, 5-9 or

10-14. Make sure to label your shoebox with this information. Some ideas for items to pack are personal care items, school supplies, treats, clothing or toys. Please do not include liquids, loose candy, battery operated toys, or very heavy items. We also ask that you include a \$7 donation to cover the shipping costs. There is a detailed list of the most needed items on our website. ourbridgeofhope.com

- Deliver your shoebox to your parish contact, or contact Wanda Kowalchuk directly to confirm drop-off location.
- **Make a Donation:** If you prefer, you can also donate funds to help us fill shoeboxes for the children. Which can also be done through the website. Or contact Wanda. See below.

Important Information:

- **Website:** For more details about the campaign and ideas for shoebox contents, please visit our website: ourbridgeofhope.com and look under "Programs"
- **Contact Us:** If you need assistance or more information, feel free to reach out to Wanda Kowalchuk at wandamay@telus.net or call 780-993-0216. We are also looking for volunteers at each parish to help coordinate at the parish level. If you would like to help, please contact Wanda.
- **Deadline:** Our goal is to have all the boxes ready to go by October 5, 2025 so that they will arrive in time for the Feast of St. Nicholas.

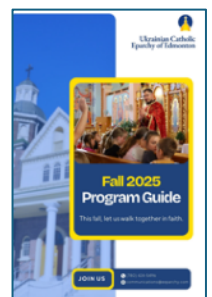
Together, We Can Make a Difference!

With many children in need this year, your support is crucial. Thank you for joining us in spreading hope and joy this Christmas season!

Check it out! The Fall Program Guide is Here!

Have a look at all the amazing opportunities for spiritual growth being offered throughout the Eparchy. Look for it on the eparchy website: www.eepararchy.com or in your church entrance.

Sept 1 was the beginning of the New Liturgical Year. It's not too late to make a New Year's resolution! Consider taking part in one or more of the offerings and experience the joy of growing closer to God.





Seniors Day Time Viewing of

THE CHOSEN:

Come Let's Watch & Dialogue Together

Every other Tuesday starting on
October 7th at 2 pm

Let's explore our faith together.

At Holy Cross Parish
9003 153 Ave, Edmonton



Young Adult & Adult Evening Viewing of
THE CHOSEN:
Come Let's Watch & Dialogue Together

Every other Tuesday starting on
October 7th at 6 pm

Let's explore our faith together.

At Holy Cross Parish
9003 153 Ave, Edmonton



You are Invited to the Holy Cross Parish

Harvest Dance

Saturday, October 25, 2025

Doors Open at 5:00 PM

Dinner at 6:00 PM



Music by The New Lumberjacks

Tickets available from Rose Marie

Call 780-217-8217

Adults \$55.00

Youth \$30.00 (12 and under)

DOOR PRIZES!

* Casual Wear *



Holy Cross' 2025

Bible Study

With Jeff Cavins (on screen)

Join in Every other Wednesday
at 6 pm as we explore the whole
story of salvation from
Creation to the Second Coming.

Its always open to everyone,
and you even get free popcorn!



Next class is October 15 at 6 pm

Come join us.

**"IS THERE MORE TO
LIFE THAN THIS?"**

**"IS THIS
IT?"**

**"IS THERE A
GOD?"**

**"WHAT IS THE
MEANING OF LIFE?"**

**"WHAT AM I
DOING HERE?"**

**"DO I HAVE A
PURPOSE?"**

Alpha

**NICE MEAL.
HONEST CONVERSATIONS.
EVERYONE WELCOME**

6 PM EVERY OTHER TUESDAY

STARTING OCTOBER 14

**HOLY CROSS 9003 153 AVE. EDMONTON
FOR MORE INFO SEE [EHCUCP.CA](http://ehcucp.ca)**



What is Alpha?

**Call the parish
office at
780-478-5260**

**Or call or text
Fr. Bo at
780-340-3726**

**Or go online and
look up "Alpha
Program"**

**Or if you are
reading this
bulletin on your
computer or
phone click
below**

[Click here.](#)

Date		Date	
Tuesday, October 14	Episode 1: Is There More To Life Than This?	Tuesday, January 27	Episode 7: How does God guide us?
Tuesday, October 28	Episode 2: Who is Jesus?	Saturday , January 31	Episodes 8-12: Holy Spirit Sessions
Tuesday, November 11	Episode 3: Why did Jesus Die?	Tuesday, February 10	Episode 13: How can I resist evil?
Tuesday, November 25	Episode 4: How can I have faith	Tuesday, February 24	Episode 14: Why and how should I tell others?
Tuesday, December 9	Episode 5: Why and how do I pray?	Tuesday, March 10	Episode 15: Does God heal today?
Tuesday, January 13	Episode 6: Why and how should I read the Bible?	Tuesday, March 24	Episode 16: What about the Church?









