



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am or 7 pm Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)
fr.nahachewsky@eeparchy.com

Deacon: Dcn. John Lukey

johndebbielukey@yahoo.ca

Pastoral Care (visiting shut-ins):

Debbie Lukey

780-478-4337

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Toll Free: 1-866-886-3946

We no longer have a fax number.

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.

Sunday, August 17, 2025

Tenth Sunday after Pentecost; Octoechos Tone I; The Holy Martyr Myron. Post-feast of the Dormition.

Today we welcome Fr. Anton Tarasenko

who is substituting for Fr. Bo today. Fr. Bo is sick.

Tickets are available for
Exaltation of the Holy Cross Parish's

Praznyk Lunch

After the 10 am Divine Liturgy

Sunday, September 14, 2025

Tickets are also available for
Exaltation of the Holy Cross Parish's

Perogy Supper

With 2 Seatings: 4:30 & 6:30

Saturday, September 27, 2025

Menu:

- Three types of Perogies
- Meatballs & Gravy
- Sweet Cabbage rolls
- Cornmeal
- Mushrooms & Dill Cream Sauce
- Fried Onions
- Marinated Vegetable Salad
- Assorted Preserves
- Desserts

**For tickets call
825-967-5997**

or get them after any Sunday
Divine Liturgy... but don't wait
because these go fast.

Advanced tickets only

Adults (13+) \$25

Youth (7-12 years) \$15

Children 6 and under are Free

Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

For reasons of food safety and liability our policy regarding food in the hall is A> No outside food is permitted, B> All food is to be consumed in the hall, C> No leftovers are given out, D> No take-out food.

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
Deacon - Dcn. John Lukey
President – Mark Helmak
Past President – Peter Fedorak
1st Vice-President – Mark Ramsankar
2nd Vice-President – Deacon John Lukey
Secretary – _____
Treasurer – Dale Kluk
Archivist – Diana Horyn
Cultural – Ken Kozak
Fundraising – Terry Yackimec
Hall Rental – Lisa Borosuk & Gladys Woitas
Ladies' Club – Dianne Kluk
Knights of Columbus – Darrell Uchach
Men's Club President – Marc Chiasson
Youth Coordinator – Emmette Lysak
Maintenance – Larry Waye
Membership – Lorna Chiasson
Social – Edd Horyn
Spiritual – Debbie Lukey

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo a month in advance

Weddings:

- Contact Fr. Bo a year in advance

Funerals:

- Contact Fr. Bo as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.



Called to Serve

Lay Leadership & Diaconal Formation Programs

Do you feel called to grow deeper in your faith and serve your parish in a more intentional way?

"Each of us is given grace according to the measure of Christ's gift." (Eph 4:7)

LAY LEADERSHIP

A two-year formation for those discerning ministry in parish life: catechesis, outreach, sacramental preparation, and more.

- Six **5-week online** courses each year
- In-person sessions for **reflection, prayer, and community**
- **Certificate** in Catholic Studies awarded annually
- **Bilingual** option: Ukrainian and English

Programs begin in September 2025
Apply by August 31, 2025

Initiative of the Ukrainian Catholic Eparchy of Edmonton
in collaboration with Newman Theological College

LEARN MORE
AND
APPLY

DIACONAL FORMATION



A spiritual and academic path of discernment for those exploring a vocation to the diaconate.

- **Two-year certificate** in Eastern Christian Theology
- Undergraduate courses and in-person **formation weekends**
- Designed for active parishioners **called to serve**



✉ andrea.leader@eeparchy.com

🌐 www.eeparchy.com

📞 780-424-5496

Maybe you should consider this ↑.

Donations Collected at Holy Cross this past week:

Last Sunday's Collection: \$2170.00

Last Week's Candles: \$13.75

E-transfers: \$865.00

Building Fund: \$75.00

July's Income: \$14,857.37

July's Expenses: \$17,825.88

That is a loss of: \$2,968.51



Let Us Unite in Catechetical Ministry in Canada

A CATECHIST IS:

a **vocation** | a **mission** of the heart | a **way of life** and **service**



Monthly Bilingual Online Gatherings
For Catechists and Those Who Aspire to Become One

These gatherings aim to:

- unite in catechetical ministry and build community;
- develop and discover the beauty of the catechist's vocation;
- pray together;
- share experiences and support one another in ministry;
- grow both spiritually and professionally.



