



# Exaltation of the Holy Cross

## Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста

### Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

### Wednesdays of Lent:

- 7 pm Presanctified Liturgy

### Fridays of Lent:

- 10 am Akathist

### Most Major Feasts\*:

- 10 am or 7 pm Divine Liturgy

(\* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

### Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text)  
fr.nahachewsky@eeparchy.com

### Deacon François Provençal

### Deacon John Lukey

johndebbielukey@yahoo.ca

### Church Website:

**EHCUCP.CA**

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

### Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

Eparchy: 780-424-5496

### Church Address:

9003 - 153 Avenue NW  
Edmonton, AB

### Church Mailing Address:

Londonderry P.O. Box 70029  
Edmonton, AB T5C 3R6

More info on the next page.

## Sunday, March 3, 2024

Third Sunday of the Great Fast: Veneration of the Holy Cross.  
Octoechos Tone 7. Holy Martyrs Eutropius and His Companions  
Cleonicus and Basiliscus (286-305). Great Fast Day 21.



Join us for coffee after today's Liturgy!



### Upcoming Events at Holy Cross you really need to know about:

- **Lenten Series:** The Three Temptations of Christ - Thursdays, March 7, 14 & 21 at 7 pm till 8:30 pm
- **Parish Bake Sale:** Saturday, March 23 at 9 am till 12 Noon
- **Blessed Breakfast:** Sunday, April 7 after the 10 am Divine Liturgy: Tickets: \$20.00/Adult & \$8.00/Child. (On March 31 (Easter Sunday) the prices will go up to \$25.00/Adult so get them today!)

### Our Lenten Services and Events Schedule:

**Sundays:** No Change - 10 am Liturgy as usual.

**Wednesdays:** at 7 pm Presanctified Liturgy (no 9 am service)

**Fridays:** at 10 am Akathist Service (with Soroko-oosteh on days before an "All Souls Saturday").

**Confessions with Fr. Myron:** Sunday, March 3 (First Sunday).



## Sunday of the Holy Cross

On the Third Sunday of Great and Holy Lent, the Church commemorates the Precious and Life-Giving Cross of our Lord and Savior Jesus Christ. Services include a special veneration of the Cross, which prepares the faithful for the commemoration of the Crucifixion during Holy Week.

### Historical Background

The commemoration and ceremonies of the Third Sunday of Lent are closely parallel to the feasts of the Veneration of the Cross (September 14) and the Procession of the Cross (August 1). Not only does the Sunday of the Holy Cross

prepare us for commemoration of the Crucifixion, but it also reminds us that the whole of Lent is a period when we are crucified with Christ.

As we have "crucified the flesh with its passions and desires" (Galatians 5:24), and will have mortified ourselves during these forty days of the Fast, the precious and life-giving Cross is now placed before us to refresh...

**Hall Rentals:**

call Lisa at: 780-222-9155  
 or email: hallrental@ehcucp

**Perohy Off Sales:** 780-478-4275

**Membership:**

email: membership@ehcucp

**Funeral Dinners:**

Call Cheryl: 780-456-2828

*Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.*

**Parish Pastoral Council:**

Parish Priest – Fr. Bo Nahachewsky  
 Deacon - Dcn. François Provençal  
 President – Mark Helmak  
 Past President – Peter Fedorak  
 1st Vice-President – Mark Ramsankar  
 2nd Vice-President – John Lukey  
 Secretary – Gwen Uchach  
 Treasurer – Peter Fedorak  
 Archivist – Diana Horyn  
 Cultural – Mariyka Bodnar  
 Fundraising – Edd Horyn  
 Hall Rental – Lisa Borosuik & Gladys Woitas  
 Ladies' Club – Heather Gauthier  
 Knights of Columbus – Darrell Uchach  
 Men's Club President – Marc Chiasson  
 Youth Coordinator – Emmette Lysak  
 Maintenance – Larry Waye  
 Membership – J'lyn Ramsankar  
 Social – Vacant  
 Spiritual – Elizabeth Podloski

**Baptism, Chrismation & Eucharist:**

- Contact Fr. Bo, at least a month in advance if possible

**Weddings:**

- Contact Fr. Bo, at least a year in advance if possible

**Funerals:**

- Contact Fr. Bo, as soon as you are able.

**Confessions:**

- Sundays from 9 till 9:30 with Fr. Bo
- First Sundays of the month with Fr. Myron before and during the Liturgy
- or anytime, just call Fr. Bo to arrange it.



