



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста

Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am or 7 pm Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

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fr.nahachewsky@eeparchy.com

Deacon François Provençal

Deacon John Lukey

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Church Website:

EHCUCP.CA

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Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

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Church Address:

9003 - 153 Avenue NW
Edmonton, AB

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Edmonton, AB T5C 3R6

More info on the next page.

Sunday, April 7, 2024

Second Sunday of Pascha. Thomas Sunday. Our Venerable Father George, Bishop of Mitylene (829-42). Passing into Eternal Life (1919) of Blessed Josaphata Hordashevskia, First Superior of the Sisters Servants of Mary Immaculate.

Christ is Risen! Христос воскрес!



Our Annual “Blessed Breakfast” will take place today after the Divine Liturgy.

Thank YOU to all who have been doing so much to prepare this lovely meal for our parish.

See you there...

assuming you have a ticket

The Men's Club Easter Blessed Breakfast Raffle will take place during this event.



Hall Rentals:

call Lisa at: 780-222-9155
 or email: hallrental@ehcucp

Perochy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
 Deacon - Dcn. John Lukey
 President – Mark Helmak
 Past President – Peter Fedorak
 1st Vice-President – Mark Ramsankar
 2nd Vice-President – Deacon John Lukey
 Secretary – Gwen Uchach
 Treasurer – Dale Kluk
 Archivist – Diana Horyn
 Cultural – Maryka Bodnar
 Fundraising – Terry Yakimec
 Hall Rental – Lisa Borosuik & Gladys Woitas
 Ladies' Club – Heather Gauthier
 Knights of Columbus – Darrell Uchach
 Men's Club President – Marc Chiasson
 Youth Coordinator – Emmette Lysak
 Maintenance – Larry Waye
 Membership – J'lyn Ramsankar
 Social – Edd Horyn
 Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

Weddings:

- Contact Fr. Bo, at least a year in advance if possible

Funerals:

- Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.

Saint Thomas Sunday: Antipascha

by Fr. Thomas Hopko

Every day during the week of Easter, called Bright Week by the Church, the paschal services are celebrated in all their splendour. The Easter baptismal procession is repeated daily. The royal gates of the sanctuary remain open. The joy of the Resurrection and the gift of the Kingdom of eternal life continue to abound. Then, at the end of the week, on Saturday evening, the second Sunday after Easter is celebrated in remembrance of the appearance of Christ to the Apostle Thomas “after eight days” (Jn 20.26).



It is important to note that the number eight has symbolical significance in both Jewish and Christian spiritual tradition. It signifies more than completion and fullness; it signifies the Kingdom of God and the life of the world to come since seven is the number of earthly time. The sabbath, the seventh day, is the blessed day of rest in this world, the final day of the week. The “first day of the week,” the day “after Sabbath”; stressed in all of the gospels as the day of Christ’s Resurrection (Mk 16.1, Mt 28.1, Lk 24.1, Jn 20.1, 19), is therefore also “the eighth day,” the day beyond the confines of this world, the day which stands for the life of the world to come, the day of the eternal rest of the Kingdom of God (see Heb 4).

The Sunday after Easter, called the Second Sunday, is thus the eighth day of the paschal celebration, the last day of Bright Week. It is therefore called the Antipascha, and it was only on this day in the early church that the newly-baptized Christians removed their robes and entered once again into the life of this world.

In the Church services the stress is on the Apostle Thomas’ vision of Christ and the significance of the day comes to us in the words of the gospel:

Then He said to Thomas, “Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing.” Thomas answered Him, “My Lord and my God!” Jesus said to him, “Have you believed because you have seen Me? Blessed are those who have not seen and yet believe” (Jn 20.27–29).

We have not seen Christ with our physical eyes nor touched His risen body with our physical hands, yet in the Holy Spirit we have seen and touched and tasted the Word of Life (1 Jn 1.1–4), and so we believe.

