



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



Sunday, February 23, 2025

**Sunday of Meatfare (aka: Sunday of Last Judgement);
Octoechos Tone 7; The Holy Hieromartyr Polycarp, Bishop of Smyrna.**

Welcome to Holy Cross Parish,

Today, like most "Last Sundays of the Month" we will be doing extra things to help our Children be involved at the Divine Liturgy.

Please help our kids feel extra special today (and everyday).



Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am or 7 pm Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)
fr.nahachewsky@eeparchy.com

Deacon John Lukey

johndebbielukey@yahoo.ca

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Our New Toll Free Number:
1-866-886-3946

We no longer have a fax number.

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.



Next Sunday is "Forgiveness Sunday" (also known as Cheesefare). As it is also the first Sunday of the month, **we will have Fr. Myron join us to hear confessions.** Going to the Sacrament of Reconciliation is a great way to begin the Great Fast.

Fr. Myron will join us again during our Lenten Mission, which will take place on March 14 & 15 at 6 pm.

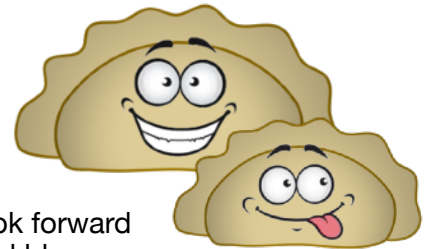


Today is our Pysanka writing workshop at 2 pm in the hall.

If you have not already signed up, talk to Mariyka Bodnar. I'm guessing they would be more than happy to have you join them if they have the space and supplies.

It's our Perogy Supper this Saturday!

Thank you to all of our volunteers who have been and who plan to help with everything. At this time we believe we have all the volunteers that we need to have a successful event. We look forward to feeding you, your family and your friends. God bless.



Meatfare Sunday

This Sunday is called Meatfare Sunday since (under the monastic fasting rules) it is officially the last day before Easter for eating meat. It commemorates Christ's parable of the Last Judgment (Mt 25.31-46). We are reminded this day that it is not enough for us to see Jesus, to see ourselves as we are, and to come home to God as his prodigal sons. We must also be his sons by following Christ, his only-begotten divine Son, and by seeing Christ in every...

...continued on the following page.

Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

Parish Pastoral Council:

- Parish Priest – Fr. Bo Nahachewsky
- Deacon - Dcn. John Lukey
- President – Mark Helmak
- Past President – Peter Fedorak
- 1st Vice-President – Mark Ramsankar
- 2nd Vice-President – Deacon John Lukey
- Secretary – Gwen Uchach
- Treasurer – Dale Kluk
- Archivist – Diana Horyn
- Cultural – Maryka Bodnar
- Fundraising – Terry Yackimec
- Hall Rental – Lisa Borosuik & Gladys Woitas
- Ladies' Club – Dianne Kluk
- Knights of Columbus – Darrell Uchach
- Men's Club President – Marc Chiasson
- Youth Coordinator – Emmette Lysak
- Maintenance – Larry Waye
- Membership – J'lyn Ramsankar
- Social – Edd Horyn
- Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

Weddings:

- Contact Fr. Bo, at least a year in advance if possible

Funerals:

- Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

LADIES' CLUB AGM MEETING, MONDAY, MARCH 3 AT 7:00 PM! SNACKS WILL BE PROVIDED! PLEASE PLAN ON INTENDING!

Don't be that awkward guy.

It's time for us all, especially men, to talk about **PROSTATE CANCER.**

Tuesday, March 11 at 7 pm

Free Presentation, Testimonies and Q&A.
For more information contact Peter at 780-991-5569

At Holy Cross Parish
9003 153 Ave, Edmonton.

Coming to this might even save your life!

Meetfare Continued

...man and by serving Christ through them. Our salvation and final judgment will depend upon our deeds, not merely on our intentions or even on the mercies of God devoid of our own personal cooperation and obedience.

... for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you took Me in, I was naked and you clothed Me, I was sick and in prison and you visited Me. For truly I say to you, if you did it to one of the least of these my brothers, you did it to Me (Mt 25).

We are saved not merely by prayer and fasting, not by “religious exercises” alone. We are saved by serving Christ through his people, the goal toward which all piety and prayer is ultimately directed.

written by + Fr. Thomas Hopko

Wednesday Evening Youth and Bible Study

are being pushed back half an hour to accommodate Presanctified Liturgies during the Great Fast (Lent).

So consider joining us half an hour before for Presanctified, or come half an hour later for the usual sessions.