The first gathering will take place in October 2025.

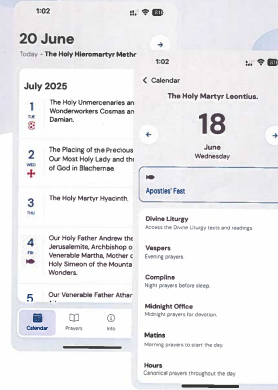
Registration: <https://forms.gle/UKwooKd9umL55y1c8>

For additional information, please contact: catechistugcc@gmail.com (Viktoriia)



iPraises App

Your Daily Prayer
Companion



What's Inside?

- Full Byzantine Liturgical Calendar
- Morning, Evening, and Personal Prayers
- Clean and simple design

Download and Pray



Make sure to update to the latest version for new features and improved experience.

You are Invited to the Holy Cross Parish

Harvest Dance

Saturday, October 25, 2025

Doors Open at 5:00 PM

Dinner at 6:00 PM



Music by The New Lumberjacks



Tickets available from Rose Marie

Call 780-217-8217

Adults \$55.00

Youth \$30.00 (12 and under)

DOOR PRIZES!

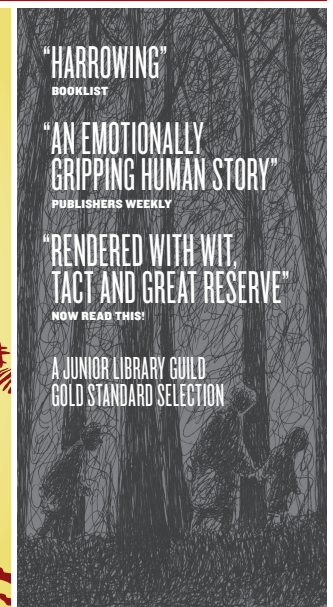
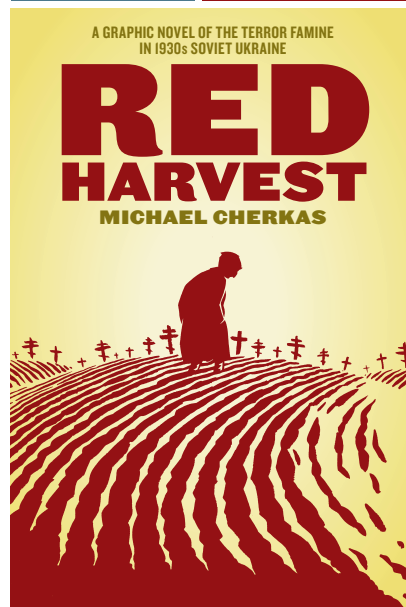
*** Casual Wear ***



SEPT
18
7:00 PM

Meet cartoonist and author
MICHAEL CHERKAS
as he discusses his
graphic novel **RED HARVEST**

Hosted by the Ukrainian Catholic Women's
League of Canada Museum



**THURSDAY
SEPTEMBER 18
7:00 PM**
Doors open at 6:30 PM
Presentation in English

UCWLC Museum
St. Josaphat Cathedral, Lower Level
10825 - 97 Street
Edmonton, Alberta

Books will be available for purchase.

Upcoming Meetings & Events:

- **Saturday, August 23:** Wedding
- **Tuesday, August 26 at 9 am:** Cabbage Roll Bee
- **Tuesday, September 2 at 9 am:** Cabbage Roll Bee
- **Tuesday, September 2:** School is Back at Edmonton Catholic School District
- **Saturday, September 6:** Baptism
- **Sunday, September 7:** Baptism & 4 First Solemn Communions
- **Monday, September 8:** The Feast of the Nativity of the Mother of God. Liturgy at 9 am.
- **Sunday, September 14:** The Feast of the Exaltation of the Holy Cross. This is our parish's "Praznyk" (Feast Day). On this day bishop David will join us and we will have a fitting celebration. Get your tickets now. See page 4.
- **Tuesday, September 2 at 7 pm:** Next Ladies' Club Meeting
- **Saturday, September 20:** Baptism
- **Wednesday September 24:** Wedding
- **Saturday September 27:** Perogy Supper - tickets now available. The last time Holy Cross held a Perogy Supper in September both sittings were sold out. To purchase tickets, call 825-967-5997.