... our souls and encourage us who may be filled with a sense of bitterness, resentment, and depression. The Cross reminds us of the Passion of our Lord, and by presenting to us His example, it encourages us to follow Him in struggle and sacrifice, being refreshed, assured, and comforted. In other words, we must experience what the Lord experienced during His Passion - being humiliated in a shameful manner. The Cross teaches us that through pain and suffering we shall see the fulfillment of our hopes: the heavenly inheritance and eternal glory.

As they who walk on a long and hard way and are bowed down by fatigue find great relief and strengthening under the cool shade of a leafy tree, so do we find comfort, refreshment, and rejuvenation under the Life-giving Cross, which our Fathers "planted" on this Sunday. Thus, we are fortified and enabled to continue our Lenten journey with a light step, rested and encouraged.

Or, as before the arrival of the king, his royal standards, trophies, and emblems of victory come in procession and then the king himself appears in a triumphant parade, jubilant and rejoicing in his victory and filling those under him with joy, so does the Feast of the Cross precede the coming of our King, Jesus Christ. It warns us that He is about to proclaim His victory over death and appear to us in the glory of the Resurrection. His Life-Giving Cross is His royal scepter, and by venerating it we are filled with joy, rendering Him glory. Therefore, we become ready to welcome our King, who shall manifestly triumph over the powers of darkness.

The present feast has been placed in the middle of Great Lent for another reason. The Fast can be likened to the spring of Marah whose waters the children of Israel encountered in the wilderness. This water was undrinkable due to its bitterness but became sweet when the Holy Prophet Moses dipped the wood into its depth. Likewise, the wood of the Cross sweetens the days of the Fast, which are bitter and often grievous because of our tears. Yet Christ comforts us during our course through the desert of the Fast, guiding and leading us by His hand to the spiritual Jerusalem on high by the power of His Resurrection.

Moreover, as the Holy Cross is called the Tree of Life, it is placed in the middle of the Fast, as the ancient tree of life was placed in the middle of the garden of Eden. By this, our Holy Fathers wished to remind us of Adam's gluttony as well as the fact that through this Tree has condemnation been abolished. Therefore, if we bind ourselves to the Holy Cross, we shall never encounter death but shall inherit life eternal.

from [goarch.org](http://goarch.org)

## Keep Praying for our awesome First Solemn Communicants

who are all studying hard each Saturday at 2pm, and at home with their families too. Also keep praying for our lovely teachers too. Keep up the good work everyone.



# Aid to the Church in Ukraine (Great Lent)

Each year during Great Lent, the Eparchy of Edmonton takes a collection for the Church in Ukraine.

**The people of Ukraine need your help.** As the war continues in Ukraine, millions of the country's inhabitants are in dire straits often lacking the basic necessities of life. As part of your personal sacrifice, kindly consider making a donation towards providing emergency services and humanitarian and pastoral support to Ukrainians by offering care, medical supplies, food, clothing and shelter to displaced persons, the elderly and the sick, as well as educational programs and support to local priests.

**Our Baker's Update:** We made 52 chiffon cakes large and small sizes with 6 ladies helping.



**Thank you** to all of our awesome volunteers.

## Our Traditional "Pysanky" Easter Eggs Workshop

took place last Sunday and went very well. Thanks to those who participated and who organized.





Saints of the Day (from [oca.org](http://oca.org))

## Martyrs Eutropius, Cleonicus, and Basiliscus of Amasea

Commemorated on [March 3](#)

The Holy Martyrs Eutropius, Cleonicus and Basiliscus suffered in the city of Pontine Amasea (Asia Minor) in about the year 308.

The brothers Eutropius and Cleonicus, and Basiliscus the nephew of the Great Martyr Theodore the Recruit (February 17), were comrades. After the martyric death of Saint Theodore, they wound up in prison and by their preaching brought many of the pagans in prison with them to the Christian Faith.

When he tortured Saint Theodore, the governor Publius perished shamefully, struck down by divine wrath. Asclepiodotus was chosen as ruler of Amasea, and was more inhumane than his predecessor. Knowing the comrades of Saint Theodore the Recruit were all in prison, the governor commanded that they be brought to him. Saints Eutropius, Cleonicus and Basiliscus thus firmly confessed their faith in Christ before this new governor. They were mercilessly beaten, so that their bodies were entirely bruised.

As he was being tortured Saint Eutropius prayed loudly to the Savior, "Grant us, O Lord, to endure these wounds for the sake of the crown of martyrdom, and help us, as You helped Your servant Theodore." In answer to the saint's prayer, the Lord Himself appeared to the martyrs with His angels and the holy Great Martyr Theodore the Recruit, saying to them: "Behold, the Savior has come to help you, that you may know life eternal."

