



# Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



## Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

## Wednesdays:

- 9 am Divine Liturgy

## Most Major Feasts\*:

- 10 am or 7 pm Divine Liturgy

(\* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

**Pastor: Fr. Bo Nahachewsky**

780-340-3726 (call or text)  
fr.nahachewsky@eeparchy.com

**Deacon John Lukey**

johndebbielukey@yahoo.ca

Church Website:

**EHCUCP.CA**

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Our New Toll Free Number:

1-866-886-3946

We no longer have a fax number.

Eparchy: 780-424-5496

**Church Address:**

9003 - 153 Avenue NW  
Edmonton, AB

**Church Mailing Address:**

Londonderry P.O. Box 70029  
Edmonton, AB T5C 3R6

More info on the next page.

## Sunday, February 16, 2025

**Sunday of the Prodigal Son; Octoechos Tone 6; The Holy Martyrs Pamphilius the Priest and Porphyrius and those with them.**

### Our Journey to Pascha

Do you understand all the various practices our Church does during the days before the Great Fast? How about what we do during Lent? What about the days of Holy Week? Easter? Beyond?

In this week's bulletin I am reprinting "Our Journey to Pascha... And Beyond" a set of posters that I had made many moons ago. I hope you learn much about these days we have begun.

More posters will be included in future bulletins.

### Martyrs Pamphilius the Presbyter, Valens the Deacon, and those with them, at Caesarea in Palestine

Commemorated on February 16

The Holy Martyrs Pamphilius the Presbyter, Valens the Deacon, Paul, Porphyrios, Séleukos, Theódoulos, Julian, Samuel, Elias, Daniel, Jeremiah, and Isaiah suffered martyrdom during the reign of Emperor Diocletian (284 – 305) at Caesarea in Palestine.

The holy Martyr Pamphilius, a native of the city of Beirut, was educated at Alexandria, after which he was ordained as a priest at Caesarea. He devoted much labor to collating manuscripts and correcting the copyists' errors in the manuscripts of the New Testament. These texts were copied and distributed to anyone who wanted them. Thus, many pagans were converted to Christ by them.

His works were gathered into the extensive library of spiritual books available for the enlightenment of Christians. Saint Jerome (IV-V century) had deep respect for Saint Pamphilius and considered himself fortunate to have located and acquired several of his manuscripts.

Actively assisting Saint Pamphilius in proclaiming the faith in Christ were Saint Valens, a Deacon of the Church, and Elias, a man stooped with age and well-versed in the Holy Scriptures, and Saint Paul, ardent in his faith and love for Christ the Savior. All three were imprisoned for two years by Urban, the governor of Palestinian Caesarea.



continued on pages 3, 4, & 5

### Hall Rentals:

call Lisa at: 780-222-9155  
or email: hallrental@ehcucp

**Perohy Off Sales:** 780-478-4275

### Membership:

email: membership@ehcucp

### Funeral Dinners:

Call Cheryl: 780-456-2828

*Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.*

### Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky  
Deacon - Dcn. John Lukey  
President – Mark Helmak  
Past President – Peter Fedorak  
1st Vice-President – Mark Ramsankar  
2nd Vice-President – Deacon John Lukey  
Secretary – Gwen Uchach  
Treasurer – Dale Kluk  
Archivist – Diana Horyn  
Cultural – Mariyka Bodnar  
Fundraising – Terry Yackimec  
Hall Rental – Lisa Borosuik & Gladys Woitas  
Ladies' Club – Dianne Kluk  
Knights of Columbus – Darrell Uchach  
Men's Club President – Marc Chiasson  
Youth Coordinator – Emmette Lysak  
Maintenance – Larry Waye  
Membership – J'lyn Ramsankar  
Social – Edd Horyn  
Spiritual – Elizabeth Podloski

### Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

### Weddings:

- Contact Fr. Bo, at least a year in advance if possible

### Funerals:

- Contact Fr. Bo, as soon as you are able.

### Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

## We are looking for some new Parish Pastoral Council Members.

There will be a few vacancies that we will need to fill for the 2025/2026 Council. These positions include:

- Archivist
- Membership Director
- Cultural Committee Director
- Spiritual Committee Director
- Social Committee Director

The Annual General Meeting is being planned for March 23 and we are looking for members like you to come forward and volunteer their time to help shape the future of Holy Cross. Please come and see Dale Kluk or Darrell Uchach for more information.

Not sure who Dale or Darrell are? Ask Fr. Bo and he'll introduce you.



## Are you interested in a Pysanka Writing Session?

Please sign up for our Pysanka Writing which is being planned for **Next Sunday, February 23 at 2 pm.** If you would like more information see Mariyka Bodnar.

**It's quite fun! Join us.**

Save the Date:

## Holy Cross Parish Lenten Mission 2025

with Fr. Jim Nakonechny, Assistant Pastor at St. Josaphat Cathedral

Friday & Saturday, March 14th & 15th

Theme: "Be Still and Know That I Am God: Living a Life of Prayer"



## Donations received at Holy Cross Parish

Sunday Donations for Sunday, February 9:	\$2,312.30
Candles for Sunday, February 9:	\$40.20
Building Fund so far for all of February:	\$500.00



# Our Journey to Pascha and Beyond

Understanding the seasons of Pre-Lent, the Great Fast, Holy Week, Pascha, Bright Week, Paschal Season, Pentecost and beyond.