- **Monday September 29:** PPC Meeting
- **October 1:** The Feast of the Protection of the Mother of God.

Other Announcements

- **Thank you to our awesome Volunteers** who help with weddings and funerals and other events. We really, really appreciate you.
- **Effective August 1, 2025** - Holy Cross will be deleting Inactive Security entry codes for those church members that do not have a key to access Holy Cross. Larry Waye has been doing a security audit and found that a number of members have an access code but no key to access Holy Cross. Over time keys were returned but the access codes were not deleted. This exercise is to make sure that only key holders have an access code. If you need any clarification, please contact Larry Waye or Mark Helmak.
- **Lay Leadership & Diaconal Formation – A Journey of Faith and Service** The Eparchy of Edmonton invites you to go deeper into your faith and answer God's call to serve. In partnership with Newman Theological College, we offer two formation paths beginning September 2025:
 - **Lay Leadership Program** – for parishioners discerning a call to serve their parish community
 - **Diaconal Formation Program** – for men discerning a vocation to the diaconate.

Grow in understanding, prayer, and purpose. **Apply by August 31**

Learn More: eeparchy.com/formation/

Contact: andrea.leader@eeparchy.com | 780-424-5496



Ben Calf Robe School's
BACK TO SCHOOL

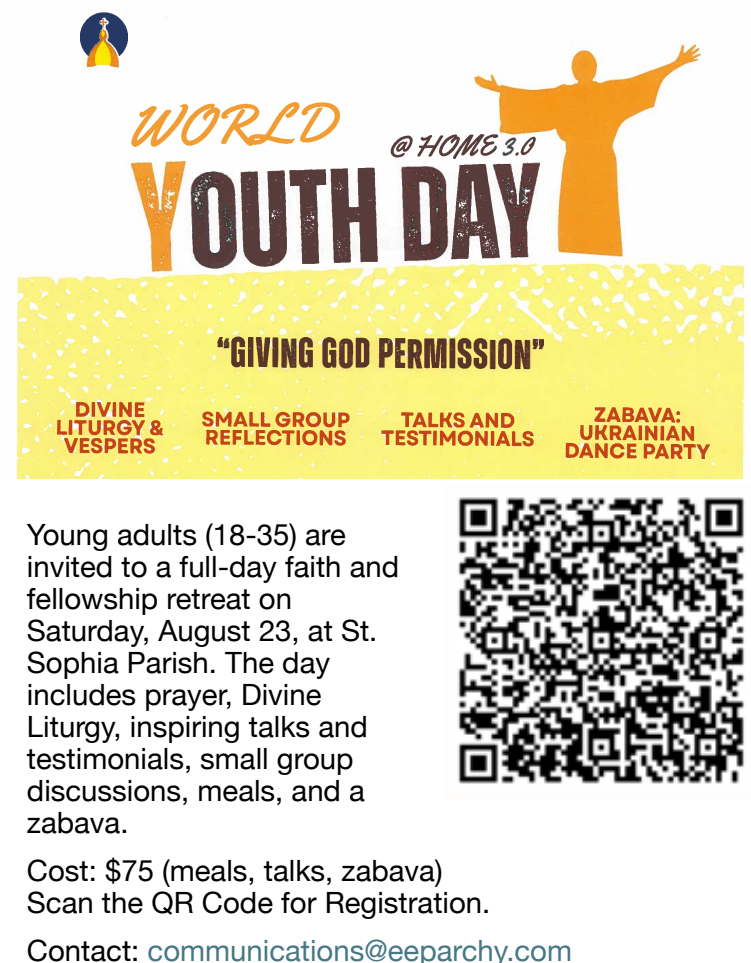
SUPPLY DRIVE

JULY 6 - AUGUST 27

WE ARE IN NEED OF THE FOLLOWING ITEMS:

NOTEBOOKS, PENCILS, GLUE STICKS, WHITE GLUE, SCISSORS, PENS, BINDERS, DUOTANGS, CRAYONS, MARKERS, PENCIL CRAYONS, TAPE, HIGHLIGHTERS, BACKPACKS, WATER BOTTLES

Please drop all supplies off at the church in the donation bins provided



WORLD YOUTH DAY @ HOME 3.0

"GIVING GOD PERMISSION"

DIVINE LITURGY & VESPERS **SMALL GROUP REFLECTIONS** **TALKS AND TESTIMONIALS** **ZABAVA: UKRAINIAN DANCE PARTY**

Young adults (18-35) are invited to a full-day faith and fellowship retreat on Saturday, August 23, at St. Sophia Parish. The day includes prayer, Divine Liturgy, inspiring talks and testimonials, small group discussions, meals, and a zabava.

