



# Exaltation of the Holy Cross

## Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



### Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

### Wednesdays:

- 9 am Divine Liturgy

### Most Major Feasts\*:

- 10 am or 7 pm Divine Liturgy

(\* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

### Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)  
fr.nahachewsky@eeparchy.com

### Deacon: Dcn. John Lukey

johndebbielukey@yahoo.ca

### Pastoral Care (visiting shut-ins):

Debbie Lukey

780-478-4337

### Church Website:

**EHCUCP.CA**

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

### Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Toll Free: 1-866-886-3946

We no longer have a fax number.

Eparchy: 780-424-5496

### Church Address:

9003 - 153 Avenue NW  
Edmonton, AB

### Church Mailing Address:

Londonderry P.O. Box 70029  
Edmonton, AB T5C 3R6

More info on the next page.

## Sunday, July 6, 2025

**Fourth Sunday after Pentecost; Octoechos Tone 3;  
Holy Mother of God of Perpetual Help;  
Our Venerable Father Sisoës the Great.**

Effective August 1, 2025 - Holy Cross will be deleting Inactive Security entry codes for those church members that do not have a key to access Holy Cross. Larry Wayne has been doing a security audit and found that a number of members have an access code but no key to access Holy Cross. Over time keys were returned but the access codes were not deleted. This exercise is to make sure that only key holders have an access code. If you need any clarification, please contact Larry Wayne or Mark Helmak.



It's really hard to learn when you  
are hungry.  
**Help us feed kids**  
in our Schools.

Holy Cross Outreach Team's  
**Pink Flamingo Fundraiser**

For more info and/or to participate go to  
**EHCUCP.ca**

Only a couple  
weeks to go  
before they  
take flight!

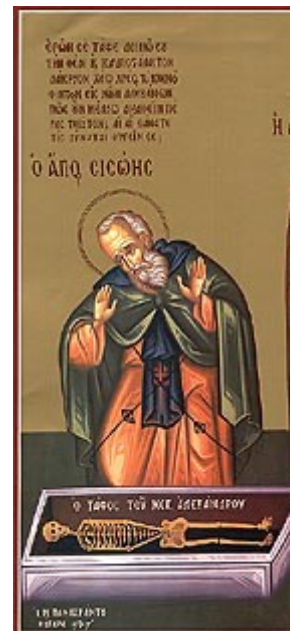
Nominate your  
friends today!

## Venerable Sisoës the Great

Commemorated on [July 6](#)

Saint Sisoës the Great (+ 429) was a solitary monk, pursuing asceticism in the Egyptian desert in a cave sanctified by the prayerful labours of his predecessor, Saint Anthony the Great (January 17). For his sixty years of labor in the desert, Saint Sisoës attained to sublime spiritual purity and he was granted the gift of wonderworking, so that by his prayers he once restored a dead child back to life.

Extremely strict with himself, Abba Sisoës was very merciful and compassionate to others, and he received everyone with love. To those who visited him, the saint first of all always taught humility. When one of the monks asked how he might attain to a constant remembrance of God, Saint Sisoës remarked, "That is no great thing, my son, but it is a great thing to..."



### Hall Rentals:

call Lisa at: 780-222-9155  
or email: hallrental@ehcucp

**Perogy Off Sales:** 780-478-4275

### Membership:

email: membership@ehcucp

### Funeral Dinners:

Call Cheryl: 780-456-2828

*Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.*

*For reasons of food safety and liability our policy regarding food in the hall is A> No outside food is permitted, B> All food is to be consumed in the hall, C> No leftovers are given out, D> No take-out food.*

### Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky  
Deacon - Dcn. John Lukey  
President – Mark Helmak  
Past President – Peter Fedorak  
1st Vice-President – Mark Ramsankar  
2nd Vice-President – Deacon John Lukey  
Secretary – \_\_\_\_\_  
Treasurer – Dale Kluk  
Archivist – Diana Horyn  
Cultural – Ken Kozak  
Fundraising – Terry Yackimec  
Hall Rental – Lisa Borosuk & Gladys Woitas  
Ladies' Club – Dianne Kluk  
Knights of Columbus – Darrell Uchach  
Men's Club President – Marc Chiasson  
Youth Coordinator – Emmette Lysak  
Maintenance – Larry Waye  
Membership – Lorna Chiasson  
Social – Edd Horyn  
Spiritual – Debbie Lukey

### Baptism, Chrismation & Eucharist:

- Contact Fr. Bo a month in advance

### Weddings:

- Contact Fr. Bo a year in advance

### Funerals:

- Contact Fr. Bo as soon as you are able.

### Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

## Venerable Sisoës the Great

... regard yourself as inferior to everyone else. This leads to the acquisition of humility." Asked by the monks whether one year is sufficient for repentance if a brother sins, Abba Sisoës said, "I trust in the mercy of God that if such a man repents with all his heart, then God will accept his repentance in three days."

When Saint Sisoës lay upon his deathbed, the disciples surrounding the Elder saw that his face shone like the sun. They asked the dying man what he saw. Abba Sisoës replied that he saw Saint Anthony, the prophets, and the apostles. His face increased in brightness, and he spoke with someone. The monks asked, "With whom are you speaking, Father?" He said that angels had come for his soul, and he was entreating them to give him a little more time for repentance. The monks said, "You have no need for repentance, Father." Saint Sisoës said with great humility, "I do not think that I have even begun to repent."

After these words the face of the holy abba shone so brightly that the brethren were not able to look upon him. Saint Sisoës told them that he saw the Lord Himself. Then there was a flash like lightning, and a fragrant odour, and Abba Sisoës departed to the Heavenly Kingdom.

from [OCA.org](http://OCA.org)

## Perogy Supper!

**Saturday September 27:** Perogy Supper - tickets now available. The last time Holy Cross held a Perogy Supper in September both sittings were sold out. To purchase tickets, call 825-967-5997.

- Sunday School, Youth, Young Adults, Ladies' Club, Men's Club and the Knights of Columbus are all taking the summer break. **Programs are to resume in September.**
- During the summer our **organizations are not assigned to recite the rosary** before the Divine Liturgy. However anyone may step forward and lead this beautiful prayer at 9:30 on Sundays.
- During the summer we will **NOT have coffee hour**. Coffee hour crews are still expected to be present to greet people when they come for Sunday Liturgies and to help with the collection as usual.
- **But the Church is still doing stuff during the summer.** In addition to Sunday Liturgies, Wednesday Liturgies continue, Iconography classes increase, Marriages happen, First Solemn Communion happens again, Programs are being planned, Rooms are being cleaned, and lots more. Stay involved.

## Donations Collected at Holy Cross

Last Sunday's Collection: \$2520.00

Last Sunday's Candles: \$20.35

Last Sunday's E-Transfers: \$140.00

June Deposits: \$22,221.75

June Expenses: \$25,319.12



## Upcoming Meetings & Events:

- **Sunday, July 6 - Friday, July 12:** Week 2 of Camp Oselia & Camp St. Basil: Summer 2025. please say a prayer for the kids and staff so that they may be safe and learn lots.
- **July 13 to 19:** A week long Iconography Workshop will be hosted in our parish for those who wish to learn about icons and iconography. Fr. Bo who has been painting traditional Byzantine Icons for about 30 years will be the primary instructor. Call or Text Fr. Bo for more information. 780-340-3726
- **July 21 to 25:** This is Flamingo Week! The week that those nominated by people like you will anticipate getting a flock of flamingoes put on their lawn... unless they have bought "Anti-Flamingo-Insurance" which supports hungry students in our Catholic Schools.
- **Saturday, August 2:** Wedding
- **August 4 to 9:** The Eparchial Altar Boy Camp at Camp St. Basils for boys ages 7 years and older. The camp provides an opportunity for the boys to further develop their knowledge of serving and their Ukrainian Catholic Faith while interacting with others from the Eparchy. For further information contact Ken Stelmach at kenstelmach@hotmail.com.
- **Saturday, August 23:** Wedding
- **September 8:** The Feast of the Nativity of the Mother of God.
- **September 14:** The Feast of the Exaltation of the Holy Cross. This is our parish's "Praznyk" (Feast Day). On this day bishop David will join us and we will have a fitting celebration.
- **Tuesday, September 2 at 7 pm:** Next Ladie's Club Meeting
- **Wednesday September 24:** Wedding
- **Saturday September 27:** Perogy Supper - tickets now available. The last time Holy Cross held a Perogy Supper in September both sittings were sold out. To purchase tickets, call 825-967-5997.
- **Monday September 29:** PPC Meeting
- **October 1:** The Feast of the Protection of the Mother of God.
- **A Sunday in the Fall:** The Chilli and Pie Competition! Okay, we (the people on the outreach team) decided to wait till the fall to do this. This is so we have more time to prepare... and you have more time to perfect your recipes.



