



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am or 7 pm Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)
fr.nahachewsky@eeparchy.com

Deacon John Lukey

johndebbielukey@yahoo.ca

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Our New Toll Free Number:

1-866-886-3946

We no longer have a fax number.

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

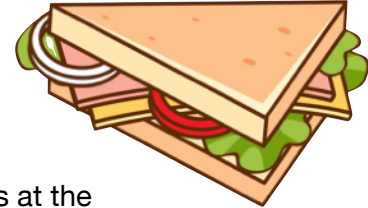
Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.

Sunday, March 23, 2025

Third Sunday of the Great Fast: Veneration of the Holy Cross; Octoechos Tone 3; The Holy Venerable-Martyr Nikon and his two hundred disciples martyred with him. Day 21 of the Great Fast.

**Who says
“There is no such thing as a
free Lunch?”**



There is one today! Come eat a sandwich and join us at the

Annual General Meeting Today after the Liturgy. Be informed about what is going on, be part of important decisions, and perhaps step forward to help our community grow deeper into Christ by joining a committee or group.

(Please note: only current members are allowed to vote, but if you are not a paid member, join us anyway, or better yet join us AND become a member.)

Special General Meeting to take place on Palm Sunday, April 13, after the Liturgy to decide if our parish will host St. Mary's Eritrean Ge'ez Catholic Parish. This topic will be presented at today's AGM, but the decision will be made at this meeting 2 weeks later.

The Major Feast of the Annunciation

**Join us this Tuesday at 10 am for
the Festal Liturgy.**

The feast of the Annunciation of the Virgin Mary comes nine months before Christmas on the twenty-fifth of March. It is the celebration of the announcing of the birth of Christ to the Virgin Mary as recorded in the Gospel of Saint Luke.



In the sixth month the angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David; and the virgin's name was Mary.

And he came to her and said, "Hail, full of grace, the Lord is with you!" But she was greatly troubled at the saying, and considered in her mind what sort of greeting this might be. And the angel said to her, "Do not be afraid, Mary, for you have found favour with God. And behold, you will conceive in your womb and bear a Son, and you shall call His name Jesus. He will be great, and will be called the Son of the Most High; and the Lord God will give to Him the throne of His father David, and He will reign over the house of Jacob forever; and of His kingdom there will be...

More on the next page

Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcup

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcup

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

For reasons of food safety and liability our policy regarding food in the hall is A> No outside food is permitted, B> All food is to be consumed in the hall, C> No leftovers are given out, D> No take-out food.

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
Deacon - Dcn. John Lukey
President – Mark Helmak
Past President – Peter Fedorak
1st Vice-President – Mark Ramsankar
2nd Vice-President – Deacon John Lukey
Secretary – Gwen Uchach
Treasurer – Dale Kluk
Archivist – Diana Horyn
Cultural – Mariyka Bodnar
Fundraising – Terry Yackimec
Hall Rental – Lisa Borosuk & Gladys Woitas
Ladies' Club – Dianne Kluk
Knights of Columbus – Darrell Uchach
Men's Club President – Marc Chiasson
Youth Coordinator – Emmette Lysak
Maintenance – Larry Waye
Membership – J'lyn Ramsankar
Social – Edd Horyn
Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo a month in advance

Weddings:

- Contact Fr. Bo a year in advance

Funerals:

- Contact Fr. Bo as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

Annunciation continued

... no end." And Mary said to the angel, "How can this be, since I have no husband?" And the angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the Child to be born will be called holy, the Son of God. And behold, your kinswoman Elizabeth in her old age has also conceived a son, and this is the sixth month with her who was called barren. For with God nothing will be impossible." And Mary said, "Behold, I am the handmaid of the Lord; let it be to me according to your word." And the angel departed from her (Lk 1.26–38).

The services of the feast of the Annunciation, the Matins and the Divine Liturgy, stress again and again the joyous news of the salvation of men in the birth of the Saviour.

Today is the beginning of our salvation, the revelation of the eternal mystery. The Son of God becomes the Son of the virgin, as Gabriel announces the coming of Grace. Together with him let us cry to the Theotokos: Rejoice, O Full of Grace, the Lord is with you (Troparion).

A special feature of this feast is the Canon during Matins which has the character of a dialogue between the Archangel Gabriel and the Virgin Mary. Also among the more popular elements of the feast is the Magnification which has the form of our own salutation to the virgin mother with the words of the archangel:

With the voice of the archangel we cry to Thee, O Pure One: Rejoice, O Full of Grace, the Lord is with Thee! (Magnification).

The celebration of the Annunciation, therefore, is the feast of our own reception of the glad tidings of salvation, and our own glorification of the maiden Mary who becomes the Mother of God in the flesh.