Cost: \$75 (meals, talks, zabava)
Scan the QR Code for Registration.

Contact: communications@eeparchy.com

The Next Couple Weeks at Holy Cross						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 Tenth Sunday after Pentecost; Octoechos Tone 1; The Holy Martyr Myron. Post-feast of the Dormition. Resurrection Gospel 10. 1 Corinthians 4:9-16; Matthew 17:14-23. 9:30 am Rosary 10 am Divine Liturgy (English) NO Sunday School, No Coffee	18 ✙ The Commemoration of the Consecration of the Holy Resurrection Patriarchal Sobor; The Holy Martyrs Florus and Laurus. Polyeleos Feast. Post-feast of the Dormition. Hebrews 3:1-4; Matthew 13:16-18.	19 The Holy Martyr Andrew the General and those with him. Post-feast of the Dormition. 2 Corinthians 2:14-3:3; Matthew 23:23-28.	20 The Holy Prophet Samuel. Post-feast of the Dormition. 2 Corinthians 3:4-11; Matthew 23:29-39. 9 am Divine Liturgy 6 pm Wedding Rehearsal	21 The Holy Apostle Thaddeus; The Holy Martyr Bassa. Post-feast of the Dormition. 2 Corinthians 4:1-6; Matthew 24:13-28. Fr. Bo's Day Off 5:30 pm Appointment	22 🐟 The Holy Martyr Agathonicus and those with him; Blessed Hieromartyr Symeon Lukach, Bishop and Confessor. Post-feast of the Dormition. Abstinence from meat and foods that contain meat. 2 Corinthians 4:13-18; Matthew 24:27-33, 42-51. 5:30 pm Appointment	23 The Holy Martyr Luppis; The Holy Hieromartyr Irenaeus, Bishop of Lyons. Leave-taking of the Dormition. 1 Corinthians 1:3-9; Matthew 19:3-12. 1 pm Wedding
24 Eleventh Sunday after Pentecost; Octoechos Tone 2; The Holy Hieromartyr Eutyches. Resurrection Gospel 11. 1 Corinthians 9:2-12; Matthew 18:23-35. 9:30 am Rosary 10 am Divine Liturgy (Bilingual) NO Sunday School, No Coffee	25 ☩ The Return of the Relics of the Holy Apostle Bartholomew; The Holy Apostle Titus. Saint with Six Stichera. 2 Corinthians 5:10-15; Mark 1:9-15.	26 The Holy Martyrs Adrian and Natalia. 2 Corinthians 5:15-21; Mark 1:16-22. 9 am Cabbage Roll Bee	27 Our Venerable Father Pimen; Blessed Venerable Woman-Martyrs Lavrentia Herasymiv and Olympia Bida. 2 Corinthians 6:11-16; Mark 1:23-28. 9 am Divine Liturgy 2 pm Eparchial Sacred Orders Commission Meeting	28 The Synaxis of Our Venerable Fathers of the Monastery of the Caves at Kyiv who repose in the Further Caves; The Venerable Father Moses the Black; Our Holy Father Augustine, Bishop of Hippo; The Holy Martyr Gebre Michael, Illuminator of Ethiopia. 2 Corinthians 7:1-10; Mark 1:29-35. Fr. Bo's Day Off 5:30 pm Appointment	29 🐟 ☩ The Beheading of the Honourable and Glorious Prophet, Forerunner and Baptist John. All-Night Vigil Feast. Abstinence from meat and foods that contain meat. Acts 13:25-32; Mark 6:14-30. 5:30 pm Appointment	30 Our Holy Fathers and Patriarchs of Constantinople Alexander, John, and Paul the Younger. 1 Corinthians 1:26-29; Matthew 20:29-34.
31 Twelfth Sunday after Pentecost; Octoechos Tone 3; ✙ The Placing of the Precious Sash of Our Most Holy Lady the Mother of God. Polyeleos Feast. Resurrection Gospel 1. 1 Corinthians 15:1-11; Hebrews 9:1-7; Matthew 19:16-26; Luke 10:38-42; 11:27-28. 9:30 am Rosary 10 am Divine Liturgy (English) NO Sunday School, No Coffee	Sept. 1 ✙ Beginning of the Indiction, that is, the New Year; Our Holy Father Symeon the Stylite and his mother Martha; Synaxis of the Most Holy Mother of God of Miasenes. Polyeleos Feast. 1 Timothy 2:1-7; Colossians 3:12-16; Luke 4:16-22; Matthew 11:27-30. Labour Day	2 The Holy Martyr Mamas; Our Venerable Father John the Faster, Patriarch of Constantinople. 