Soldiers and many of the people standing nearby were also granted to behold the Savior. They urged Asclepiodotus to halt the tortures. Seeing that the people were distraught and ready to believe in the true God, the governor commanded the martyrs to be taken away. The governor then invited Saint Eutropius to supper and urged him to offer public sacrifice to the pagan gods, yet remain a Christian in soul. Eutropius refused this offer.

On the following day they brought the martyrs to a pagan temple, to force them to offer sacrifice. Eutropius entreated the Savior: "Lord, be with us, and destroy the raging of the pagans. Grant that on this place the Bloodless Sacrifice of the Christians be offered to You, the true God." No sooner had these last words been spoken, than an earthquake began. The walls of the temple collapsed, and the statue of the goddess Artemis was smashed to bits. Everyone fled from the temple to avoid being crushed among the rubble. In the noise of the earthquake a voice was heard from on high: "Your prayer has been heard, and on this place a house of Christian prayer shall be built."



When the earthquake ended, the governor Asclepiodotus, barely recovered from his fright, gave orders to drive high wooden stakes into the ground, tie the martyrs to them and pour boiling tar over them. The saints began to pray to God, and Eutropius cried out turning to the torturers: "May the Lord turn your deed against you!"

The tar began to flow beside the bodies of the martyrs, like water over marble, scorching the torturers. Those seeing this fled in terror, but the governor in his bitterness gave orders to rake their bodies with iron hooks and to sting their wounds with mustard mixed with salt and vinegar. The saints endured these torments with remarkable firmness.

The night before their execution the saints spent their time at prayer, and again the Lord appeared to them and strengthened them.

On the morning of March 3, Saints Eutropius and Cleonicus were crucified, but Basiliscus was left in prison.

Saint Basiliscus was executed on May 22 in the city of Komana. They beheaded him, and threw his body into a river, but Christians found his relics and buried them in a ploughed field. Later at Komana a church was built and dedicated to Saint Basiliscus.

An account of the life of the holy martyr is found under May 22.



# Did you miss our Lenten Mission with Fr. Rendy Yakimec?

You can still catch both sessions on our Liturgy Video Page on our website.

Thanks again to all who attended and helped out.

**Interested in learning more about God, your faith, and the Church?** The Eparchy of Edmonton is pleased to announce Year I (of a two-year program) of our **Lay Leadership and Diaconate Formation Program** in collaboration with Newman Theological College starting in September 2023.

Each course consists of 10 online sessions, spanning 5 weeks, requiring some 4 hours of work per week (2 hours per lesson). No exams. Cost of registration per course \$90.00 plus the cost of books.

Sign up for an online course (or two or three) or even work towards a Certificate in Eastern Christian Traditions at Newman Theological College (Edmonton).

**To register and for more information,** visit [Newman.edu/CCS](http://Newman.edu/CCS), or contact Andrea Leader [andrea.leader@eeparchy.com](mailto:andrea.leader@eeparchy.com) or Bernie Mandrusiak [bernadette.mandrusiak@eeparchy.com](mailto:bernadette.mandrusiak@eeparchy.com) or call the Pastoral Centre (780) 424-5496.

## Certificate in Eastern Christian Traditions I

The Certificate in Eastern Christian Traditions I provides an introduction to the rich tradition of the Eastern Christian faith. Participants will explore their faith through the study of the Theology of Eastern Christianity, Worship and Spirituality of the Eastern Catholic Churches, and the Holy Mysteries, the terminology for what the West calls the Sacraments.

### Courses

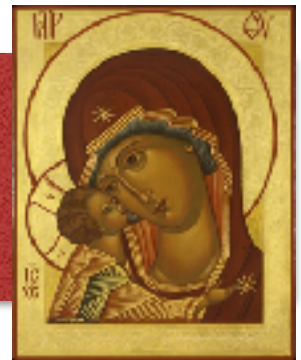
- CCS-048 Worship and Spirituality of Eastern Catholic Churches Part I (Cycle 4 (Feb. 19 – Mar. 24, 2024) - CCS-048)
- CCS-090 Worship and Spirituality of Eastern Catholic Churches Part II(Cycle 5 (Apr. 1 – May 5, 2024) - CCS-090)
- CCS-050 The Holy Mysteries: An Introduction (Cycle 6 (May 13 – June 16, 2024) - CCS-050)

### Additional courses of interest:

- CCS-049 Praying with Icons - Cycle 6 (May 13 – June 16, 2024)

## Upcoming Icon Writing Workshop: March 8 - March 11

**This workshop is filled to capacity, so unfortunately unless you already spoke up for a spot, you can't participate. The**



## The Ukrainian Catholic Eparchy of Edmonton is hiring!

### Camp Oselia Program Director

TO APPLY, SEND RESUME TO: [deacon.kennedy@eeparchy.com](mailto:deacon.kennedy@eeparchy.com)

for more info go to: <https://eeparchy.com/2024/02/18/job-opportunity-camp-oselia-program-director/>

## Community News:

The Axios Men's Ensemble is presenting the premiere of composer and two-time Grammy nominee, Benedict Sheehan's Ukrainian War Requiem on Sunday, April 14th at 3:00 pm at St. Basil's in Edmonton. The concert will feature a choir of over 50 performers, including members of Pro Coro Canada and select soloists from across North America, Europe and Ukraine. Tickets are available at [www.axioschoir.com](http://www.axioschoir.com).

## Want to help keep the world greener and our parish photocopying costs smaller?

Consider getting this bulletin online!

Instead of taking a printed copy of this bulletin when you are at church, you can see a COLOUR copy of it on our parish website. Not only would this keep our costs down and save a few trees, but it would also keep



# THE THREE TEMPTATIONS OF CHRIST

## EPARCHIAL LENTEN SERIES, March 7, 14, 21

In Scripture (Matthew 4:1-11) we read the account of Jesus retreating to the desert to pray and to fast. There he is tempted by Satan three times and three times he refuses to accept what Satan has to offer. Join us as we explore what this means for us especially as we journey to Pascha.

The first of three presentations begins on Thursday March 7 at 7:00 pm.



**March 7 – Physical Temptations**

**Presenter:** Fr. Mark Bayrock

The FIRST Temptation gives us a glimpse into that inner world we all struggle with: hunger, helplessness, and holding on to what we believe. This presentation will draw from sources both medieval (St John of the Cross 1590AD), and modern (Dr Gerald May, 1988 AD), looking to recognize the reality of addictions and spirituality, but especially to

admire the person of Jesus Christ in all things!

**LOCATION:** Exaltation of the Holy Cross, 9003 – 153 Ave, Edmonton.

No registration is necessary. You are encouraged to attend in person. If you cannot be there in person you may attend on Zoom: <https://us02web.zoom.us/j/86407190277?pwd=czc4c2w4ZWdIVEU0RkNSZTY2Vi9VZz09>

You can also find the Zoom link on the Eparchy of Edmonton website: [www.eepararchy.com](http://www.eepararchy.com)

Join us for sessions #2 and #3 on March 14 and 21! Learn more: [www.eepararchy.com](http://www.eepararchy.com)



### (Not Regularly Scheduled) Upcoming Events

- **Monday, March 4** - Ladies' Club AGM
- **March 5** - Bingo
- **Thursday, March 7** - Eparchial Lenten Series - Part 1 with Fr. Mark Bayrock at 7 pm
- **March 8 - II** - Icon Workshop
- **Thursday, March 14** - Camp Oselia AGM at 7pm at Cathedral Hall
- **Thursday, March 14** - Eparchial Lenten Series - Part 2 with Fr. Jim Nakonechny at 7 pm
- **Sunday, March 17th** - Parish Annual General Meeting after Liturgy
- **Thursday, March 21** - Eparchial Lenten Series - Part 3 with Fr. Michael Bombak at 7 pm
- **Saturday, March 23** - Easter Bake Sale

- **Sunday, March 24** - Palm Sunday (Children's Liturgy)
- **Monday, March 25** - Bingo
- **Saturday, March 23 till Saturday, March 30** - Holy Week
- **Sunday, March 31st** - Easter Sunday
- **Sunday, April 7th** - Parish's Easter "Blessed Breakfast"
- **Saturday, April 20th** - Eparchial Fundraiser for Camp Oselia.
- **May 4 & 5** - Possibly our First Solemn Communion Weekend

Fr. Bo is *not* the most organized person. If I am missing or have something wrong in this list of events... or the calendar... or anywhere in this bulletin... please do drop me a line. And if you did send something and I didn't get it in, please don't be mad, just send it to me again.

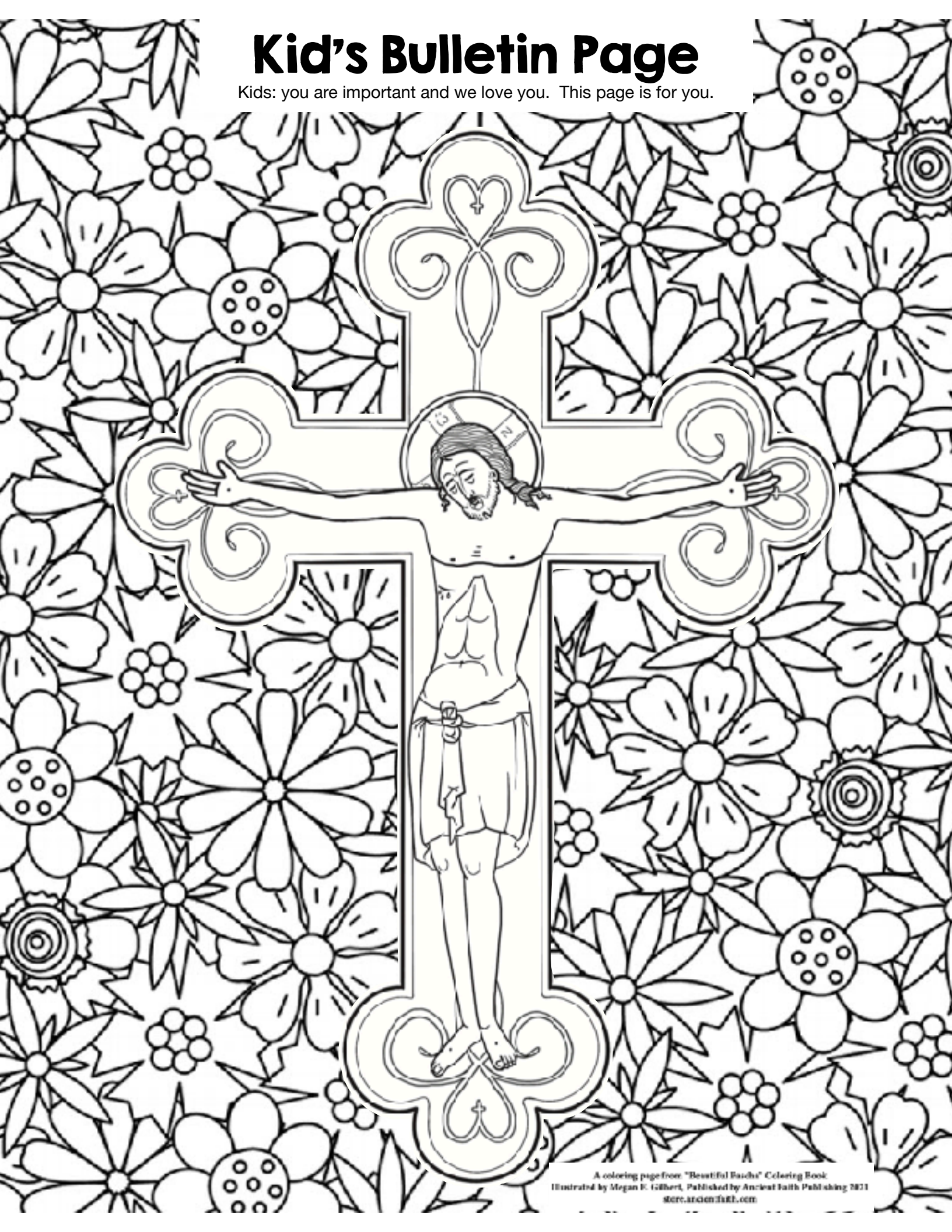
# Parish & Beyond News:

- Please pray for the soul of the Servant of God + **Terry Miskiwi** who passed away earlier this week. The funeral is anticipated to take place on March 19<sup>th</sup>, at 10 am here in the parish.
- **Ladies Annual General Meeting Supper** - Monday, March 4<sup>th</sup> - Tickets cut off has passed.
- **Blessed Breakfast** Sunday April 7 after the 10 am Divine Liturgy Tickets: Adults - \$20.00/\$8.00 Child March 31 will be \$25.00
- **Parish Bake Sale** - Saturday March 23<sup>rd</sup> 9:00 - Noon
- Holy Cross Ladies' Club is **looking for a casual cook** for our parish. The position requires flexibility as functions/events occur on an as needed ongoing basis. People who are qualified in catering and food handling and safety will be considered. If you love working in a fast paced environment and working with dynamic team members, please get in touch with either Heather Gauthier at 780 982-4189 or Dianne Kluk at 780 242-1534 for further information.
- **The annual AGM** is fast approaching on March 17<sup>th</sup> after the Divine Liturgy. We still have open positions and we need your help in making Holy Cross a stronger community. If you have any questions, please contact Mark Helmak, Peter Fedorak, Edd Horyn, or Mark Ramsanker.
- The Annual **AGM booklet** will be ready for distribution on Sunday March 10<sup>th</sup>.
- **Did you know** that the utilities costs for Holy Cross was over \$52,000 last year? Also, insurance rates have gone up over the last three years - last year was just over \$32,000 for the Church/Hall. Holy Cross expects that the insurance costs will continue to rise. Come to the AGM and learn more about the Financial situation as Holy Cross is currently running a monthly deficit and utilizing Legacy Funds.
- **Aid to the Church in Ukraine (Great Lent)** Each year during Great Lent, the Eparchy of Edmonton takes a collection for the Church in Ukraine. The people of Ukraine need your help. As the war continues in Ukraine, millions of the country's inhabitants are in dire straits often lacking the basic necessities of life. As part of your personal sacrifice, kindly consider making a donation towards providing emergency services and humanitarian and pastoral support to Ukrainians by offering care, medical supplies, food, clothing and shelter to displaced persons, the elderly and the sick, as well as educational programs and support to local priests.
- "Bishop David extends an invitation to all clergy, religious, and parishioners to join him for the celebration of **Holy Thursday's Vespers with Liturgy of Saint Basil the Great and Rite of Washing of the Disciples' Feet**, starting at 10:00 am, March 28, Saint Josaphat's Cathedral."
- Join us as we pray the **Rosary** before Divine Liturgy on Sundays. The Schedule is on the Bulletin Board as usual.
- **Any 50<sup>th</sup> Anniversaries?** Let us know so that we can congratulate you and give you a plaque. (and put you in the bulletin). Call Diana Horyn at 780-455-9926 if it's your anniversary or if you know if a parishioner here is having one.
- We are **recording our Liturgies** for those who are not able to come in person to church. Please note that the **recorded Liturgies** are not intended to be an option for those who simply want to stay at home.
- **Eparchial Children's Daycamp** at Holy Eucharist Parish during Spring Break: for grades 1 - 6 (Grades 7-12 please volunteer as counsellors, no charge)  
**DESCRIPTION:** We will pray, sing, make crafts, make new friends and spend time with old friends. The theme for the week will focus on Holy Week and Pascha (Easter). **DATES & TIMES:** March 25, 26, and 27 9:00 am – 3:00 pm. **LOCATION:** Holy Eucharist parish, 6425-120 Ave , Edmonton **COST:** \$35 per child. Cost covers snacks and all other materials. **CONTACT:** [youth@eeparchy.com](mailto:youth@eeparchy.com) to register, or for more information.
- **BINGO !! BINGO !!** Here is some important information that should be of interest to ALL parishioners. Through the funds generated by our monthly bingos, our parish was able to pay our church insurance for the current year. That insurance bill was approximately \$29,000 dollars!! No, this not a misprint. How fortunate we were that the funds needed for this expenditure came from the bingo account. Now, that was the good news.  
  
The team of volunteers needed to host our monthly bingos is in dire need of new volunteers willing to step up and support this reliable fundraiser. We need a team of at least fifteen reliable volunteers to meet our twice-a-month schedule. Currently, we have eleven committed volunteers on a steady basis. For the past several months, we have had to bring in non-members of the parish to fulfill our positions. These positions have to be filled in order avoid a bingo club penalty. This requires our volunteer chairperson to make extra phone calls to meet the required number of workers needed. One is never sure of the results and this can become very stressful.  
  
So, what is required? The bingo shift is only about five hours long and the bonus is a free lunch and you can win a door prize !! We are encouraging parishioners who can join the bingo team to please call our volunteer chairperson, Darlene @ 780-476-8797.  
  
The purpose of this bulletin article is to make all parishioners aware of how important it is to support a successful fundraiser that contributes to the overall financial health of our parish. God Bless our volunteers.  
  
Edd (Fundraising Chair)



# Kid's Bulletin Page

Kids: you are important and we love you. This page is for you.





## Next Couple of Weeks at Holy Cross Parish

Note: If you are looking for the readings of the day, or the type of fasting required (if any) please check the online parish calendar on our website, or your liturgical calendar.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>3</b> </p> <p><b>Third Sunday of the Great Fast: Veneration of the Holy Cross.</b> Octoechos Tone 7. Holy Martyrs Eutropius and His Companions Cleonicus and Basiliscus (286-305). Great Fast Day 21.</p> <p><b>9:30 am Rosary</b></p> <p><b>9:30 Confessions with Fr. Myron</b></p> <p><b>10 am Divine Liturgy</b></p> <p>Sunday School &amp; Coffee Hour</p> <p><b>2 pm Divine Liturgy at St. Michael's Extended Care</b></p>	<p><b>4</b> </p> <p>Our Venerable Father Gerasimus of the Jordan (475). Great Fast Day 22.</p> <p><b>8 am Fr. Bo to meet with NTC</b></p> <p><b>10 am Bible Study</b></p> <p>10:30 Icon Writing Appointment</p> <p><b>5 pm Camp Oselia Fundraiser Meeting</b></p> <p><b>7 pm Ladies' Club AGM and Meal</b></p>	<p><b>5</b> </p> <p>Holy Martyr Conon (249-251). Great Fast Day 23.</p> <p><b>10:30 am Venta Care Centre Liturgy</b></p> <p>12:30 pm A.F. School visit</p> <p><b>Parish Bingo Fundraiser</b></p>	<p><b>6</b> </p> <p>Holy Forty-Two Martyrs of Ammorium (848). Great Fast Day 24.</p> <p><b>7 pm Presanctified Liturgy</b></p>	<p><b>7</b> </p> <p>Holy Priest-Martyrs and Bishops of Cherson Basil, Ephrem, Capiton, Eugene, Etherius and Others (284-305). Passing into Eternal Life (1935) of Blessed Leonid Fedorov, Exarch of the Russian Catholic Church, and Martyr. Great Fast Day 25.</p> <p>8:30 am St. Matthew School Visit</p> <p>5:30 pm Fr. Bo has an appointment</p> <p><b>7 pm Lenten Series with Fr. Mark Bayrock</b></p>	<p><b>8</b> </p> <p>Our Venerable Father and Confessor Theophilactus, Bishop of Nicomedia (c. 845). Great Fast Day 26.</p> <p><b>10 am Akathist with prayers for the deceased</b></p> <p>Afternoon Icon Workshop Setup</p> <p><b>6 pm Icon workshop Begins</b></p>	<p><b>9</b> </p> <p><b>All Souls Saturday.</b> Holy Forty Martyrs of Sebaste (321-23). Great Fast Day 27.</p> <p><b>10 am Icon Workshop Continues</b></p> <p><b>2 pm First Solemn Communion Class</b></p>
<p><b>10</b> </p> <p><b>Fourth Sunday of the Great Fast: St. John Climacus.</b> Octoechos Tone 8. Holy Martyr Codratus and Those with Him (249-51) Great Fast Day 28. Matins Resurrectional Gospel 8. The Div</p> <p><b>9:30 am Rosary</b></p> <p><b>10 am Divine Liturgy</b></p> <p>Sunday School &amp; Coffee Hour</p> <p><b>12 noon Icon Workshop continues</b></p> <p><b>2 pm Divine Liturgy at St. Michael's Extended Care with Fr. Slavko?</b></p>	<p><b>11</b> </p> <p>Our Holy Father Sophronius, Patriarch of Jerusalem (638). Great Fast Day 29.</p> <p><b>8 am Perogies</b></p> <p><b>10 am Bible Study</b></p> <p><b>10 am Icon Workshop Continues</b></p> <p><b>7 pm Knights of Columbus Meeting</b></p>	<p><b>12</b> </p> <p>Our Venerable Father and Confessor Theophanes of Sigriana (817). Our Holy Father Gregory the Dialogist, Pope of Rome (604). Great Fast Day 30.</p> <p><b>8 am ? Perogies</b></p> <p>12:30 pm A.F. School visit</p>	<p><b>13</b> </p> <p>Transfer of the Relics of Our Holy Father Nicephorus, Patriarch of Constantinople (847). Great Fast Day 31.</p> <p><b>7 pm Presanctified Liturgy</b></p>	<p><b>14</b> </p> <p>Our Venerable Father Benedict of Nursia (547). Great Fast Day 32.</p> <p><b>8 am ? Cabbage Rolls</b></p> <p>8:30 am St. Matthew School Visit</p> <p><b>4 pm Sacred Orders Commission Meeting</b></p> <p>5:30 pm Fr. Bo has an appointment</p> <p><b>7 pm Camp Oselia AGM</b></p> <p><b>7 pm Lenten Series with Fr. Jim Nakonechny</b></p>	<p><b>15</b> </p> <p>Holy Martyr Agapius and the Six Martyrs with Him (284-305). Great Fast Day 33.</p> <p><b>Bake Sale Prep</b></p> <p><b>10 am Akathist</b></p> <p>1 pm Fr. Bo Teaches Home Schoolers about the process of Iconography</p> <p>5:30 pm Fr. Bo has an appointment</p>	<p><b>16</b> </p> <p>Fifth Saturday of the Great Fast: <b>Akathist Saturday.</b> Holy Martyrs Sabinus and Pappas (284-305) Great Fast Day 34.</p> <p><b>2 pm First Solemn Communion Class</b></p>
<p><b>17</b> </p> <p><b>Fifth Sunday of the Great Fast: Our Venerable Mother, Mary of Egypt.</b> Octoechos Tone 1. Our Venerable Father Alexius, Man of God. Great Fast Day 35.</p> <p><b>9:30 am Rosary</b></p> <p><b>10 am Divine Liturgy</b></p> <p>Sunday School &amp; Coffee Hour</p> <p><b>11:30 am Parish Annual General Meeting</b></p> <p><b>2 pm Divine Liturgy at St. Michael's Extended Care</b></p>	<p><b>18</b> </p> <p>Our Holy Father Cyril, Archbishop of Jerusalem (386). Great Fast Day 36.</p> <p><b>10 am Bible Study</b></p> <p><b>6 pm Choir Practice</b></p>	<p><b>19</b> </p> <p>Holy Martyrs Chrysanthus and Daria (253-60). Great Fast Day 37.</p> <p><b>10 am Funeral Parastas for Terry Miskew</b></p>	<p><b>20</b> </p> <p>Our Venerable Fathers Martyred by the Saracens at the Monastery of St. Sabbas (580-97). Great Fast Day 38.</p> <p><b>7 pm Presanctified Liturgy</b></p>	<p><b>21</b> </p> <p>Our Venerable Father and Confessor James, Bishop of Catania (813-20). Great Fast Day 39.</p> <p><b>Bake Sale Prep</b></p> <p>8:30 am St. Matthew School Visit</p> <p>5:30 pm Fr. Bo has an appointment</p> <p><b>7 pm Lenten Series with Fr. Michael Bomback</b></p>	<p><b>22</b> </p> <p>Holy Priest-Martyr Basil, Presbyter of Ancyra (363). Passing into eternal life (1924) of Fr. Isidore Dolnytsky, hymnographer, professor and spiritual father of Lviv and the Greek College in Rome. <b>Great Fast Day 40.</b></p> <p><b>Bake Sale Prep</b></p> <p><b>10 am Akathist</b></p>	<p><b>23</b> </p> <p><b>Holy Week Begins.</b> Lazarus Saturday.</p> <p><b>Easter Bake Sale</b></p> <p><b>2 pm First Solemn Communion Class</b></p> <p><b>7 pm Divine Liturgy ?</b></p>

# Sunday, February 25, 2024

**After “Blessed is the Kingdom”** Sunday  
School children are blessed to go to the Sunday  
School room with their teachers.

---

**Troparion, Tone 7:** By Your cross You destroyed death;\* You opened Paradise to the thief;\* You changed the lamentation of the myrrh-bearers to joy,\* and charged the apostles to proclaim\* that You are risen, O Christ our God,\* offering great mercy to the world.

**Troparion, Tone 1:** Save Your people, O Lord, and bless Your inheritance.\* Grant victory to Your faithful people against enemies,\* and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

**Kontakion, Tone 7:** No longer does the flaming sword guard the gate of Eden;\* the tree of the Cross has quenched its flames gloriously.\* The sting of death and the victory of Hades are banished,\* and You O my Saviour came and called to those in Hades: “Return again to Paradise!”

---

## **Instead of Holy God, we sing:**

To Your Cross, O Master,\* we bow in veneration,\* and we glorify Your holy Resurrection! (3x)

Glory be to the Father, and to the Son, and to the Holy Spirit. Now and forever an ever. Amen.

... and we glorify Your holy Resurrection!

To Your Cross, O Master,\* we bow in veneration,\* and we glorify Your holy Resurrection!

---

## **Prokeimenon, Tone 6**

Save Your people, O Lord, and bless Your inheritance.

**verse:** Unto You I will cry, O Lord my God, lest You turn from me in silence.

---

## **Epistle: Hebrews 4:14-5:6 (NRSV)**

Brothers and Sisters, since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself

is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honor, but takes it only when called by God, just as Aaron was.

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, “You are my Son, today I have begotten you”; as he says also in another place, “You are a priest forever, according to the order of Melchizedek.”

---

## **Alleluia verses, Tone 8**

Remember Your congregation which You acquired from the beginning.

But God is our king before the ages; He has wrought salvation in the midst of the earth.

---

## **Gospel: Mark 8:34-9:1 (NRSV)**

The Lord said, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.” And he said to them, “Truly I tell you, there are some standing here who will not taste death until they see that the kingdom of God has come with power.”

---

## **Hymn to the Mother of God**

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins’ pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

---

## **Communion Hymn**

Let the light of Your countenance, O Lord\* shine upon us.\* Alleluia, alleluia,\* alleluia.

---

## **After the dismissal, we sing:**

To Your Cross, O Master,\* we bow in veneration,\* and we glorify Your holy Resurrection! (3x - with prostrations)