# ICON PAINTING RETREAT & WORKSHOP

at Holy Cross Parish in Edmonton, 9003 154 Ave NW, with Fr. Bo Nahachewsky

## JULY 13-19TH, 2025

For New, Beginner and/or intermediate Iconographers  
for more info or to register go to [EHCUCP.ca](http://EHCUCP.ca)



# Camp Oselia / St. Basil's is going well.




Here is a picture from week 1 taken this past Thursday. Fr. Julian B is teaching the kids about prayer. The camp is full, the kids are having fun, the food is incredible, the learning is profound. Things are going well.

Please continue to pray for the kids and volunteers who are at Camp this week too. May they all play, learn and grow abundantly, and may the mosquitoes' kisses be unknown.

As most of you are aware, Camp Oselia has merged it's programs with Camp St. Basil. This way we can provide the best quality camp for our children, and we don't have to upkeep 2 large camp facilities.



## The Next Couple Weeks at Holy Cross

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>6</b> <b>Fourth Sunday after Pentecost;</b> Octoechos Tone 3; Holy Mother of God of Perpetual Help; Our Venerable Father Sisoies the Great. Rsrurrection Gospel 4. Romans 6:18-23; 8:28-39; Hebrews 9:1-7; Matthew 8:5-13; 5:1-16; Luke 10:38-42;11:27-28. <b>9:30 am Rosary</b> <b>10 am Divine Liturgy (English)</b> NO Sunday School, No Coffee <b>Panachyda</b> for... someone... 5 min. after Liturgy (forgive me for not remembering the name). <b>Camp Oselia/St. Basil week 2</b>	<b>7</b> Our Venerable Father Thomas of Maleum and Acacius who is mentioned in "The Ladder of Divine Ascent." Romans 12:4-5, 15-21; Matthew 12:9-13. <b>Camp Oselia/ St. Basil week 2</b> <b>5 pm Marriage Prep</b>	<b>8</b> ☩ <b>The Holy Great-Martyr Procopius.</b> Saint with Six Stichera. Romans 14:9-18; Matthew 12:14-16, 22-30. <b>Camp Oselia/ St. Basil week 2</b>	<b>9</b> The Holy Hieromartyr Pancratus, Bishop of Tauromenia. Romans 15:7-16; Matthew 12:38-45. <b>9 am Divine Liturgy</b> <b>10 am FSC Class</b> <b>Camp Oselia/ St. Basil week 2</b>	<b>10</b> ✚ <b>Our Venerable Father Anthony of the Monastery of the Caves in Kyiv;</b> The Holy Forty-Five Martyrs of Nicopolis in Armenia; The Holy Brother-martyrs Francis, Mutius, and Raphael and those with them martyred in Damascus. Polyeleos Feast. Galatians 5:22-6:2; Luke 6:17-23. <b>Camp Oselia/ St. Basil week 2</b> <b>3 pm Confessions at Oselia/St. Basil's Camp</b>	 ✚ <b>Repose of Blessed Olha, Princess of Kyiv, named Helen at Holy Baptism;</b> ☩ The Holy and Praiseworthy Martyr Euphemia. Polyeleos Feast. Saint with Six Stichera. Abstinence from meat and foods that contain meat. Galatians 3:23-29; Matthew 25:1-13orLuke 7:36-50. <b>Camp Oselia/ St. Basil week 2</b> 12 pm Appointment 5:30 pm Appointment	<b>12</b> The Holy Martyrs Proclus and Hilary; Our Venerable Father Michael of Maleon. Romans 8:14-21; Matthew 9:9-13. 8 am Appointment <b>Camp Oselia/ St. Basil week 2</b>