2 Corinthians 8:16-9:5; Mark 3:13-19. First Day of School at ECSD 9 am Cabbage Roll Bee 10:30 am Venta Care Centre	3 The Holy Hieromartyr Anthimus, Bishop of Nicomedia; Our Venerable Father Theoctistus, Fellow-Ascetic of the Great Euthymius. 2 Corinthians 9:12-10:7; Mark 3:20-27. 9 am Divine Liturgy	4 The Holy Hieromartyr Anthimus, Bishop of Nicomedia; Our Venerable Father Theoctistus, Fellow-Ascetic of the Great Euthymius. 2 Corinthians 9:12-10:7; Mark 3:20-27. Fr. Bo's Day Off 5:30 pm Appointment	5 🐟 The Holy Hieromartyr Babylas, Bishop of Antioch; The Holy Prophet Moses Who Saw God. 2 Corinthians 10:7-18; Mark 3:28-35. 5:30 pm Appointment	6 ☩ Commemoration of the Miracle Performed at Colossus in Chone by the Archangel Michael; The Holy Martyr Eudoxius and his companions; Our Venerable Father Archipus. Saint with Six Stichera. 1 Corinthians 2:6-9; Matthew 22:15-22. ? am Baptism
7 Sunday before the Exaltation of the Holy Cross; Octoechos Tone 4; ☩ Forefeast of the Nativity of the Most Holy Mother of God; The Holy Martyr Sozon the Shepherd. Saint with Six Stichera. Resurrection Gospel 2. 1 Corinthians 16:13-24; Matthew 21:33-42. 9:30 am Pre-Baptismal Rites 10 am Divine Liturgy with a Baptism and 3 First Solemn Communicants (Bilingual) Sunday School is Back! Yes Sunday School, Yes Coffee	8 ☩ The Nativity of Our Most Holy Lady, the Mother of God and Ever-Virgin Mary. Feast of the Mother of God. Holy Day of obligation. Philippians 2:5-11; Luke 10:38-42; 11:27-28. 9 am Festal Divine Liturgy	9 ☩ The Holy and Righteous Forebears of God Joachim and Anna; The Holy Martyr Severian. Post-feast of the Nativity of the Mother of God. Galatians 4:22-31; Luke 8:16-21.	10 The Holy Martyrs Menodora, Metrodora, and Nymphodora. Post-feast of the Nativity of the Mother of God. 2 Corinthians 13:3-13; Mark 4:35-41. 9 am Divine Liturgy	11 Our Venerable Mother Theodora of Alexandria. Post-feast of the Nativity of the Mother of God. Galatians 1:1-10; 1:20-2:5; Mark 5:1-20. Fr. Bo's Day Off 5:30 pm Appointment	12 🐟 The Holy Hieromartyr Autonomus. Leave-taking of the Feast of the Nativity of the Mother of God. Abstinence from meat and foods that contain meat. Galatians 2:6-10; Mark 5:22-24; 5:35-6:1. 5:30 pm Appointment	13 Saturday before the Exaltation of the Holy Cross; ☩ Commemoration of the Dedication of the Holy Church of the Resurrection of Christ our God; The Forefeast of the Exaltation of the Precious and Life-Giving Cross; The Holy Hieromartyr Cornelius the Centurion. Great Doxology. 1 Corinthians 2:6-9; Matthew 10:37-11:1.
14 🐟 ☩ The Universal Exaltation of the Precious and Life-Giving Cross. Day of strict fast. Abstinence from meat and foods that contain meat. 1 Corinthians 4:10-21	15 ☩ The Holy Great-Martyr Nicetas. Post-feast of the Exaltation of the Cross. Saint with Six Stichera. Galatians 2:11-16; Mark	16 ☩ The Holy Great-Martyr Euphemia, the All-Famed. Post-feast of the Exaltation of the Cross. Saint with Six Stichera. Galatians	17 Holy Martyr Sophia, and Her Three Daughters Faith, Hope, and Love. Post-feast of the Exaltation of the Cross. Galatians 3:15-22;	18 Our Venerable Father Eumenes, Bishop of Gortyna, Wonderworker. Post-feast of the Exaltation of the Cross. Galatians	19 🐟 The Holy Martyrs Trophimus, Sabbatius, and Dorymedontus. Post-feast of the Exaltation of the Cross. Abstinence from	20 Saturday after the Exaltation of the Holy Cross; ☩ The Holy Martyrs and Confessors for the Faith, the Grand Prince

