

# **Exaltation of the Holy Cross**

**Ukrainian Catholic Parish** 

Үкраїнська Католицъка Парафія Воздвиження Чесного Хреста



### Sundays:

• 9:30 am Rosary

• 10 am Divine Liturgy

### Wednesdays:

• 9 am Divine Liturgy

### **Most Major Feasts\*:**

• 10 am or 7 pm Divine Liturgy

(\* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text) fr.nahachewsky@eeparchy.com

Deacon: Dcn. John Lukey

johndebbielukey@yahoo.ca

Pastoral Care (visiting shut-ins): Debbie Lukey

780-478-4337

### **Church Website:**

### **EHCUCP.CA**

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

**Pastoral** 

Emergencies: 780-340-3726 Church: 780-478-5260 Hall: 780-478-4275 Toll Free: 1-866-886-3946 We no longer have a fax number.

Eparchy: 780-424-5496

### **Church Address:**

9003 - 153 Avenue NW Edmonton, AB

### **Church Mailing Address:**

Londonderry P.O. Box 70029 Edmonton, AB T5C 3R6

More info on the next page.

## Sunday, August 10, 2025

Ninth Sunday after Pentecost; Octoechos Tone 8; The Holy Martyr and Archdeacon Lawrence.

### **Dormition of the Theotokos**

by + Fr. Thomas Hopko

The feast of the Dormition or Falling-asleep of the Theotokos is celebrated on the fifteenth of August, preceded by a two-week fast. This feast, which is also sometimes called the Assumption, commemorates the death, resurrection and glorification of Christ's mother. It proclaims that Mary has been "assumed" by God into the heavenly kingdom of Christ in the fullness of her spiritual and bodily existence.

As with the nativity of the Virgin and the feast of her entrance to the temple, there are no biblical or historical sources for this feast. The Tradition of the Church is that Mary died as all people die, not "voluntarily" as her Son, but by the necessity of her mortal human nature which is indivisibly bound up with the corruption of this world.

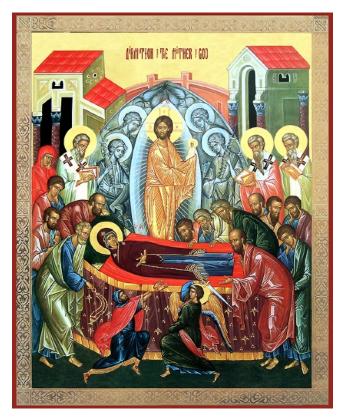
The Orthodox Church teaches that Mary is without personal sins. In the Gospel of the feast, however, in the liturgical services and in the Dormition icon, the Church proclaims as well that Mary truly needed to be saved by Christ as all human persons are saved from the trials, sufferings and death of this world;

and that having truly died, she was raised up by her Son as the Mother of Life and participates already in the eternal life of paradise which is prepared and promised to all who "hear the word of God and keep it" (Lk11.27–28).

In giving birth, you preserved your virginity. In falling asleep you did not forsake the world, O Theotokos. You were translated to life, O Mother of Life, and by your prayers, you deliver our souls from death (Troparion).

Neither the tomb, nor death, could hold the Theotokos, who is constant in prayer and our firm hope in her intercessions. For being the Mother of Life, she was...

more on the following page.



**Hall Rentals:** 

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

**Perohy Off Sales:** 780-478-4275

Membership:

email: membership@ehcucp

**Funeral Dinners:** 

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

For reasons of food safety and liability our policy regarding food in the hall is A> No outside food is permitted, B> All food is to be consumed in the hall, C> No leftovers are given out, D> No take-out food.