Written by + Fr. Thomas Hopko



Donations Collected at Holy Cross

March 16, Sunday Collection: \$4,014.⁰⁰

March 9, Candles: \$84.⁰⁰

March Building fund so far: \$70.⁰⁰

February Expenses: \$23,830.⁰⁰

(Includes Utilities, Wages, Eparchy, & Maintenance)

February's Sunday Offerings: \$7,647.³⁰

Ready to learn about your Church?

Throw a question into our Question Box, and Fr. Bo will try to answer it in a future bulletin.



This week's question:

Vestment Colours: What and Why are they?

The Byzantine liturgical books the rubrics only describe 2 colours of vestments: Bright and Dark. Light colours are used for festive (happy) days, and dark colours are for penitential days of the Liturgical Calendar. But there are many colours worn by clergy that fit into those categories of bright and dark.



For an average day, Gold is worn. Gold is considered a bright colour. Sometimes you might notice that "Gold" can vary from fancy shiny metallic threads, to a simple yellow ochre colour. Since vestment cloth

often has two colours, one for the cloth and the other for the ornamentation the variations can be nearly unlimited.



White and silver are used primarily on joyful feasts. These extra bright vestments are often worn on feasts such as Christmas (where the Light of the World enters the world),

Transfiguration (where Christ appears in His Divine Brilliance on the Mountain) and Easter (where Christ brilliantly overcomes the darkness of Death).



Blue is a colour often associated with the Theotokos (Mother of God). This colour is often worn on bright feasts such as the Annunciation, Presentation into the Temple, and the Dormition. The lightness of the fabric

varies from a very pastel blue to a rich royal blue, but they all typically are worn to honour the Ever Virgin.



Green is a colour that is worn only once a year during the feast of the Descent of the Holy Spirit. (Unless you are a Rough Rider fan.) As spring sunlight and warmth brings the plants to life around us they grow with

vibrant green colours. Similarly we recognize that the Holy Spirit Who is given to dwell within us allows us, His Church, to mature and grow into communion with God. Like blue, green can be pastel or vibrant, but the meaning remains the same. In our parish's case, we do not have any green vestments,

so if you wish to see them, you might have to go to one of our neighbouring churches.



"Dark" vestments are typically Red, Burgundy or even Purple. These are used during fasting periods, especially during the Great Fast.

They are often also worn by our church here in North America during funerals. This however is more of a local tradition as the books normally prescribe bright vestments for funerals, as we know that Christ is Risen, and therefore it is appropriate to wear bright colours to thank Him for salvation.



Feasts of the Cross of our Lord, or any time where we recall His passion, the darkest colour available is worn.

This is true even on the Sunday of the Holy Cross (The Third Sunday of the Great Fast, which it happens to be on the day of this bulletin's writing), and on the feast of the Exaltation of the Cross if it happens to fall on a Sunday. All other Sundays are days where the Resurrection is the primary theme and therefore bright vestments are prescribed.

Having said this, some clergy for pastoral reasons do wear dark vestments on the Sundays of the Fast to make a point to their parishioners that they are in the Great Fast season. This is because, sadly, the majority of parishioners do not attend services during the week, and therefore may not even realize that the season is a penitential one.



Although common 50 or more years ago, black vestments are seldom used today. They would be worn only on Good Friday, with a few clergy also wearing them for funerals.

However since black in the "colour language" of the Church often refers to Sin or the absence of Christ, this tradition has mostly disappeared in our local churches.



Some clergy also have colourful vestments, with icons, floral patterns or geometric embroidery on them. These are normally bright vestments, but typically are very unique (and heavy) as most of them are hand made.

Thanks for the wonderful question. I look forward to your next one.

This Is My Body: Eparchial Lenten Series 2025

Exploring the Eucharist


Deepening Our Faith Through the Mystery of the Eucharist

As we embark on the sacred season of Great Lent, we are called to reflect, pray, and prepare our hearts for the glorious celebration of Pascha. The Eparchy of Edmonton invites you to This Is My Body – Eparchial Lenten Series, a special three-part event designed to help the faithful grow in their understanding of the Eucharist, the source and summit of Christian life.

Throughout history, the Eucharist has been at the center of our faith, nourishing believers and drawing us closer to Christ. This year's Lenten Series will focus on this great mystery through spiritual reflection, powerful media, and awe-inspiring miracles.

We invite you to join us for three evenings of prayer, learning, and renewal, exploring how the Body and Blood of Christ sustain us in our journey of faith.

Lenten Series Schedule & Details

 Location: Dormition of the Most Holy Mother of God Parish, 15608 104 Ave NW, Edmonton, AB
Time: Thursdays, 7:00 – 8:30 PM (April 10 session runs until 9:00 PM)

No registration is required – attend one session or all three!