Sunday, August 17, 2025

Tenth Sunday after Pentecost; Octoechos Tone I; The Holy Martyr Myron. Post-feast of the Dormition.

Troparion, Tone I: Though the stone was sealed by the Judeans,* and soldiers guarded Your most pure body,* You arose, O Saviour, on the third day,* and gave life to the world.* And so the heavenly powers cried out to You, O Giver of Life:* Glory to Your resurrection, O Christ!* Glory to Your kingdom!* Glory to Your saving plan,* O only Lover of mankind.

Troparion, Tone I: In giving birth you retained your virginity,* in falling asleep you did not abandon the world, O Mother of God.* You passed into life, for you are the Mother of Life,* and by your prayers* you deliver our souls from death.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone I: You arose in glory from the tomb* and with Yourself You raise the world.* All humanity acclaims You as God.* and death has vanished.* Adam exults, O Master,* and Eve, redeemed from bondage now, cries out for joy:* "You are the One, O Christ, Who offer resurrection to all."

Now and for ever and ever. Amen.

Kontakion, Tone 2: The tomb and death could not hold the Mother of God,* unceasing in her intercession and unfailing hope of patronage,* for, as the Mother of Life, she was transferred to life* by Him Who had dwelt in her ever-virgin womb.

Prokeimenon, Tone I

Let Your mercy, O Lord, be upon us, as we have hoped in You.

verse: Rejoice in the Lord, O you just; praise befits the righteous.

Epistle: I Corinthians 4:9-16 (NRSV)

Brothers and Sisters, for I think that God has exhibited us apostles as last of all, as though sentenced to death, because we have become a spectacle to the world, to angels and to mortals. We are fools for the sake of Christ, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute. To the present hour we are hungry and thirsty, we are poorly clothed and beaten and homeless, and we grow weary from the work of our own hands. When reviled, we bless; when persecuted, we endure; when slandered, we speak kindly. We have become like the rubbish of the world, the dregs of all things, to this very day. I am not writing this to make you ashamed, but to admonish you as my beloved children. For though you might have ten thousand guardians in Christ, you do not have many fathers. Indeed, in Christ Jesus I became your father through the gospel. I appeal to you, then, be imitators of me.

Alleluia verses, Tone I:

God gives me vindication, and has subdued people under me.

Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever.

Gospel: Matthew 17:14-23 (NRSV)

At that time, When they came to the crowd, a man came to him, knelt before him, and said, "Lord, have mercy on my son, for he is an epileptic and he suffers terribly; he often falls into the fire and often into the water. And I brought him to your disciples, but they could not cure him." Jesus answered, "You faithless and perverse generation, how much longer must I be with you? How much longer must I put up with you? Bring him here to me." And Jesus rebuked the demon, and it came out of him, and the boy was cured instantly. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" He said to them, "Because of your little faith. For truly I tell you, if you have faith the size of a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you." As they were gathering in Galilee, Jesus said to them, "The Son of Man is going to be betrayed into human hands, and they will kill him, and on the third day he will be raised." And they were greatly distressed.

Hymn to the Mother of God and the Irmos:

Seeing the pure one's falling asleep, angels marvelled in wonder how the Virgin could ascend from earth to heaven.

O pure Virgin, in you are conquered the bounds of nature,* for childbirth remains virginal and death is betrothed to life.* Virgin after childbearing and alive after death, O Mother of God,* never cease to save your inheritance.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia.