



# Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



## Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

## Wednesdays:

- 9 am Divine Liturgy

## Most Major Feasts\*:

- 10 am or 7 pm Divine Liturgy

(\* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

**Pastor: Fr. Bo Nahachewsky**

780-340-3726 (call or text)  
fr.nahachewsky@eeparchy.com

**Deacon: Dcn. John Lukey**

johndebbielukey@yahoo.ca

**Pastoral Care (visiting shut-ins):**

**Debbie Lukey**

780-478-4337

**Church Website:**

**EHCUCP.CA**

**Facebook:** facebook.com/ehcucp

**Church Email:** office@ehcucp.ca

**Pastoral**

**Emergencies:** 780-340-3726

**Church:** 780-478-5260

**Hall:** 780-478-4275

**Toll Free:** 1-866-886-3946

**We no longer have a fax number.**

**Eparchy:** 780-424-5496

**Church Address:**

9003 - 153 Avenue NW  
Edmonton, AB

**Church Mailing Address:**

Londonderry P.O. Box 70029  
Edmonton, AB T5C 3R6

More info on the next page.

## Sunday, June 15, 2025

**First Sunday after Pentecost: All Saints Sunday;  
The Holy Prophet Amos; Venerable Jerome, Presbyter of Stridonium.**

### Synaxis of All Saints

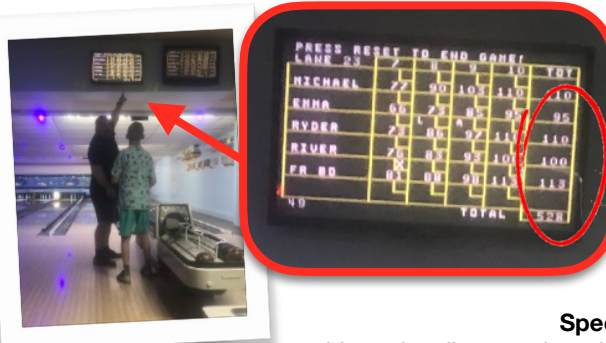
**Commemorated on the first Sunday after Pentecost**

The Sunday following Pentecost is dedicated to All Saints, both those who are known to us, and those who are known only to God. There have been saints at all times, and they have come from every corner of the earth. They were Apostles, Martyrs, Prophets, Hierarchs, Monastics...



**2 New Knights of Columbus were initiated and  
Officers were installed here this past Tuesday  
for all 4 Ukrainian Catholic Knight's Councils in the city.**

**And this week on Wednesday the Knights and the Men's Club  
are having their **Year End Turkey Fry**. All Men (and their  
spouses) are welcome to this event.**



### Here is proof!

Fr. Bo won the first of two games by a huge margin of 3 points at last Sunday's Youth Bowling event.

(Then Michael whooped Fr. Bo in the second game. But that score sheet wasn't photographed so Fr. Bo can deny it vehemently.)

**Special thanks to the Kozaks** for setting this up for all 14 youth and young adults (and Fr. ) who bowled and enjoyed pizza at this year end event.

*Happy Father's Day*

**Hall Rentals:**

call Lisa at: 780-222-9155  
or email: hallrental@ehcucp

**Perochy Off Sales:** 780-478-4275

**Membership:**

email: membership@ehcucp

**Funeral Dinners:**

Call Cheryl: 780-456-2828

*Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.*

*For reasons of food safety and liability our policy regarding food in the hall is A> No outside food is permitted, B> All food is to be consumed in the hall, C> No leftovers are given out, D> No take-out food.*