<b>13</b> <b>Commemoration of the Holy Fathers of the first Six Ecumenical Councils;</b> ☩ <b>The Synaxis of the Holy Archangel Gabriel;</b> Our Venerable Father Stephen the Sabbaite; Our Holy Father Julian, Bishop of Kenomane Resurrection Gospel 5. Saint with Six Stichera. Hebrews 13:7-16; John 17:1-13. <b>9:30 am Rosary</b> <b>10 am Divine Liturgy (Bilingual)</b> NO Sunday School, No Coffee <b>6 pm Iconography Workshop</b>	<b>14</b> ☩ <b>The Holy Apostle Aquila.</b> Saint with Six Stichera. Romans 16:17-24; Matthew 13:10-23. <b>All Day: Iconography Workshop</b>	<b>15</b> ☩ <b>The Holy Grand Prince Volodymyr, Equal-to-the-Apostles, named Basil at Holy Baptism;</b> The Holy Martyrs Cyricus and Julitta. All-Night Vigil Feast Galatians 1:11-19; John 10:1-8. <b>All Day: Iconography Workshop</b>	<b>16</b> The Holy Hieromartyr Athenogenes and his ten disciples. 1 Corinthians 2:9-3:8; Matthew 13:31-36. <b>9 am Divine Liturgy</b> <b>10 am FSC Class?</b> <b>All Day: Iconography Workshop</b>	<b>17</b> ☩ <b>The Holy Great-Martyr Marina;</b> Blessed Hieromartyr Pavlo Hoydych, Bishop of Pryashiv. Saint with Six Stichera. 1 Corinthians 3:18-23; Matthew 13:36-43. <b>All Day: Iconography Workshop</b>	<b>18</b>  The Holy Martyr Hyacinth of Amastris; The Holy Martyr Emilian; Blessed Venerable Woman-Martyr Tarsykiya Matskiv. Abstinence from meat and foods that contain meat. 1 Corinthians 4:5-8; Matthew 13:44-54. <b>All Day: Iconography Workshop</b>	<b>19</b> Our Venerable Mother Macrina, Sister of Saint Basil the Great; Our Venerable Father Dios. Romans 9:1-5; Matthew 9:18-26. <b>All Day: Iconography Workshop</b>
<b>20</b> <b>Sixth Sunday after Pentecost;</b> Octoechos Tone 5; ☩ <b>The Holy and Glorious Prophet Elijah.</b> All-Night Vigil Feast. Resurrection Gospel 6. Romans 12:6-14; James 5:10-20; Matthew 9:1-8; Luke 4:22-30. <b>9:30 am Rosary</b> <b>10 am Divine Liturgy</b>	<b>21</b> Our Venerable Father Simeon, the Fool for Christ and John, his ascetical companion; The Holy Prophet Ezekiel. 1 Corinthians 5:9-6:11; Matthew 13:54-58. <b>Flamingo</b>	<b>22</b> ☩ <b>The Holy Myrrhbearer and Equal-to-the-Apostles Mary Magdalene;</b> Return of the Relics of the Hieromartyr Phocas. Saint with Six Stichera. 1 Corinthians 6:20-7:12;	<b>23</b> The Holy Martyrs Trophimus, Theophilus and those with them; Blessed Hieromartyr Vasyli Hopko, Bishop. 1 Corinthians 7:12-24; Matthew 14:35-15:11. <b>Flamingo</b>	<b>24</b> ✚ <b>The Holy Martyrs Borys and Hlib, Named Roman and David at Holy Baptism;</b> ☩ The Holy Great-Martyr Christine; Our Venerable Father Charbel. Polyeleos Feast. Saint with Six Stichera.	<b>25</b>  ✚ <b>The Dormition of Saint Anna, Mother of the Most Holy Godbearer;</b> The Holy Women Olympiada and Eupraxia. Polyeleos Feast. Abstinence from meat and foods that contain meat.	<b>26</b> The Holy Hieromartyr Hermolaus and those with him; The Holy Venerable Woman-Martyr Parasceve. Romans 12:1-3; Matthew 10:37-11:1. <b>4</b>