At each of the daily services until Ascension Day we sing the Easter Troparion. At each of the Sunday services beginning with Antipascha, we sing the Easter canon and hymns, and repeat the celebration of the “first day of the week” on which Christ rose from the dead. At all of the liturgies the epistle readings are taken from the Book of Acts telling us of the first Christians who lived in communion with the Risen Lord. All of the gospel readings are taken from the Gospel of Saint John, considered by many to be a gospel written particularly for those who are newly-baptized into the new life of the Kingdom of God through death and new birth in Christ, in the name of the Holy Trinity. The reason for this opinion is that all of the “signs”—as the miracles in Saint John’s Gospel are called—deal with sacramental themes involving water: wine and bread. Thus, each of the Sundays after Thomas Sunday with the exception of the third, is dedicated to the memory of one of these “signs.”



Parish News:

•The Servant of God + **Allan Miskiwi passed away**, and his funeral will take place on April the 11th in our parish at 10 am. Our condolences to Lillian and the family. May God grant him eternal memory.

- On Wednesday April 10th at 6 pm:

Let's share some ideas for our parish to consider.

I am inviting you to an informal discussion with me and other parishioners to talk about the directions we would like to see our parish move in. Come let's make stuff happen for the Glory of God!

- Next **Knights of Columbus** meeting is April 15 at 7:30
- Next **Young Adults** meeting might be April 16 at 6 pm... however I need the Y.A. to send me a text if this works for them... 780-340-3726.
- Next **Youth Ministry** meeting is overdue. Will Wednesday the 17th work? call or text me.
- Next **Men's Club** meeting is April 22 at 7 pm
- Next **Ladies' Club** meeting is May 6 at 7 pm
 - Get any agenda items for any of these meetings to the right people asap.
- Come be on a **Greeter and Coffee Hour** team. Simply call Diana Horyn at 780-455-9926.
- **Are you interested in joining our parish officially?** Speak to J'lynn. If you don't know who she is, talk to Fr. Bo and he'll introduce you to her, or get you in contact with her. Benefits of membership include, reduced rental rates, a warm fuzzy feeling, a nice box of envelopes, and much more.
- **May 4 & 5 - Our First Solemn Communion Weekend**
- **Come join our Choir.** They are an awesome group! If you are interested just introduce yourself!
- Holy Cross Ladies' Club is **looking for a casual cook** for our parish. The position requires flexibility as functions/events occur on an as needed ongoing basis. Please get in touch with either Heather Gauthier at 780 982-4189 or Dianne Kluk at 780 242-1534 for further information.

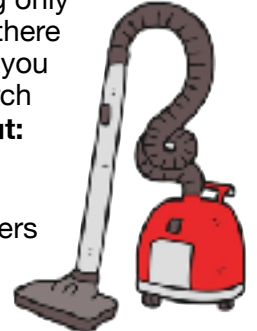
- **Any 50th Anniversaries?** Let us know so that we can congratulate you and give you a plaque. Call Diana Horyn at 780-455-9926
- We are **recording our Liturgies** for those who are not able to come in person to church. Please note that the **recorded Liturgies** are not intended to be an option for those who simply want to stay at home.
- **BINGO !!** The team of bingo volunteers needed to host our monthly bingos is in dire need of new volunteers willing to step up and support this reliable fundraiser. Please call our volunteer chairperson, Darlene @ 780-476-8797.

- Happy Birthday to **Sophie Puchalik** who turned 99 years young! Mnohaya Lita.



See, I told you I'd vacuum.

On Holy Saturday I made a joyful mess with confetti. I cleaned up most of it leaving only a few intentional sparkly bits here and there to remind you that Christ has Risen! If you happen to spot any confetti in our church and/or hall.... **please joyfully shout out: "Christ is Risen!"** and carry on. If and when they all eventually disappear, I promise to make other glorious reminders for everyone, so that we can eternally celebrate the Resurrection of Christ.



Kid's Bulletin Page

Kids: you are important and we love you. This page is for you.

Thomas Wants To Know For Sure

One Sunday evening, Jesus' disciples were together in a room. They closed the doors because they were afraid of the Jews.

Suddenly, Jesus was there with them. He said, "Peace be to you!" and showed them the nail holes in His hands and the spear hole in His side.

The disciples were so happy to see the Lord Jesus! He told them that He was going to send them out to help others learn about God. Then, He breathed on them and told them, "Receive the Holy Spirit." It was a very special time for the disciples.

One disciple, Thomas, was not in the room when Jesus came. Later, when the others told Thomas what he had missed, he said, "I will not believe unless I can see —and even touch—the nail and spear marks for myself!"

Eight days later, the disciples were together in the closed room again. This time, Thomas was with them. Jesus came to them again and again said, "Peace be to you!" Then He went to Thomas and said, "Look, Thomas! See the holes in my hands and side? Here, touch them, and believe!"

Thomas answered, "My Lord and my God!"

Jesus said, "You believe because you got to see it for yourself. People who don't get to see it for themselves, who believe anyway, are blessed."

Jesus did so many other things that couldn't all be written down. But the ones that were written, were written so that we can believe that Jesus is the Son of God. By believing, we can have life!

THE DOUBTING THOMAS



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Pre-12



Visit www.antiochian.org/LetUsAttend for free downloads related to this Gospel story: mp3 audio, coloring sheet, script for readers' theater, and handouts for preschool through high school. Find us on Facebook at www.facebook.com/AODCE.

Next Couple of Weeks at Holy Cross Parish

Note: If you are looking for the readings of the day, or the type of fasting required (if any) please check the online parish calendar on our website, or your liturgical calendar.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>7</p> <p>Second Sunday of Pascha. Thomas Sunday. Our Venerable Father George, Bishop of Mitylene (829-42). Passing into Eternal Life (1919) of Blessed Josphata Hordashevskia, First Superior of the Sisters Servants of Mary Immaculate. Acts 5:12-20. John 20:19-31.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy</p> <p>Yes. Sunday School but... No, Coffee Hour but instead we will have: EASTER BLESSED BREAKFAST</p> <p>2 pm Divine Liturgy at St. Michael's Extended Care</p>	<p>8</p> <p>Holy Apostles Herodion, Agabus, Rufus, Asyncretus, Phlegontus and Hermes. Acts 3:19-26. John 2:1-11.</p> <p>10 am Bible Study</p>	<p>9</p> <p>Holy Martyr Eupsichius (360-63). Acts 4:1-10. John 3:16-21.</p> <p>10 am Clergy Conference</p> <p>(Often Fr. Bo Visit's Ann Fitzgerald School on Tuesday Afternoons)</p>	<p>10</p> <p>Holy Martyrs Terence, Pompeius and others with them. Acts 4:13-22. John 5:17-24.</p> <p>9 am Divine Liturgy</p> <p>6 pm Casual but Important Parish Idea Sharing Night. Everyone is invited.</p>	<p>11</p> <p>Holy Priest-Martyr Antipas, Bishop of Pergamos in Asia (81-96). Acts 4:23-31. John 5:24-30.</p> <p>10 am Funeral of +Allen Miskiwi</p> <p>(Often Fr. Bo Visit's St. Matthew's School on Thursday Mornings)</p> <p>If you have anything for the bulletin please send it to Fr. Bo by the end of this day.</p> <p>Thursdays are typically Fr. Bo's Day off.</p> <p>5:30 Appointment</p>	<p>12</p> <p>Our Venerable Father and Confessor Basil, Bishop of Parios (741-75). Abstinence from meat and foods that contain meat. Acts 5:1-11. John 5:30-6:2.</p> <p>5:30 Appointment</p>	<p>13</p> <p>Holy Priest-Martyr Artemon and those with him (284-305). Acts 5:21-33. John 6:14-27.</p> <p>2pm First Solemn Communion</p>
<p>14</p> <p>Third Sunday of Pascha. Sunday of the Myrrh-Bearing Women. Our Holy Father Martin the Confessor, Pope of Rome (655). Newly Revealed Martyrs Anthony, John and Eustathius (1342). Acts 6:1-7. Mark 15:43-16:8.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy</p> <p>Yes Sunday School and Yes Coffee Hour</p> <p>2 pm Divine Liturgy at St. Michael's Extended Care</p> <p>3 pm Ukrainian War Requiem at St. Basil's Ukrainian Catholic Church.</p>	<p>15</p> <p>Holy Apostles Aristarchus, Pudens and Trophimus (54-68). Acts 6:8-7:5, 47-60. John 4:46-54.</p> <p>10 am Bible Study</p> <p>7:30 pm Knights of Columbus Meeting</p>	<p>16</p> <p>Holy Virgins and Martyrs Agapia, Irene and Chionia (284-305). Acts 8:5-17. John 6:27-33.</p> <p>Often Fr. Bo Visit's Ann Fitzgerald School on Tuesday Afternoons</p> <p>6 pm Proposed Young Adults Meeting. Call Fr. Bo if you are interested.</p>	<p>17</p> <p>Our Venerable Father Simeon of Persia (341). Venerable Acacius, Bishop of Melitene (431-50). Acts 8:18-25. John 6:35-39.</p> <p>9 am Divine Liturgy</p> <p>6 pm Proposed Youth Ministry Meeting. Call Fr. Bo.</p>	<p>18</p> <p>Our Venerable Father John, Disciple of Gregory the Decapolitan (c. 842). Acts 8:26-39. John 6:40-44.</p> <p>Often Fr. Bo Visit's St. Matthew's School on Thursday Mornings</p> <p>If you have anything for the bulletin please send it to Fr. Bo by the end of this day.</p> <p>Thursdays are typically Fr. Bo's Day off.</p> <p>5:30 Appointment</p>	<p>19</p> <p>Our Venerable Father John the Ancient Hermit (c. 800). Abstinence from meat and foods that contain meat. Acts 8:40-9:19. John 6:48-54.</p> <p>5:30 Appointment</p>	<p>20</p> <p>Our Venerable Father Theodore Trichinas (that is, the one who wears a hair shirt). Holy Anastasius of Mt. Sinai (686). Acts 9:20-31. John 15:17-16:2.</p> <p>2pm First Solemn Communion</p> <p>Some of us go spy on St. Sophia's Perogy Supper to learn how they do it.</p>
<p>21</p> <p>Fourth Sunday of Pascha - Sunday of the Paralytic. Holy Priest-Martyr Januarius and Those with Him (305-11). Holy Martyr Theodore of Perga (138-61). Acts 9:32-42. John 5:1-15.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy</p> <p>Yes Sunday School and Yes Coffee Hour</p> <p>2 pm Divine Liturgy at St. Michael's Extended Care</p>	<p>22</p> <p>Our Venerable Father Theodore of Syceum (613). Acts 10:1-16. John 6:56-69.</p> <p>10 am Bible Study</p> <p>7 pm Men's Club Meeting</p>	<p>23</p> <p>Holy and Glorious Great-Martyr, Victory-bearer and Wonderworker George. Acts 10:21-33. Acts 12:1-11. John 7:1-13. John 15:17-16:2.</p> <p>Often Fr. Bo Visit's Ann Fitzgerald School on Tuesday Afternoons</p>	<p>24</p> <p>Mid-Pentecost. Holy Martyr Sabbas Stratelates ("the General") (364-78). Acts 14:6-18. John 7:14-30.</p> <p>9 am Divine Liturgy</p> <p>Parish Bingo Fundraiser</p> <p>Camp Oselia Society Meeting at 7 pm</p>	<p>25</p> <p>Holy Apostle and Evangelist Mark (54-68). Polyeleos Feast. Acts 10:34-43. 1 Peter 5:6-14. John 8:12-20. Mark 6:7-13.</p> <p>Often Fr. Bo Visit's St. Matthew's School on Thursday Mornings</p> <p>If you have anything for the bulletin please send it to Fr. Bo by the end of this day.</p> <p>Thursdays are typically Fr. Bo's Day off.</p> <p>5:30 Appointment</p>	<p>26</p> <p>Holy Priest-Martyr Basil, Bishop of Amasia (c. 322). Abstinence from meat and foods that contain meat. Acts 10:44-11:10. John 8:21-30.</p> <p>5:30 Appointment</p>	<p>27</p> <p>Holy Priest-Martyr Simeon, Relative of the Lord. Our Venerable Father Stephen, Bishop of Volodymyr in Volhynia (1094). Acts 12:1-11. John 8:31-42.</p> <p>2pm First Solemn Communion</p>

Changeable Parts for Today's Divine Liturgy!

After "Blessed is the kingdom..." the priest and people take turns singing "Christ is risen..." three times.

After this **the Sunday School children are blessed** to go to the Sunday School room with their teachers.

Antiphon 1

Shout to the Lord, all the earth,* sing now to His name, give glory to His praise.

Through the prayers of the Mother of God, O Saviour, save us.

Say unto God, "How awesome are Your works* Because of the greatness of Your strength Your enemies will flatter You."

Through the prayers of the Mother of God, O Saviour, save us.

Let all the earth worship You and sing to You,* let it sing to Your name, O Most High!

Through the prayers of the Mother of God, O Saviour, save us.

Glory... Now... Only-begotten Son...

Antiphon 3

Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

Son of God, risen from the dead, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms.

Son of God, risen from the dead, save us who sing to You: Alleluia.

For God is the great Lord and the great king over all the earth.

Son of God, risen from the dead, save us who sing to You: Alleluia.

Troparion, Tone 7: While the tomb was sealed, O Christ God, You dawned as life from the sepulchre, and while the doors were shut, You came to Your disciples, the Resurrection of all, renewing a right spirit in us through them, according to Your great mercy.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 8: With his searching hand, Thomas explored Your life-giving side, O Christ God. For when You entered while the doors were shut, he

called out to You with the rest of the Apostles: You are my Lord and my God!

Prokeimenon, Tone 3

Great is our Lord and great is His strength;* and of His knowledge there is no end.

verse: Praise the Lord, for a psalm is good; may praise be sweet to our God.

Epistle: Acts 5:12-20 (NRSV)

A reading from the Acts of the Apostles.

In those days, many signs and wonders were done among the people through the apostles. And they were all together in Solomon's Portico. None of the rest dared to join them, but the people held them in high esteem. Yet more than ever believers were added to the Lord, great numbers of both men and women, so that they even carried out the sick into the streets, and laid them on cots and mats, in order that Peter's shadow might fall on some of them as he came by. A great number of people would also gather from the towns around Jerusalem, bringing the sick and those tormented by unclean spirits, and they were all cured. Then the high priest took action; he and all who were with him (that is, the sect of the Sadducees), being filled with jealousy, arrested the apostles and put them in the public prison. But during the night an angel of the Lord opened the prison doors, brought them out, and said, "Go, stand in the temple and tell the people the whole message about this life."

Alleluia verses: Tone 8

Come, let us sing joyfully to the Lord, let us acclaim God our Saviour.

For God is the great Lord and the great king over all the earth.

Gospel: John 20:19-31 (NRSV)

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But

he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

Hymn to the Mother of God

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem! for the glory of the Lord has risen upon you! Exult now and be glad, O Zion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn

Praise the Lord, O Jerusalem.* Praise your God, O Zion.* Alleluia, alleluia,* alleluia.

Instead of "Blessed is He Who comes..." we sing:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of "We have seen the true light..." we sing:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of "May our mouths be filled..." we sing:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life. (3x)

Instead of "Blessed be the name of the Lord..." we sing:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life. (3x)
Lord, have mercy. Lord, have mercy. Lord, have mercy. Give the blessing.

At the End:

Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life. (3x *First by the clergy, then the people, then half by the priest and the other half by the people*)

Priest: And to us He grants life eternal...

People: Let us bow to His resurrection on the third day.



UKRAINIAN WAR REQUIEM
BY TWO-TIME GRAMMY® NOMINEE BENEDICT SHEEHAN

CALGARY, APRIL 13, 7:00 P.M.
EDMONTON, APRIL 14, 3:00 P.M.

FEATURING MEMBERS FROM
Axios Men's Ensemble
Pro Coro Canada
Soloists from Ukraine and North America
Michael Zaugg, Conductor

Edmonton: April 14, 3:00pm - at St. Basil Ukrainian Catholic Church

For more information and to get tickets go to: www.axioschoir.com