Donations received at Holy Cross Parish

Sunday Donations for Sunday, February 16:	\$1,425.00
Candles for Sunday, February 16:	\$19.05
Building Fund so far for all of February:	\$500.00

Holy Cross Ukrainian Catholic Parish invites you to join us for our

Lenten Mission

with Fr. Jim Nakonechny
the assistant Pastor of
St. Josaphat's Ukrainian
Catholic Cathedral



Friday & Saturday,
March 14 & 15, at 6 pm

This is a free event for everyone. Coffee and snacks will be shared after each evening's prayer and talk. Priests will be available for Confessions.

Holy Cross Parish is located at 9003 153 Street, Edmonton

**“Be still and know that I AM God:
Living a Life of Prayer”**

Lent is only a week away so let's discuss:

Lenten Fasting

A special word must be said about fasting during lent. Generally speaking, fasting is an essential element of the Christian life. Christ fasted and taught men to fast. Blessed fasting is done in secret, without ostentation or accusation of others (Mt 6.16; Rom 14). It has as its goal the purification of our lives, the liberation of our souls and bodies from sin, the strengthening of our human powers of love for God and man, the enlightening of our entire being for communion with the Blessed Trinity.

The Church's normal rules for lenten fasting are the monastic rules. No meat is allowed after Meatfare Sunday, and no eggs or dairy products after Cheesefare Sunday. These rules exist not as a Pharisaic "burden too hard to bear" (Lk 11.46), but as an ideal to be striven for; not as an end in themselves, but as a means to spiritual perfection crowned in love. The lenten services themselves continually remind us of this.



The Ukrainian Catholic Church has "Minimum Rules" as well as the normal stricter "Monastic Rules"

You can read all about them in my short booklet called "**Fasting 101**". It's available in Church, on the tables near the bulletins, or online at our parish's website.

Let us fast with a fast pleasing to the Lord. This is the true fast: the casting off of evil, the bridling of the tongue, the cutting off of anger, the cessation of lusts, evil talking, lies and cursing. The stopping of these is the fast true and acceptable (Monday Vespers of the First Week).

The lenten services also make the undeniable point that we should not pride ourselves with external fasting since the devil also never eats!

The ascetic fast of Great Lent continues from Meatfare Sunday to Easter Sunday, and is broken only after the Paschal Divine Liturgy. Knowing the great effort to which they are called, Christians should make every effort to fast as well as they can, in secret, so that God would see and bless them openly with a holy life. Each person must do his best in the light of the given ideal.

In addition to the ascetic fasting of the lenten season, the Church also practices what is known as eucharistic or liturgical fasting. This fasting does not refer to the normal abstinence in preparation for receiving the holy eucharist; it means fasting from the holy eucharist itself.



During the week days of Great Lent the regular eucharistic Divine Liturgy is not celebrated in our churches since the Divine Liturgy is always a paschal celebration of communion with the Risen Lord. Because the lenten season is one of preparation for the Lord's Resurrection through the remembrance of sin and separation from God, the liturgical order of the Church eliminates the eucharistic service on the weekdays of lent. Instead the non-eucharistic services are extended with additional scripture readings and hymnology of a lenten character. In order that the faithful would not be entirely deprived of Holy Communion on the lenten days, however, the Liturgy of the Presanctified Gifts is often celebrated on Wednesday and Friday evenings.

Even during Great Lent, Saturday (the Sabbath Day) and Sunday (the Lord's Day) remain eucharistic days, and the Divine Liturgy is celebrated. On Saturdays it is the normal Liturgy of Saint John Chrysostom, usually with prayers for the dead. On Sundays it is the longer Liturgy of Saint Basil the Great.

The well-known teaching that Saturdays and Sundays are never days of fasting in the Church, an issue emphasized centuries ago when controversy arose with the Latin Church, refers only to this eucharistic-liturgical fast. During Great Lent, even though the eucharistic fast is broken on Saturdays and Sundays, the ascetical fast continues through the weekends since this fasting is an extended effort made from Meatfare Sunday right to Easter itself.

This article is from the book "The Orthodox Faith" by Fr. Hopko.

In our parish this year, during the Great Fast, we will celebrate **Presanctified Liturgies** on Wednesday evenings at 5:30.

On Fridays we will sing an **Akathist to the Mother of God** at 10 am, and if the Friday is followed by an "All Souls Saturday" then we will add a "**Soroko-oosteh**" service to the Friday Akathist.

I encourage everyone to join us.



We are looking for some new Parish Pastoral Council Members.

There will be a few vacancies that we will need to fill for the 2025/2026 Council.

These positions include:

- **Archivist**
- **Membership Director**
- **Cultural Committee Director**
- **Spiritual Committee Director**
- **Social Committee Director**

The Annual General Meeting is being planned for March 23 and we are looking for members like you to come forward and volunteer their time to help shape the future of Holy Cross. Please come and see Dale Kluk or Darrell Uchach for more information.