**Parish Pastoral Council:**

Parish Priest – Fr. Bo Nahachewsky  
Deacon - Dcn. John Lukey  
President – Mark Helmak  
Past President – Peter Fedorak  
1st Vice-President – Mark Ramsankar  
2nd Vice-President – Deacon John Lukey  
Secretary – \_\_\_\_\_  
Treasurer – Dale Kluk  
Archivist – Diana Horyn  
Cultural – Ken Kozak  
Fundraising – Terry Yackimec  
Hall Rental – Lisa Borosuk & Gladys Woitas  
Ladies' Club – Dianne Kluk  
Knights of Columbus – Darrell Uchach  
Men's Club President – Marc Chiasson  
Youth Coordinator – Emmette Lysak  
Maintenance – Larry Waye  
Membership – Lorna Chiasson  
Social – Edd Horyn  
Spiritual – Debbie Lukey

**Baptism, Chrismation & Eucharist:**

- Contact Fr. Bo a month in advance

**Weddings:**

- Contact Fr. Bo a year in advance

**Funerals:**

- Contact Fr. Bo as soon as you are able.

**Confessions:**

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

# Synaxis of All Saints Continued



..., and Righteous, yet all were perfected by the same Holy Spirit.

The Descent of the Holy Spirit makes it possible for us to rise above our fallen state and to attain sainthood, thereby fulfilling God's directive to "be holy, for I am holy" (Lev. 11:44, 1 Peter 1:16, etc.). Therefore, it is fitting to commemorate All Saints on the first Sunday after Pentecost.

This feast may have originated at an early date, perhaps as a celebration of all martyrs, then it was broadened to include all men and women who had borne witness to Christ by their virtuous lives, even if they did not shed their blood for Him.

Saint Peter of Damascus, in his "Fourth Stage of Contemplation," mentions five categories of saints: Apostles, Martyrs, Prophets, Hierarchs, and Monastic Saints (*Philokalia* [in English] Vol. 3, p.131). He is actually quoting from the *Octoechos*, Tone 2 for Saturday Matins, kathisma after the first stichology.

Saint Nikódēmos of the Holy Mountain (July 14) adds the Righteous to Saint Peter's five categories. The list of Saint Nikódēmos is found in his book *The Fourteen Epistles of Saint Paul* (Venice, 1819, p. 384) in his discussion of I Corinthians 12:28.

The hymnology for the feast of All Saints also lists six categories: "Rejoice, assembly of the Apostles, Prophets of the Lord, loyal choirs of the Martyrs, divine Hierarchs, Monastic Fathers, and the Righteous...."

Some of the saints are described as Confessors, a category which does not appear in the above lists. Since they are similar in spirit to the martyrs, they are regarded as belonging to the category of Martyrs. They were not put to death as the Martyrs were, but they boldly confessed Christ and came close to being executed for their faith. Saint Maximus the Confessor (January 21) is such a saint.

The order of these six types of saints seems to be based on their importance to the Church. The Apostles are listed...

## Donations Collected at Holy Cross

Last Sunday's Collection: \$2285.00

Last Sunday's Candles: \$50.15

Last Sunday's E-Transfers: \$30.00

Last Sunday's Building Fund: \$490.00

May Income: \$32,112.65

May Expenses: \$24,041.14



## Synaxis of All Saints Continued

...first, because they were the first to spread the Gospel throughout the world.

The Martyrs come next because of their example of courage in professing their faith before the enemies and persecutors of the Church, which encouraged other Christians to remain faithful to Christ even unto death.

Although they come first chronologically, the Prophets are listed after the Apostles and Martyrs. This is because the Old Testament Prophets saw only the shadows of things to come, whereas the Apostles and Martyrs experienced them firsthand. The New Testament also takes precedence over the Old Testament.

The holy Hierarchs comprise the fourth category. They are the leaders of their flocks, teaching them by their word and their example.

The Monastic Saints are those who withdrew from this world to live in monasteries, or in seclusion. They did not do this out of hatred for the world, but in order to devote themselves to unceasing prayer, and to do battle against the power of the demons. Although some people erroneously believe that monks and nuns are useless and unproductive, Saint John

Climacus had a high regard for them: "Angels are a light for monks, and the monastic life is a light for all men" (LADDER, Step 26:31).

The last category, the Righteous, are those who attained holiness of life while living "in the world."

