



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження



Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am or 7 pm Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)
fr.nahachewsky@eeparchy.com

Deacon John Lukey

johndebbielukey@yahoo.ca

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.

Sunday, June 16, 2024

Fourth Sunday after Pentecost. Octoechos Tone 3. Our Holy Father and Wonderworker Tychon of Amathus (408-50). Apostles' Fast.



This Saturday.

Entertainment by St. Albert DanceCo Ukrainian Dancers
Live music by "Mike and the Relics"

Tickets Available from Lisa at 780-222-9155



Edmonton Eparchial UCWLC celebrates their 80th Anniversary here at Holy Cross yesterday. Bigger photos on pg 2.



A Working Dinner to discuss Youth Ministry in all of our Edmonton & Area Ukrainian Catholic Parishes will take place here in our Church hall on **Friday, June 28**, at 6 pm. All those who are interested in helping with youth ministry are invited to come and brainstorm with us and eat pizza. (The pizza will be free for participants!)

We will discuss opportunities both youth and those who work with youth in each of our parishes (including Holy Cross) and also for collaboration between the parishes.



Happy Father's Day: See Elizabeth Letwin about getting one of the Father's Day arrangements at Coffee Hour.

Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

Parish Pastoral Council:

- Parish Priest – Fr. Bo Nahachewsky
- Deacon - Dcn. John Lukey
- President – Mark Helmak
- Past President – Peter Fedorak
- 1st Vice-President – Mark Ramsankar
- 2nd Vice-President –Deacon John Lukey
- Secretary – Gwen Uchach
- Treasurer – Dale Kluk
- Archivist – Diana Horyn
- Cultural – Mariyka Bodnar
- Fundraising – Terry Yackimec
- Hall Rental – Lisa Borosuik & Gladys Woitas
- Ladies’ Club – Diane Kluk
- Knights of Columbus – Darrell Uchach
- Men’s Club President – Marc Chiasson
- Youth Coordinator – Emmette Lysak
- Maintenance – Larry Wayne
- Membership – J’lyn Ramsankar
- Social – Edd Horyn
- Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

Weddings:

- Contact Fr. Bo, at least a year in advance if possible

Funerals:

- Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

Edmonton Eparchial UCWLC celebrates their 80th Anniversary here at Holy Cross yesterday.

As promised on page 1, here are the bigger photos.

Thank you to all who helped them with this event.



**UCWLC stands for:
Ukrainian Catholic
Women’s League of
Canada.**



From a recent Email:

“I have a few personal questions about fasting...”

the reply:

Great questions.

Fasting is a tool that we are encouraged to use to help build up our self discipline, to help others (by saving on grocery money and then donating it), and to keep from being self centred.

For how long? Well there are 4 fasting seasons and many fasting days on the Church calendar. In fact we are in the middle of one of those seasons right now; the Apostle's Fast. You can read a bunch about these and how to fast on this booklet I put together several years ago. <https://theosis.ca/wp-content/uploads/2021/06/fasting-101.pdf>

However if you wish you can fast at any time of the year (except it is not recommended during celebrations of our Lord like Christmas Day or Easter). If you are thinking of adding more fasting than the church recommends (again see booklet), then it is advisable to do so with the blessing of your "Spiritual Director". A Spiritual Director is someone who is a person whom you trust and who has more experience than yourself in spiritual matters. They would be the first person you would ask about spiritual matters. If you don't have one, often people use their parish priest to ask questions of... like you are doing now. Putting rigorous disciplines on yourself without guidance often hurts someone more than helps. We tend to fall into pride: "Look at how good I am. I fast."

As for times of the day... that depends on how strictly you are following your fasting or abstinence plan. True fasting means eating nothing, just drinking water, and it is done all day, often for more than one day, however this is only done by a few and typically they are monks under supervision of their superiors. Many people fast from sundown to sundown. Sometimes people try to have only one meal per day. There are lots of possibilities, so long as they are being done for the right reasons.

Abstinence is what the church recommends for the average lay person and even clergy. Abstinence means eating less, and perhaps cutting out certain types of food. For example most Fridays the church recommends that we abstain from meat. Why meat? It's not that meat is bad, but that it in most places is a luxury. Simpler foods such as fish were allowed because they were more common, and even better yet was lentils and such. Here in Alberta meat is probably less of a luxury than most fish/seafood, so... perhaps we should consider fasting from that instead. The point is not to not deny yourself nutrition, but rather to simplify one's

diet. Not to worry about food more, but rather think about food less.

Perhaps the best things to fast from are bad selfish actions like gossiping, hurtful words, mean actions, lustful thoughts, and such (ie. sin). If a person really wants to abstain from certain foods, perhaps they should give up drugs, alcohol, smoking, candy and other such before even considering removing something like meat from their diet.