Not sure who Dale or Darrell are? Ask Fr. Bo and he'll introduce you.

Do you wish to update your book containing the names of your families departed? (or start a book if you don't have one?)

Deacon John and I (Fr. Bo) would love to help you with that after any of our services. These books are used for the Soroko-oosteh services that are done once before Lent, three times during Lent, and once before Pentecost.

What the heck is a "Soroko-oosteh"?

There are 5 "All Souls" Saturdays in the year. These days all of the deceased in the entire parish, and ultimately in the world sine time immemorial. The priest usually does a Parastas or Panachyda and everyone's lists of deceased are read aloud. Everyone should know that their family is not neglected even if they cannot come, if their lists are accessible to the priest then they will be prayed for.

Ultimately, we say the names of our Loved Ones so that God can hear them, even though he knows all of them and more. And obviously we can't remember everyone, but we can remember as many as

possible. Everyone's loved one's names are just as important as any others whether their families are present or not.

When the names of the deceased are read, they are read aloud. However due to the number of names normally a few people come forward and read the names simultaneously. The service is called Sroko-oosteh which literally means *sorok* = forty and *oosteh* = mouths. It's called this because traditionally up to 40 people read the names at the same time.

I do understand that people like to hear the names given by their families, but when many people are reading at the same time this is nearly impossible. If we would simply have the priest read them all himself then this service would potentially take several hours. I also understand that several hours is not reasonable for most people (including the priests).

What I recommend for those who wish to commemorate their family's loved ones is to do so on the anniversaries of their passing, as is traditional. Normally our deceased are prayed for on the 40th day after their passing then again on each anniversary. People can simply ask the priest to have a special service for their family. Then at this service, often a Panachyda, and sometimes a Divine Liturgy with Panachyda, the names would be heard multiple times throughout the service. Also, after Easter and before the feast of Ascension it is common to go to the cemetery and sing "Christ is Risen!" at each grave.



Join Bishop David on a Pilgrimage of Hope to the Bishop Velychkovsky National Martyr's Shrine in Winnipeg on May 2-4, 2025. Pope Francis has designated 2025 the Jubilee Year of Hope and encourages all faithful to embark on pilgrimages, repent of their sins, forgive the sins of others and renew a focus on the spiritual life. Join Bishop David and make a formal pilgrimage to this designated Jubilee Site and partake of a

special outpouring of grace and mercy. The trip will also include a visit to the Grotto of Our Lady of Lourdes at Cooks Creek and the Canadian Museum for Human Rights. Information session Wednesday, February 12, 6:30-8:00 pm at the Pastoral Centre, 9645-108 Avenue in Edmonton or QR code for Zoom link.



Our New, Amazing, Superb, and Exciting

Question Box!

Okay, the box is not new. It is old and repurposed (thank you brother Knights). And the box does not do anything amazing, nor is extraordinarily superb or exceptionally exciting... it just sits there....

BUT THE QUESTIONS YOU PUT IN IT ARE BLESSEDLY FANTASTIC!

Our "Question Box" is the perfect place for you to put those questions you have always wondered about your faith, but you have never asked about. Maybe you feel like everyone should know the answer and therefore you are embarrassed to ask. Or Maybe your question is sensitive and you don't want anyone to know who submitted it. Well now you can ask without fear!

I can't promise to answer all the questions perfectly, but I will try to answer as many as is possible in

future editions of this weekly bulletin, and maybe even posted on our Parish Website. For example, earlier this week I had someone ask me about some of the words in the "Prayer before Communion" that we say at each Liturgy. They could have put that question into this Box. And now I can answer that question here in this part of the bulletin. And like in this case, if I don't have a good answer, then I can seek assistance during the week from smarter and better studied people than me and compose something good for you.

So please think up your questions, simple or complex, write them on a piece of paper, and slip them into the slot on the top of the box. Each week I will pick one or two to answer. I may have to save the others for a future week, so if it's not answered that following Sunday... stay patient.

Our First and Second Question Box Questions!

Question #1: Why during the Divine Liturgy, in the "Prayer before Communion" do we say "...of who I am FIRST" ? Obviously people have sinned before we did. And if it's in the sense of "worst"... what if we believe we are guilty, but maybe not as evil as some others.

Answer, with the help of our Eparchial

Liturgist, Deacon Cyril: The meaning is not that I have sinned prior to others, but that I am the chief of sinners. This is a quote from 1 Timothy 1:15 – "This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief." – The Apostle Paul is convicting himself at the chief/first of sinners, probably having in mind his persecution of the Church.