### **Parish Pastoral Council:**

Parish Priest – Fr. Bo Nahachewsky

Deacon - Dcn. John Lukey

President – Mark Helmak

Past President - Peter Fedorak

1st Vice-President – Mark Ramsankar

2nd Vice-President –Deacon John Lukev

Secretary – \_\_\_\_\_

Treasurer – Dale Kluk

Archivist – Diana Horyn

Cultural – Ken Kozak

Fundraising – Terry Yackimec

Hall Rental – Lisa Borosuik & Gladys Woitas

Ladies' Club - Dianne Kluk

Knights of Columbus – Darrell Uchach

Men's Club President – Marc Chiasson

Youth Coordinator – Emmette Lysak

Maintenance – Larry Wave

Membership – Lorna Chiasson

Social – Edd Horyn

Spiritual – Debbie Lukey

### **Baptism, Chrismation & Eucharist:**

• Contact Fr. Bo a month in advance

### Weddings:

• Contact Fr. Bo a year in advance

#### Funerals:

• Contact Fr. Bo as soon as you are able.

#### **Confessions**:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

### **Dormition: Continued from previous page**

... translated to life, by the One who dwelt in her virginal womb (Kontakion).

The services of the feast repeat the main theme, that the Mother of Life has "passed over into the heavenly joy, into the divine gladness and unending delight" of the Kingdom of her Son (Vesperal hymn). The Old Testament readings, as well as the gospel readings for the Vigil and the Divine Liturgy, are exactly the same as those for the feast of the Virgin's nativity and her entrance into the Temple. Thus, at the Vigil we again hear Mary say: "My soul magnifies the Lord and my Spirit rejoices in God my Saviour" (Lk 1.47). At the Divine Liturgy we hear the letter to the Philippians where Saint Paul speaks of the self-emptying of Christ who condescends to human servitude and ignoble death in order to be "highly exalted by God his Father" (Phil 2.5–11). And once again we hear in the Gospel that Mary's blessedness belongs to all who "hear the word of God and keep it" (Lk 11.27–28).

Thus, the feast of the Dormition of the Theotokos is the celebration of the fact that all men are "highly exalted" in the blessedness of the victorious Christ, and that this high exaltation has already been accomplished in Mary the Theotokos. The feast of the Dormition is the sign, the guarantee, and the celebration that Mary's fate is, the destiny of all those of "low estate" whose souls magnify the Lord, whose spirits rejoice in God the Saviour, whose lives are totally dedicated to hearing and keeping the Word of God which is given to men in Mary's child, the Saviour and Redeemer of the world.

Finally it must be stressed that, in all of the feasts of the Virgin Mother of God in the Church, the Orthodox Christians celebrate facts of their own lives in Christ and the Holy Spirit. What happens to Mary happens to all who imitate her holy life of humility, obedience, and love. With her all people will be "blessed" to be "more honorable than the cherubim and beyond compare more glorious than the seraphim" if they follow her example. All will have Christ born in them by the Holy Spirit. All will become temples of the living God. All will share in the eternal life of His Kingdom who live the life that Mary lived.

In this sense everything that is praised and glorified in Mary is a sign of what is offered to all persons in the life of the Church. It is for this reason that Mary, with the divine child Jesus within her, is called in the Orthodox Tradition the Image of the Church. For the assembly of the saved is those in whom Christ dwells.

It is the custom in some churches to bless flowers on the feast of the Dormition of the Holy Theotokos.

# A Festal Divine Liturgy will be celebrated this Friday at 9 am for the feast of the Dormition of the Mother of God.

This is an 'obligatory' feast, which means all the faithful should make every effort to attend liturgy this day.

### Donations Collected at Holy Cross this past week:

Last Sunday's Collection: \$1940.00 Last Week's Candles: \$9.25 E-transfers: \$275.00



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- Bilingual option: Ukrainian and English

Programs begin in September 2025 Apply by August 31, 2025

Initiative of the Ukrainian Catholic Eparchy of Edmonton in collaboration with Newman Theological College

### **DIACONAL FORMATION**



A spiritual and academic path of discernment for those exploring a vocation to the diaconate.

