



# Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста



## Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

## Wednesdays:

- 9 am Divine Liturgy

## Most Major Feasts\*:

- 10 am or 7 pm Divine Liturgy

(\* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

**Pastor: Fr. Bo Nahachewsky**

780-340-3726 (call or text)  
fr.nahachewsky@eeparchy.com

**Deacon John Lukey**

johndebbielukey@yahoo.ca

Church Website:

**EHCUCP.CA**

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

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Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW  
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029  
Edmonton, AB T5C 3R6

More info on the next page.

## Sunday, June 23, 2024

Fifth Sunday after Pentecost. Tone 4. Martyr Agrippina of Rome



Thanks to the awesome gameplay of our Edmonton Oilers, our Parish's Pastoral Council Meeting will take place on **TUESDAY** the 25<sup>th</sup> (not Monday) at 6:30 pm, so that we can all cheer till we go horse!

Being horse might also help our meeting go quicker than usual too.

### Go Oilers Go!



## Yesterday's Summer Solstice Supper and Dance:



More and bigger photos on next pages



**A Working Dinner to discuss Youth Ministry in all of our Edmonton & Area Ukrainian Catholic Parishes** will take place here in our Church hall on **Friday, June 28, at 7 pm (note the time changed from last week's bulletin)** All those who are interested in helping with youth ministry in any parish are invited to come and brainstorm with us and eat pizza. (The pizza will be free for participants!)

We will discuss opportunities for both youth and those who work with youth in each of our parishes (including Holy Cross) and also for collaboration between the parishes.

**Will this be the start of the YETI?**



**Hall Rentals:**

call Lisa at: 780-222-9155  
 or email: hallrental@ehcucp

**Perohy Off Sales:** 780-478-4275

**Membership:**

email: membership@ehcucp

**Funeral Dinners:**

Call Cheryl: 780-456-2828

*Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.*

**Parish Pastoral Council:**

Parish Priest – Fr. Bo Nahachewsky  
 Deacon - Dcn. John Lukey  
 President – Mark Helmak  
 Past President – Peter Fedorak  
 1st Vice-President – Mark Ramsankar  
 2nd Vice-President – Deacon John Lukey  
 Secretary – Gwen Uchach  
 Treasurer – Dale Kluk  
 Archivist – Diana Horyn  
 Cultural – Mariyka Bodnar  
 Fundraising – Terry Yackimec  
 Hall Rental – Lisa Borosuik & Gladys Woitas  
 Ladies' Club – Diane Kluk  
 Knights of Columbus – Darrell Uchach  
 Men's Club President – Marc Chiasson  
 Youth Coordinator – Emmette Lysak  
 Maintenance – Larry Waye  
 Membership – J'lyn Ramsankar  
 Social – Edd Horyn  
 Spiritual – Elizabeth Podloski

**Baptism, Chrismation & Eucharist:**

- Contact Fr. Bo, at least a month in advance if possible

**Weddings:**

- Contact Fr. Bo, at least a year in advance if possible

**Funerals:**

- Contact Fr. Bo, as soon as you are able.

**Confessions:**

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.



Saint of the day from [OCA.org](http://OCA.org)

## Martyr Agrippina of Rome

Commemorated on [June 23](#)

The Holy Martyr Agrippina, was by birth a Roman. She did not wish to enter into marriage, and totally dedicated her life to God. During the time of persecution against Christians under the emperor Valerian (253-259) the saint went before the court and bravely confessed her faith in Christ, for which she was given over to torture. They beat the holy virgin with sticks so severely that her

bones broke. Afterwards they put Saint Agrippina in chains, but an angel freed her from her bonds.

The holy confessor died from the tortures she endured. The Christians Bassa, Paula and Agathonike secretly took the body of the holy martyr and transported it to Sicily, where many miracles were worked at her grave. In the eleventh century the relics of the holy Martyr Agrippina were transferred to Constantinople.







**Great Fun. Great Friends. Great Dancing.  
Great Music. Great Staff & Volunteers.  
Great Band. Great Conga line. Great Time.  
Great Job Lisa!**



This appeared in the Eparchial Website recently.

## Can we do something like this in the fall?

If you are able and willing to help, send Fr. Bo an email. More thoughts on this on page 6.



This case study delves into how St. Vladimir Ukrainian Catholic Parish Knights of Columbus successfully created their own parish directory. The guide outlines the steps they took, their insights for improvement, and practical advice for other parishes considering a similar project. The advice presented is based on their experience and may not necessarily reflect the best practices for every parish.

### 1) Pre-Promotion

The parish began by promoting the directory project through the Knights of Columbus members. They added a bulletin announcement:

“Join us for free individual and family parish photos after Divine Liturgy on Sunday, April 14, and April 21. Organized by the Knights of Columbus, your captured moments will be emailed to you and featured in our new upcoming Parish Directory!”

Father Jim also informed parishioners, particularly encouraging participation at the end of the Divine Liturgy. Posters were placed at the back of the church where parish information is typically found.

There also was numerous social media posts posted on the parish Facebook page throughout the entire initiative.



### 2) Free Family Photos

A primary goal was to promote the project as a free family initiative. Parishioners could receive high-quality photos of themselves, their parish organizations, or their families via email. This not only helped increase awareness of Ukrainian Catholicism but also strengthened the sense of community within the parish. Families were encouraged to share their



photos online, showcasing the parish to a wider audience. Printed copies could be obtained from local photo printing stores.

### 3) Deciding how many sessions to offer?

Given St. Vladimir Parish's small size, the initial plan was to offer free photo sessions over two weeks, with a third week added later. This approach accounted for the tendency of people to delay participation until the last moment. Ultimately, six sessions were offered for families and three for parish organizations.

The recommended strategy is to offer three Sundays for free family photos, followed by a fourth session for any last-minute participants. Continuously offering more sessions is discouraged as your volunteers will never be finished taking photos, and getting everyone involved is impossible.

### 4) Taking the Photos

Someone with basic camera skills served as the photographer, using landscape format to accommodate family groups. Photos were shot in Aperture Priority mode to blur the background and focus on the subjects. A tripod was set up directly after Divine Liturgy, and small children were encouraged to look at the camera using a bell or stuffed animal.

All the photos were done in landscape format. The majority of parish directories are shot in portrait mode, which makes sense if you are snapping photos of one or two people. When you are shooting family

photos, it is best to shoot in landscape to capture as many people as possible.

The same angle for everyone was used, it was only in post-production that some photos were zoomed in and out, depending on how many people were in the photo, to offer an interesting dynamic directory photos with various levels of zoom.



Two photos were taken for each family to ensure no one blinked, and guests were shown the photos on the camera screen. Basic edits were made in Adobe Lightroom to enhance vibrance, sharpness, and balance. This step, while beneficial, can be skipped if cost is a concern.

### 5) Collecting Names and Emails

The local Knights of Columbus initially used paper forms to collect information after each photo session. These forms included a legal disclosure for the photo's use by the parish and fields for names, family names, and email addresses. The photographer would write the photo number on the sheet before handing it to the guests to fill out.

However, this method proved problematic. Many participants forgot to provide their email addresses, family names, or first names, and there were numerous instances of misspelled names and illegible handwriting. Consequently, the Knights of Columbus would recommend using a laptop or tablet for guests to type in their information directly, avoiding the time-consuming task of deciphering

First Name (Ім'я): \_\_\_\_\_  
 Last Name (Прізвище): \_\_\_\_\_  
 Your Email (Ваша електронна пошта): \_\_\_\_\_

Note: All photos will be included in the parish directory, and I consent to my photo being used. Дякую, що ви з'явилися на сесії фотографування в парафії, і я даю згоду на включення моєї фотографії в каталог парафії.



handwriting and tracking down incomplete details. Additionally, it's important to note that some families may have different last names for each member, so be sure to account for this when collecting information.

### 6) Sending the Photos

Each family received one of the two photos taken via email. The email read:

"Hello!

Thanks for joining the first photo session today at St. Vladimir Parish, let me know if you need anything! Attached is your photo from today. Дякую, що приєдналися до першої фотосесії сьогодні на парафії Св. Володимира, повідомляйте, якщо вам щось знадобиться! Додано ваше сьогоднішнє фото."

### 7) Making a photo schedule?

Initially, the Knights of Columbus scheduled 5-minute photo sessions, encouraging people to sign up and asking seniors to take the earlier slots.

However, they found this approach ineffective. Many sessions lasted only a minute or less, resulting in three hours of planned sessions being completed in just twenty-five minutes. Moreover, no seniors signed up, defeating the purpose of the schedule.

Given this experience, it is not recommended to schedule photo sessions. Instead, parishioners should be encouraged to stay for a few minutes after Divine Liturgy, as each session is very brief.

**FAMILY PHOTOS**  
 Family April 21  
 Each Director and First Family Photo Session

Time	Family Name
8:00	
8:15	
8:30	
8:45	
9:00	
9:15	
9:30	
9:45	
10:00	
10:15	
10:30	
10:45	
11:00	
11:15	
11:30	
11:45	
12:00	

### 8) Photographing parish organizations

Organize this first, as coordinating parish organizations for a group photo can be challenging and may take several weeks. Send out emails to the presidents of each organization to schedule this photo session as soon as possible; it may take a month or two to gather as many people as possible.



Remember, it's not about capturing everyone in the parish but about getting the best representation possible. You will never get everyone in one photo.



## 9) How did they design the directory?

The photographer, experienced in designing magazines, used Adobe InDesign to create the directory. Alternatively, you could use a free program like Canva.

For efficient design, it's crucial to avoid having too many contributors, as this can lead to conflicting ideas. It's recommended to appoint one to three people to work on the directory's design to streamline the process and manage diverse opinions effectively.

Only one person was involved in the design of this directory.

During the design phase, photos were adjusted for zoom based on the subject. Individual photos were zoomed in to focus on the subject, while larger family photos were left unedited to include everyone.

The core design principle of this parish directory emphasized minimal text and a strong focus on photographs. Unlike traditional directories that include letters from politicians, parish priests, and parish histories, it was decided that such content did not align with the magazine's mission—to visually represent the parish and showcase the community. Including these elements would have unnecessarily increased the number of pages and production costs.



## 10) Find a printing press

The directories were printed by Reid and Wright Advertising in Red Deer. Printing costs vary depending on factors such as the printing company, number of pages, paper type, and more. Typically, printing a parish directory can range from \$4 to \$15 per copy.

Our directories were printed on white gloss paper with colour printing for a polished appearance. We ordered 80 copies for the parish.

When using a printing press, directories must be formatted in increments of four pages (e.g., 4, 8, 12, 16 pages). Our directory originally had 14 pages, so we added two additional pages featuring photos from 2024 events to reach a total of 16 pages. Leaving two blank pages wouldn't affect the price significantly if additional photos are included.



## 11) Proofreading

The local Knights of Columbus circulated a draft copy of the directory with the word "DRAFT" marked prominently on each page. This draft was sent via email to all project participants (blind carbon copied). They also included the following message:

"Hello,

Before sending our new parish directory to the printing company, I am double-checking the accuracy of everyone's names. Please review the attached draft and reply to this email by Wednesday, May 15, 2024, if you notice any misspellings.

Перш ніж відправити наш новий парафіяльний довідник до друкарні, я переконуюсь, що правильно написав імена кожного. Будь ласка, перегляньте прикріплений проект та відповідь на цей електронний лист, якщо ви помітили будь-які помилки в написанні імен до середи, 15 травня 2024 року."

This step ensured all names were accurately included, addressing any errors or omissions. It's a crucial precaution since once directories are printed, no further edits can be made. A copy was also forwarded to the parish priest for review to identify any additional errors.

## I2) Final Selling of Directories

Upon receipt of the printed directories, a new sign was created to advertise their sale at \$10 each, accompanied by a donation jar. The sale operated on an honour system.

This initiative proved highly popular within the parish, with 52 out of the 80 copies ordered sold on the first day alone.

The total cost of this project was just over \$700. While there are various methods to create a parish directory, including outsourcing to professional companies, the Knights of Columbus opted to manage the project internally. It's important to note that this can be quite labor-intensive if undertaken by a single individual, so dividing the workload is



recommended where feasible. The project received numerous positive comments from parishioners, indicating strong support and making it a worthwhile endeavor to organize.

### Parish News:

- Are you interested in **joining our parish officially**? Speak to J'Lynn. If you don't know who she is, talk to Fr. Bo and he'll introduce you to her, or get you in contact with her.
- We are **recording our Liturgies** for those who are not able to come in person to church. Please note that the recorded Liturgies are not intended to be an option for those who simply want to stay at home.

### Help Wanted & Parish Requests

- **Would you consider reading the Epistle** during Liturgies sometimes? If you are interested let Fr. Bo know and he will pass your names on to those who currently organize this important ministry.
- At the last council meeting a **Perogy Supper Committee** was setup to look into the possibility of doing a Perogy Supper in the fall of 2024. If anyone is interested in helping with the event, please see or call Lasha 780-288-4880 or Terry 780-456-2828.
- Come **be on a Greeter and Coffee Hour team**. Simply call Diana Horyn at 780-455-9926.
- **BINGO !!** The team of bingo volunteers is in dire need of new volunteers willing to step up and support this reliable fundraiser. Please call our volunteer chairperson, Darlene @ 780-476-8797.
- If you are able to **help with upcoming funerals** in any way, including in the kitchen to help prepare the lunches, talk to Fr. Bo or those in charge of the ministry that you are wanting to help with.

### Thoughts on the making of a pictorial directory for our parish by Fr. Bo

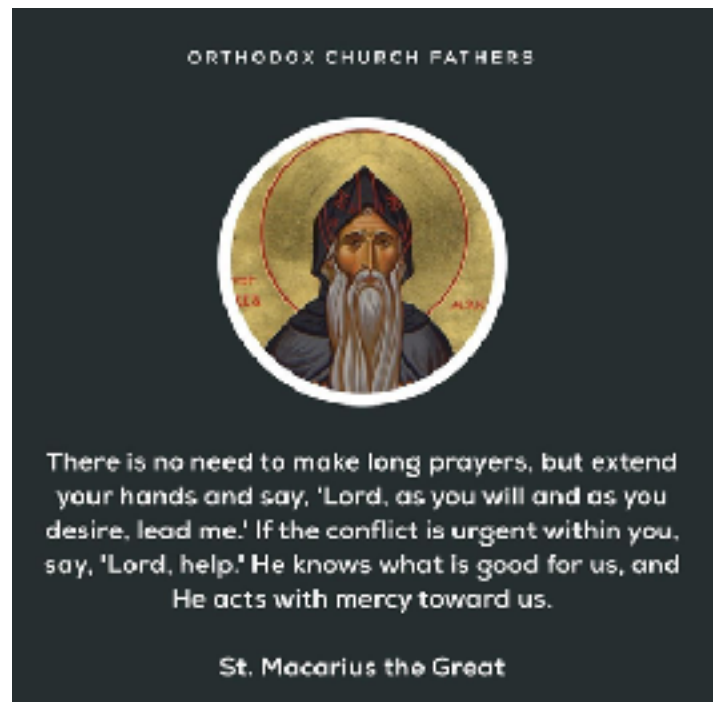
I think we could consider doing something similar to what they did in Red Deer. If we do I'd like one or two volunteers to help me take the photos and collect the names. I think I could do the "putting together" of it. Here are some more thoughts:

- I, like many of you, am still learning people's names and this would help me, if not all of us, to get to know each other better.
- Hopefully we could invite and get our children and/or grandkids in the book too so we know who belongs to who, and who to invite for youth events.
- In the book I would only put people's names, but no contact information so that nobody would worry about unwanted calls or emails.
- Our photos would not need to be done by a fancy photographer. Most newer phones take great photos, and can be put onto a tripod easily.
- We would not need to send the book to a publishing printer if we don't want to. We could simply print them on nice paper ourselves on the parish photocopier which does colour. This way we don't print more than we actually need. They would be poorer quality likely though.
- We probably should not do this till the fall when more people are back from summer holidays.
- We could probably take the photos in the entrance of the church before and/or after liturgy so that it is easy for most people.
- Any other thoughts?



## Upcoming Meetings & Events:

- **Sunday, June 23<sup>rd</sup>:** Last **Sunday School** Class till September. We will start back up with Sunday School on September 8th, since the 1st is the long weekend.
- **Today & next weekend: Deacon John will be away.** To speed up the distribution of Eucharist both stations will be distributed by single use spoons only.
- **Unknown date, but soon:** In the near future our parish will be having a “**Fire Drill**”. This is likely to happen on a day when many parishioners are in the parish (likely a Sunday). Which one? Will it be today?
- **Tomorrow, June 24:** the Oilers will hopefully win the **Stanley Cup**.
- **Monday, June 24<sup>th</sup>: Potato and Dough Prep.** We are making Perogies for the parish to use and sell on the following day. If you are interested in helping please contact Lasha. If you don't know who Lasha is... just ask around.
- **Tuesday, June 25<sup>th</sup>: Perogy Bee.** We are making Perogies for the parish to use and sell. If you are interested in helping please contact Lasha. If you don't know who Lasha is... just ask around.
- **Tuesday, June 25<sup>th</sup>: Parish Pastoral Council Meeting** at 6:30 pm.
- **Saturday, June 29<sup>th</sup>: Big feast day! Sts. Peter and Paul.** 10 am Divine Liturgy.
- **Sunday, June 30<sup>th</sup>: Next Kid's Liturgy.** Please invite your kids and grandkids to join you at church this day.
- **First Sunday of Each Month:** Fr. Myron is here to hear **confessions**. Let's take advantage of this opportunity and return ourselves with our Lord.
- **The first Tuesday of each month at 10:30 am** (unless otherwise stated in this bulletin): **Divine Liturgies at Venta Care Centre.**
- **Saturday July 6:** Fr. Bo does **Wedding** for Tyler & Mariah at Cathedral
- **June 30 - July 5: Camp Oselia** Week 1.
- **July 1-13: Camp St. Basil's** (two weeks).
- **July 7-12: Camp Oselia** Week 2.
- **Saturday, July 13<sup>th</sup> at 2 pm: Wedding** here at Holy Cross for Austin & Brittany. (Reception not here). The “Rehearsal” will take place on the Friday beforehand.
- **July & August:** We will continue with our regular Sunday 9:30 am **Rosary** schedule till the end of June. During the summer months, people are welcome to continue praying the Rosary, either quietly or aloud, but there will be no scheduled leaders.
- **July & August:** Likewise we will continue our weekly **Sunday Coffee Hour** till the end of June. Then we will take a pause for the summer months.
- **August 5-10: Altar Boy Camp.**
- **Saturday, August 10: Hall rental.**
- **Mid August: Fr. Bo will be away** for an Iconography Workshop (this time he is taking it, not giving it).
- **Sunday, September 15<sup>th</sup>:** Bishop David has put this date on his calendar to visit our parish for our **PRAZNYK** (the feast of the Elevation of the Holy Cross is on the 14<sup>th</sup>).
- **September 28: The Perogy Supper Committee is going ahead with the Perogy Supper.** More information will be coming via the bulletin, posters, and sign prior to tickets going on sale. If anyone is interested in helping with the event, please see or call Lasha 780 288 4880 or Terry 780 456 2828.
- **This Fall:** We will begin a **Second Bible Study with some Liturgy Study too** (in addition to our current Monday Morning Bible Study) on every other Wednesday evening. (More details to come)
- **This Fall:** we will begin a **Elementary Youth Program** and a **Jr./Sr. High School Youth Program** on every other Wednesday Evening. (More details to come)
- **This Fall:** conductor Irena Tarnowsky will be assisting our choir and conductor Odessa Nguyen with a **choral workshop**. There's never been a better time to join the choir!
- **2025:** Pope Francis declared **2025 as a Jubilee Year** designating its theme as “Pilgrims of Hope.”
- **May - June 2025:** Fr. Bo will be teaching an Iconography class at Newman Theological College.





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Ready to take the first steps in becoming an “active disciple?” Scan the QR code to apply by June 30, 2024.



## The Next Couple Weeks at Holy Cross

Please let Fr. Bo know of any mistakes or if he is missing something.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>23</b></p> <p><b>Fifth Sunday after Pentecost.</b> Octoechos Tone 4. Holy Martyr Agrippina. Apostles' Fast. Romans 10:1-10. Matthew 8:28-9:1.</p> <p><b>9:30 am Rosary</b></p> <p><b>10 am Divine Liturgy</b></p> <p>Yes Sunday School (the last one till fall), Yes Coffee Hour</p>	<p><b>24</b> 🐟</p> <p><b>Nativity of the Honourable and Glorious Prophet John, Forerunner and Baptist of Christ.</b> All-Night Vigil Feast. Apostles' Fast. Romans 13:11b-14:4. Luke 1:1-25, 57-68, 76, 80.</p> <p><b>9 am Potato and Dough Prep (for Perogies)</b></p> <p><b>10 am Bible Study</b></p> <p><b>6-ish pm The Oilers Play</b></p> <p><b>8 or 9-ish the Oilers lift the Stanley Cup?</b></p>	<p><b>25</b> 🐟</p> <p>Holy Venerable-Martyr Febronia. Apostles' Fast. 1 Corinthians 1:1-9. Matthew 13:24-30.</p> <p><b>9 am Perogy Bee</b></p> <p>1:20 Appointment</p> <p><b>6:30 pm PPC Meeting</b></p>	<p><b>26</b> 🐟</p> <p>Our Venerable Father David of Thessalonica (c. 530). Passing into Eternal Life (1941) of Blessed Mykola (Nicholas) Konrad, Pastor of Stradch, Founder of Obnova, Professor of the Lviv Theological Academy, and Martyr. Passing into Eternal Life (1941) of Blessed Volodymyr Pryjma, Cantor of Stradch and Martyr. Passing into Eternal Life (1941) of Blessed Andrii Ishchak, Pastor of Sykhiv, Professor of the Lviv Theological Academy, and Martyr. Apostles' Fast. Abstinence from meat and foods that contain meat. 1 Corinthians 2:9-3:8. Matthew 13:31-36.</p> <p><b>Last Day of Classes for ECSD</b></p> <p><b>9 am Divine Liturgy</b></p> <p><b>10 am Baptismal Prep</b></p>	<p><b>27</b> 🐟</p> <p><b>Bishop-Martyr Nykolai (Nicholas) Charnetsky and the Twenty-Seven Other New Blesseds of the Church of Rus-Ukraine</b></p> <p>Beatified in 2001. Our Venerable Father Samson, Host of Strangers (527-65). Polyeleos Feast. Apostles' Fast. Ephesians 6:10-17. Luke 21:12-19.</p> <p>5:30 pm Appointment</p> <p>Please have all bulletin items submitted by the end of Thursday if possible.</p>	<p><b>28</b> 🐟</p> <p>Transfer of the Relics of the Holy Unmercenaries Cyrus and John (5th c.). Apostles' Fast. Abstinence from meat and foods that contain meat. 1 Corinthians 4:5-8. Matthew 13:44-54.</p> <p><b>6 pm Eparchial Youth Ministry Strategy Brainstorm at Holy Cross</b></p> <p>5:30 pm Appointment</p> <p><b>Last day of Apostles' Fast</b></p>	<p><b>29</b></p> <p><b>Holy, Glorious, All-Praiseworthy and Chief Apostles Peter and Paul.</b> Passing into Eternal Life (1941) of Blessed Iakym (Joachim) (Senkivsky), Basilian Protohegoumen and Martyr of Drohobych, where his body was boiled. All-Night Vigil Feast. 2 Corinthians 11:21-12:9. Matthew 16:13-19.</p> <p><b>10 am Festal Divine Liturgy Mundare Vidpust</b></p>