Upcoming Events:

- **Sunday, October 5 at 9:30 am:** Fr. Myron is not going to be with us today to help hear Confessions because he is not feeling well. But he does plan to be with us next Sunday.
- **Sunday, October 5 at 3 pm:** You are invited to a concert to commemorate the Feast of the Protection of the Blessed Virgin Mary together with the day of the Ukrainian Soldier at the Youth Unity Complex (9615 -153 Ave.), starting at 3 pm. Please note that the concert is in Ukrainian.
- **Monday, October 6 at 6 pm:** Choir and Youth. We welcome all singers and all youth so that we can sing and play together.
- **Monday, October 6 at 7 pm:** Ladies' Club Meeting. Confirmed. Come join us.
- **Tuesday, October 7 at 2 pm:** Senior's Afternoon "The Chosen: Watch and Discussion". Come and watch the first episode of the first season of "the Chosen". The Chosen is a series of shows about the life and ministries of our Lord, Jesus Christ. This afternoon time slot is intended for Seniors, so that they do not need to drive during the dark evening hours of winter to attend.
- **Tuesday, October 7 at 6 pm:** Young and "Medium Aged" Adult's Evening "The Chosen: Watch and Talk". Come and watch the first episode of the first season of "the Chosen". The Chosen is a series of shows about the life and ministries of our Lord, Jesus Christ. This evening time slot is intended for "non-retired folk", who most often work during the day.
- **Wednesday, October 8 at 9 am:** (or after Liturgy if you are attending Liturgy) Cabbage Blanching Bee. Come help if you can.
- **Saturday, October 11 at 10 am:** The Diaconal ordination of Peter Pitchko at St. Josaphat's Cathedral
- **Sunday, October 12 at 9:30 am:** Fr. Myron plans to be here for confessions.
- **Monday, October 13 at 7:30???:** It's Thanksgiving, but there might be a Knights of Columbus meeting... maybe.
- **Tuesday, October 14 at 6 pm:** Alpha. This is a meal, presentation, and discussion night for those who are curious or even apprehensive about the Christian faith. The program continues every other Tuesday at 6 pm for 11 weeks.
- **Wednesday, October 16 at 6 pm:** Bible Study
- **Thursday, October 15 at 9 am:** Cabbage Roll Bee. Come help if you can.
- **Monday, October 13:** Thanksgiving Monday
- **October 18-24:** Catholic Education Week. Catholic Education Week is a time to give thanks for the gift of Catholic education, celebrate its constitutional and spiritual foundations, and renew our shared mission. In unity, the Catholic Bishops have issued a [Pastoral Letter](#) affirming our mission, encouraging courageous witness, and expressing gratitude for all who serve in Catholic education. If you are reading this bulletin in a digital format you can click on the link to read this.
- **Sunday, October 19, at 10 am:** Bishop's Name Day Celebration at St. Josaphat's Cathedral. Divine Liturgy (bilingual) will be followed by a brunch at the parish hall. Donations in honour of Bishop David will be accepted to aid the people of Ukraine. Please RSVP to Patty Zakordonski: pzakordonski@gmail.com
- **Monday, October 20 at 7 pm:** Men's Club Meeting. All men are welcome, members please attend.
- **October 20-23:** Annual Clergy Study Days. Theme: Catechesis and Synodality. Fr. Bo & Deacon John are away.
- **Tuesday, October 21 at 2 pm for Seniors, and 6 pm for others:** "The Chosen: Watch and Discussion" (and every 2nd Tuesday)
- **Wednesday, October 22:** No 9 am Divine Liturgy due to Clergy Study Days.
- **Saturday, October 25:** Harvest Dance: Doors open at 5 pm, Dinner is at 6 pm. See posters.
- **Monday, October 27 at 9:45 am:** Bilingual Schools Divine Liturgy at St. Basil the Great Parish. If ATA strike is over.
- **Tuesday, October 28 at 9 am:** Perogy Bee. Come help if you can.
- **Wednesday, November 19:** Red Wednesday: <https://acn-canada.org/red-wednesday/>
- **December 7:** St. Nicholas Visits us! Yahoo

Other Announcements

- **Our Question Box:** In our Church's entry there is a "Question Box". If you have a question about our Faith, Church or Traditions, simply write it down and drop it into the box. Fr. Bo will try to answer your question in one of the next bulletins.
- **Are you having a 50th Anniversary?** If so put your anniversary on the sheet on the table next to the parish office or talk to Diana Horyn 780-255-9926. Holy Cross Parish will honour you with a plaque at the end of a Divine Liturgy.
- **The September special collection for vocations** in our Eparchy is officially over, however if you have not yet donated to this cause and you would like to you still can. The recommended donation is \$30 per household. Please use the special envelope for this collection or clearly write "For September Vocations Collection" on any envelope and give it in the Sunday Collection or drop it off at the parish office.