- Two-year certificate in Eastern Christian Theology
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- Designed for active parishioners called to serve

**LEARN MORE AND APPLY** 

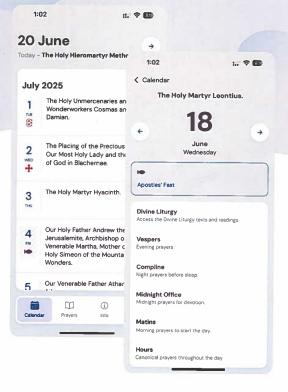






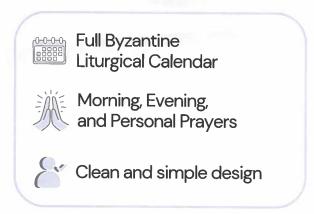
iPraises App

Your Daily Prayer Companion





## What's Inside?



## **Download and Pray**



Make sure to update to the latest version for new features and improved experience.



## "GIVING GOD PERMISSION"

DIVINE LITURGY 8 VESPERS

SMALL GROUP REFLECTIONS TALKS AND TESTIMONIALS ZABAVA: UKRAINIAN DANCE PARTY

Young adults (18-35) are invited to a full-day faith and fellowship retreat on Saturday, August 23, at St. Sophia Parish. The day includes prayer, Divine Liturgy, inspiring talks and testimonials, small group discussions, meals, and a zabava.



Cost: \$75 (meals, talks,

zabava)

Scan the QR Code for Registration.

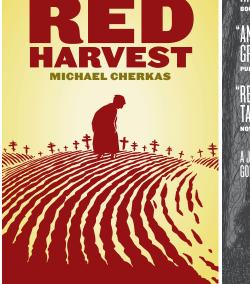
Contact: communications@eeparchy.com

SEPT 18 7:00 PM

# Meet cartoonist and author MICHAEL CHERKAS as he discusses his

graphic novel RED HARVEST

Hosted by the Ukrainian Catholic Women's League of Canada Museum



A GRAPHIC NOVEL OF THE TERROR FAMINE IN 1930s SOVIET UKRAINE



THURSDAY
SEPTEMBER 18
7:00 PM
Doors open at 6:30 PM

Doors open at 6:30 PM
Presentation in English

UCWLC Museum St. Josaphat Cathedral, Lower Level 10825 - 97 Street Edmonton, Alberta

Books will be available for purchase.



# **PEROGY SUPPER**

WHEN:

Saturday, September 27, 2025

WHERE:

**Exaltation of the Holy Cross Parish** 9003-153 AVE

### MENU:

### **Perogies**

- Potato & Choddar
- Potato & Cottago Cheese
- Petate & Onion

Meathalls with gravy
Coromeal
Marinated Vegetable Salad
Pickled Beats
Asserted Pickles
Desserts
Coffee a Tea



**FOR TICKETS** 

CALL: 825-967-5997

# ALL AGES EVENT

# ADVANCED TICKETS ONLY

Adults (13 yrs+) \$25.00

Youth (7-12 yrs) \$15.00

## Children (6 & under) Frae

- Tickets required for admission
- No Refunds
- Cash Bar

## **2 SITTINGS**

FIRST 4:30PM - 6:00 PM Doors Open @ 4:00 pm

SECOND 6:30 PM — 8:00 PM Deors open @ 6:15 pm

### **Upcoming Meetings & Events:**

- Saturday, August 23: Wedding
- Saturday, September 6: Baptism
- Sunday, September 7: Baptism & 4 First Solemn Communions
- Monday, September 8: The Feast of the Nativity of the Mother of God. Liturgy at 9 am.
- Sunday, September I4: The Feast of the Exaltation of the Holy Cross. This is our parish's "Praznyk" (Feast Day). On this day bishop David will join us and we will have a fitting celebration. Get your tickets now. See page 4.
- Tuesday, September 2 at 7 pm: Next Ladies' Club Meeting
- · Saturday, September 20: Baptism
- Wednesday September 24: Wedding
- Saturday September 27: Perogy Supper tickets now available. The last time Holy Cross held a Perogy Supper in September both sittings were sold out. To purchase tickets, call 825-967-5997.
- Monday September 29: PPC Meeting
- October I: The Feast of the Protection of the Mother of God.