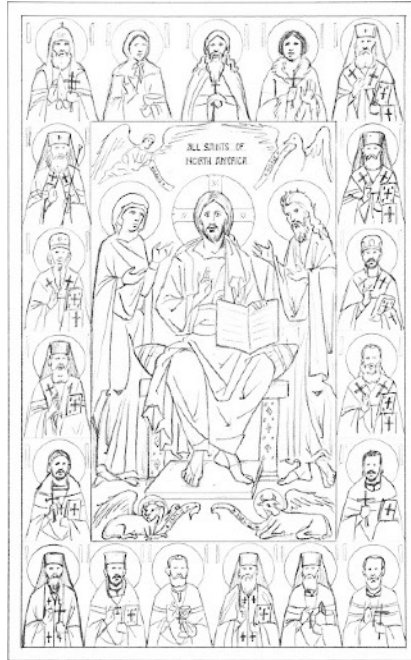
Examples include Abraham and his wife Sarah, Job, Saints Joachim and Anna, Saint Joseph the Betrothed, Saint Juliana of Lazarevo, and others.

The feast of All Saints achieved great prominence in the ninth century, in the reign of the Byzantine Emperor Leo VI the Wise (886-911). His wife, the Holy Empress Theophano (December 16) lived in the world, but was not attached to worldly things. She was a great benefactor to the poor, and was generous to the monasteries. She was a true mother to her subjects, caring for widows and orphans, and consoling the sorrowful.

Even before the death of Saint Theophano in 893 or 894, her husband started to build a church, intending to dedicate it to Theophano, but she forbade him to do so. It was this emperor who decreed that the

Sunday after Pentecost be dedicated to All Saints. Believing that his wife was one of the righteous, he knew that she would also be honoured whenever the Feast of All Saints was celebrated.

From [OCA.org](http://OCA.org)



## Icon of the Mother of God "The Unbreakable Wall"

Commemorated on the first Sunday after Pentecost.

The "Unbreakable (or "Indestructible") Wall" Icon of the Most Holy Theotokos is commemorated on the Sunday of All Saints. It is an XI century mosaic icon of the Blachernae type, above the main altar of Kiev's Holy Wisdom Cathedral. The Mother of God is depicted against a golden background, standing with upraised hands on a quadrangular gold platform.

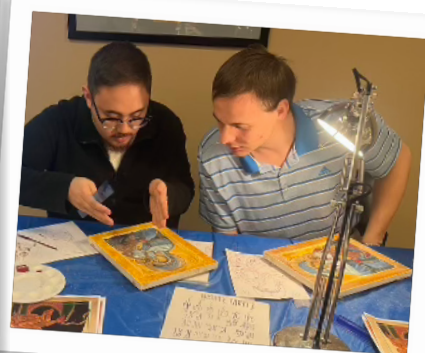
In some Icons of this type [but not in the mosaic Icon], Christ is depicted within a mandorla, an oval or circle, symbolizing the glory of Heaven, or the Divine Light.

The Icon is called the "Unbreakable Wall" because for ten centuries it has remained intact, in spite of the fact that both Kiev's Holy Wisdom Cathedral and the city have been damaged several times. An ancient description of this Icon has been preserved: "A gigantic full-length portrait of the Theotokos.... She stands upon a gold stone, as an unshakable foundation for all who resort to her protection. Her chiton is blue, and she wears a scarlet belt. Hanging from it is an embroidered cloth with which she wipes away so many tears.

From [OCA.org](http://OCA.org)







# ICONOGRAPHY WORKSHOP

## SUNDAY, JULY 13 - SATURDAY, JULY 19

AT HOLY CROSS PARISH IN EDMONTON WITH INSTRUCTOR FR. BO.  
FOR NEW, BEGINNER AND INTERMEDIATE ICONOGRAPHERS.

COME LEARN THE PROCESS, THE PRAYERS,  
AND THE MEANING OF WRITING ICONS.



FOR MORE INFORMATION OR TO REGISTER CALL OR TEXT FR. BO AT 780-340-3726

## Upcoming Meetings & Events:

- **Tuesday, June 18 at 6 pm:** The Knights of Columbus and Men's Club Year End Celebration. See posters.
- **Friday, June 20:** Men's Club doing a **Vetran's Lunch**.
- **Saturday, June 21:** Pilgrimage-Walk from Marian Shrine to St. Peter and Paul's Church in Mundare. Youth and Young Adults are invited to join a pilgrimage-walk as part of the annual "Vidpust" Pilgrimage to the Church of St. Peter and Paul in Mundare, Alberta. Pilgrims will gather at the parking lot of St. Peter and Paul (5331 Sawchuk St, Mundare, AB) at 12:30, and then shuttle to the Marian Shrine. There, Fr. Iryney Valyavka OSBM will lead a Molebyn to the Mother of God, before we begin the approx. 10 km walk back to the church in Mundare. A car will accompany pilgrims during the afternoon. Confessions will be available as we walk. Pilgrims should arrive having eaten lunch, and bring water, snacks, sunscreen and appropriate clothing. We will arrive back in Mundare around 4:30, and will have a light snack provided by the Basilian Fathers, before vespers at 5pm in the Pioneer Church. After vespers, the parish will provide a sandwich dinner, and there will be time to socialize, along with a tour of the museum. No cost to participate. Please confirm attendance by emailing [deacon.kennedy@eeparchy.com](mailto:deacon.kennedy@eeparchy.com).
- **Sunday, June 22 at 10 am:** Sts. Peter and Paul - Mundare Vidpust. The parish of Sts P&P invite you to join them at their annual Praznyyk Vidpust on **June 22, 2025**. Divine Liturgy, with Bishop David Motiuk will start 10:00 a.m. Blessing of water will be at 9:45 and confession will be available throughout the Divine Liturgy with varying priests. All of this will be held at the outdoor Grotto in Mundare, weather permitting. Dinner to follow at Mundare Recreation Centre. Tickets are \$30.00 per person. For dinner tickets contact John Mayko at 780- 632-8838 or by email, [jjmayko@yahoo.ca](mailto:jjmayko@yahoo.ca)
- **Monday, June 23 at 9 am:** Perogy Dough and Potato Prep. Contact Lisa for more information.
- **Tuesday, June 24 at 9 am:** Perogy Making Bee. Everyone Welcome, even if you have never done it before. Contact Lisa for more information.
- **Sunday, June 29 - Friday, July 4:** Week 1 & **Sunday, July 6 - Friday, July 11:** Week 2 of **Camp Oselia & Camp St. Basil: Summer 2025**. Currently the camp is full, but contact the Eparchial Office if you have questions, or if you wish to be put on a waiting list.
- **July 13 to 19:** A week long **Icon Workshop** will be hosted in our parish for those who wish to learn about icons and iconography. Fr. Bo who has been painting traditional Byzantine Icons for about 30 years will be the primary instructor. Call or Text Fr. Bo for more information. 780-340-3726

- **August 4 to 9:** The Eparchial Altar Boy Camp at Camp St. Basils for boys ages 7 years and older. The camp provides an opportunity for the boys to further develop their knowledge of serving and their Ukrainian Catholic Faith while interacting with others from the Eparchy. For further information contact Ken Stelmach at [kenstelmach@hotmail.com](mailto:kenstelmach@hotmail.com).
- **Saturday, September 27:** Our next Perogy Supper! Same format as last time. More information will be provided as we approach the date for ticket sales."
- **A Sunday in the Fall: The Chilli and Pie Competition!** Okay, we (the people on the outreach team) decided to wait till the fall to do this. This is so we have more time to prepare... and you have more time to perfect your recipes. Your welcome. 🍕

## Other Announcements:

- **Kitchen clean up** will be underway very shortly. Please sign up for a task. Task lists are on desk by the office. Many hands make light work. A detailed job description will be in the kitchen. Thank you.
- **Calling all GOLFERS!** We are excited to announce Edmonton Holy Eucharist's parish 2nd Annual Golf Tournament on August 9th, 2025. Please contact Darrell Holowaychuk at (780) 819-6947 to show your interest. Open to all friends, family, and non members included. \$100 per golfer. Let's start dreaming of the golf greens!
- **Calling All Young Adults!** This summer marks an exciting new chapter, as **Camp Oselia and Camp St. Basil's have merged** into one incredible experience: Camp St. Basil-Oselia! While the name and location may be new for some, the heart of camp remains the same—**faith-filled fun and unforgettable memories. We need counselors!** Camp is not possible without volunteers like you. Please consider giving some of your time to support our campers. Volunteers aged **18+** are eligible to receive a **\$250/week honorarium**. Interested or want to learn more? Contact **Izzy or Jacob** at: [oselia.stbasil@eeparchy.com](mailto:oselia.stbasil@eeparchy.com)

## Holy Cross needs you! Please volunteer for:

- Our **PPC Secretary Position**.
- Our **Camp Oselia Society Board Member**
- Our **2026 Photo Directory Director** (for our 50th Anniversary)

If you can help in any of these positions, please contact Mark Helmak, Dianne Kluk or Fr. Bo.

- **We now can take donations via E-Transfer!** You can set this up on your online banking using our parish email which is [office@ehcucp.ca](mailto:office@ehcucp.ca) . A detailed example can be picked up at the parish office if you would like.



## The Next Couple Weeks at Holy Cross

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> <b>First Sunday after Pentecost: All Saints Sunday;</b> The Holy Prophet Amos; Venerable Jerome, Presbyter of Stridonium. Hebrews 11:33-12:2; Matthew 10:32-33, 37-38; 19:27-30.  <b>Father's Day</b> <b>9:30 am Rosary</b> <b>10 am Divine Liturgy (Bilingual)</b>  Yes Sunday School, Yes Coffee  GCC Appointment	<b>16</b> Our Holy Father and Wonderworker Tychon of Amathus. Romans 2:28-3:18; Matthew 6:31-34; 7:9-11.	<b>17</b> The Holy Martyrs Manuel, Sabel, and Ismael; Our Venerable Father Hypatius, Hegumen of Ruphenia. Romans 4:4-12; Matthew 7:15-21.  <b>6 pm Everyone will be glued to their TVs for the Oilers to win game 6...</b>	<b>18</b> The Holy Martyr Leontius. Romans 4:13-25; Matthew 7:21-23.  <b>9 am Divine Liturgy</b>  <b>6 pm Knights of Columbus Turkey Fry</b>	<b>19</b> Most Holy Eucharist; ✙ The Holy Apostle Jude, Brother of the Lord. Feast of our Lord and Polyeleos Feast. 1 Corinthians 11:23-32; Jude 1:1-10; John 6:48-54; John 14:21-24.  10 am Appointment  5:30 pm Appointment	<b>20</b>  The Holy Hieromartyr Methodius, Bishop of Patara. Abstinence from meat and foods that contain meat. Romans 5:17-6:2; Matthew 9:14-17.  <b>11 am Men's Club Veteran Lunch</b>  5:30 pm Appointment  <b>6 pm Hopefully game 7 is needed and the Oilers will win the cup.</b>	<b>21</b> The Holy Martyr Julian of Tarsus. Romans 3:19-26; Matthew 7:1-8.  National Indigenous People's Day
<b>22</b> <b>Second Sunday after Pentecost: Sunday of All Saints of Rus'-Ukraine;</b> Octoechos Tone 1; The Holy Hieromartyr Eusebius, Bishop of Samosata. Resurrection Gospel 2. Romans 2:10-16; Romans 8:28-39; Matthew 4:18-23; Matthew 5:1-16.  <b>Mundare Vidpust all day</b> <b>9:30 am Rosary</b> <b>10 am Divine Liturgy (English)</b>  Yes Sunday School, Yes Coffee	<b>23</b> The Holy Martyr Agrippina. Romans 7:1-13; Matthew 9:36-10:8.  <b>9 am Perogy Prep</b>	<b>24</b> ☩ <b>The Nativity of the Honourable and Glorious Prophet John, Forerunner and Baptist of Christ</b> All-Night Vigil Feast. Romans 13:11b-14:4; Luke 1:1-25, 57-68, 76, 80.  <b>9 am Perogy Bee</b>  <b>7 pm PPC Meeting</b>	<b>25</b> The Holy Venerable-Martyr Febronia. Romans 8:2-13; Matthew 10:16-22.  <b>9 am Divine Liturgy</b>  <b>Last Day of Classes in the Edmonton Catholic School District.</b>	<b>26</b> Our Venerable Father David of Thessalonica; Blessed Hieromartyr Andrii Ishchak, Priest; Blessed Hieromartyr Mykola Konrad, Priest, and the Blessed Martyr Volodymyr Pryjma, Cantor. Romans 8:22-27; Matthew 10:23-31.  5:30 pm Appointment	<b>27</b>  ✙ <b>Blessed Hieromartyr Mykola Charnetsky and the Twenty-Four Martyrs with him;</b> Blessed Hieromartyr Omelian Kovch; Our Venerable Father Samson, friend of travellers and the poor. All-Night Vigil Feast. Abstinence from meat and foods that contain meat. Ephesians 6:10-17; Luke 21:12-19.  5:30 pm Appointment	<b>28</b> ☩ The Transfer of the Relics of the Holy Unmercenaries Cyrus and John. Saint with Six Stichera. Romans 3:28-4:3; Matthew 7:24-8:4.  <b>6:30 pm Marriage Prep with W &amp; V</b>
<b>29</b> <b>Third Sunday after Pentecost; Octoechos Tone 2; ☩ The Holy, Glorious, All-Praiseworthy and Chief Apostles Peter and Paul.</b> All-Night Vigil Feast. Resurrection Gospel 3. Romans 5:1-10; 2 Corinthians 11:21-12:9; Matthew 6:22-33; Matthew 16:13-19.  <b>9:30 am Rosary</b> <b>10 am Divine Liturgy (Bilingual)</b>  Yes Sunday School, Yes Coffee	<b>30</b> ✙ <b>The Synaxis of the Holy, Glorious and All-Praiseworthy Twelve Apostles;</b> Blessed Hieromartyr Vasyl Velychkovsky. Polyeleos Feast. 1 Corinthians 4:9-16; Mark 3:13-19.	<b>July 1</b> ☩ The Holy Unmercenaries and Wonderworkers Cosmas and Damian. Saint with Six Stichera. Romans 10:11-11:2; Matthew 11:16-20.  <b>Canada Day</b> <b>10:30 am Venta Care Centre Divine Liturgy</b>	<b>2</b> ✙ <b>The Placing of the Precious Robe of Our Most Holy Lady and the Mother of God in Blachernae.</b> Polyeleos Feast. Hebrew 9:1-7; Luke 10:38-42, 11:27-28.  <b>9 am Divine Liturgy</b>	<b>3</b> The Holy Martyr Hyacinth. Romans 11:13-24; Matthew 11:27-30.  <b>3 pm Confessions at St. Basil's Camp</b>  5:30 pm Appointment	<b>4</b>  Our Holy Father Andrew the Jerusalemite, Archbishop of Crete; Venerable Martha, Mother of the Holy Simeon of the Mountain of Wonders. Abstinence from meat and foods that contain meat. Romans 11:25-36; Matthew 12:1-8.  <b>Fr. Bo busy....</b>  5:30 pm Appointment	<b>5</b> ✙ <b>Our Venerable Father Athanasius of Athos.</b> Polyeleos Feast. Galatians 5:22-6:2; Luke 6:17-23.

Why was Dad staring at the orange juice at Father's Day brunch?  
Because it said "concentrate."