## Pre-Lent I

We begin our pre-lenten journey here




### Sunday of Zacchaeus:

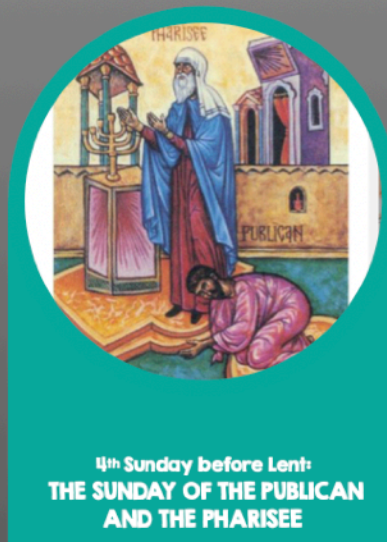
The paschal season of the Church is preceded by the season of Great Lent, which is itself preceded by its own liturgical preparation. The first sign of the approach of Great Lent comes five Sundays before its beginning. On this Sunday the Gospel reading is about Zacchaeus the tax-collector. It tells how Christ brought salvation to the sinful man and how his life was greatly changed simply because he "sought to see who Jesus was" (Lk 19.3). The desire and effort to see Jesus begins the entire movement through lent towards Easter. It is the first movement of salvation.

### Sunday of the Publican and the Pharisee:

The following Sunday is that of the Publican and the Pharisee. The focus here is on the two men who went to the Temple to pray—one a pharisee who was a very decent and righteous man of religion, the other a publican who was a truly sinful tax-collector who was cheating the people. The first, although genuinely righteous, boasted before God and was condemned, according to Christ. The second, although genuinely sinful, begged for mercy, received it, and was justified by God (Lk 18.9). The meditation here is that we have neither the religious piety of the pharisee nor the repentance of the publican by which alone we can be saved. We are called to see ourselves as we really are in the light of Christ's teaching, and to beg for mercy.



**Fasting Note:**  On the first week of the pre-lenten season there are no differences in prescribed fasting from the regular year round rule of abstinence from meat on Wednesdays and Fridays.



## Martyrs Pamphilius and those with him continued...

During the rule of his successor Firmilian, 130 Christians were sentenced in Egypt and sent to Cilicia (Asia Minor) to work in the gold mines. Five young brothers accompanied them to the place of exile. On their return to Egypt they were detained at Caesarea and thrown into prison for confessing Christ.

These young men appeared before Firmilian, together with those previously imprisoned incarcerated: Saints Pamphilius, Valens and Paul. The five Egyptian youths took the names of Old Testament Prophets, Elias, Jeremiah, Isaiah, Samuel, and Daniel. Asked where they were from, the youths said that they were citizens of Jerusalem, meaning the heavenly Jerusalem. Firmilian knew nothing of such a city, since Jerusalem had been razed to the ground by Emperor Titus in the year 70. Emperor

Hadrian (117-138) built a new city on the site, which...

# Our Journey to Pascha and Beyond

Understanding the seasons of Pre-Lent, the Great Fast, Holy Week, Pascha, Bright Week, Paschal Season, Pentecost and beyond.

## Pre-Lent 2

The daily Gospel readings during the Pre-Lenten season go through the entire struggle with the scribes and pharisees, and passion of Christ. This prepares us for what will be living out during the Great Fast.



### Fasting Note:

On the third week of the Pre-Lenten Season we begin to prepare remove meat from our regular diet. The only days it is prescribed is Wednesday and Friday, but on the other days we are encouraged to reduce the amount we consume.

### All Souls Saturdays:

This is the first of 5 Saturdays during the liturgical year where the Church gathers to pray for the deceased.



3<sup>rd</sup> Sunday before Lent:  
**THE SUNDAY OF THE PRODIGAL SON**

### Sunday of the Prodigal Son:

The next Sunday in the preparation for Great Lent is the Sunday of the Prodigal Son. Hearing the parable of Christ about God's loving forgiveness, we are called to come to ourselves as did the prodigal son, to see ourselves as being "in a far country" far from the Father's house, and to make the movement of return to God. We are given every assurance by the Master that the Father will receive us with joy and gladness. We must only "arise and go," confessing our self inflicted and sinful separation from that "home" where we truly belong (Lk 15:11-24).

### Fasting Note:

On the Second week of the pre-lenten season there is no fasting prescribed at all. This is a great time to clean out the fridge and freezer... Just don't over eat.



## Martyrs Pamphilius and those with him continued...

... was called Aelia Capitolina.

Firmilian tortured the youths for a long time, trying to learn the location of this unknown city, and he tried to persuade them to apostatize. Accomplishing nothing, the governor sentenced them to be beheaded with a sword, along with Pamphilius, Valens, and Paul.

Before this took place, one of Pamphilius' servants endured suffering. This was the eighteen-year-old youth Porphyrios, who was meek and humble. He had heard the death sentence for the condemned martyrs, and asked the governor for permission to bury the bodies after their execution. Because of this he was also sentenced to death, and was thrown into a fire.

A pious Christian named Séleukos, a former soldier, praised the deeds of the Martyrs. He went to Pamphilius and told him of the martyric death of Saint Porphyrios.

He was arrested by soldiers and, on Firmilian's orders, he was...



# Our Journey to Pascha and Beyond

Understanding the seasons of Pre-Lent, the Great Fast, Holy Week, Pascha, Bright Week, Paschal Season, Pentecost and beyond.

## Pre-Lent 3



2nd Sunday before Lent:  
**MEATFARE SUNDAY**  
AKA: SUNDAY OF THE LAST JUDGEMENT

### Meatfare Sunday:

The next Sunday is called Meatfare Sunday since it is officially the last day before Easter for eating meat [according to the traditional way of fasting]. It commemorates Christ's parable of the Last Judgment (Mt 25.31-46). We are reminded this day that it is not enough for us to see Jesus, to see ourselves as we are, and to come home to God as his prodigal sons. We must also be his sons by following Christ, his only-begotten divine Son, and by seeing Christ in every man and by serving Christ through them. Our salvation and final judgment will depend upon our deeds, not merely on our intentions or even on the mercies of God devoid of our own personal cooperation and obedience.

*... for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you took Me in, I was naked and you clothed Me, I was sick and in prison and you visited Me. For truly I say to you, if you did it to one of the least of these my brothers, you did it to Me (Mt 25).*

We are saved not merely by prayer and fasting, not by "religious exercises" alone. We are saved by serving Christ through his people, the goal toward which all piety and prayer is ultimately directed.

### Fasting Note:



Even though Meatfare Sunday is traditionally the last day we are permitted to eat meat till Easter, at this time, the Synod of Bishops permits the eating of meat during some of the days of the fasting period, however it asks people to do so in moderation.



### Fasting Note:

Like Meatfare Sunday, Cheese Fare Sunday is so named because it is the last day we would traditionally eat dairy till Easter.

### Fasting Note: and

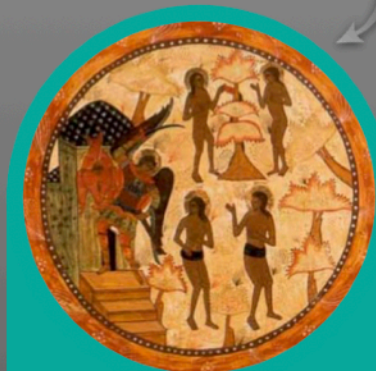
In this poster series a white image of "" means that the Church prescribes abstinence from meat. A dark image of "" shows that this would be a traditional day of fasting from meat. Laity are permitted, but not expected, to do the traditional fast.



### Cheese Fare Sunday:

Finally, on the eve of Great Lent, the day called Cheese Fare Sunday and Forgiveness Sunday, we sing of Adam's exile from paradise. We identify ourselves with Adam, lamenting our loss of the beauty, dignity and delight of our original creation, mourning our corruption in sin. We also hear on this day the Lord's teaching about fasting and forgiveness, and we enter the season of the fast forgiving one another so that God will forgive us.

*If you forgive men their trespasses, your heavenly Father will forgive you; but if you do not forgive men their trespasses, neither will your heavenly Father forgive you your trespasses (Mt 6.14-18).*



The Sunday before Lent:  
**CHEESEFARE SUNDAY**  
AKA: FORGIVENESS SUNDAY

## Martyrs Pamphilius and those with him continued...

... beheaded with a sword, together with the others.

One of the governor's servants, Theódoulos, was a man of venerable age, and a secret Christian. He met the Martyrs as they were being led to execution. He embraced them and asked them to pray for him. Soldiers brought him before Firmilian, at whose orders he was crucified.

The young Julian, a native of Cappadocia who had come to Caesarea, saw the bodies of the Saints which had been thrown to wild beasts without burial. Julian knelt down and venerated the bodies of the sufferers. Soldiers apprehended him and took him to the governor, who condemned him to be burnt alive. The bodies of all twelve Martyrs remained unburied for four days, but neither beasts nor birds would touch them. Embarrassed by this situation, the pagans permitted the Christians to take the bodies of the martyrs and bury them.

Although these twelve Martyrs came from various places, they were also united by their love for Christ, and from Him they received unfading crowns of glory.

# A Message from the Ukrainian Catholic Synod of Bishops

Dear Brothers and Sisters in Christ!

Taking into account the fact that charitable service to one's neighbour is an essential element of Christian life, on which the salvation of a believer depends, the Synod of Bishops proclaimed Meatless Sunday as the Day of Social Service and Charity, the Sunday of the Prodigal Son is dedicated to special attention to the pastoral care of prisoners, and the days between the Sunday of the Prodigal Son of the Meatless Man is dedicated to Social Days, thus calling on all the faithful to take care of those who need help.

To comfort the prisoners, let us bring them spiritual and human support without regard to the person. Let us pray for the victims of the crimes and for their families. Let us remember the penitentiary officers who need our prayers.

In the context of the Gospel reading of Meatless Sunday, it is important to pay attention to the following point: the sinner will be condemned not so much for what he has done wrong in his life in general, but for what he did not do for his neighbour who was in need: "I was hungry, and you did not give me food; I was thirsty, and you didn't give me a drink; I was a stranger, and you did not receive me; naked, and you did not clothe me; sick and in prison, and did not visit me" (Matt. 25:42-43). In a poor and needy person, Christ Himself comes to us – poor, thirsty, sick, imprisoned. Whoever has godliness for Christ the poor will receive him into his kingdom and be glorified by Christ. After all, the person in need sent to us by our Creator and Saviour is the sacrament of His presence. That is why the Lord perceives everything that we have done for our neighbour as if we had done it personally to Him. He strongly reminds us today: "What you did not do to one of the least of my brothers, you did not do to me either" (Matt. 25:45).

The parish level should serve as a foundation on which service to one's neighbour is built and operates. If our entire church body does not join this charitable movement, then we – bishops, priests, laity – will not fully fulfill our Christian mission and will someday, in judgment before our Lord, make an account of what we have not done for the poor and needy.

I appeal to you with a request to show personal solidarity with those who have been forgotten and rejected by society, who today most need our effective support and solidarity. The personal service of each of us and the donations made from the heart, even when they are small, will help us to jointly support people who find themselves in difficult life circumstances.

Today, people are looking for signs of hope. Social service testifies to God's love, because works of mercy are a living sign of God's presence among people. Let us cherish in ourselves the virtue of Christian charity, share our, even small, abundances and our service with others, and learn to do so even with (and to) children. In this way, we will not only respond to the needs of those who wait for our help, but we will also reveal to the world the maternal face of a loving Church. And our good deeds, according to the words of the Apostle Paul "Overcome evil with good!", are also the contribution of each of us to our common victory.

With prayer and respect,

+ Vasyl Tuchapets (One of our Bishops in Ukraine)

Head of the Department of Social Service of the UGCC

## Charity

**taken from St. Elizabeth Parish with adaptations to make this fit our Parish.**

The most concise definition of the nature of God in the Bible is I John 4:8: "God is love." The larger context of this famous statement is significant: "He that loveth not, knoweth not God; for God is love."

At Holy Cross we realize that in order to know God truly and not just in words we must love our neighbour, and to do so in a particular way. "A new commandment I give unto you," Christ said, "that ye love one another; as I have loved you. . . . By this shall all men know that ye are my disciples, if ye have love one to another" (John 13:34-35). The particular way in which we are commanded to love others is as Christ loves us.

The Greek word for this particular kind of love is agape, rendered in Latin as caritas, from which we get the English charity. Charity is not just about giving money to others, abstractly and at a distance. It is about experiencing true human personhood. It is about entering into a personal relationship with others that involves our relationship with God, who as Holy Trinity is united in the personal love of Father, Son, and Holy Spirit. To love others this way is to become united to God, and to participate in his very life.

Our parish community takes very seriously the commandment to love others unconditionally and sacrificially as God loves us. Our ministries include various expressions of this divine love ranging from the spontaneous (such as helping the needy and visiting the sick of our own parish) to organized projects such as visiting retirement homes, funding lunch programs at schools and many others.

This week, as we are in "Social Mission Week" I encourage each of you to be Charitable. Also, think about what additional charitable projects you would like to see our parish do.





**Perogy Pinching.**  
 A huge thank you to all who have been helping with making Perogies.



**Last week 48 pinchers pinched 10,320 perogies, of 4 different types.**

We would love to have you take part. Check out the upcoming events part of this bulletin for the latest Frozen Foods info, and volunteer. Thanks.



# PEROGY SUPPER

**WHEN:**  
Saturday, March 1, 2025

**WHERE:**  
Exaltation of the Holy Cross Parish  
9003-153 AVE



**FOR TICKETS CONTACT**

**DIANNE @ 780-242-1534**

**ALL AGES  
EVENT**

**ADVANCED  
TICKETS ONLY**

Adults (13 yrs+)  
\$25.00

Youth (7-12 yrs)  
\$15.00

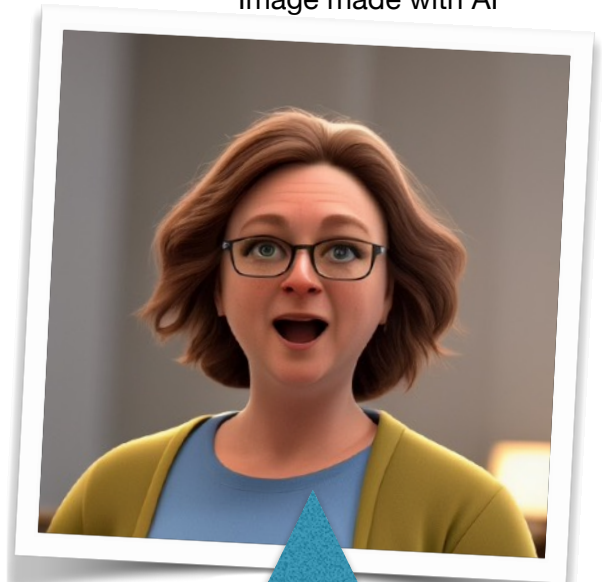
Children (6 & under)  
Free

- Tickets required for admission
- No Refunds
- Cash Bar

**2 SITTINGS**

**FIRST**  
4:30PM – 6:00 PM  
Doors Open @ 4:00 pm

**SECOND**  
6:30 PM – 8:00 PM  
Doors open @ 6:15 pm



## What?!?

**You didn't get your  
Perogy Supper Tickets yet?**

What are you waiting for? There are 2 seatings this time around so pick one and give Dianne Kluk a call 780-242-1534. You can pick up your tickets after the Sunday Liturgy or on Wednesday Mornings at the parish office.



I don't want to even think about it.

This free event is put together by Holy Cross' Men's Club and the Knights of Columbus.

## Don't be that awkward guy.

It's time for us all, especially men, to talk about **PROSTATE CANCER**.

**Tuesday, March 11 at 7 pm**

Free Presentation, Testimonies and Q&A.  
For more information contact Peter at 780-991-5569

**At Holy Cross Parish  
9003 153 Ave, Edmonton.**

Coming to this might even save your life!



## Regular Meetings and Events:

- **Every Sunday at 9:30 am:** the Rosary
- **Every Sunday at 10 am:** Divine Liturgy, alternating English one week, and Bilingual English and Ukrainian the next week.
- **Every Sunday at 10 am:** Sunday School, for children up to grades 2. They begin and end their sessions during the Liturgy.
- **Last Sunday of each month at 10 am:** Children's Liturgy, on this last Sunday of the month we try to make the Divine Liturgy more welcoming for our children and youth. They get a special homily with Marilyn the Catechetical Puppet and children also are encouraged to participate in the service by singing, serving at the altar, reading the epistle, helping with the collection and/or other ways.
- **Every Sunday\* at 11:15 (+/-) am:** Coffee Hour (\* unless otherwise stated in this bulletin, and during the summer months)
- **Every Monday at 10 am:** Monday Morning's Bible Study Group in the Board Room.
- **Almost Every Monday Evening:** Some sort of Parish Meeting, including but not limited to: Ladies' Club (typically the 1st Monday at 7), Knights of Columbus (typically the 2nd Monday at 7:30), Men's Club (typically the 3rd Monday at 7), and Parish Pastoral Council (typically the last Monday at 7). Check this Bulletin below to confirm the date of the next meeting for your group(s)
- **Most Tuesdays:** Fr. Bo comes to the Church and tries to paint icons in the afternoon. Always phone or text if you would like to come and see me, incase I have other appointments to go to.
- **Every Wednesday\* at 9 am:** Divine Liturgy, (\* unless otherwise stated in this bulletin)
- **Most Wednesdays:** Fr. Bo stays at the Church and tries to do office work including the bulletin and various meetings with individuals. Always phone or text if you would like to come and see me, incase I have other appointments to go to.
- **Wednesdays:** Fr. Bo tries to start the bulletin, so if you wish to put something into that week's bulletin, please try to have it in by this day. (Yes, most of the time he is still working on it on Saturday... but he wants to get it done mid week.)
- **Every Second Wednesday\* at 6 pm:** Bible Study, Everyone Welcome (\* unless otherwise stated in this bulletin, and September through June)
- **Every Second Wednesday\* at 6 pm:** Youth Ministry, 2 groups grades 3-6, and grades 7-12 (\* unless otherwise stated in this bulletin, and during the summer months)
- **Every Second Wednesday\* at 7:30 pm:** Young Adult Ministry (YAM), Those who are 18 to 49-ish are welcome to join us (\* unless otherwise stated in this bulletin, and during the summer months)
- **Every Thursday:** is Fr. Bo's Day off... at least in theory. Please call him if you really need to, but don't if you don't.
- **Every Wednesday of the Great Fast (Lent) at 5:30 pm:** Presanctified Liturgy.
- **Every Friday of the Great Fast (Lent) at 10 am:** Akathist to the Mother of God. This will also include "Soroko-ooste" for the All Souls Saturdays.
- Almost **Every Saturday at 2 pm till FSC day:** We anticipate having **First Solemn Communion Classes** in the Boardroom.



Join Bishop David on a Pilgrimage of Hope to the Bishop Velychkovsky National Martyr's Shrine in Winnipeg on May 2-4, 2025. Pope Francis has designated 2025 the Jubilee Year of Hope and encourages all faithful to embark on pilgrimages, repent of their sins, forgive the sins of others and renew a focus on the spiritual life. Join Bishop David and make a formal pilgrimage to this designated Jubilee Site and partake of a special outpouring of grace and mercy. The trip will also include a visit to the Grotto of Our Lady of Lourdes at Cooks Creek and the Canadian Museum for Human Rights. Information session Wednesday, February 12, 6:30-8:00 pm at the Pastoral Centre, 9645-108 Avenue in Edmonton or QR code for Zoom link.



## Coming Soon

A box in which you can put your questions about our faith into.

Fr. Bo will try to reply to these questions in future bulletins.

Start thinking of your questions now.



Ukrainian  
Greek Catholic  
Church

<https://ugcc.ua/en/>

Do you want to know what is happening in the Ukrainian Catholic Church in Ukraine and around the world?

Consider checking out the UGCC.UA website. This is our patriarchal site where you will see articles like these:

- "Hope in Ukraine Has Many Faces," Head of the UGCC During online Meeting of Ukrainian Youth with Pope Francis
- Pope asks Catholics to pray every day for peace
- Illuminating Faith in the Darkness of Loss: The Story of a Fallen Hero's Mother

## Upcoming Meetings & Events:

- **Monday, February 17 at 7 pm:** Men's Club Meeting
- **February 21-23:** Men's Retreat at Holy Spirit Seminary.
- **Saturday, February 22:** Eparchial Marriage Prep Course Part 1
- **Sunday, February 23 at 2 pm:** Our Pysanka Writing Session. Please sign up on the sign up sheet. For questions ask Mariyka Bodnar.
- **Sunday, February 23 after the Divine Liturgy:** We will have a panachyda for all the victims of the full scale invasion of Ukraine on the occasion of it's third anniversary. May this unnecessary war cease, and may all those who have died be granted eternal memory. Vichnaya Pamyat.
- **Monday, February 24:** Day of Prayer and Fasting for the end of the war in Ukraine as requested by Patriarch Sviatoslav.
- **Monday, February 24 at 9 am:** Cabbage Roll Bee
- **Monday, February 24 at 5:30 pm:** Prayer service for the end of the war in Ukraine.
- **Monday, February 24 at 7 pm:** PPC Meeting
- **Thursday, February 27:** Bingo
- **Saturday, March 1:** the fantastic Holy Cross Parish Perogy Supper!
- **March 2 - 8:** Icon Workshop in the Games Room. Talk to Fr. Bo for more details.
- **Monday, March 3:** Clean Monday - The first day of the Great Fast (Lent)
- **Thursday, March 6 at 9 am:** Pereshke & Nalysnyky for Off Sale Bee
- **Saturday, March 8:** Eparchial Marriage Prep Course Part 2
- **Friday-Saturday, March 7 & 8, at 4pm and also 6 pm:** St. Sophia's Ukrainian Catholic Church is having their **Perogy Supper**. For tickets call Roger at 587-984-4080.
- **Tuesday, March 11:** Bingo
- **Tuesday, March 11 at 7 pm:** Understanding Prostate Cancer Session: Free for all Men... and everyone else too. We all should know about this common cancer, so come for a presentation, Testimonies and Q&A.
- **Friday & Saturday March 14 & 15:** Holy Cross' Parish Lenten Mission with guest preacher Fr. Jim Nakonechny. The theme will be "Be Still and Know That I Am God: Living a Life of Prayer"
- **Saturday March 15:** First Solemn Communion Children receive their **First Confession**.
- **Sunday, March 16:** First Solemn Communion for 4 fantastic children in our parish. Lunch? to follow the Liturgy?
- **Tuesday, March 18 at 9 am:** Cabbage Roll Bee
- **Sunday, March 23 after Liturgy:** Our Annual General Meeting for our parish. There is always lots happening in our parish and you won't want to miss this important event.
- **Wednesday, March 26:** Bingo
- **Saturday, March 29 at 9 am:** Baking Paskas with Kids, Youth and Young Adults
- **Thursday, April 10:** Bingo
- **Saturday, April 12:** Our famous Easter Bake Sale!
- **Saturday - Saturday, April 12 - 19:** Holy Week
- **Sunday, April 20:** Pascha - Easter
- **Sunday, April 27:** Blessed Breakfast
- **Monday, April 28:** Bingo
- **May 2-4:** Pilgrimage to Bishop Velechkovsky Shrine in Winnipeg with Bishop David.
- **Tuesday - Friday, May 20-23:** Clergy Retreat
- **Thursday, May 29:** Probable St. Matthew's School Graduation Liturgy and Dinner

