



# Exaltation of the Holy Cross

## Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста

### Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

### Wednesdays:

- 9 am Divine Liturgy

### Most Major Feasts\*:

- 10 am or 7 pm Divine Liturgy

(\* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

**Pastor: Fr. Bo Nahachewsky**

780-340-3726 (call or text)  
fr.nahachewsky@eeparchy.com

**Deacon François Provençal**

**Deacon John Lukey**

johndebbielukey@yahoo.ca

Church Website:

**EHCUCP.CA**

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW  
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029  
Edmonton, AB T5C 3R6

More info on the next page.

## Sunday, April 14, 2024

**Third Sunday of Pascha. Sunday of the Myrrh-Bearing Women.  
Our Holy Father Martin the Confessor, Pope of Rome (655).  
Newly Revealed Martyrs Anthony, John and Eustathius (1342)**

# Christ is Risen! Христос воскрес!



## Sunday of the Myrrhbearing Women

by Fr. Thomas Hopko

The third Sunday after Pascha is dedicated to the myrrhbearing women who cared for the body of the Saviour at his death and who were the first witnesses of His Resurrection. The three troparia of Holy Friday are sung once again and from the theme of the day:

*The noble Joseph, when he had taken down Thy most pure body from the Tree, wrapped it in fine linen and anointed it with spices, and placed it in a new tomb.*

*When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead.*

*The angel came to the myrrhbearing women at the tomb and said: Myrrh is fitting for the dead, but Christ has shown Himself a stranger to corruption! So proclaim: The Lord is risen, granting the world great mercy.*



On Wednesday April 10<sup>th</sup> we had a brilliant time thinking about the future of our parish. Read more about it on page 4.

### Hall Rentals:

call Lisa at: 780-222-9155  
or email: hallrental@ehcucp

**Perohy Off Sales:** 780-478-4275

### Membership:

email: membership@ehcucp

### Funeral Dinners:

Call Cheryl: 780-456-2828

*Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.*

### Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky  
Deacon - Dcn. John Lukey  
President – Mark Helmak  
Past President – Peter Fedorak  
1st Vice-President – Mark Ramsankar  
2nd Vice-President – Deacon John Lukey  
Secretary – Gwen Uchach  
Treasurer – Dale Kluk  
Archivist – Diana Horyn  
Cultural – Maryka Bodnar  
Fundraising – Terry Yakimec  
Hall Rental – Lisa Borosuik & Gladys Woitas  
Ladies' Club – Heather Gauthier  
Knights of Columbus – Darrell Uchach  
Men's Club President – Marc Chiasson  
Youth Coordinator – Emmette Lysak  
Maintenance – Larry Waye  
Membership – J'lyn Ramsankar  
Social – Edd Horyn  
Spiritual – Elizabeth Podloski

### Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

### Weddings:

- Contact Fr. Bo, at least a year in advance if possible

### Funerals:

- Contact Fr. Bo, as soon as you are able.

### Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

## Parish News:

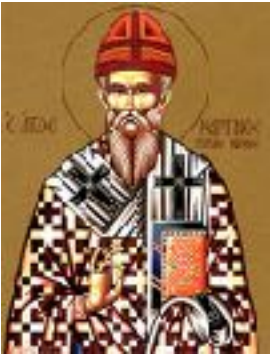
- Our prayers are with the Family of Orest Next **Knights of Columbus** meeting is Monday, April 15 at 7:30
- Next **Young Adults** meeting will be Tuesday, April 16 at 6 pm.
- Next **Youth Ministry** meeting will be Wednesday, April 17 at 6 pm. This is open to all who are interested in any form of youth ministry within the parish, both adults and kids.
- Next **Men's Club** meeting is April 22 at 7 pm.
- Next **Ladies' Club** meeting is May 6 at 7 pm.
  - Get any agenda items for any of these above meetings to the right people asap.
- Come be on a **Greeter and Coffee Hour** team. Simply call Diana Horyn at 780-455-9926.
- **Come join our Choir.** They are an awesome group! If you are interested just introduce yourself!
- **BINGO !!** The team of bingo volunteers needed to host our monthly bingos is in dire need of new volunteers willing to step up and support this reliable fundraiser. Please call our volunteer chairperson, Darlene @ 780-476-8797.
- **Are you interested in joining our parish officially?** Speak to J'lynn. If you don't know who she is, talk to Fr. Bo and he'll introduce you to her, or get you in contact with her. Benefits of membership include, reduced rental rates, a warm fuzzy feeling, a nice box of envelopes, and much more.
- May 4 & 5 - Our **First Solemn Communion** Weekend
- Holy Cross Ladies' Club is **looking for a casual cook** for our parish. The position requires flexibility as functions/events occur on an as needed ongoing basis. Please get in touch with Dianne Kluk at 780 242-1534 for further information.
- **Any 50<sup>th</sup> Anniversaries?** Let us know so that we can congratulate you and give you a plaque. Call Diana Horyn at 780-455-9926
- We are **recording our Liturgies** for those who are not able to come in person to church. Please note that the **recorded Liturgies** are not intended to be an option for those who simply want to stay at home.

## New Format for our Bulletin

As you can see our bulletins are not exactly what they once were. Even though the bulletins are several pages thicker, in the big picture they actually cost less than what they were costing us before. This is because we are no longer needing to order the colour icon sheets from the USA.

However after several conversations I have decided to make some more changes, even though it is a bit more work for me. This is to further reduce costs and photocopying, yet without sacrificing any content.

1. The **Changeable Parts** for the liturgy will now be printed on a separate sheet, and will NOT be found on the back page of the bulletin. They will be available in the entrance of the church when you come in. It is our hope that families can now take only one bulletin and as many Changeable Parts sheets as needed, instead of each person taking the entire bulletin to follow along in the Liturgy.
2. The "Kid's Page" is now also a separate "**Kid's Bulletin.**" Now every every kid can get one. These too will be available in the entrance. However those without little kids will not have an extra page making their printed bulletin unnecessarily big. (But you can still take them for your grandkids if they wish).
3. As before all bulletins are still available online at our website, and soon we hope to have them back up on facebook (and other Social Media



## Saint Martin the Confessor, Pope of Rome

from [oca.org](http://oca.org)

Commemorated on [April 14](#)

Saint Martin the Confessor, Pope of Rome, was a native of the Tuscany region of Italy. He received a fine education and

entered into the clergy of the Roman Church. After the death of Pope Theodore I (642-649), Martin was chosen to succeed him.

At this time the peace of the Church was disturbed by the Monothelite heresy (the false doctrine that in Christ there is only one will, whereas in fact He has a divine, and a human will). The endless disputes of the Monothelites with the Orthodox took place in all levels of the population. Even the emperor Constans (641-668) and Patriarch Paul of Constantinople (641-654) were adherents of the Monothelite heresy. The emperor Constans II published the heretical "Pattern of Faith" (Typos), obligatory for all the population. In it all further disputes were forbidden.

The heretical "Pattern of Faith" was received at Rome in the year 649. Saint Martin, a firm supporter of Orthodoxy, convened the Lateran Council at Rome to condemn the Monothelite heresy. At the same time Saint Martin sent a letter to Patriarch Paul, persuading him to return to the Orthodox confession of faith. The enraged emperor ordered the military commander Olympius to bring Saint Martin to trial. But Olympius feared the clergy and the people of Rome who had descended upon the Council, and he sent a soldier to murder the holy hierarch. When the assassin approached Saint Martin, he was blinded. The terrified Olympius fled to Sicily and was soon killed in battle.

In 654 the emperor sent another military commander, Theodore, to Rome. He accused Saint Martin of being in secret correspondence with the enemies of the Empire, the Saracens, and of blaspheming the Most Holy Theotokos, and of uncanonically assuming the papal throne.

Despite the proofs offered by the Roman clergy and laity of Saint Martin's innocence, the military commander Theodore with a detachment of soldiers seized Saint Martin by night and took him to Naxos, one of the Cyclades islands in the Aegean Sea. Saint Martin spent an entire year on this almost unpopulated island, suffering

deprivation and abuse from the guards. Then they sent the exhausted confessor to Constantinople for trial.