<p><b>30</b></p> <p><b>Sixth Sunday after Pentecost.</b> Octoechos Tone 5. Synaxis of the Holy, Glorious and All-Praiseworthy Twelve Apostles. Romans 12:6-14. 1 Corinthians 4:9-16. Matthew 9:1-8. Mark 3:13-19.</p> <p><b>9:30 am Rosary</b></p> <p><b>10 am Divine "Children's" Liturgy</b></p> <p>Yes Coffee Hour (the last one till fall)</p>	<p><b>July 1</b></p> <p>Holy Unmercenaries and Wonderworkers Cosmas and Damian. 1 Corinthians 5:9-6:11. Matthew 13:54-58.</p> <p><b>Canada Day</b></p> <p><b>10 am Bible Study</b></p>	<p><b>2</b></p> <p>Placing of the Precious Robe of Our Most Holy Lady and the Mother of God in the Church at Blachernae in Constantinople. Verkhratska Weeping Icon of the Mother of God (1688). Polyeleos Feast. Hebrew 9:1-7. Luke 10:38-42, 11:27-28.</p> <p>First Day of Summer</p> <p><b>10:30 Venta Care Center Divine Liturgy</b></p> <p>12 Appointment</p>	<p><b>3</b></p> <p>Holy Martyr Hyacinth. 1 Corinthians 7:12-24. Matthew 14:35-15:11.</p> <p><b>9 am Divine Liturgy</b></p> <p><b>10 am Baptismal Prep</b></p>	<p><b>4</b></p> <p>Our Holy Father Andrew the Jerusalemite, Archbishop of Crete (740). Venerable Martha, Mother of the Holy Simeon of the Mountain of Wonders. 1 Corinthians 7:24-35. Matthew 15:12-21.</p> <p><b>4 pm Wedding Rehearsal at the Cathedral</b></p> <p>5:30 pm Appointment</p> <p>Please have all bulletin items submitted by the end of Thursday if possible.</p>	<p><b>5</b></p> <p>Our Venerable Father Athanasius of Athos (c. 1003). Polyeleos Feast. Abstinence from meat and foods that contain meat. Galatians 5:22-6:2. Luke 6:17-23.</p> <p>5:30 pm Appointment</p>	<p><b>6</b></p> <p>Our Venerable Father Sisois the Great (c. 429). Romans 12:1-3. Matthew 10:37-11:1.</p> <p><b>1 pm Wedding at the Cathedral</b></p>
<p><b>7</b></p> <p><b>Seventh Sunday after Pentecost.</b> Octoechos Tone 6. Our Lady of Pertual Help. Our Venerable Father Thomas of Maleum. and Acacius mentioned in The Ladder of Divine Ascent of Saint John Climacus. Romans 15:1-7. Matthew 9:27-35.</p> <p>9:30 am. Rosary if anyone wishes to lead it. (Nobody will be scheduled for July &amp; August)</p> <p><b>10 am Divine Liturgy</b></p> <p>No Sunday School, No Coffee Hour</p>	<p><b>8</b></p> <p>Holy Great-Martyr Procopius (303). 1 Corinthians 9:13-18. Matthew 16:1-6.</p> <p><b>10 am Bible Study</b></p>	<p><b>9</b></p> <p>Holy Priest-Martyr Pancratius, Bishop of Tauroomenia (1st-2nd c.). 1 Corinthians 10:5-12. Matthew 16:6-12.</p>	<p><b>10</b></p> <p>Our Venerable Father Anthony of the Monastery of the Caves in Kiev (1073). Forty-Five Martyrs of Nicopolis in Armenia (321-3). Holy Brothers Francis, Mutius and Raphael and Those with Them, Martyred in Damascus (1860). Polyeleos Feast Galatians 5:22-6:2. Luke 6:17-23.</p> <p><b>9 am Divine Liturgy</b></p> <p><b>10 am Baptismal</b></p>	<p><b>11</b></p> <p>Repose of Blessed Olga (Olha), Princess of Kiev, named Helen at Holy Baptism (c. 970). Holy and Praise-worthy Martyr Euphemia (303). Hoshiv Icon of the Mother of God (Attestation of Miracles by Metropolitan Athanasius Sheptytsky, 1737). Galatians 3:23-29. Matthew 25:1-13.</p> <p><b>4 pm Wedding Rehearsal here at Holy Cross</b></p>	<p><b>12</b></p> <p>Holy Martyrs Proclus and Hilary (98-117). Venerable Father Michael of Maleon (961). Abstinence from meat and foods that contain meat. 1 Corinthians 11:8-22. Matthew 17:10-18.</p> <p>5:30 pm Appointment</p>	<p><b>13</b></p> <p>Synaxis of the Holy Archangel Gabriel. Venerable Father Stephen the Sabbaita (9th c.). Holy Father Julian, Bishop of Kenomane. Romans 13:1-10. Matthew 12:30-37.</p> <p><b>2 pm Wedding here at Holy Cross</b></p>