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## Fr. Bo's "Presanctified Shift" this year.

Last year we had Presanctified Liturgies on Wednesdays of the Great Fast. However earlier this year I was planning to have Presanctified Liturgies on Fridays, and I began to advertise that. After considering the timing of this, and being convinced by the input of others, I have decided to put our Lenten Services back on Wednesdays but at 5:30 pm instead. This will affect Youth and Bible Studies as they will need to shift from 6 to about 6:30 for the weeks of Lent. Last year this wasn't the case as we did not have either Youth activities nor Bible Study.

The reasons for this shift are multiple including the fact that we normally would have a Wednesday morning Divine Liturgy, but during the Lenten season, as you all are aware, the church does not celebrate Divine Liturgies on weekdays. Another reason is to keep my family's schedule as normal as possible and Friday is not a good day for them (and they are my main Presanctified Choir). Also, this way those who wish to come to Youth or Bible Study can also come a little earlier and be able to pray with us.



# Parish, Eparchial & Community News / Announcements:

- **Perogy dough for sale** - only \$4 per bag. See Cheryl Yackimic in the hall after Sunday Liturgy.
- **A BIG THANK YOU!** The frozen food sales committee would like to thank all of the wonderful volunteers who came out to assist in our three-day, perogy-making event. We started on Monday, Feb. 10th to peel and boil 250 lbs. of potatoes, prepare the filling, which was then made into thousands of balls for the next stage. On Tuesday, Feb. 11th, forty-eight eager volunteers came out to make several varieties (potato/cheddar, potato/cottage/dill, potato/cheese/dill, and sauerkraut) of perogies. A total of 10,320 perogies were made! Obviously, there was a lot of perogy pinching, socializing, and topped off with a delicious meal. On Wednesday, Feb. 12th, another shift of sixteen volunteers showed up to package and store the hundreds of dozens that were made for our inventory. This was just another example of what can be accomplished by a committed group of caring volunteers here at Holy Cross.
- Our Ladies' Club is looking for **volunteers for Paska and Babka making**. 8 volunteers for each day. Paska making March 11th and 13th. Babka making March 20th and 25th.  
We are also looking for volunteers **for pie and tart making** for April 10.  
Sign up sheets will be on desk by the church office.
- One of our sister parishes, **St. Sophia's is having a Perogy Supper** one week after ours. Theirs will be on March 7 and 8 with two sittings at each: 4pm and 6pm. For tickets call Roger at 587-984-4080.
- We are seeking good and passionate people who would like to **help our parish's Children's programs**. Please talk to Dianne Kluk or Fr. Bo if you are one of these people we are looking for.
- If there are **any proposed agenda items for the parish's Annual General Meeting** please submit them to the Parish Council, before February 23 by sending it to: office@ehcucp.ca
- **Are you good with Social Media? Websites? Vlogging? Video editing?** If so, consider helping the parish spread the good news. Please come and talk to Fr. Bo if you can help.
- **Memberships** are still being accepted. Renew or get yours now.
- **We now can take donations via E-Transfer!** You can set this up on your online banking using our parish email which is office@ehcucp.ca . A detailed example can be picked up at the parish office if you would like.
- We are looking for parishioners who would like to see **more social events in our parish**. If you have ideas that you would like to share with a group of other interested people, we would appreciate your input. It is well known that a healthy community needs to get folks involved in social activities. Do you have suggestions? Please see Edd or contact him (780-908-2410).
- The **2025 Eparchial Marriage Preparation Course** is being hosted at St. Josaphat Cathedral on Saturday, February 22 & Saturday, March 8, 2025. Couples planning to marry within our Ukrainian Catholic Church in 2025 are encouraged to register for the course by contacting Fr. Bo first, then by calling 780-422-3181 or by emailing Fr. Jim Nakonechny at [fr.nakonechny@eeparchy.com](mailto:fr.nakonechny@eeparchy.com) for more details.
- Our **Sunday School** is awesome! All kids up to First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy. Don't be shy, join us!
- Boys and Girls who have already done their First Solemn Communion are invited to become **Altar Servers!** Just say hi to Fr. Bo or Deacon John before Liturgy and we will train you on the job.
- Our Eparchy is continuing to raise **funds for people in Ukraine** through CNEWA. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy.
- **Coffee Hour Volunteers** are awesome and loved. If you would like to help with this important ministry please see Diana Horyn. (If you don't know who this is ask Fr. Bo or anyone... most of us can point her out to you.)  
Also, for existing **Coffee Hour Volunteers**, we want to bring to your attention the new schedule which is posted on the bulletin board near the office.
- Do you have an upcoming **50, 60, 70 or even 75 year wedding anniversary** coming up? If so, wow congratulations! Let us know so that we can celebrate this big event with you by singing "Mnohaya Lita" and by presenting you with a commemorative plaque. There is a sheet near the office door where you can let us know about it.
- **Ongoing Food Bank Collection:** Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
- **Kid's Cottage is always in need of diapers** of all sizes. If you can consider picking up a pack (or a few) and then you can bring them to the church. We will collect them here and periodically deliver the diapers for them to use. Thank you.
- We are **Recording our Liturgies** for those who are not able to come in person to church. Please note that the recorded Liturgies are not intended to be an option for those who simply want to stay at home.