If you are have any health problems the Church does not recommend any fasting. People can still choose to abstain from certain things but should not do any harm to their body by under nourishing themselves. In fact, seniors, children, pregnant women, those working at laborious work, and those travelling* are dispensed from all forms of fasting and abstinence. (*note: travelling back in the day was a little more demanding on people than it typically is today. Just because we sit in a car, or fly in a plane should not give us the permission to pig out.) Doctors can absolutely give advise about fasting and abstinence, and in a case where a doctor or medical expert says it would be bad for you, you certainly should not do it.

As for breaking a fast/abstinence, we often do this by thanking God for the blessings he has poured upon us. For example at easter time we bless baskets of food to break the fast with (And we don't eat any of it till after we sing Christ is Risen on Easter Sunday. In addition to prayer we often break a fast by sharing our food with others, for example a family meal, with your community, or going and eating with someone less fortunate such as a shut-in or a homeless person.

And for your last question: yes, but certainly no. Yes, it breaks your "fast". No it is not bad unless you are gluttonous. Our bodies need fuel to function. Even at the monastery where I lived for half a year the monks were discouraged from fasting more than 24 hours, and bread or fruit was always blessed and left out so that if someone was feeling weak they could freely take some with a clear conscience. When the monks saw that I had lost weight.. (it was in my 20's... I did not have much to loose back then) ... they forbid me to fast or abstain, and actually "forced" me to eat. (they gave me two jars of peanut butter in one day and told me to regain my weight).

Fasting and/or Abstinence should never be in any way a self punishing action. Rather it is a tool we can use to strengthen ourselves spiritually (and sometimes slightly physically by cutting out unhealthy choices.)

Finally your last question about confession/spiritual direction. Of course you can talk to any priest any time even if you are not part of that tradition. There perhaps would be a slightly different...

... approach for someone who is not familiar with the teachings of the church to keep things pastoral, but any attempt to grow spiritually is to be encouraged.

Does it need to be a priest? No... but Jesus did pass to his disciples the ability to forgive sins. This has been passed on through the generations since the beginning. This does not mean that others cannot forgive each other, but if we seek to hear the words with confidence then we go to those who have been trained and blessed to do so. (Anyone can fix a car, but if your car is broken, I'd suggest a mechanic not a florist.) In the early church people used to confess publicly before everyone... but as this practice was very difficult and people started not doing it, the church recommended doing it before the leader of the

church who would listen to then on behalf of the whole community. Priests also are forbidden to tell, or even act in any way to expose what has been said to them in confession. This is completely true even if one was to be held in contempt of court and therefore imprisoned. We cannot report anyone to the authorities or anything, however we can instruct the person to turn themselves in.

Anyway I hope this answers some of your questions. Never feel like you are inconveniencing me. You aren't.

Call me, text me, email me, visit me anytime. My cell phone is 780-340-3726.

Fr. Bo

Saint of the Day

Saint Tikhon, Bishop of Amathus in Cyprus

Commemorated on [June 16](#)

Saint Tikhon, Bishop of Amathus, was born in the city Amathus on the island of Cyprus. His parents raised their son in Christian piety, and taught him the reading of sacred books. It is said that the gift of wonderworking appeared in Saint Tikhon at quite a young age.

His father was the owner of a bakery, and whenever he left his son alone in the shop, the holy youth would give free bread to those in need. Learning of this, his father became angry, but the son said that he had read in the Scriptures, that in giving to God one receives back a hundredfold. "I," said the youth, "gave to God the bread which was taken," and he persuaded his father to go to the place where the grain was stored. With astonishment the father saw that the granary, which formerly was empty, was now filled to overflowing with wheat. From that time the father did not hinder his son from distributing bread to the poor.

A certain gardener brought the dried prunings of vines from the vineyard. Saint Tikhon gathered them, planted them in his garden and besought the Lord that these branches might take root and yield fruit for the health of people. The Lord did so through the faith of the holy youth. The branches took root, and their fruit had a particular and very pleasant taste. It was used during the lifetime of the saint and after his death for making wine for the Mystery of the Holy Eucharist.

They accepted the pious youth into the church clergy, made him a reader. Later, Mnemonios, the Bishop of Amathus ordained him a deacon. After the death of Bishop Mnemonios, Saint Tikhon by universal



agreement was chosen as Bishop of Amathus. Saint Epiphanius, Bishop of Cyprus (May 12), presided at the service.

Saint Tikhon laboured zealously to eradicate the remnants of paganism on Cyprus; he destroyed a pagan temple and spread the Christian Faith. The holy bishop was generous, his doors were open to all, and he listened to and lovingly fulfilled the request of each person who came to him. Fearing neither threats nor tortures, he firmly and fearlessly confessed his faith before pagans.

In the service to Saint Tikhon it is stated that he foresaw the time of his death, which occurred in the year 425.



Great game yesterday Oilers!
3 more wins please.



For the past several weeks Fr. Bo has asked people to pray about taking either or both the “Lay Formation” program, and/or becoming an “Extraordinary Eucharistic Minister” in our parish. I hope you have all been doing this seriously. The time has come for us to make the call(s).

What is the “Lay* Formation” program that the Eparchy has put together?**

“Lay formation” is, pretty much as the name suggests, a program for the formation of the laity* in the faith and traditions of the Church.

Bishop David and his Pastoral Centre staff have worked together with Newman Theological College to create a 2 year program which is given from the Eastern Catholic faith perspective. There are NO EXAMS, but there will be short reflection papers.

In the first year of the program those enrolled work on the “Eastern Christian Tradition I” Certificate. This certificate only offered every other year has six different ‘5 week’ courses. These are:

- **Scripture** (Sep 16 - Oct. 20);
- **The Theology of Eastern Christianity Part 1** (Oct 28 - Dec 1);
- **The Theology of Eastern Christianity Part 2** (Jan 6 - Feb 9);
- **Worship and Spirituality of Eastern Catholic Churches Part 1** (Feb 17 - Mar 23);
- **The Holy Mysteries: an Introduction** (Mar 31 - May 4); and
- **Worship and Spirituality of Eastern Catholic Churches Part 2** (May 12 - Jun 15).

Then the following year (2025-26) you get to choose to either take “Eastern Christian Lay/Diaconate Formation Year 2 - Catechesiss” or “Eastern Christian Lay/Diaconate Formation Year 2 - Pastoral Care” which similarly is another 6 - ‘5 week’ courses. (You can see the courses on Newman Theological College’s website newman.edu)

Each course is only \$90 plus textbook(s), but bishop is hoping that parishes like ours “invest” in their parishioners, so that they can in return help the rest of the parish grow through various programs. Our PPC will be encouraged to assist in the financial costs of all those who enrol in our parish. How much support will be forthcoming depends on how many take up the invitation.

* “Lay people” or “the Laity” literally means those not ordained. So most of the people in the church, including likely you, are “laity”.

** The program is technically called the “Lay Formation / Diaconal Program” for our Eparchy, as those who are considering the diaconate would also be studying with other lay people. Diaconal candidates would need to do more than just the two years before becoming ordained however.

What does it mean to be an “Extraordinary Eucharistic Minister”?

The normal Eucharistic Minister is a priest. It is the priests job to distribute the Eucharist. However in many parishes the priest would struggle to do this without help. Therefore Deacons and other “Extraordinary Eucharistic Ministers” are asked to help distribute the Eucharist.

Our parish has a few “**Lectors**” who were ordained by then Bishop, now Metropolitan, Lawrence. Lectors are really ordained to read the Epistles and Old Testament readings during church services. However when Bishop Lawrence ordained these people, it was his intention that they assist the parishes in the distribution of the Eucharist.

Currently we have 2 active Lectors (Ed and Everett). However due to normal life, sometimes these two people are not always available to help. Which leaves a greater load on the Priest and Deacon (if the deacon is there).

Bishop David recognizes the need for “Extraordinary Eucharistic Ministers” but instead of ordaining them as Lectors, he instead directly gives them the blessing to distribute the Eucharist when needed.

In order to be able to distribute the Eucharist well, you would need to understand well Who the Eucharist is, how to properly distribute the Eucharist and you would need to be a respected part of the community.

In order to prepare people to be EEMs (I cant keep writing the whole thing out) Fr. Bo would have a few in house sessions before recommending the people to Bishop, and inviting Bishop David to commission them within the parish on a Sunday.

Distributing Eucharist is not exclusive to one gender. Both men and women can be EEMs.

I imagine that those who would be commissioned would have a schedule of when they would be serving. The frequency of serving would depend on how many people take up the invitation.

If the Fire Alarm went off in our Church, would you know what to do?

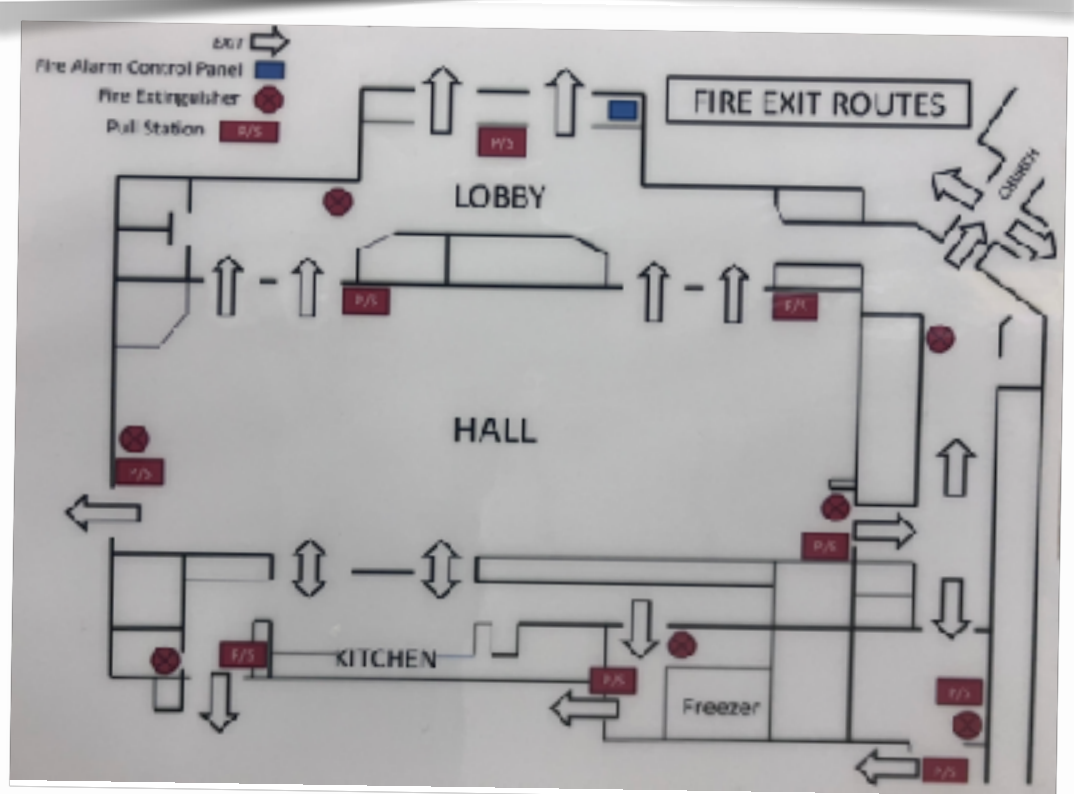
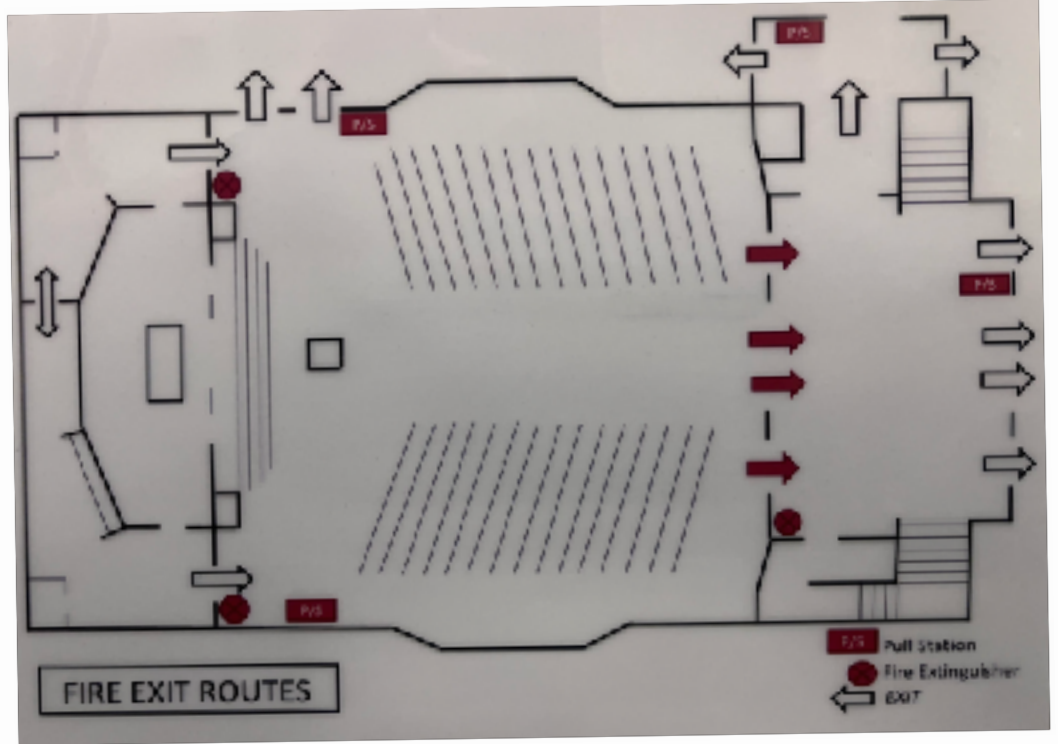
The answer is, calmly and quickly remove yourself and any people needing assistance from the building through the nearest exit and then go to the "Muster Point". Simple.

The "Muster Point" is a spot outside where people meet in the case of Emergency so that they are safely away from the building and not in the way of the Emergency responders. **In our case the Muster Point is at the BACK OF OUR PARKING LOT.** We can not meet at the front of the Parking Lot as that is where the Fire Trucks will need to enter and hook up to the hydrant.

Please be familiar with the locations of all the fire exits, pull stations and fire extinguishers by looking at the maps posted in various locations within the building. These maps are also found on this bulletin below for your convenience today.

If you discover a fire in the building and it is possible to put out, extinguish it. Fire extinguishers are clearly marked on these maps.

If you discover a fire that is not manageable, immediately pull the nearest fire Pull Station, then exit the building. If you are the last person exiting then close doors behind you.