The Next Couple Weeks at Holy Cross

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 Seventeenth Sunday after Pentecost; Octoechos Tone 8; The Holy Martyr Charitina. Resurrection Gospel 6. 2 Corinthians 6:16-7:1; Matthew 15:21-28. 9:30 am Rosary 10 am Divine Liturgy (Bilingual) Yes Sunday School, Yes Coffee. 11:30 Protest to support Teachers at Parliament 3 pm Concert at Youth Unity Complex	6 ✚ The Holy and Glorious Apostle Thomas. Polyeleos Feast. 1 Corinthians 4:9-16; John 20:19-31. 12 noon Theosis Studio time 6 pm Youth & Choir  7 pm Ladies' Club Meeting	7 ☩ The Holy Martyrs Sergius and Bacchus. Saint with Six Stichera. Ephesians 5:20-26; Luke 3:23-4:1. 10:30 Venta Care Centre Divine Liturgy 2 pm Chosen (1) 6 pm Chosen (1) 	8 Our Venerable Mother Pelagia. Ephesians 5:25-33; Luke 4:1-15. 9 am Divine Liturgy 9 am Cabbage Blanching Bee	9 ✚ The Holy Apostle James, Son of Alphaeus; Our Venerable Father Andronika and his wife Anastasia. Polyeleos Feast. 1 Corinthians 4:9-16; Luke 10:16-21. 5:30 pm Appointment	10  The Holy Martyrs Eulampius and Eulampia. Abstinence from meat and foods that contain meat. Ephesians 6:18-24; Luke 4:22-30. 5:30 pm Appointment	11 The Holy Apostle Philip, One of the Seven Deacons; Our Venerable Father Theophanes the Branded, Composer of Canons. 1 Corinthians 15:39-45; Luke 4:31-36. 10 am Ordination of Peter Pitchko to the Diaconate at St. Josaphat's Cathedral 5 pm Minor Orders for Julian Savaryn at St. Josaphat's Cathedral
12 ✚ Commemoration of the Holy Fathers of the Seventh Ecumenical Council; Octoechos Tone 1; The Holy Martyrs Probus, Tarachus and Andronicus; Our Venerable Father Cosmas of Jerusalem, Bishop of Maim and Composer of Canon. Our Holy Father Martin the Compassionate, Bishop of Tours. Polyeleos Feast. Resurrection Gospel 7. Hebrews 13:7-16; John 17:1-13. 9:30 am Rosary 10 am Divine Liturgy (English) Yes Sunday School, Yes Coffee.	13 The Holy Martyrs Carpus, Pappylas, and Agathonikus. Philippians 1:1-7; Luke 4:37-44. Thanksgiving Monday 12 noon Theosis Studio time	14 The Holy Martyrs Nazarius, Gervasius, Protasius and Celsus; ?? Our Venerable Mother Parasceva of Ternovo; Blessed Roman Lysko, Pastor of Youth and Martyr of L'viv. Saint with Six Stichera. Philippians 1:8-14; Luke 5:12-16. 6 pm ALPHA (1)  7:30 pm Knights of Columbus Meeting	15 Our Venerable Father Euthymius the Younger; The Holy Venerable-Martyr Lucian, Priest of Great Antioch. Philippians 1:12-20; Luke 5:33-39. 9 am Divine Liturgy 6 pm Bible Study (17-Maccabean Revolt - End of Old Testament) 	16 The Holy Martyr Longinus the Centurion. Philippians 1:20-27; Luke 6:12-19. 9 am Cabbage Roll Bee 5:30 pm Appointment	17  The Holy Prophet Hosea; The Venerable-Martyr Andrew of Crete. Abstinence from meat and foods that contain meat. Philippians 1:27-2:4; Luke 6:17-23. Cancelled 5:30 pm Appointment 6 pm Presentation about the Meaning and Purpose of Icons in the Church and Home at St. Sophia's Parish by Fr. Bo	18 ✚ The Holy Apostle and Evangelist Luke. Polyeleos Feast. Colossians 4:5-9, 14, 18; Luke 10:16-21.
19 Nineteenth Sunday after Pentecost; Octoechos Tone 2; The Holy Prophet Joel; The Holy Martyr Varus; ☩ Our Venerable Father John of Rila. Saint with Six Stichera. Resurrection Gospel 8. 2 Corinthians 11:31-12:9; Luke 6:31-36. 9:30 am Rosary 10 am Divine Liturgy (Bilingual) Yes Sunday School, Yes Coffee. 10 am The Cathedral is hosting the Bishop's Names Day Celebration.	20 The Holy Great-Martyr Artemius. Saint with Six Stichera. Philippians 2:12-16; Luke 6:24-30. Clergy Study Days Cancelled noon Theosis Studio time due to Clergy Study days 7 pm Men's Club Meeting	21 ☩ Our Venerable Father Hilarion the Great. Saint with Six Stichera. Philippians 2:16-23; Luke 6:37-45. Clergy Study Days 2 pm Chosen (1) 6 pm Chosen (1) 	22 Holy Father John Paul II, Pope; The Holy Wonderworker and Equal-to-the-Apostles Abercius, Bishop of Hieropolis; Holy Seven Youths of Ephesus. Philippians 2:24-30; Luke 6:46-7:1. Clergy Study Days Cancelled 9 am Divine Liturgy due to Clergy Study days	23 ☩ The Holy Apostle and Brother of the Lord in the Flesh James. Great Doxology. Galatians 1:11-19; Matthew 13:54-58. Clergy Study Days 5:30 pm Appointment	24  The Holy Martyr Aretas and those with him. Abstinence from meat and foods that contain meat. Philippians 3:8-19; Luke 7:31-35. All Day Kitchen and Hall Prep for Harvest Dance 5:30 pm Appointment	25 The Holy Martyrs and Notaries Marcian and Martyrius. 2 Corinthians 1:8-11; Luke 5:27-32. All Day Kitchen and Hall Prep for Harvest Dance 6 pm Harvest Dance