## The Next Couple Weeks at Holy Cross

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>16</b></p> <p><b>Sunday of the Prodigal Son; Octoechos Tone 6;</b> The Holy Martyrs Pamphilus the Priest and Porphyrius and those with them. Resurrectional Gospel 6. 1 Corinthians 6:12-20; Luke 15:11-32.</p> <p><b>9:30 am Rosary</b></p> <p><b>10 am Divine Liturgy (English)</b></p> <p>Yes Sunday School, and Yes Coffee</p> <p>“Day of Pastoral Care towards Prisoners” as declared by the UGCC Synod.</p>	<p><b>17</b></p> <p>☦ The Holy Great-Martyr Theodore the Recruit. 1 John 2:18-3:10; Mark 11:1-11.</p> <p><b>Family Day Long Weekend</b></p> <p><b>10 am Bible Study</b></p> <p><b>7 pm Men’s Club Meeting</b></p> <p>“Social Mission Week” as declared by the UGCC Synod.</p>	<p><b>18</b></p> <p>Our Holy Father Leo, Pope of Rome. 1 John 3:10-20; Mark 14:10-42.</p> <p>10:30 Baptismal Prep</p> <p><b>6 pm Fr. Bo teaches Icon Course at Newman Theological College</b></p> <p>“Social Mission Week” as declared by the UGCC Synod.</p>	<p><b>19</b></p> <p>The Holy Apostle Archippus. 1 John 3:21-4:6; Mark 14:43-15:1.</p> <p><b>9 am Divine Liturgy</b></p> <p>10:30 Baptismal Prep</p> <p>1 pm Appointment</p> <p><b>6 pm Bible Study</b></p> <p>“Social Mission Week” as declared by the UGCC Synod.</p>	<p><b>20</b></p> <p>Our Venerable Father Leo, Bishop of Catania. 1 John 4:20-5:21; Mark 15:1-15.</p> <p>Fr. Bo’s Day off</p> <p>Cancelled 5:30 pm Appointment</p> <p><b>6 pm Divine Liturgy and Dinner for Knights of Columbus</b></p> <p>“Social Mission Week” as declared by the UGCC Synod.</p>	<p><b>21</b> 🐟</p> <p>Our Venerable Father Timothy of Symbola; Our Holy Father Eustathius, Archbishop of Great Antioch. Abstinence from meat and foods that contain meat. 2 John 1:1-13; Mark 15:22-25, 33-41.</p> <p>5:30 pm Appointment</p> <p>“Social Mission Week” as declared by the UGCC Synod.</p>	<p><b>22</b></p> <p><b>All Souls Saturday;</b> The Discovery of the Relics of the Holy Martyrs at Eugenius. 1 Corinthians 10:23-28; 1 Thessalonians 4:13-17; Luke 21:8-9, 25-27, 33-36; John 5:24-30.</p> <p><b>10 am Sorokooseh (I of 5)</b></p> <p><b>2 pm FSC</b></p> <p>“Social Mission Week” as declared by the UGCC Synod.</p>
<p><b>23</b></p> <p><b>Sunday of Meatfare; Octoechos Tone 7;</b> The Holy Hieromartyr Polycarp, Bishop of Smyrna. Resurrectional Gospel 7. 1 Corinthians 8:8-9:2; Matthew 25:31-46.</p> <p><b>9:30 am Rosary</b></p> <p><b>10 am Divine Liturgy (Bilingual)</b></p> <p>Yes Sunday School, and Yes Coffee</p> <p>After Liturgy there will be a <b>Panachyda for all those who have died in the past 3 years of war in Ukraine and Russia</b></p> <p><b>2 pm Pysanka Writing at Holy Cross</b></p> <p>“Day of Social Services and Charity” as declared by the UGCC Synod.</p>	<p><b>24</b></p> <p>✝ The First and Second Finding of the Precious Head of the Holy, Glorious Prophet, Forerunner and Bpatizer John. Polyeleos Feast. 2 Corinthians 4:6-15; Matthew 11:2-15.</p> <p><b>Day of Prayer and Fasting for peace in Ukraine</b></p> <p><b>9 am Cabbage Roll Bee</b></p> <p><b>10 am Bible Study</b></p> <p><b>5:30 pm Prayers for Peace in the Church</b></p> <p><b>7 pm Parish Pastoral Council Meeting</b></p>	<p><b>25</b></p> <p>Our Holy Father Tarasius, Archbishop of Constantinople. Jude 11-10; Luke 22:39-42; 22:45-23:1.</p> <p>11 am Writing the Light Class</p> <p><b>6 pm Fr. Bo teaches Icon Course at Newman Theological College</b></p>	<p><b>26</b> 🐟</p> <p>Our Holy Father Porphyrius, Bishop of Gaza; Blessed Edigna. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Joel 2:12-26; Joel 4:12-21.</p> <p>No Classes for ECSD</p> <p><b>9 am Divine Liturgy</b></p> <p>10:30 Baptismal Prep</p> <p><b>6 pm Youth</b></p> <p><b>7:30 pm Young Adults</b></p>	<p><b>27</b></p> <p>Our Venerable Father and Confessor Procopius the Decapolitan. Jude 11-25.