



THEOSIS STUDIOS' KID'S BULLETIN

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Forgiveness Sunday - Cheesefare



After Adam and Eve ate the fruit that God said not to eat, He sent them out of the Garden of Eden. He did not do this to punish them, but rather to give them a chance to learn and change. If they would have stayed in paradise they could have eaten from the Tree of Life and make their sin stay forever. So God sent them out to learn and He put an Angel to guard the gates of paradise.

Now all of us humans are given a chance to change by prayer and fasting. Fasting is not eating. Once we learn to listen to God and to love those around us instead of just taking for ourselves, then God gives us food from paradise. That is Jesus, the Eucharist who hangs on the Tree of Life; the Cross, which gives us life forever.

You can read this Gospel passage in the Genesis Chapter 3. That's in the Old Testament.

**Prayer and Fasting help us get strength to choose the right things to do.
God warns us not to not be proud and show off when we fast and pray,
but rather we should do it quietly.**

**Can you help these people get to the Tree of Life on which Jesus hangs,
without going to any others to brag about the journey?**