Upcoming Meetings & Events:

- **Unknown date, but soon:** In the near future our parish will be having a “**Fire Drill**”. This is likely to happen on a day when many parishioners are in the parish (likely a Sunday). Which one? Will it be today?
- **Wednesday, June 19th:** **Nalysnyky Bee.** We are making Nalysnyky for the parish to use and sell. If you are interested in helping please contact Lasha. If you don't know who Lasha is... just ask around.
- **Thursday, June 20th:** Last day to register your children at **Camp Oselia.**
- **Saturday, June 22nd:** “**Summer Solstice Supper and Dance**” here in our hall. Live music will be provided by “Mike and the Relics”. Save that date. You won't want to miss this great party! (More details to come soon.)
- **Sunday, June 23rd:** Last **Sunday School** Class till September. We will start back up with Sunday School on September 8th, since the 1st is the long weekend.
- **Monday, June 24th:** **Potato and Dough Prep.** We are making Perogies for the parish to use and sell on the following day. If you are interested in helping please contact Lasha. If you don't know who Lasha is... just ask around.
- **Tuesday, June 25th:** **Perogy Bee.** We are making Perogies for the parish to use and sell. If you are interested in helping please contact Lasha. If you don't know who Lasha is... just ask around.
- **Saturday, June 29th:** **Big feast day! Sts. Peter and Paul. 10 am Divine Liturgy.**
- **Sunday, June 30th:** Next **Kid's Liturgy.** Please invite your kids and grandkids to join you at church this day.
- **First Sunday of Each Month:** Fr. Myron is here to hear **confessions.** Let's take advantage of this opportunity and return ourselves with our Lord.
- **The first Tuesday of each month at 10:30 am** (unless otherwise stated in this bulletin): **Divine Liturgies at Venta Care Centre.**
- **Saturday July 6:** Fr. Bo does **Wedding** for Tyler & Mariah at Cathedral
- **June 30 - July 5: Camp Oselia** Week 1. Discover the mystery of Jesus at our Ukrainian Catholic Camp **for children aged 8-14**, enjoy a week full of faith, fun, and fellowship with activities like swimming, archery, and more. Bilingual staff ensure a welcoming environment for all. Limited spots – Register now at "www.camposelia.com"!

Interested in volunteering or have other questions about Camp Oselia? Contact Deacon Cyril at deacon.kennedy@eeparchy.com»
- **July 7-12: Camp Oselia** Week 2. Discover the mystery of Jesus at our Ukrainian Catholic Camp **for children aged 8-14**, enjoy a week full of faith, fun, and fellowship with activities like swimming, archery, and more. Bilingual staff ensure a welcoming environment for all. Limited spots – Register now at "www.camposelia.com"! Deadline to register: June 20.

Interested in volunteering or have other questions about Camp Oselia? Contact Deacon Cyril at deacon.kennedy@eeparchy.com»
- **Saturday, July 13th at 2 pm: Wedding** here at Holy Cross for Austin & Brittany. (Reception not here). The “Rehearsal” will take place on the Friday beforehand.
- **July & August:** We will continue with our regular Sunday 9:30 am **Rosary** schedule till the end of June. During the summer months, people are welcome to continue praying the Rosary, either quietly or aloud, but there will be no scheduled leaders.
- **July & August:** Likewise we will continue our weekly **Sunday Coffee Hour** till the end of June. Then we will take a pause for the summer months.
- **August 5-10: Altar Boy Camp.** See poster on page 4.
- **Saturday, August 10: Hall rental.**
- **Mid August: Fr. Bo will be away** for an Iconography Workshop (this time he is taking it, not giving it).
- **Sunday, September 15th:** Bishop David has put this date on his calendar to visit our parish for our **PRAZNYK** (the feast of the Elevation of the Holy Cross is on the 14th).
- **September 28: The Perogy Supper Committee is going ahead with the Perogy Supper.** More information will be coming via the bulletin, posters, and sign prior to tickets going on sale. If anyone is interested in helping with the event, please see or call Lasha 780 288 4880 or Terry 780 456 2828.
- **This Fall:** We will begin a **Second Bible Study** (in addition to our current Monday Morning Bible Study) on every other Wednesday evening. (More details to come)
- **This Fall:** we will begin a **Elementary Youth Program** and a **Jr./Sr. High School Youth Program** on every other Wednesday Evening. (More details to come)
- **This Fall:** conductor Irena Tarnowsky will be assisting our choir and conductor Odessa Nguyen with a **choral workshop.** There's never been a better time to join the choir!
- **2025:** Pope Francis declared **2025 as a Jubilee Year** designating its theme as “Pilgrims of Hope.”
- **May - June 2025:** Fr. Bo will be teaching an Iconography class at Newman Theological College.
- **July 1-13: Camp St. Basil's** (two weeks). Registrations have already closed.

Parish News:

- Are you interested in **joining our parish officially**? Speak to J'lynn. If you don't know who she is, talk to Fr. Bo and he'll introduce you to her, or get you in contact with her.
- We are **recording our Liturgies** for those who are not able to come in person to church. Please note that the recorded Liturgies are not intended to be an option for those who simply want to stay at home.
- **The people of Ukraine continue to need your help.** As the war continues in Ukraine, millions of the country's inhabitants are in dire straits often lacking the basic necessities of life. As part of your personal sacrifice, kindly consider making a donation towards providing emergency services and humanitarian and pastoral support to Ukrainians by offering care, medical supplies, food, clothing and shelter to displaced persons, the elderly and the sick, as well as educational programs and support to local priests.
- For just \$25, an emergency food package can provide much needed relief. Donations may be made through our local parish, the Eparchy of Edmonton (www.eeparchy.com), or directly to Catholic Near East Welfare Association - Canada (cnewa.ca). May God bless you and your family for your generosity.

Help Wanted & Parish Requests

- **Would you consider reading the Epistle** during Liturgies sometimes? If you are interested let Fr. Bo know and he will pass your names on to those who currently organize this important ministry.
- At the last council meeting a **Perogy Supper Committee** was setup to look into the possibility of doing a Perogy Supper in the fall of 2024. If anyone is

interested in helping with the event, please see or call Lasha 780-288-4880 or Terry 780-456-2828.

- Come **be on a Greeter and Coffee Hour team**. Simply call Diana Horyn at 780-455-9926.
- **BINGO !!** The team of bingo volunteers is in dire need of new volunteers willing to step up and support this reliable fundraiser. Please call our volunteer chairperson, Darlene @ 780-476-8797.
- If you are able to **help with upcoming funerals** in any way, including in the kitchen to help prepare the lunches, talk to Fr. Bo or those in charge of the ministry that you are wanting to help with.

Educational Opportunity

- **CHRISTIAN FAMILY MOVEMENT** (for Ukrainian Speakers) - **ХРИСТІЯНСЬКИЙ РУХ СІМЕЙ** – наступна лекція відбудеться в суботу, 8-го червня, о год. 7:00 вечора (після Вечірні), в парафії Успіння Пресвятої Богородиці, 15608 104 Авеню. Паралельна програма для дітей. ТЕМА: Збереження єдності в шлюбі – Як практично укріпити подружню єдність; як пізнавати та уникати те, що роз'єднює. Запрошуємо всіх подруж до участі! За дальшими інформаціями, просимо дзвонити на тел. 780-489-8868.
- You are invited to participate in an exciting program coming up this summer called **“the Ukrainian Sacred Music Workshop”**. It will take place from July 31 to August 4 at All Saints Camp in Emlenton, Pennsylvania. Participants will be able to sing Ukrainian choral compositions by the likes of Vedel, Berezovsky, and Bortniansky. They will also have a chance to network with fellow liturgical singers from around the world. This year's musical director will be Melita Mudri-Zubacz, who has decades of experience and higher education in Eastern liturgical conducting. Ages 14 +. More information can be found at www.banduracamp.org/ukrainiansacredmusic .



**Ukrainian Catholic Eparchy of Edmonton Altar Boy Camp
August 5th to August 10th, 2024**

Camp St. Basils @ Pigeon Lake, AB

The Altar Boys of the Ukrainian Catholic Eparchy of Edmonton serve an integral part in our church celebrations and again are given an opportunity to attend the Annual Altar Boy Camp to learn more about their church, faith, and each other. The camp will offer spiritual, cultural, recreational activities and great food!

WHO IS INVITED TO ATTEND?

- ◆ All active Altar Boys of the Ukrainian Catholic Eparchy 7 years and older
- ◆ Boys of the Ukrainian Catholic Eparchy wishing to become active Altar Boys and who have not had an opportunity to learn to serve.



Please bring a rosary

CAMP DATES

Monday, August 5th, 2024
 ◆ Camp Registration: 3:00 – 4:30 p.m.
 ◆ Supper for Altar Boys and Staff: 6:00 p.m.

August 6th – August 9th, 2024
 ◆ Daily Program Activities: Liturgy, Religious Instruction, Sports/Waterfront Activities, and Crafts

Saturday, August 10th, 2024
 ◆ 10:30 a.m. Liturgy for campers, parents, and staff
 ◆ Closing of Camp and pick-up of Acolytes by 12 noon.

CAMP INFORMATION

Spiritual Director: Father Thomas Kobak, OSBM fr.kobak@eeparchy.com
 Telephone: (780) 434 8010
 General Information: Ken Stelmach kenstelmach@hotmail.com

REGISTRATION

<https://form.jotform.com/241278514682259>



\$400.00 per Altar Boy camper

The Basilian Fathers and Parishioners invite you to the Annual Pilgrimage of Sts. Peter & Paul Parish in Mundare, AB



Saturday, June 22, 2024

5:00PM - Vespers with lyrics for Sts. Peter & Paul Feast in the Pioneer Chapel

Sunday, June 23, 2024

8:00AM - Divine Liturgy and Confessions
 9:15AM - Blessing of the Water
 10:00AM - Hierarchical Divine Liturgy with Bishop David Motiuk
 1:00PM to 2:00PM - Religious articles will be blessed in the Pioneer Chapel
Museum will stay open for those wishing to buy rosaries and holy items before and after the Hierarchical Divine Liturgy

Following the Hierarchical Divine Liturgy **Dinner** will be served at the Mundare Recreation Centre. **\$30.00 / plate**
 Tickets can be purchased by transfer to jmayko@yahoo.ca
 Or by cheque to John & Pat Mayko, Box 325, Mundare, AB, T0B 3H0



Summer Solstice Supper & Dance

JUNE 22ND



HOLY CROSS UKRAINIAN CATHOLIC PARISH
 9003 - 153 AVENUE NW, EDMONTON

COCKTAILS AT 5PM

Dinner at 6pm Ukrainian Feast by Legends Catering
 Entertainment by St. Albert DanceCo Ukrainian Dancers 8pm

Live music and dance at 9pm by Mike and the Relics
 Adult ONLY

Bar proceeds to Holy Cross Men's Club

Late night snacks
 \$50/person

Contact: Lisa 780-222-9155



Camp Oselia
 God's Playground

June 30 - July 5

July 7 - 12

Registrations are going fast. There are only about 10 spots left. Registration closes on the 20th of June.

Camposelia.ca



**Hey
 Young
 Adults**

(and middle aged ones too)

Shall we do another "Young Adult Ministry" Night soon?

Call or Text Fr. Bo or talk to him in person.

TRANSFORM YOUR LIFE. TRANSFORM YOUR PARISH. TRANSFORM THE WORLD.

LAY LEADERSHIP

Are you ready to take your faith to the next level? The Lay Leadership Program is your path to becoming a dynamic leader in your parish.

- 2-year formation program for ministry in catechesis, pastoral outreach, sacramental preparation, etc.
- Six 5-week online courses per year, no exams
- Parish sponsorship
- Program offered in English and Ukrainian

DIACONAL FORMATION

Feeling the call to serve your parish in a more purposeful way? The Diaconal Formation Program will deepen your faith and help you discern a vocation of service to the Church.

- 2-year Certificate in Eastern Theology
- 10 undergraduate courses



Ready to take the first steps in becoming an “active disciple?” Scan the QR code to apply by June 30, 2024.