They carried the sick man on a stretcher, but the judges callously ordered him to stand up and answer their questions. The soldiers propped up the saint, who was weakened by illness. False witnesses came forward slandering the saint and accusing him of treasonous relations with the Saracens. The biased judges did not even bother to hear the saint's defence. In sorrow he said, "The Lord knows what a great kindness you would show me if you would deliver me quickly over to death."

After such a trial they brought the saint out in tattered clothes to a jeering crowd. They shouted, "Anathema to Pope Martin!" But those who knew the holy Pope was suffering unjustly, withdrew in tears. Finally the sentence was announced: Saint Martin was to be deposed from his rank and executed. They bound the half-naked saint with chains and dragged him to prison, where they locked him up with thieves. These were more merciful to the saint than the heretics.

In the midst of all this the emperor went to the dying Patriarch Paul and told him of the trial of Saint Martin. He turned away from the emperor and said, "Woe is me! This is another reason for my judgment." He asked that Saint Martin's torments be stopped. The emperor again sent a notary and other persons to the saint in prison to interrogate him. The saint answered, "Even if they cripple me, I will not have relations with the Church of Constantinople while it remains in its evil doctrines." The torturers were astonished at the confessor's boldness, and they commuted his death sentence to exile at Cherson in the Crimea.

Saint Martin departed to the Lord, exhausted by sickness, hunger and deprivations on September 16, 655. Two other bishops, who were banished to Cherson, also died after many hardships. The Saint was buried just outside the city of Cherson, in the Blachernae church of the Most Holy Theotokos. Great crowds of people visited his tomb because of the many miracles which took place there. Later, his relics were transferred to Rome, and placed in a church dedicated to Martin of Tours (November 11). The transfer of his relics is commemorated on November 12.

The Monothelite heresy was condemned at the Sixth Ecumenical Council in 680.

In Greek usage, the holy Confessor Martin is commemorated on April 13 and on September 20, while the Slavic churches commemorate him on April 14.

---

## What a Lovely Easter "Blessed Breakfast" we had.

Last week after the Divine Liturgy over 200 people shared a fabulous meal provided by our many volunteers. Special thanks to all of you, especially the Ladies' Club members who organized, and the Men's Club who assisted and held a raffle. This parish has great people in it who generously give of their time and energy. May God bless you all.

Normally I would post several pictures of the event here... but I don't have any. If you have some nice photos, send them my way and I will include them in next weeks bulletin.





## What would we like to see in our beautiful Parish's future?

Sixteen of us gathered last Wednesday in our hall to discuss our hopes and dreams for this community. Even though we did not concretely make many plans for events, (although we did make one plan) we did discuss quite a few topics which will directly influence our future decision making.

### “Which gifts has God blessed us with?”

The first thing we discussed was “Which gifts has God blessed us with?” We were not talking about our lovely building, but rather our community's talents and abilities. We noted that we have lots of great things happening already and are capable of doing much more. We have:

- A welcoming parish (which could always become more so).
- We have a very rich Spiritual Tradition
- We serve both English praying people and those who are bilingual.
- We have access to technologies now that were not existing before, including a good sound system.
- We have great groups, like our Ladies' & Men's Clubs, the Knights of Columbus and a beginning of a Young Adults group.
- We have a superb program for little children each week (Sunday School), with gifted teachers.
- We have a Bible Study, and we have the potential to expand on it so that more people at various times can also learn from Sacred Scriptures.
- Our Choir sings beautifully
- Our community contains many professionals
- We have a spunky Catechetical Puppet
- We have a lovely number of great volunteers
- A wonderful First Solemn Communion teacher
- Many of our parishioners are available to volunteer even during the day
- We have no debt
- An effective Parish Pastoral Council
- The best cooks ever!

- an Iconographer available to us
- We are living in a peaceful country
- and we are very good looking (even if we sometimes lack humility).