But, that raises the question from your parishioner "**what if we believe we are guilty, but maybe not as evil as some others**". If we apply that thinking to Paul, we likely will come up against the same objection: Paul, as bad as he was, was responsible for the deaths of a few people (maybe a few dozen), whereas we know others in history have done far worse. So we probably need to approach the statement in a different way, by removing the element of comparison.

Read Luke 5:1-11 (one of the first passages read from Luke's gospel, usually on a Sunday in September or October). Here Jesus has an encounter with Simon Peter, and once Simon realizes what's going on and who he is with, he says "depart from me, Lord, for I am a sinful man." In the presence of the living God, Peter becomes profoundly aware of his sin. The same attitude is our goal before Holy Communion (and at any moment) – I don't think about my righteousness, I think about my sin. It's part of the point of the Sunday gospels we just finished reading: God wants me to identify with Zachaeus, with the Publican, with the Prodigal. Yes, I need to learn not to be like the Pharisee or the older brother, but most important is that I learn to repent like the Publican and the Prodigal repented – "I am not worthy to be called your son." When I say that without looking to the person on my left or right and wondering how worthy he/she is, I'm starting to understand the great gift of God's love and mercy.

Question #2: In the same prayer we say "...I will not tell Your mysteries to your enemies...". Arn't we supposed to tell everyone about the beauty of the Eucharist? Who is it that we should not tell?

I know less about this point. I think it may have come from a medieval legend that... (flip to next page)

Question from previous page continued

...Judas did not consume the Holy Communion he received at the Last Supper, but took it out and showed it to the Jewish leaders who were going to kill Christ. Perhaps we don't know what to make about this legend, but the phrase in the prayer is not inconsistent with the scriptures or the tradition. Jesus tells us to preach the gospel, but also not to throw pearls before swine. Actually, as amazing as the Eucharist is, it is not the basis of our Christian message to those outside the Church – we proclaim that Jesus died and rose for our salvation: once people can accept that, they are brought into the Church through baptism and can receive Holy Communion. Converting people through the Eucharist was not the practice of the early Church, and in fact unbaptized people were not allowed to

remain in the Church during the consecration of the Eucharist or its distribution, but had to leave after the readings and homily.

Also, the phrase in its wider context (“I will not tell your mysteries to your enemies, nor will I give you a kiss as did Judas, but like the thief I confess to you, “Remember me, O Lord, when you come in your kingdom.”) again makes a contrast between two approaches to Holy Communion, themselves symbolic of different approaches to faith in Christ. I can take it for granted, or I can come like the thief, with true repentance, with no claim of righteousness, which leaves on total dependence on God's mercy.

My regards to the anonymous questioner – please ask him or her to pray for me.

- Deacon Cyril

Regular Meetings and Events:

- **Every Sunday at 9:30 am:** the Rosary
- **Every Sunday at 10 am:** Divine Liturgy, alternating English one week, and Bilingual English and Ukrainian the next week.
- **Every Sunday at 10 am:** Sunday School, for children up to grades 2. They begin and end their sessions during the Liturgy.
- **Last Sunday of each month at 10 am:** Children's Liturgy, on this last Sunday of the month we try to make the Divine Liturgy more welcoming for our children and youth. They get a special homily with Marilyn the Catechetical Puppet and children also are encouraged to participate in the service by singing, serving at the altar, reading the epistle, helping with the collection and/or other ways.
- **Every Sunday* at 11:15 (+/-) am:** Coffee Hour (* unless otherwise stated in this bulletin, and during the summer months)
- **Every Monday at 10 am:** Monday Morning's Bible Study Group in the Board Room.
- **Almost Every Monday Evening:** Some sort of Parish Meeting, including but not limited to: Ladies' Club (typically the 1st Monday at 7), Knights of Columbus (typically the 2nd Monday at 7:30), Men's Club (typically the 3rd Monday at 7), and Parish Pastoral Council (typically the last Monday at 7). Check this Bulletin below to confirm the date of the next meeting for your group(s)
- **Most Tuesdays:** Fr. Bo comes to the Church and tries to paint icons in the afternoon. Always phone or text if you would like to come and see me, incase I have other appointments to go to.
- **Every Wednesday* at 9 am:** Divine Liturgy, (* unless otherwise stated in this bulletin)
- **Most Wednesdays:** Fr. Bo stays at the Church and tries to do office work including the bulletin and various meetings with individuals. Always phone or text if you would like to come and see me, incase I have other appointments to go to.
- **Wednesdays:** Fr. Bo tries to start the bulletin, so if you wish to put something into that week's bulletin, please try to have it in by this day. (Yes, most of the time he is still working on it on Saturday... but he wants to get it done mid week.)
- **Every Second Wednesday* at 6 pm:** Bible Study, Everyone Welcome (* unless otherwise stated in this bulletin, and September through June)
- **Every Second Wednesday* at 6 pm:** Youth Ministry, 2 groups grades 3-6, and grades 7-12 (* unless otherwise stated in this bulletin, and during the summer months)
- **Every Second Wednesday* at 7:30 pm:** Young Adult Ministry (YAM), Those who are 18 to 49-ish are welcome to join us (* unless otherwise stated in this bulletin, and during the summer months)
- **Every Thursday:** is Fr. Bo's Day off... at least in theory. Please call him if you really need to, but don't if you don't.
- **Every Wednesday of the Great Fast (Lent) at 5:30 pm:** Presanctified Liturgy.
- **Every Friday of the Great Fast (Lent) at 10 am:** Akathist to the Mother of God. This will also include “Soroko-ooste” for the All Souls Saturdays.