Sunday, October 5, 2025

Seventeenth Sunday after Pentecost; Octoechos Tone 8;
The Holy Martyr Charitina.

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 8: When You rose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your resurrection,* and the ends of the world celebrate Your rising from the dead,* O most merciful One.

Now and for ever and ever. Amen.

Theotokion, Tone 8: To You, O Mother of God,* the invincible leader,* we, Your servants, ascribe these victory hymns* in thanksgiving for our deliverance from evil.* With Your invincible power free us from all dangers* that we may cry out to You:* “Hail, O Bride, and pure Virgin!”

Prokeimenon, Tone 8

Pray and give thanks to the Lord our God.

verse: In Judea God is known; His name is great in Israel.

Epistle: 2 Corinthians 6:16-7:1 (NRSV)

Brothers and sister, what agreement has the temple of God with idols? For we are the temple of the living God; as God said, “I will live in them and walk among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be your

father, and you shall be my sons and daughters, says the Lord Almighty.” Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and of spirit, making holiness perfect in the fear of God.

Alleluia verses, Tone 8:

Come, let us rejoice in the Lord; let us acclaim God our Saviour.

Let us come before His countenance with praise and acclaim Him with psalms. (Psalm 94:2)

Gospel: Matthew 15:21-28 (NRSV)

At that time, Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, “Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.” But he did not answer her at all. And his disciples came and urged him, saying, “Send her away, for she keeps shouting after us.” He answered, “I was sent only to the lost sheep of the house of Israel.” But she came and knelt before him, saying, “Lord, help me.” He answered, “It is not fair to take the children’s food and throw it to the dogs.” She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their masters’ table.” Then Jesus answered her, “Woman, great is your faith! Let it be done for you as you wish.” And her daughter was healed instantly.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.

Alleluia, alleluia,* alleluia.



Welcome to Holy Cross Parish!

We are very glad to have you with us today. It is our hope that everyone who is with us can experience the Living God here through the prayers of the Divine Liturgy, the warmth of the community and through the profound Eucharist that our Lord gives us.

Please introduce yourself to others and if we can do anything to help you, or if you have any questions about our community, please let us know. We hope you feel at home here and become part of our big happy church family.

If your experience goes well, tell others. If something did not go well, please let us know in the office (office@ehcucp.ca or 780-478-5260) or by telling Fr. Bo (780-340-3726 or fr.nahachewsky@eeparchy.com) so that we can address the problem and make our parish the best it can be.