</p> <p><b>Perogy Supper Prep.</b></p> <p>No Classes for ECSD</p> <p>Bingo</p> <p>Fr. Bo’s Day off</p> <p>5:30 pm Appointment</p>	<p><b>28</b> 🐟</p> <p>Our Venerable Father and Confessor Basil, ascetical companion of Procopius. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Abstinence from meat and foods that contain meat. Zechariah 8:7-14; Zechariah 8:19-23; .</p> <p><b>Perogy Supper Prep.</b></p> <p>No Classes for ECSD</p> <p>5:30 pm Appointment</p>	<p><b>1</b></p> <p>Saturday before Cheesefare; The Holy Venerable-Martyr Eudocia. Romans 14:19-26; Galatians 5:22-6:2; Matthew 6:1-13; Matthew 11:27-30.</p> <p><b>2 pm FSC</b></p> <div style="text-align: center;">  <p><b>Perogy Supper</b></p> </div> <p><b>4:30 &amp; 6:30 Seatings</b></p>
<p><b>2</b></p> <p><b>Sunday of Cheesefare; a.k.a. Forgiveness Sunday, Octoechos Tone 8;</b> The Holy Hieromartyr Theodotus, Bishop of Cyrenia. Resurrectional Gospel 8. Romans 13:11-14:4; Matthew 6:14-21.</p> <p><b>9:30 am Rosary</b></p> <p><b>10 am Divine Liturgy (English)</b></p> <p>Yes Sunday School, and Yes Coffee</p> <p><b>12 - 9 pm Icon Workshop at Holy Cross</b></p>	<p><b>3</b> 🐟🐟</p> <p><b>Clean Monday: the First Day of the Great Fast (Lent)</b></p> <p>The Holy Martyrs Eutropius, Cleonicus, and Basiliscus. Day 1 of the Great Fast. Abstinence from meat, dairy, and eggs, and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 1:1-20; Vespers - Genesis 1:1-13; Proverbs 1:1-20.</p> <p><b>9 am - 5 pm Icon Workshop at Holy Cross</b></p> <p><b>10 am Bible Study</b></p> <p><b>7 pm Ladies’ Club Meeting (AGM)</b></p>	<p><b>4</b> 🐟</p> <p>Our Venerable Father Gerasimus of the Jordan. Day 2 of the Great Fast. Abstinence from meat and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 1:19-2:3; Vespers - Genesis 1:14-23; Proverbs 1:20-33.</p> <p><b>9 am - 5 pm Icon Workshop at Holy Cross</b></p> <p><b>10:30 am Venta Care Centre Liturgy (substitute Priest)</b></p> <p><b>6 pm Fr. Bo teaches Icon Course at Newman Theological College</b></p>	<p><b>5</b> 🐟</p> <p>The Holy Martyr Conon. Day 3 of the Great Fast. Abstinence from meat and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 2:3-11; Presanctified - Genesis 1:24-2:3; Proverbs 2:1-22.</p> <p><b>9 am Divine Liturgy</b></p> <p>I need to cancel the Baptismal Prep this week</p> <p><b>10:30 am - 5 pm Icon Workshop at Holy Cross</b></p> <p><b>5:30 Presanctified Liturgy</b></p> <p><b>6:30 pm Bible Study</b></p>	<p><b>6</b> 🐟</p> <p>The Holy Forty-Two Martyrs of Ammorium. Day 4 of the Great Fast. Abstinence from meat and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 2:11-21; Vespers - Genesis 2:4-19; Proverbs 3:1-19.</p> <p><b>9 am Perishkeh and Nalysnyk Bee</b></p> <p><b>9 am - 5 pm Icon Workshop at Holy Cross</b></p> <p>Cancelled 5:30 pm Appointment</p>	<p><b>7</b> 🐟</p> <p>The Holy Hieromartyrs and Bishops of Cherson: Basil, Ephrem, Capiton, Eugene, Etherius and others; Blessed Hieromartyr Leonid Fedorov, Exarch of the Russian Catholic Church. Day 5 of the Great Fast. Abstinence from meat and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Sixth Hour - Isaiah 3:1-14; Presanctified - Genesis 2:20-3:20; Proverbs 3:19-34.</p> <p><b>10 am Akathist to the Mother of God.</b></p> <p><b>11 am - 5 pm Icon Workshop at Holy Cross</b></p> <p><b>4 pm &amp; 6 pm Perogy Supper at St. Sophia’s</b></p> <p>Cancelled 5:30 pm Appointment</p>	<p><b>8</b> 🐟</p> <p>First Saturday of the Great Fast: Great Martyr Theodore the Recruit; Our Venerable Father and Confessor Theophilactus, Bishop of Nicomedia. Day 6 of the Great Fast. Abstinence from meat and foods that contain these ingredients. Hebrews 1:1-12; 2 Timothy 2:1-10; Mark 2:23-3:5; John 15:17-16:2.</p> <p><b>9 am - 5 pm Icon Workshop at Holy Cross</b></p> <p><b>4 pm &amp; 6 pm Perogy Supper at St. Sophia’s</b></p>