### **Other Announcements**

- Thank you to our awesome Volunteers who help with weddings and funerals and other events. We really, really appreciate you.
- Effective August 1, 2025 Holy Cross will be deleting Inactive Security entry codes for those church members that do no have a key to access Holy Cross. Larry Waye has been doing a security audit and found that a number of members have an access code but no key to access Holy Cross. Over time keys were returned but the access codes were not deleted. This exercise is to make sure that only key holders have an access code. If you need any clarification, please contact Larry Waye or Mark Helmak.
- Sunday School, Youth, Young Adults, Ladies' Club, Men's Club and the Knights of Columbus are all taking the summer break. But the Church is still doing stuff during the summer. In addition to Sunday Liturgies, Wednesday Liturgies continue, Iconography classes increase, Marriages happen, First Solemn Communion happens again, Programs are being planned, Rooms are being cleaned, and lots more. So stay involved
- Lay Leadership & Diaconal Formation A Journey of Faith and Service
   The Eparchy of Edmonton invites you to go deeper into your faith and
   answer God's call to serve. In partnership with Newman Theological College,
   we offer two formation paths beginning September 2025:
  - Lay Leadership Program for parishioners discerning a call to serve their parish community
  - Diaconal Formation Program for men discerning a vocation to the diaconate.

Grow in understanding, prayer, and purpose. Apply by August 31

Learn More: <a href="mailto:eeparchy.com/formation/">eeparchy.com/formation/</a>

Contact: andrea.leader@eeparchy.com | 780-424-5496



HIGHLIGHTERS, BACKPACKS, WATER BOTTLES

Please drop all supplies off at the church in the donation bins provided

<u>444444444444444</u>

# What are some of the new additional regular things that we might see in the parish starting this fall?

At this time of year Fr. Bo and many other clergy are hard at work figuring out the regular parish programming that will occur in their parishes.

Last year in our parish we introduced a Bible Study, and a Youth Program on Wednesdays, and occasional Icon Studio time on some Tuesdays.

This year we are kicking around the idea of adding another regular prayer service to our weekly schedule, possibly on Friday morning or evening.

Also, it is Fr. Bo's hope to start a program to invite nonparishioners into the church to learn about what we as Ukrainian Catholics believe.

Our choir will hopefully be meeting on a more regular basis to practice and learn more, and our iconography teaching will expand as the Eparchial Iconography School "Theosis Studios" will find it's home in our church.

Also, we might tweak our youth and young adult programs so that they might reach a bigger crowd, perhaps remaining on Wednesdays, perhaps moving to another evening. Perhaps this will allow us to expand Bible Study as well.

Finally we recognize that most of the people who we wish to reach are beyond our parish's walls, so we are considering starting a educational series for people in and around the parish using Youtube.

If you have thoughts and opinions on our regular parish programming please send a note to Fr. Bo either by text or email, or even on paper. I'd love to hear from you all.