March 27 - We Are People of the Eucharist

Speaker: Bishop David Motiuk

The series begins with a profound reflection by Bishop David Motiuk, who will guide us through the importance of the Eucharist in our spiritual lives. What does it mean to be a Eucharistic people? How does receiving the Body and Blood of Christ shape our daily walk with God?

Join in person or via Zoom:

 <https://tinyurl.com/Lentenseries2025>

April 3 - "Jesus Thirsts: The Miracle of the Eucharist"

Film Screening

This evening features a special screening of the newly released documentary, "Jesus Thirsts – The Miracle of the Eucharist." This powerful film showcases the deep historical and spiritual significance of the Eucharist, revealing its transformative impact across cultures and centuries.

 Limited seating – Reserve your spot:
<https://tinyurl.com/JesusThirstsEparchy>

April 10 - Eucharistic Miracles Around the World Exhibit of Eucharistic Miracles

Our final session invites participants to witness the extraordinary miracles of the Eucharist through a breathtaking exhibit originally curated by Blessed Carlo Acutis. This collection features over 100 documented Eucharistic miracles, reminding us of Christ's real and abiding presence in the Holy Eucharist.

 Learn more about these miracles:
<http://www.miracolieucaaristici.org/>

Why Should You Attend?

Enrich Your Lenten Journey – Prepare your heart for Easter by deepening your faith and devotion to the Eucharist.


Reflect on the Real Presence of Christ – Experience the power of Christ's love in the Holy Eucharist through inspiring talks, a compelling documentary, and miraculous stories.

Strengthen Your Understanding of Faith – Whether you are a lifelong Catholic or seeking to grow in your spiritual journey, this series offers profound insights into the central mystery of our faith.

Come and See - No Registration Required!

The Eucharist is Christ's greatest gift to us—His Body, given for the life of the world. This Lenten, take time to reflect, renew, and rediscover the beauty of the Holy Mysteries. We welcome you to join us on this sacred journey.

Have Questions?

Contact:
Bernadette Mandrusiak –
bernadette.mandrusiak@eeparchy.com | 



Holy Cross Ladies Club

Easter Bake Sale

Saturday, April 12, 2025
9:00 am - Noon

We would like to encourage all parishioners to bring their donations of home-baked goods or items On Friday, April 11, 2025 between 3:00 pm - 7:00 pm.

We thank you for your contributions which in turn helps to make a successful Bake Sale!

Items that sell well are: Paskas, Babkas, breads, chiffon cakes, buns, pies, pompushky, perishky, doughnuts, cinnamon buns and egg noodles.

However, ALL home goods will be greatly accepted.

Thank you in Advance!

*****Note: Please list all ingredients such as raisins, nuts, peanut butter, etc., which could affect people with allergies*****

We could really use some more help.

Pleaser sign up to volunteer for this Easter Bake Sale on the sheets near the office

We need people to be:

- cashiers
- packers
- frozen food sale runners & sellers, and
- floor table control

Holy Cross BLESSED BREAKFAST

Sunday, April 27, 2025

(After 10:00 am Liturgy)

Adults \$20.00 (After April 20 \$25.00)

Children (6 - 12 yrs) \$10.00

Children (under 6) FREE

No returns on tickets.

**You can get your tickets
for our Blessed
Breakfast after any
Sunday Liturgy right
here in the parish.
Don't wait, get yours
now.**

**There will be a raffle at
the Blessed Breakfast
for two AMAZING
Baskets of fabulous
items.**

**This Raffle is being put
together by Holy Cross'
Men's Club.**

On Now: Collection for "Aid to the Missionary Church in Canada."

During Great Lent, the Eparchy of Edmonton conducts its annual collection for "Aid to the Missionary Church in Canada." The purpose of this collection is to support the needs of the Church in Canada. Three charitable institutions are the recipients of the collection: the Ukrainian Catholic Church in Alberta, Catholic Missions in Canada, and the Canadian Conference of Catholic Bishops.

The Ukrainian Catholic Church in Alberta responds to the call of Christ to "make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you" (Matthew 28: 19-20). The Eparchy of Edmonton supports local priests in their travel, health care, pension, and clergy substitution, thus ensuring that they can respond to the pastoral needs of the faithful, especially the celebration of the Divine Liturgy and funerals in rural Alberta. Visit www.edmontoneparchy.com to see how the Church is working for you.

Catholic Missions in Canada supports over 600 missionaries – priests, deacons, sisters, brothers and lay ministers – throughout 27 eparchies and dioceses right here in Canada, including the Ukrainian Catholic Church. Catholic Missions supports the local churches in our call to proclaim the Gospel among First Nations communities, missionary support, religious education programs, building and repairs, lay pastoral leadership programs, and education of seminarians. To learn more about the work of Catholic Missions in Canada visit (www.cmic.info) and sign up for a free subscription to its quarterly magazine by calling toll free 1-866-937-2642.

Each year the **Canadian Conference of Catholic Bishops** is asked to speak out, give leadership, and provide guidelines for the faithful on a wide variety of topics in our daily lives. For our bishops to do so, they must have the benefit of research and expert advice. Research and gathering information requires staff, time and money. Through the yearly bishops' collection, an appeal is made to all Catholics to be generous towards the work of their bishops. To learn more about the Canadian Conference of Catholic Bishops, visit www.cccb.ca.

Please give generously. Thank you.

Please join us if you have experienced the loss of a loved one.

Grief as a Journey,

is an 11 week grief support group for those searching for support in their grief over the loss of a loved one. Using video presentations and group discussion, we will build community, gain a better understanding of what we are experiencing, and give and receive support and encouragement, while journeying together through mourning.

Dates and times: Tuesdays, April 8 – June 17, 6 to 8 PM

Location: Edmonton Eparchy Pastoral Center, 9645–108 Ave. Edmonton

Cost: \$20 to cover materials.

Register: 780–424–5496, or bernadette.mandrusiak@eeparchy.com

✨ Wrestling with God: A 3-Day Faith-Filled Day Camp for Kids! ✨

Dates: March 24-26

Location: St. Nickolas Ukrainian Catholic Parish, Edmonton

Ages: 7-12 (Teen volunteers welcome!)

Time: 9 AM - 4 PM daily

Let your child **strengthen their faith, make new friends, and grow in their relationship with God** in a fun and welcoming environment! 🙏❤️

🍪 **Snacks are provided!** (Children should bring their own bagged lunch.)

📌 **Register by March 17, 2025! Cost is \$20.**

✉️ Contact **Damian Rudiak** at stnicksyouthyeg@gmail.com or

☎️ **587-982-6740** to secure a spot!

Be Confident and Safe!

Our Eparchy has a Safer Environments Policy that helps each of us worship, minister to, and be ministered to in a safe and confident way.

The information collected and the procedures that are in place are there to keep everyone, especially those most vulnerable as safe as possible.

In the near future, Fr. Bo will be sending out emails to a number of volunteers to update and complete some of our files. So if you get one, please help us by getting your forms and training up to date. Thanks.



2025 ANTHONY JORDAN LECTURE

THE EVOLUTION OF THE CATHOLIC PARISH AS COMMUNITY OF BELIEVERS SINCE VATICAN II



Dr. Hosffman Ospino
Boston College

7pm | March 28th, 2025

Lumen Christi Center
9405 50 Street NW, Edmonton

Cost: Free will offering

For more info: Lauri.Friesen@Newman.edu

Supported by the Missionary Oblates of Mary Immaculate



YOUTH PASCHA MAKING

Followed by

YOUTH BOWLING



ON SATURDAY, APRIL 5

LET'S LEARN HOW TO MAKE SOME DELICIOUS
TRADITIONAL EASTER BREADS
THEN
WE SHALL KNOCK DOWN SOME PINS

FOR WHO?

Youth from Grades 1-12
And Parents, Grandparents, Young Adults,
and others also welcome.

WHERE?

At Holy Cross then At Bronx Bowling
12940 - 127 Street, Edmonton

WHEN?

Saturday, April 5, 9 am for the Pascha
Making and ... about 12 or 1 pm for the
Bowling. If you sign up we will give you more
details.

COST?

Youth are Free, Adults are \$10/adult and includes shoe
rental.

FOOD?

Bread will be baked, then **Pizza & Drinks** will be provided
for the Youth at bowling... and probably the adults too. Let
us know if you have special dietary needs.

RSVP?

Please **Sign Up at Church** if possible. Or see Joyce or
Kenny Kozak, Sherry Harris or Fr. Bo at church for more
details.

Building Hope & Dignity - Mark Your Calendar

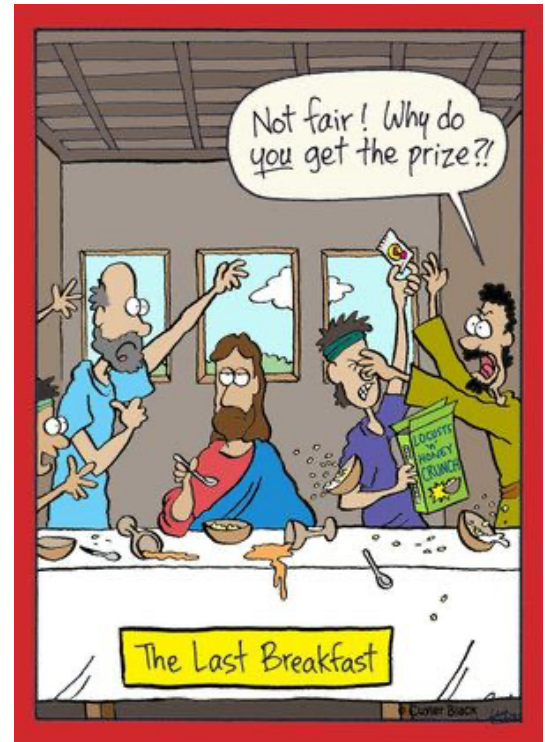


Did you know that the Society of Saint Vincent de Paul (SSVP) is active in 26 parishes across the Archdiocese? Over 600 volunteers worked in 2024 to assist a total of 14,933 people in urgent need (including 6,177 children) in their local area. In their mission to serve Christ through the poor, Vincentians deliver food/grocery cards, beds, furniture, housewares, transit tickets and more to whoever needs their help, regardless of the circumstance. They also ship containers of food and other goods to 9 communities in the Western Arctic. Requests for help, especially for food and beds, have skyrocketed over the last two years, so the SSVP Edmonton Central Council is holding its first-ever fundraising Gala on June 5 at the Chateau Lacombe. Please consider joining us for an evening of fine dining, inspiring speakers, and a chance to win a great prize in our raffle or live auction. Tickets are \$250 or \$2000 for a table of 8, part of which will be returned as a tax receipt. To buy your tickets or make a donation, visit <https://bit.ly/SSVP-Gala-2025>. For more information: gala@ssvpedmonton.ca or 825-582-SSVP (7787). Thank you for helping us help our neighbours in need!

FROZEN FOODS

In absence of our dear Lasha we have made great efforts to continue the legacy of frozen foods. We have been busy bees over the last month or so to fill our freezers with goods! A special THANK YOU to all that have put in the time and effort to make this a success. Without our volunteers where would we be?? It has been an honour to lead this project and I also thank those that have supported me in many ways. We all joined hands and committed ourselves in some way-shape or form and it shows!!! We will be having one more cabbage roll bee on April 1st which should conclude our project for a while. We will also offer two days before the April 12th bake sale to allow for parishioners to purchase frozen goods. This will be after church services on Sunday (April 6) and Wednesday (April 9). Public sales will be closed during that week and we will direct inquiries to attend the bake sale on the 12th.

Blessings to all....Lisa Borosuik



“Bishop’s Prayer Breakfast”

As part of the Jubilee Year as proclaimed by Pope Francis, Pilgrims of Hope, the 11th Annual “**Bishop’s Prayer Breakfast**” will take place 7:30 – 9:00 am, Wednesday, June 4, at Saint Josaphat’s Cathedral Hall – Verkhovyna (9637 – 108 Avenue), Edmonton.

The event supports, through prayer, our clergy, religious, monastics and laity in their leadership roles in continuing the mission of Christ in sharing the Good News among the people of God.

This year’s theme focuses on Image to Likeness, Our Call to Holiness, based on the Book of Genesis, which writes, “So God created humankind in his image, in the image of God he created them; male and female he created them (1:27).”

Our guest speakers are Very Rev. Stephen Wojcichowsky, Protosyncellus/Vicar General and Hanya Fialka, Retired Teacher, Saint Matthew Elementary Catholic School.

Tickets \$25.00 per person. \$200 for a table of 8 persons. For tickets and more information, contact the Chancery Office at (780) 424-5496; chancery@edmontoneparchy.com.

We are looking for some new Parish Pastoral Council Members for another exciting year here at EHCUCP.

There are a few vacancies that we will need to fill for the 2025/2026 Council. These positions include:

Archivist

Who shall be responsible for maintaining archival church records, various beneficiary and wall plaques. Shall organize, catalogue and maintain parish photographs and library of books, tapes, videos, etc. Works closely in consultation with the parish priest. Shall attend and submit a monthly report at all regularly scheduled parish council and annual general meetings.

Parish Council Secretary

Who shall keep a correct record of all minutes of all parish council, general and special meetings. Shall provide each parish council member a copy of the agenda and minutes of each council or general meeting prior to such said meeting. Shall ensure that all minutes, after their approval are signed by herself and the President. Shall pick up and distribute all mail and maintain parish office filing system. Shall be custodian of all reports, correspondence and records of the parish except of those pertaining to the Priest and of the Treasurer. She may also perform such duties as the parish

council may prescribe. In the absence of the Secretary, the duties will be performed by an individual appointed by the President.

Assistant to the Membership Chairperson

Who shall help in conducting membership drives and collecting membership fees on an annual basis. Shall keep a correct record of membership registration forms. Shall maintain and distribute to all executive (*parish council members*) an up to date membership list. Shall prepare and distribute an ushering, offertory and coffee hour schedule to all participating members. Shall attend and submit a monthly report at all regularly scheduled parish council and annual general meetings

Cultural Committee Director

Who shall be responsible in coordinating and setting up such cultural programs and/or workshops which the parish deems necessary. Provide information regarding our Ukrainian cultural heritage. Shall attend and submit a monthly report at all regularly scheduled parish council and annual general meetings

Spiritual Committee Director

Who shall work with the clergy to help plan and evaluate and improve the spiritual and liturgical works within and around the parish. Like the other positions listed above there will be some reporting on things going on both monthly and annually.

Our Annual General Meeting is Today!

Regular Meetings and Events:

- **See older bulletins, the website or just ask. I'm not reprinting it this week to save some paper.**

Upcoming Meetings & Events:

- **Sunday, March 23 after Liturgy:** Our **Annual General Meeting** for our parish. There is always lots happening in our parish and you won't want to miss this important event.
- **Wednesday, March 26:** Bingo
- **Tuesday, April 1 at 9 am:** Cabbage Roll Bee
- **Saturday, April 5 at 9 am:** Baking Paskas with Kids, Youth and Young Adults
- **Saturday, April 5 at 1:30 pm:** Bowling with Kids, Youth and Young Adults
- **Monday, April 7, at 7 pm:** Ladies' Club Meeting
- **Thursday, April 10:** Bingo
- **Friday, April 11:** Baking from everyone is accepted.
- **Saturday, April 12:** Our famous **Easter Bake Sale!**
- **Saturday - Saturday, April 12 - 19:** Holy Week
- **Sunday, April 20:** Pascha - Easter
- **Sunday, April 27:** Blessed Breakfast (with Raffles)
- **Monday, April 28:** Bingo
- **May 2-4:** Pilgrimage to Bishop Velechkovsky Shrine in Winnipeg with Bishop David. Learn more about it on the bulletin board in the Entrance of the Church or at the Eparchial Website.
- **Tuesday, May 20 at 6 pm:** - Men's Club Meeting
- **Tuesday - Friday, May 20-23:** Clergy Retreat
- **Saturday May 24:** Fr. Bo does Iconography with Ridna Shkola
- **Thursday, May 29:** Probable **St. Matthew's School Graduation Liturgy and Dinner**

Parish, Eparchial & Community News / Announcements:

- We are also looking for volunteers for **Pie and Tart making** for April 10.
- Sign up sheets are on desk by the church office for the above e.
- We are seeking good and passionate people who would like to **help our parish's Children's programs**. Please talk to Dianne Kluk or Fr. Bo if you are one of these people we are looking for.
- If there are **any proposed agenda items for the parish's Annual General Meeting** please submit them to the Parish Council, before February 23 by sending it to: office@ehcucp.ca
- **Are you good with Social Media? Websites? Vlogging? Video editing?** If so, consider helping the parish spread the good news. Please come and talk to Fr. Bo if you can help.
- **Memberships** are always being accepted. Renew or get yours now. Only \$40 and it gives you many perks!
- **We now can take donations via E-Transfer!** You can set this up on your online banking using our parish email which is office@ehcucp.ca . A detailed example can be picked up at the parish office if you would like.
- Our **Sunday School** is awesome! All kids up to the age of First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy. Don't be shy, join us!
- Boys and Girls who have already done their First Solemn Communion are invited to become **Altar Servers!** Just say hi to Fr. Bo or Deacon John before Liturgy and we will train you on the job.
- Our Eparchy is continuing to raise **funds for people in Ukraine** through CNEWA. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy.
- **Coffee Hour Volunteers** are awesome and loved. If you would like to help with this important ministry please see Diana Horyn. (If you don't know who this is ask Fr. Bo or anyone... most of us can point her out to you.) Also, for existing **Coffee Hour Volunteers**, we want to bring to your attention the new schedule which is posted on the bulletin board near the office.
- Do you have an upcoming **50, 60, 70 or even 75 year wedding anniversary** coming up? If so, wow congratulations! Let us know so that we can celebrate this big event with you by singing "Mnohaya Lita" and by presenting you with a commemorative plaque. There is a sheet near the office door where you can let us know about it.

- **Ongoing Food Bank Collection:** Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
 - **Kid's Cottage is always in need of diapers** of all sizes. If you can consider picking up a pack (or a few) and then you can bring them to the church. We will collect them here and periodically deliver the diapers for them to use. Thank you.
 - We are **Recording our Liturgies** for those who are not able to come in person to church. Please note that the recorded Liturgies are not intended to be an option for those who simply want to stay at home.
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- Fr. Bo has caught up with almost all of his emails... he still needs to reply to a few. However, just like mentioned before, if you need to get a hold of Fr. Bo it is best done by phone or text. He gets back to people much quicker that way.
 - Also, if you did contact me about something and I did not answer you. Just contact me again.
 - FYI: Fr. Bo has ADHD. This means that he is very easily distracted and he really struggles with some things. In my case this includes correspondence. I will always try my best for all of you, but please realize that some things are simply hard for me to do. Think of ADHD as a mental handicap, that also has a pile of silver linings. But unfortunately some tasks for an ADHD-er is about as hard as it would be for a paraplegic to be a pole-vaulter. Thank you to my helpers.



"If I send my prayer as a text message, will I get a faster reply?"

The Next Couple Weeks at Holy Cross

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>23 </p> <p>Third Sunday of the Great Fast: Veneration of the Holy Cross; Octoechos Tone 3; The Holy Venerable-Martyr Nikon and his two hundred disciples martyred with him. Day 21 of the Great Fast. Resurrectional Gospel 11. Hebrews 4:14-5:6; Mark 8:34-9:1.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (Bilingual)</p> <p>Yes Sunday School, and Yes Coffee but at the...</p> <p>Lunch &... Parish Annual General Meeting (Also a Panachyda for + Terry Miskiw)</p>	<p>24 </p> <p>☩ Forefeast of the Annunciation of the Mother of God; Our Venerable Father Zachary; Our Holy Father Artemon, Bishop of Seleucia in Pisidia. Day 22 of the Great Fast. Saint with Six Stichera. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 14:24-32; Vespers - Genesis 8:21-9:7; Proverbs 11:19-12:6; Genesis 28:10-17; Ezekiel 43:27-44:4; Proverbs 9:1-11.</p> <p>ECSD Spring Break</p> <p>10 am Bible Study</p>	<p>25</p> <p>The Annunciation of Our Most Holy Lady, the Mother of God and Ever-Virgin Mary; Blessed Omelian Kovch, Priest. Feast of the Mother of God. Day 23 of the Great Fast. Hebrews 2:11-18; Luke 1:24-38.</p> <p>ECSD Spring Break</p> <p>9 am Babka Baking</p> <p>10 am Festal Divine Liturgy</p> <p>6 pm Fr. Bo teaches Icon Course at Newman Theological College</p>	<p>26 </p> <p>Synaxis of the Holy Archangel Gabriel. Day 24 of the Great Fast. Great Doxology. Abstinence from meat and foods that contain these ingredients. Leave-taking of the Annunciation. Sixth Hour - Isaiah 26:21-27:9; Presanctified - Genesis 9:18-10:1; Proverbs 12:23-13:10.</p> <p>ECSD Spring Break</p> <p>No 9 am Liturgy</p> <p>Bingo</p> <p>10:30 Baptismal Prep</p> <p>5:30 Presanctified Liturgy</p> <p>Youth and Young Adults moved to April 5</p>	<p>27 </p> <p>Our Holy Mother Matrona of Thessalonica. Day 25 of the Great Fast. Sixth Hour - Isaiah 28:14-22; Vespers - Genesis 10:32-11:9; Proverbs 13:19-14:6.</p> <p>ECSD Spring Break</p> <p>9 am Easter Baking</p> <p>Fr. Bo's Day off</p> <p>11 am Writing the Light Class</p> <p>1 pm Appointment</p> <p>5:30 pm Appointment</p>	<p>28 </p> <p>Our Venerable Father Hilarion the New; The Holy Stephen the Wonderworker. Day 26 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 29:13-23; Presanctified - Genesis 12:1-7; Proverbs 14:15-26.</p> <p>ECSD Spring Break</p> <p>10 am Soroko-oosteh</p> <p>5:30 pm Appointment</p>	<p>29 </p> <p>All Souls Saturday; Our Venerable Father Mark, Bishop of Arethusa, the Deacon Cyril and others martyred during the reign of Julian the Apostate. Day 27 of the Great Fast. Hebrews 6:9-12; 1 Corinthians 15:47-57; Mark 7:31-37; John 5:24-30.</p>
<p>30 </p> <p>Fourth Sunday of the Great Fast: St. John Climacus; Octoechos Tone 4; Our Venerable Father John Climacus, Author of "The Ladder of Divine Ascent." Day 28 of the Great Fast. Resurrectional Gospel 1. Hebrews 6:13-20; Ephesians 5:9-19; Mark 9:17-31; Matthew 4:25-5:12.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (English)</p> <p>Yes Sunday School, and Yes coffee</p>	<p>31 </p> <p>Our Venerable Father Hypatius, Bishop of Gangra. Day 29 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 37:33-38:6; Vespers - Genesis 13:12-18; Proverbs 14:27-15:4.</p> <p>10 am Bible Study</p> <p>7 pm Parish Pastoral Council Meeting</p>	<p>1 </p> <p>Our Venerable Mother Mary of Egypt. Day 30 of the Great Fast. Sixth Hour - Isaiah 40:18-31; Vespers - Genesis 15:1-15; Proverbs 15:7-19.