### Who do we need to add to our community? Who is our “target group(s)” for our growth.

We certainly wish to see more young families in our parish, this is clear. Some of these young families are our families. We do wish to bring our own children and grandchildren, some of which do not regularly come to the Church. We discussed wanting those who are traditional and non-traditional, Ukrainians and non-Ukrainians, the young but also the old, the seriously faithful and those who are just exploring their faith, those who can sing well and maybe a few who can't, and certainly those who currently feel unwelcome in the church including divorcees, single parents, the disabled, people of other cultures, and members of various minorities and “fringe groups”. We wish to be open to all.

### What do we dream of (with no limits)?

There is a desire to have a retirement home for seniors nearby that the parish can welcome people into. We want happy, charitable, peaceful welcoming parishioners who fill the church. We want a swimming pool with a cool slide, and a fat bank account so that we never have to worry about finances. We want inspiring, prayerful and good tempo-ed services. We want to be a community that serves the poor and needy, and that can truly feel the presence of God. And more falafels and tacos.

### What should we prioritize?

Well... there were several ideas thrown out, including some improvements to our bulletin (which I am... ..implementing now) and learning about a program such as “Alpha” which we could use to engage some people in the faith.

However we all realized this topic is one we will need to spend time on next time. And next time **hopefully you will be part of the discussion.**

Let's meet again in a couple weeks and keep making our parish bloom for the glory of God.