| The Next Couple Weeks at Holy Cross  |  |  |  |  |   |  |
|--|--|--|--|--|---|--|
| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday   |
| Ninth Sunday after Pentecost; Octoechos Tone 8; The Holy Martyr and Archdeacon Lawrence. Postfeast of the Transfiguration. Dormition Fast. Resurrection Gospel 9. 1 Corinthians 3:9-17; Matthew 14:22-34.  9:30 am Rosary IO am Divine Liturgy (Bilingual) NO Sunday School, No Coffee | The Holy Martyr Euplus. Post-feast of the Transfiguration. Dormition Fast. 1 Corinthians 15:12-19; Matthew 21:18-22. | The Holy Martyrs Photius and Anicetas. Post-feast of the Transfiguration. Dormition Fast. 1 Corinthians 15:29-38; Matthew 21:23-27.  9 am Eparchial Sacred Orders Commission Meeting | Our Venerable Father Maximus the Confessor. Leave-taking of the Transfiguration. Dormition Fast. Abstention from meat and foods that contain meat. 1 Corinthians 16:4-12; Matthew 21:28-32.  9 am Divine Liturgy | → The Transfer of the Precious Relics of the Venerable Theodosius, Hegumen of the Monastery of the Caves at Kyiv; & Fore- feast of the Holy Dormition of the Mother of God; Holy Prophet Micah. Polyeleos Feast. Saint with Six Stichera. Dormition Fast. Hebrews 13:7-16; Matthew 11:27-29.  Fr. Bo's Day Off 5:30 pm Appointment | I5  ⊕ The  Dormition of Our Most Holy Lady, the Mother of God and Ever-Virgin Mary. Feast of the Mother of God. Philippians 2:5-11; Luke 10:38-42, 11:27-28.  ¶ am Festal Divine Liturgy 5:30 pm Appointment  | g: The Transfer from Edessa to Constantinople of the Holy Icon Not Mad with Hands of Our Lord, God and Saviour Jesus Christ, also Called the Hol Veil; The Holy Martyr Diomedes. Post-feast of the Dormition. Romans 15:30-33; Matthew 17:24-18:4. |
| Tenth Sunday after Pentecost, Octoechos Tone I; The Holy Martyr Myron. Post-feast of the Dormition. Resurrection Gospel 10. 1 Corinthians 4:9-16; Matthew 17:14-23.  9:30 am Rosary IO am Divine Liturgy (English) NO Sunday School, No Coffee   | I8   | The Holy Martyr Andrew the General and those with him. Post-feast of the Dormition. 2 Corinthians 2:14-3:3; Matthew 23:23-28.  | 20 The Holy Prophet Samuel. Post-feast of the Dormition. 2 Corinthians 3:4-11; Matthew 23:29-39.  9 am Divine Liturgy 6 pm Wedding Rehearsal   | The Holy Apostle Thaddeus; The Holy Martyr Bassa. Post-feast of the Dormition. 2 Corinthians 4:1-6; Matthew 24:13-28. Fr. Bo's Day Off 5:30 pm Appointment   | The Holy Martyr Agathonicus and those with him; Blessed Hieromartyr Symeon Lukach, Bishop and Confessor. Post-feast of the Dormition. Abstention from meat and foods that contain meat. 2 Corinthians 4:13-18; Matthew 24:27-33, 42-51. 5:30 pm Appointment | 23 The Holy Martyr Luppus; The Holy Hieromartyr Irenaeus, Bishop of Lyons Leave-taking of the Dormition. 1 Corinthians 1:3-9; Matthew 19:3-12. I pm Wedding of Wyatt and Vira  |
| Eleventh Sunday after Pentecost; Octoechos Tone 2; The Holy Hieromartyr Eutyches. Resurrection Gospel 11. 1 Corinthians 9:2-12; Matthew 18:23-35.  9:30 am Rosary  10 am Divine Liturgy (Bilingual)  NO Sunday School, No Coffee   | 25   | 26 The Holy Martyrs Adrian and Natalia. 2 Corinthians 5:15-21; Mark 1:16-22.   | 27 Our Venerable Father Pimen; Blessed Venerable Woman-Martyrs Lavrentia Herasymiv and Olympia Bida. 2 Corinthians 6:11-16; Mark 1:23-28.  9 am Divine Liturgy 2 pm Eparchial Sacred Orders Commission Meeting   | The Synaxis of Our Venerable Fathers of the Monastery of the Caves at Kyiv who repose in the Further Caves; The Venerable Father Moses the Black; Our Holy Father Augustine, Bishop of Hippo; The Holy Martyr Gebre Michael, Illuminator of Ethiopia. 2 Corinthians 7:1-10; Mark 1:29-35. Fr. Bo's Day Off 5:30 pm Appointment     | 29  ⊕ The Beheading of the Honourable and Glorious Prophet, Forerunner and Baptist John. All-Night Vigil Feast. Abstention from meat and foods that contain meat. Acts 13:25-32; Mark 6:14-30. 5:30 pm Appointment  | 30 Our Holy Fathers and Patriarchs of Constantinople Alexande John, and Paul the Younger. 1 Corinthians 1:26-29; Matthew 20:29-34.   |