</p> <p>Also, Fr. Bo's Feast Day, as he is a fool.</p> <p>9 am Cabbage Roll Bee</p> <p>10:30 am Venta Care Centre Liturgy</p> <p>6 pm Fr. Bo teaches Icon Course at Newman Theological College</p>	<p>2 </p> <p>Our Venerable Father Titus the Wonderworker. Day 31 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 41:4-14; Presanctified - Genesis 17:1-9; Proverbs 15:20-16:9.</p> <p>No 9 am Liturgy</p> <p>10:30 Baptismal Prep</p> <p>5:30 Presanctified Liturgy</p> <p>6:30 pm Bible Study</p>	<p>3 </p> <p>Our Venerable Father and Confessor Nicetas, Hegumen of the Monastery of Medicius. Day 32 of the Great Fast. Sixth Hour - Isaiah 42:5-16; Vespers - Genesis 18:20-33; Proverbs 16:17-17:17.</p> <p>Fr. Bo's Day off</p> <p>11 am Writing the Light Class</p> <p>5:30 pm Appointment</p>	<p>4 </p> <p>Our Venerable Fathers Joseph the Hymnographer and George of Maleum. Day 33 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 45:11-17; Presanctified - Genesis 22:1-18; Proverbs 17:17-18:5.</p> <p>Hall Rental</p> <p>10 am Akathist</p> <p>5:30 pm Appointment</p>	<p>5 </p> <p>Akathist Saturday; The Holy Martyrs Theodulus and Agathopedes and those with them. Day 34 of the Great Fast. Hebrews 9:24-28; Hebrews 9:1-7; Mark 8:27-31; Luke 10:38-42; 11:27-28.</p> <p>9 am Paschas with Youth</p> <p>1:30 pm Youth Bowling</p>
<p>6 </p> <p>Fifth Sunday of the Great Fast: Our Venerable Mother, Mary of Egypt; Octoechos Tone 5; ☩The Repose of Our Holy Father Methodius, Teacher of the Slavs; Our Holy Father Eutychius, Archbishop of Constantinople. Day 35 of the Great Fast. Resurrectional Gospel 2. Polyeleos Feast. Hebrews 9:11-14; Hebrews 7:26-8:2; Mark 10:32-45; John 10:9-16.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (Bilingual)</p>	<p>7 </p> <p>Our Venerable Father George, Bishop of Mitylene. Day 36 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 48:17-49:4; Vespers - Genesis 27:1-41; Proverbs 19:16-25.</p> <p>During this week the Men's Club will be getting Pussy Willows</p> <p>10 am Bible Study</p> <p>7 pm Camp Oselia AGM</p> <p>7 pm Ladies' Club Meeting</p>	<p>8 </p> <p>The Holy Apostles Herodion, Agabus, Rufus, Asyncretus, Phlegontus, and Hermes. Day 37 of the Great Fast. Sixth Hour - Isaiah 49:6-10; Vespers - Genesis 31:3-16; Proverbs 21:3-21.</p> <p>9 am Easter Baking</p> <p>5 pm Blessing of Icons and Akathist at NTC</p> <p>6 pm Fr. Bo teaches the Final Icon Course at Newman Theological College</p>	<p>9 </p> <p>The Holy Martyr Eupsichius. Day 38 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 58:1-11; Presanctified - Genesis 43:26-31; 45:1-16; Proverbs 21:23-22:4.</p> <p>No 9 am Liturgy</p> <p>10:30 Baptismal Prep</p> <p>5:30 Presanctified Liturgy</p> <p>6:30 pm Youth?</p>	<p>10 </p> <p>The Holy Martyrs Terence, Pompeius and others with them. Day 39 of the Great Fast. Sixth Hour - Isaiah 65:8-16; Vespers - Genesis 46:1-7; Proverbs 23:15-24:5.</p> <p>Fr. Bo's Day off</p> <p>11 am Writing the Light Class</p> <p>5:30 pm Appointment</p>	<p>11 </p> <p>The Holy Hieromartyr Antipas, Bishop of Pergamos in Asia. Day 40 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 66:10-24; Presanctified - Genesis 49:33-50:26; Proverbs 31:8-31.</p> <p>10 am Akathist</p> <p>5:30 pm Appointment</p>	<p>12 </p> <p>Lazarus Saturday. Hebrews 12:28-13:8; John 11:1-45.</p> <p>Holy Week Begins</p> <p style="font-size: 2em; font-weight: bold; text-align: center;">EASTER BAKE SALE</p>