- Almost **Every Saturday at 2 pm till FSC day:** We anticipate having **First Solemn Communion Classes** in the Boardroom.

Upcoming Meetings & Events:

- **Sunday, February 23 after the Divine Liturgy:** We will have a panachyda for all the victims of the full scale invasion of Ukraine on the occasion of it's third anniversary. May this unnecessary war cease, and may all those who have died be granted eternal memory. Vichnaya Pamyat.
- **Sunday, February 23 at 2 pm: Our Pysanka Writing Session.** Please sign up on the sign up sheet. For questions ask Maryyka Bodnar.
- **Monday, February 24: Day of Prayer and Fasting for the end of the war in Ukraine** as requested by Patriarch Sviatoslav.
- **Monday, February 24 at 9 am: Cabbage Roll Bee**
- **Monday, February 24 at 5:30 pm: Prayer service for the end of the war in Ukraine.**
- **Monday, February 24 at 7 pm: An important PPC Meeting.** Please come if you are a member of the Parish Pastoral Council.
- **Thursday, February 27: Bingo**
- **Saturday, March 1:** the fantastic Holy Cross Parish Perogy Supper!
- **March 4 - 8: Icon Workshop** in the Games Room. Talk to Fr. Bo for more details.
- **Monday, March 3: Clean Monday** - The first day of the Great Fast (Lent)
- **Thursday, March 6 at 9 am: Pereshke & Nalysnyky for Off Sale Bee**
- **Saturday, March 8: Eparchial Marriage Prep Course Part 2**
- **Friday-Saturday, March 7 & 8, at 4pm and also 6 pm: St. Sophia's** Ukrainian Catholic Church is having their **Perogy Supper.** For tickets call Roger at 587-984-4080.
- **Tuesday, March 11: Bingo**
- **Tuesday, March 11 at 7 pm: Understanding Prostate Cancer** Session: Free for all Men... and everyone else too. We all should know about this common cancer, so come for a presentation, Testimonies and Q&A.
- **Friday & Saturday March 14 & 15:** Holy Cross' **Parish Lenten Mission** with guest preacher Fr. Jim Nakonechny. The theme will be "Be Still and Know That I Am God: Living a Life of Prayer"

- **Saturday March 15:** First Solemn Communion Children receive their **First Confession.**
- **Sunday, March 16: First Solemn Communion for 4 fantastic children in our parish.** Lunch? to follow the Liturgy?
- **Monday, March 17 at 7 pm: Men's Club Panachyda and Meeting.**
- **Tuesday, March 18 at 9 am: Cabbage Roll Bee**
- **Sunday, March 23 after Liturgy:** Our **Annual General Meeting** for our parish. There is always lots happening in our parish and you won't want to miss this important event.
- **Wednesday, March 26: Bingo**
- **Saturday, March 29 at 9 am: Baking Paskas with Kids, Youth and Young Adults**
- **Thursday, April 10: Bingo**
- **Saturday, April 12: Our famous Easter Bake Sale!**
- **Saturday - Saturday, April 12 - 19: Holy Week**
- **Sunday, April 20: Pascha - Easter**
- **Sunday, April 27: Blessed Breakfast**
- **Monday, April 28: Bingo**
- **May 2-4: Pilgrimage to Bishop Velechkovsky Shrine** in Winnipeg with Bishop David.
- **Tuesday - Friday, May 20-23: Clergy Retreat**
- **Thursday, May 29: Probable St. Matthew's School Graduation Liturgy and Dinner**

Parish, Eparchial & Community News / Announcements:


- **Say a prayer for the Pope's health.** He is in critical condition after suffering a "prolonged asthma-like respiratory crisis".
- **The iPraises app works again.** Yay! Not sure what it is? It's an app by our eparchy to get the daily liturgical changeable parts.
- **Perogy dough still for sale (I believe)** - only \$4 per bag. See Cheryl Yackimic in the hall after Sunday Liturgy.
- Our Ladies' Club is looking for **volunteers for Paska and Babka making.** 8 volunteers for each day. Paska making March 11th and 13th. Babka making March 20th and 25th. We are also looking for volunteers **for Pie and Tart making** for April 10. Sign up sheets will be on desk by the church office.
- One of our sister parishes, **St. Sophia's is having a Perogy Supper** one week after ours. Theirs will be on

March 7 and 8 with two sittings at each: 4pm and 6pm. For tickets call Roger at 587-984-4080.

- We are seeking good and passionate people who would like to **help our parish's Children's programs**. Please talk to Dianne Kluk or Fr. Bo if you are one of these people we are looking for.
- If there are **any proposed agenda items for the parish's Annual General Meeting** please submit them to the Parish Council, before February 23 by sending it to: office@ehcucp.ca
- **Are you good with Social Media? Websites? Vlogging? Video editing?** If so, consider helping the parish spread the good news. Please come and talk to Fr. Bo if you can help.
- **Memberships** are still being accepted. Renew or get yours now.
- **We now can take donations via E-Transfer!** You can set this up on your online banking using our parish email which is office@ehcucp.ca. A detailed example can be picked up at the parish office if you would like.
- Our **Sunday School** is awesome! All kids up to First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy. Don't be shy, join us!
- Boys and Girls who have already done their First Solemn Communion are invited to become **Altar Servers!** Just say hi to Fr. Bo or Deacon John before Liturgy and we will train you on the job.
- Our Eparchy is continuing to raise **funds for people in Ukraine** through CNEWA. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy.
- **Coffee Hour Volunteers** are awesome and loved. If you would like to help with this important ministry please see Diana Horyn. (If you don't know who this is ask Fr. Bo or anyone... most of us can point her out to you.)
Also, for existing **Coffee Hour Volunteers**, we want to bring to your attention the new schedule which is posted on the bulletin board near the office.
- Do you have an upcoming **50, 60, 70 or even 75 year wedding anniversary** coming up? If so, wow congratulations! Let us know so that we can celebrate this big event with you by singing "Mnohaya Lita" and by presenting you with a commemorative plaque. There is a sheet near the office door where you can let us know about it.
- **Ongoing Food Bank Collection:** Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
- **Kid's Cottage is always in need of diapers** of all sizes. If you can consider picking up a pack (or a few) and then you can bring them to the church. We will collect them here and periodically deliver the diapers for them to use. Thank you.

- We are **Recording our Liturgies** for those who are not able to come in person to church. Please note that the recorded Liturgies are not intended to be an option for those who simply want to stay at home.

The Ukrainian Catholic Eparchy of Edmonton is seeking a **Family and Life Ministries Administrator** to support the development and implementation of faith-based programs and events for our community. This role is an opportunity to serve, inspire, and foster spiritual growth among families, catechists, and parishioners.

 This is a contract position until December 2026, with the possibility of permanent employment.

About the Role

As the Family and Life Ministries Administrator, you will work closely with the Office of Family and Life Ministries to:

- Train and support parish catechists
- Develop faith formation programs for adults and families
- Collaborate with pastors, parish leaders, and educators
- Manage the Resource Centre & Library
- Assist with the St. Macrina Store and faith-based community initiatives

Your work will directly enrich spiritual life, strengthen family faith formation, and support evangelization efforts across the Eparchy.

Why Join Us?

 Make a Meaningful Impact

Be part of a team dedicated to faith formation and community engagement, working with over 80 parishes and 5,000 parishioners across Alberta.

 Competitive Salary & Benefits

- ✓ Full-time (part-time option may be considered)
- ✓ Health and dental benefits
- ✓ Pension plan

 Convenient Location

Work from our Pastoral Centre in downtown Edmonton, with opportunities to travel within the Eparchy. Mileage is compensated.


 Faith-Centered Work Environment


Join a team that shares your commitment to faith, education, and service in the Ukrainian Catholic tradition.

Qualifications & Skills

- ✓ Degree or diploma in Theology, Eastern Christian Theology, or Catechetical Studies (or currently enrolled)
- ✓ Experience in faith formation, catechist training, or ministry leadership
- ✓ Strong communication, leadership, and organizational skills
- ✓ Fluency in English (Ukrainian is an asset)
- ✓ Proficiency in Microsoft Office, social media, and educational tools

How to Apply

 Send your resume and cover letter to chancery@edmontoneparchy.com with the subject: "Family and Life Ministries Administrator – [Your Surname]"

 For the full job description, click below to download:
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If you are passionate about faith, family, and community, we invite you to apply and be part of our mission!