## Sunday, August 10, 2025

Ninth Sunday after Pentecost; Octoechos Tone 8; The Holy Martyr and Archdeacon Lawrence.

### Antiphon I

Shout to the Lord, all the earth, sing now to His name, give glory to His praise.

Through the prayers of the Mother of God, O Saviour, save us.

The voice of Your thunder was in the whirlwind; Your lightning lit up the world.

Through the prayers...

You have clothed Yourself in praise and splendour; You robe Yourself in light as with a cloak.

Through the prayers...

Glory... Now... Only-begotten Son...

### **Antiphon 3**

Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

Son of God, transfigured on the mount, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms.

Son of God, transfigured on the mount...

For God is the great Lord, and the great king over all the earth.

Son of God, transfigured on the mount...

#### **Entrance**

Come, let us worship and fall down before Christ.

Son of God, transfigured on the mount...

**Troparion, Tone 8:** You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You.

**Troparion, Tone 7:** You were transfigured on the mount, O Christ God,\* showing Your glory to Your disciples as much as they could bear.\* Make Your eternal light shine\* also on us who are sinners,\* through the prayers of the Mother of God,\* O Giver of Light, glory to You!

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 8: When You rose from the tomb,\* You also raised the dead and resurrected Adam.\* Eve exults in Your resurrection,\* and the ends of the world celebrate Your rising from the dead,\* O most merciful One.

Now and for ever and ever. Amen.

Kontakion, Tone 7: You were transfigured on the mount, O Christ God,\* and Your disciples saw Your glory as much as they could;\* that when they saw You crucified\* they might know that You suffered willingly\*, and might proclaim to the world\* that You are truly the brightness of the Father.

### Prokeimenon. Tone 8

Pray and give praise to the Lord our God.

**verse:** In Judea God is known; His name is great in Israel.

### **Epistle: I Corinthians 3:9-17 (NRSV)**

Brothers and Sisters, for we are God's servants, working together; you are God's field, God's building. According to the grace of God given to me. like a skilled master builder I laid a foundation. and someone else is building on it. Each builder must choose with care how to build on it. For no one can lay any foundation other than the one that has been laid: that foundation is Jesus Christ. Now if anyone builds on the foundation with gold, silver, precious stones, wood, hay, straw - the work of each builder will become visible, for the Day will disclose it, because it will be revealed with fire. and the fire will test what sort of work each has done. If what has been built on the foundation survives, the builder will receive a reward. If the work is burned up, the builder will suffer loss; the builder will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy that person. For God's temple is holy, and you are that temple.

### Alleluia verses, Tone 8:

Come, let us rejoice in the Lord; let us acclaim God our Saviour.

Let us come before His countenance with praise and acclaim Him with psalms.

### Gospel: Matthew 14:22-34 (NRSV)

At that time Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid." Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saving, "Truly you are the Son of God." When they had crossed over, they came to land at Gennesaret.

## Hymn to the Mother of God & Irma's

O my soul, magnify the Lord transfigured on the mountain.

Your giving birth was revealed as incorrupt; for it was God who came forth from your womb; He appeared on earth in the flesh, and made His dwelling among us. Thus, O Mother of God, all of us magnify you.

### **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest.

Alleluia, alleluia,\* alleluia.