## Next Couple of Weeks at Holy Cross Parish

Note: If you are looking for the readings of the day, or the type of fasting required (if any) please check the online parish calendar on our website, or your liturgical calendar.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>14</b></p> <p>Third Sunday of Pascha. <b>Sunday of the Myrrh-Bearing Women.</b> Our Holy Father Martin the Confessor, Pope of Rome (655). Newly Revealed Martyrs Anthony, John and Eustathius (1342). Acts 6:1-7. Mark 15:43-16:8.</p> <p><b>9:30 am Rosary</b></p> <p><b>10 am Divine Liturgy</b></p> <p>Yes Sunday School and Yes Coffee Hour</p> <p><b>Panachyda for both + Terry Miskew and + Stella Monchakowski</b></p> <p><b>2 pm Divine Liturgy at St. Michael's Extended Care</b></p> <p><b>3 pm Ukrainian War Requiem at St. Basil's Ukrainian Catholic Church.</b></p>	<p><b>15</b></p> <p>Holy Apostles Aristarchus, Pudens and Trophimus (54-68). Acts 6:8-7:5, 47-60. John 4:46-54.</p> <p><b>10 am Bible Study</b></p> <p><b>7:30 pm Knights of Columbus Meeting</b></p>	<p><b>16</b></p> <p>Holy Virgins and Martyrs Agapia, Irene and Chionia (284-305). Acts 8:5-17. John 6:27-33.</p> <p>Often Fr. Bo Visit's Ann Fitzgerald School on Tuesday Afternoons</p> <p><b>6 pm Young Adults Meeting.</b></p>	<p><b>17</b></p> <p>Our Venerable Father Simeon of Persia (341). Venerable Acacius, Bishop of Melitene (431-50). Acts 8:18-25. John 6:35-39.</p> <p><b>9 am Divine Liturgy</b></p> <p><b>6 pm Youth Ministry Meeting. Everyone Welcome.</b></p>	<p><b>18</b></p> <p>Our Venerable Father John, Disciple of Gregory the Decapolitan (c. 842). Acts 8:26-39. John 6:40-44.</p> <p>Often Fr. Bo Visit's St. Matthew's School on Thursday Mornings</p> <p>If you have anything for the bulletin please send it to Fr. Bo by the end of this day.</p> <p>Thursdays are typically Fr. Bo's Day off.</p> <p>5:30 Appointment</p>	<p><b>19</b></p> <p>Our Venerable Father John the Ancient Hermit (c. 800). Abstinence from meat and foods that contain meat. Acts 8:40-9:19. John 6:48-54.</p> <p>5:30 Appointment</p>	<p><b>20</b></p> <p>Our Venerable Father Theodore Trichinas (that is, the one who wears a hair shirt). Holy Anastasius of Mt. Sinai (686). Acts 9:20-31. John 15:17-16:2.</p> <p><b>2pm First Solemn Communion</b></p> <p><b>Some of us go spy on St. Sophia's Perogy Supper to learn how they do it.</b></p>
<p><b>21</b></p> <p>Fourth Sunday of Pascha - <b>Sunday of the Paralytic.</b> Holy Priest-Martyr Januarius and Those with Him (305-11). Holy Martyr Theodore of Perga (138-61). Acts 9:32-42. John 5:1-15.</p> <p><b>9:30 am Rosary</b></p> <p><b>10 am Divine Liturgy</b></p> <p>Yes Sunday School and Yes Coffee Hour</p> <p><b>2 pm Divine Liturgy at St. Michael's Extended Care</b></p>	<p><b>22</b></p> <p>Our Venerable Father Theodore of Syceum (613). Acts 10:1-16. John 6:56-69.</p> <p><b>10 am Bible Study</b></p> <p><b>10:30 Bylaw Committee Meeting</b></p> <p><b>7 pm Men's Club Meeting</b></p>	<p><b>23</b></p> <p><b>Holy and Glorious Great-Martyr, Victory-bearer and Wonderworker George.</b> Acts 10:21-33. Acts 12:1-11. John 7:1-13. John 15:17-16:2.</p> <p>10 am Appointment</p> <p>Often Fr. Bo Visit's Ann Fitzgerald School on Tuesday Afternoons</p>	<p><b>24</b></p> <p><b>Mid-Pentecost.</b> Holy Martyr Sabbas Stratelates ("the General") (364-78). Acts 14:6-18. John 7:14-30.</p> <p><b>9 am Divine Liturgy (Deacon John Preaches)</b></p> <p><b>Parish Bingo Fundraiser</b></p> <p><b>Camp Oselia Society Meeting at 7 pm</b></p>	<p><b>25</b></p> <p><b>Holy Apostle and Evangelist Mark</b> (54-68). Polyelos Feast. Acts 10:34-43. 1 Peter 5:6-14. John 8:12-20. Mark 6:7-13.</p> <p>Often Fr. Bo Visit's St. Matthew's School on Thursday Mornings</p> <p>If you have anything for the bulletin please send it to Fr. Bo by the end of this day.</p> <p>Thursdays are typically Fr. Bo's Day off.</p> <p>5:30 Appointment</p>	<p><b>26</b></p> <p>Holy Priest-Martyr Basil, Bishop of Amasia (c. 322). Abstinence from meat and foods that contain meat. Acts 10:44-11:10. John 8:21-30.</p> <p>5:30 Appointment</p>	<p><b>27</b></p> <p>Holy Priest-Martyr Simeon, Relative of the Lord. Our Venerable Father Stephen, Bishop of Volodymyr in Volhynia (1094). Acts 12:1-11. John 8:31-42.</p> <p><b>2pm First Solemn Communion</b></p>

Calling all GOLFERS! Holy Eucharist Parish Social Golf Tournament will take place on June 22 2024 1:00 PM @ RUNDLE PARK GOLF COURSE 2902 118 Ave NW. \$100 includes: 18 holes/shotgun start. Everyone rides on a power cart Holes prizes w/ bagged lunch, Registration Deadline May 15. Contact: Darrell Holowaychuk holowaychuk@shaw.ca

The Eparchial Altar Boy camp will be held August 5 to 10, 2024 at Camp St. Basils for boys ages 7 years and older. The overnight camp is not only for boys who currently serve, but for those who are interested in learning about the many jobs involved in serving. The camp provides an opportunity for the boys to further develop their knowledge of serving, the important role they do, their Ukrainian Catholic Faith, and each other. The camp also includes sports, crafts, other activities and great food. Registration information will be available in the coming weeks. Please mark your calendars! For further information at this time, contact Ken Stelmach at kenstelmach@hotmail.com.