The Next Couple Weeks at Holy Cross

Please let Fr. Bo know of any mistakes or if he is missing something.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>Fourth Sunday after Pentecost. Octoechos Tone 3. Our Holy Father and Wonderworker Tychon of Amathus (408-50). Apostles' Fast. Romans 6:18-23. Matthew 8:5-13.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy</p> <p>Yes Sunday School, Yes Coffee Hour</p>	<p>17 </p> <p>Holy Martyrs Manuel, Sabel and Ismael. Our Venerable Father Hypatius, Hegumen of Ruphenia (446). Apostles' Fast. Romans 12:4-5, 15-21. Matthew 12:9-13.</p> <p>10 am Bible Study</p>	<p>18 </p> <p>Holy Martyr Leontius (69-79). Apostles' Fast. Romans 14:9-18. Matthew 12:14-16, 22-30.</p> <p>9 am Graduation Mass for Gr. 6 Students at Ann Fitzgerald School</p> <p>Parish Bingo Fundraiser</p> <p>6:30 pm Private Marriage Prep (at church)</p>	<p>19 </p> <p>Holy Apostle Jude, Brother of the Lord According to the Flesh. Polyeleos Feast. Apostles' Fast. Abstinence from meat and foods that contain meat. Jude 1:1-10. John 14:21-24.</p> <p>9 am Divine Liturgy</p> <p>10 am Baptismal Prep</p> <p>9 am Nalysnyky Bee</p> <p>6:30 pm Private Marriage Prep (at church)</p>	<p>20 </p> <p>Holy Priest-Martyr Methodius, Bishop of Patara (311). Apostles' Fast. Romans 15:17-29. Matthew 12:46-13:3.</p> <p>10 am Funeral of + Nellie Zuk</p> <p>5:30 pm Appointment</p> <p>Please have all bulletin items submitted by the end of Thursday if possible.</p>	<p>21 </p> <p>Holy Martyr Julian of Tarsus (284-305). Apostles' Fast. Abstinence from meat and foods that contain meat. Romans 16:1-16. Matthew 13:3-9.</p> <p>National Indigenous People Day</p> <p>Kitchen Rental</p> <p>5:30 pm Appointment</p>	<p>22 </p> <p>Holy Priest-Martyr Eusebius, Bishop of Samosata (379-80). Apostles' Fast. Romans 8:14-21. Matthew 9:9-13.</p> <p style="font-size: 1.5em; color: blue;">Summer Solstice Supper & Dance</p> <p>Usual Bulletin writing and prep for Sunday day.</p>
<p>23</p> <p>Fifth Sunday after Pentecost. Octoechos Tone 4. Holy Martyr Agrippina. Apostles' Fast. Romans 10:1-10. Matthew 8:28-9:1.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy</p> <p>Yes Sunday School (the last one till fall), Yes Coffee Hour</p>	<p>24 </p> <p>Nativity of the Honourable and Glorious Prophet John, Forerunner and Baptist of Christ. All-Night Vigil Feast. Apostles' Fast. Romans 13:11b-14:4. Luke 1:1-25, 57-68, 76, 80.</p> <p>9 am Potato and Dough Prep (for Perogies)</p> <p>10 am Bible Study</p> <p>7 pm PPC Meeting</p>	<p>25 </p> <p>Holy Venerable-Martyr Febronia. Apostles' Fast. 1 Corinthians 1:1-9. Matthew 13:24-30.</p> <p>9 am Perogy Bee</p> <p>1:20 Appointment</p>	<p>26 </p> <p>Our Venerable Father David of Thessalonica (c. 530). Passing into Eternal Life (1941) of Blessed Mykola (Nicholas) Konrad, Pastor of Stradch, Founder of Obnova, Professor of the Lviv Theological Academy, and Martyr. Passing into Eternal Life (1941) of Blessed Volodymyr Pryjma, Cantor of Stradch and Martyr. Passing into Eternal Life (1941) of Blessed Andrii Ishchak, Pastor of Sykhiv, Professor of the Lviv Theological Academy, and Martyr. Apostles' Fast. Abstinence from meat and foods that contain meat. 1 Corinthians 2:9-3:8. Matthew 13:31-36.</p> <p>Last Day of Classes for ECSD</p> <p>9 am Divine Liturgy</p> <p>10 am Baptismal Prep</p>	<p>27 </p> <p>Bishop-Martyr Nykolai (Nicholas) Charnetsky and the Twenty-Seven Other New Blessed of the Church of Rus-Ukraine Beatified in 2001. Our Venerable Father Samson, Host of Strangers (527-65). Polyeleos Feast. Apostles' Fast. Ephesians 6:10-17. Luke 21:12-19.</p> <p>5:30 pm Appointment</p> <p>Please have all bulletin items submitted by the end of Thursday if possible.</p>	<p>28 </p> <p>Transfer of the Relics of the Holy Unmercenaries Cyrus and John (5th c.). Apostles' Fast. Abstinence from meat and foods that contain meat. 1 Corinthians 4:5-8. Matthew 13:44-54.</p> <p>6 pm Eparchial Youth Ministry Strategy Brainstorm at Holy Cross</p> <p>5:30 pm Appointment</p> <p>Last day of Apostles' Fast</p>	<p>29</p> <p>Holy, Glorious, All-Praiseworthy and Chief Apostles Peter and Paul. Passing into Eternal Life (1941) of Blessed Iakym (Joachim) (Senkivsky), Basilian Protohegoumen and Martyr of Drohobych, where his body was boiled. All-Night Vigil Feast. 2 Corinthians 11:21-12:9. Matthew 16:13-19.</p> <p>10 am Festal Divine Liturgy Mundare Vidpust</p>
<p>30</p> <p>Sixth Sunday after Pentecost. Octoechos Tone 5. Synaxis of the Holy, Glorious and All-Praiseworthy Twelve Apostles. Romans 12:6-14. 1 Corinthians 4:9-16. Matthew 9:1-8. Mark 3:13-19.</p> <p>9:30 am Rosary</p> <p>10 am Divine "Children's" Liturgy</p> <p>Yes Coffee Hour</p>	<p>July 1</p> <p>Holy Unmercenaries and Wonderworkers Cosmas and Damian. 1 Corinthians 5:9-6:11. Matthew 13:54-58.</p> <p>Canada Day</p> <p>10 am Bible Study</p>	<p>2</p> <p>Placing of the Precious Robe of Our Most Holy Lady and the Mother of God in the Church at Blachernae in Constantinople. Verkhratska Weeping Icon of the Mother of God (1688). Polyeleos Feast. Hebrew 9:1-7. Luke 10:38-42, 11:27-28.</p> <p>First Day of Summer</p> <p>10:30 Venta Care Center Divine</p>	<p>3</p> <p>Holy Martyr Hyacinth. 1 Corinthians 7:12-24. Matthew 14:35-15:11.</p> <p>9 am Divine Liturgy</p> <p>10 am Baptismal Prep</p>	<p>4</p> <p>Our Holy Father Andrew the Jerusalemite, Archbishop of Crete (740). Venerable Martha, Mother of the Holy Simeon of the Mountain of Wonders. 1 Corinthians 7:24-35. Matthew 15:12-21.</p> <p>4 pm Wedding Rehearsal at the Cathedral</p>	<p>5</p> <p>Our Venerable Father Athanasius of Athos (c. 1003). Polyeleos Feast. Abstinence from meat and foods that contain meat. Galatians 5:22-6:2. Luke 6:17-23.</p> <p>5:30 pm Appointment</p>	<p>6</p> <p>Our Venerable Father Sisoës the Great (c. 429). Romans 12:1-3. Matthew 10:37-11:1.</p> <p>1 pm Wedding at the Cathedral</p>