They are also hiring a FULL TIME ACCOUNTANT see: eeparchy.com

The Next Couple Weeks at Holy Cross

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>23</p> <p>Sunday of Meatfare; Octoechos Tone 7; The Holy Hieromartyr Polycarp, Bishop of Smyrna. Resurrectional Gospel 7. 1 Corinthians 8:8-9:2; Matthew 25:31-46.</p> <p>9:30 am Rosary</p> <p>10 am “Children’s” Divine Liturgy (Bilingual)</p> <p>No Sunday School because it’s Children’s Liturgy, and Yes Coffee</p> <p>After Liturgy there will be a Panachyda for all those who have died in the past 3 years of war in Ukraine and Russia</p> <p>2 pm Pysanka Writing at Holy Cross</p> <p>“Day of Social Services and Charity” as declared by the UGCC Synod.</p>	<p>24</p> <p>✦ The First and Second Finding of the Precious Head of the Holy, Glorious Prophet, Forerunner and Bpatizer John. Polyeleos Feast. 2 Corinthians 4:6-15; Matthew 11:2-15.</p> <p>Day of Prayer and Fasting for peace in Ukraine</p> <p>9 am Cabbage Roll Bee</p> <p>10 am Bible Study</p> <p>5:30 pm Prayers for Peace in the Church</p> <p>7 pm Parish Pastoral Council Meeting</p>	<p>25</p> <p>Our Holy Father Tarasius, Archbishop of Constantinople. Jude 1-10; Luke 22:39-42; 22:45-23:1.</p> <p>11 am Writing the Light Class</p> <p>6 pm Fr. Bo teaches Icon Course at Newman Theological College</p>	<p>26 </p> <p>Our Holy Father Porphyrius, Bishop of Gaza; Blessed Edigna. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Joel 2:12-26; Joel 4:12-21.</p> <p>No Classes for ECSO</p> <p>9 am Divine Liturgy 10:30 Baptismal Prep</p> <p>6 pm Youth</p> <p>7:30 pm Young Adults</p>	<p>27</p> <p>Our Venerable Father and Confessor Procopius the Decapolitan. Jude 11-25.</p> <p>Perogy Supper Prep.</p> <p>No Classes for ECSO</p> <p>Bingo</p> <p>Fr. Bo’s Day off</p> <p>11 am Writing the Light Class</p> <p>5:30 pm Appointment</p>	<p>28 </p> <p>Our Venerable Father and Confessor Basil, ascetical companion of Procopius. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Abstinence from meat and foods that contain meat. Zechariah 8:7-14; Zechariah 8:19-23; .</p> <p>Perogy Supper Prep.</p> <p>No Classes for ECSO</p> <p>5:30 pm Appointment</p>	<p>1</p> <p>Saturday before Cheesefare; The Holy Venerable-Martyr Eudocia. Romans 14:19-26; Galatians 5:22-6:2; Matthew 6:1-13; Matthew 11:27-30.</p> <p>2 pm FSC</p> <div style="text-align: center;"> <p>Perogy Supper</p> </div> <p>4:30 & 6:30 Seatings</p>
<p>2</p> <p>Sunday of Cheesefare; a.k.a. Forgiveness Sunday, Octoechos Tone 8; The Holy Hieromartyr Theodotus, Bishop of Cyrenia. Resurrectional Gospel 8. Romans 13:11-14:4; Matthew 6:14-21.</p> <p>9:30 am Rosary</p> <p>9:30 am Fr. Myron is here to hear confessions</p> <p>10 am Divine Liturgy (English)</p> <p>Forgiveness Vespers Prayer to Start the Lenten Journey</p> <p>Yes Sunday School, and Yes Coffee</p> <p>After Liturgy there will be a Panachyda for + Natalka Saganski</p>	<p>3 </p> <p>Clean Monday: the First Day of the Great Fast (Lent)</p> <p>The Holy Martyrs Eutropius, Cleonicus, and Basiliscus. Day 1 of the Great Fast. Abstinence from meat, dairy, and eggs, and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 1:1-20; Vespers - Genesis 1:1-13; Proverbs 1:1-20.</p> <p>10 am Bible Study</p> <p>7 pm Ladies’ Club Meeting (AGM)</p>	<p>4 </p> <p>Our Venerable Father Gerasimus of the Jordan. Day 2 of the Great Fast. Abstinence from meat and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 1:19-2:3; Vespers - Genesis 1:14-23; Proverbs 1:20-33.</p> <p>10:30 am Venta Care Centre Liturgy</p> <p>11 am Writing the Light Class</p> <p>1 pm Icon Workshop at Holy Cross</p> <p>6 pm Fr. Bo teaches Icon Course at Newman Theological College</p>	<p>5 </p> <p>The Holy Martyr Conon. Day 3 of the Great Fast. Abstinence from meat and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 2:3-11; Presanctified - Genesis 1:24-2:3; Proverbs 2:1-22.</p> <p>10:30 Baptismal Prep</p> <p>1 pm Icon Workshop at Holy Cross</p> <p>5:30 Presanctified Liturgy</p> <p>6:30 pm Bible Study</p>	<p>6 </p> <p>The Holy Forty-Two Martyrs of Ammorium. Day 4 of the Great Fast. Abstinence from meat and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 2:11-21; Vespers - Genesis 2:4-19; Proverbs 3:1-19.</p> <p>9 am Perishkeh and Nalysnyk Bee</p> <p>11 am Writing the Light Class</p> <p>11 am Icon Workshop at Holy Cross</p> <p>Back on: 5:30 pm Appointment</p>	<p>7 </p> <p>The Holy Hieromartyrs and Bishops of Cherson: Basil, Ephrem, Capiton, Eugene, Etherius and others; Blessed Hieromartyr Leonid Fedorov, Exarch of the Russian Catholic Church. Day 5 of the Great Fast. Abstinence from meat and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 3:1-14; Presanctified - Genesis 2:20-3:20; Proverbs 3:19-34.</p> <p>10 am Akathist to the Mother of God.</p> <p>11 am Icon Workshop at Holy Cross</p> <p>4 pm & 6 pm Perogy Supper at St. Sophia’s</p> <p>Back on: 5:30 pm Appointment</p>	<p>8 </p> <p>First Saturday of the Great Fast: Great Martyr Theodore the Recruit; Our Venerable Father and Confessor Theophilactus, Bishop of Nicomedia. Day 6 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Hebrews 1:1-12; 2 Timothy 2:1-10; Mark 2:23-3:5; John 15:17-16:2.</p> <p>11 am Icon Workshop at Holy Cross</p> <p>4 pm & 6 pm Perogy Supper at St. Sophia’s</p>
<p>9 </p> <p>First Sunday of the Great Fast: Sunday of Orthodoxy; Octoechos Tone 1; ✦ The Holy Forty Martyrs of Sebaste. Polyeleos Feast. Day 7 of the Great Fast. Resurrectional Gospel 9. Hebrews 11:24-26,32-40; 12:1-2; Hebrews 12:1-10; John 1:43-51; Matthew 20:1-16.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (Bilingual)</p>	<p>10 </p> <p>The Holy Martyr Codratus and those with him: Cyprian, Nika, Halyna, and others. Day 8 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 4:2-5:6; Vespers - Genesis 3:21-4:7; Proverbs 3:34-4:22.</p> <p>10 am Bible Study 10:30 Appointment</p>	<p>11 </p> <p>Our Holy Father Sophronius, Patriarch of Jerusalem. Day 9 of the Great Fast. Sixth Hour - Isaiah 5:7-16; Vespers - Genesis 4:8-15; Proverbs 5:1-15.</p> <p>11 am Writing the Light Class</p> <p>6 pm Understanding Prostate Cancer</p>	<p>12 </p> <p>Our Venerable Father and Confessor Theophanes of Sigrana; Our Holy Father Gregory the Dialogist, Pope of Rome. Day 10 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 5:16-26; Presanctified - Genesis 4:16-26; Proverbs 5:15-6:3.</p> <p>10:30 Baptismal Prep</p>	<p>13 </p> <p>The Transfer of the Relics of Our Holy Father Nicephorus, Patriarch of Constantinople. Day 11 of the Great Fast. Sixth Hour - Isaiah 6:1-12; Vespers - Genesis 5:1-24; Proverbs 6:3-20.</p> <p>9 am Paska Baking Bee</p> <p>Fr. Bo’s Day off</p> <p>11 am Writing the Light Class</p>	<p>14 </p> <p>Our Venerable Father Benedict of Nursia. Day 12 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Sixth Hour - Isaiah 7:1-14; Presanctified - Genesis 5:32-6:8; Proverbs 6:20-7:1.</p> <p>10 am Akathist to the Mother of God with</p>	<p>15 </p> <p>All Souls Saturday; The Holy Martyr Agapius and the Six Martyrs with him. Day 13 of the Great Fast. Hebrews 3:12-16; 1 Thessalonians 4:13-17; Mark 1:35-44; John 5:24-30.</p> <p>FSC Confessions</p> <p>6 pm Parish Mission with Fr. Jim (includes</p>