

Exaltation of the Holy Cross

Ukrainian Catholic Parish

Үкраїнська Католицъка Парафія Воздвиження Чесного Хреста

Sundays:

• 9:30 am Rosary

• 10 am Divine Liturgy

Wednesdays:

• 9 am Divine Liturgy

Most Major Feasts*:

• 10 am Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

780-340-3726 (call or text) fr.nahachewsky@eeparchy.com

Deacon François Provençal

fprovence23@outlook.com

SubDeacon John Lukey

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726 Church: 780-478-5260 Hall: 780-478-4275 Fax: 780-476-6485 Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029 Edmonton, AB T5C 3R6

More info on the next page.

Sunday, January 7 2024

Sunday after Theophany. Octoechos Tone 7. Synaxis of the Holy and Glorious Prophet, Forerunner and Baptist John

Christ is Born! Glorify Him! Христос Раждається! Славіте Його!

Yes, there is coffee after Liturgy today.

Home Blessings 2024

In the next several weeks, Deacon François and I hope to visit a bunch of you at your houses to bless your homes as is the tradition in our Ukrainian Catholic communities after the feast of Theophany.



If you would like one of us to come to your home, simply fill out the appropriate sheet of paper on the table in the

entrance of the Church. Both Deacon François and I have a different sheet. We will try to accommodate a number of parishioners each week. We will try to respect your requests for the date and time, but please be patient with us. We will do our best with the time available to us.

What to expect if Fr. Bo is to bless your home?

(and likely it is similar for Deacon François): see page 2



Our Sold Out Malanka is this Saturday!

(For those of you who don't know, Malanka's are a Ukrainian New Years Dine and Dance.)

5 pm Cocktails and 6 pm Supper. Music after by the Sparkling Tones

Thank you to all who are and have been working hard to make this a great event, to those who have donated items, and to all who have bought tickets.

There is still room for a few more volunteers to help with the prepping of the food in the kitchen all this week. Sign up sheets with dates and times are on the table next to the General Office. Please call Rose Marie Sumka at (780) 475-8825 or Elizabeth Letwin at (780) 476-1839 for more details.



Hall Rentals:

call Lisa at: 780-222-9155 or email: hallrental@ehcucp

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Funeral Dinners:

Call Cheryl: 780-456-2828

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be a dependant or under the age of 18.

Parish Pastoral Council:

Parish Priest - Fr. Bo Nahachewsky Deacon - Dcn. François Provençal President - Mark Helmak Past President - Peter Fedorak 1st Vice-President - Mark Ramsankar 2nd Vice-President – John Lukey Secretary – Gwen Uchach Treasurer – Peter Fedorak Archivist - Diana Horyn Cultural - Mariyka Bodnar Fundraising - Edd Horyn Hall Rental – Lisa Borosuik & Gladys Woitas Ladies' Club - Heather Gauthier Knights of Columbus - Darrell Uchach Men's Club President - Marc Chiasson Youth Coordinator - Emmette Lysak Maintenance - Larry Waye Membership - J'lyn Ramsankar Social - Vacant Spiritual - Elizabeth Podloski

Baptism, Chrismation & Eucharist:

 Contact Fr. Bo, at least a month in advance if possible

Weddings:

 Contact Fr. Bo, at least a year in advance if possible

Funerals:

• Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- Sundays with Fr. Myron: See Calendar
- or anytime, just call Fr. Bo to arrange it.

What to Expect for Home Blessings

House blessings typically take about 5-10 minutes. However I (Fr. Bo) would like to sit and get to know you a little. So I might stay up to 25-30 minutes if you let me. I believe Deacon François also likes to visit a bit. I don't know about deacon's time line, but because I will need to get to several places each day, I will try not to exceed 30 minutes per household.

I will always give you a quick phone call from the previous person's place to let you know I'm on my way. If something comes up and it won't work for you call me on my cell: 780-340-3726.

When I come gather your family (if you have others living with you) and turn off any TVs, Radios and other such. We can start the blessing at your icon corner, or at your kitchen or dining room table. I will bring an icon and a candle with me, and we can put them on your table if you don't have your own focal point to pray in front of (such as a bible, icon or cross).



After saying/singing the prescribed prayers, I can walk through your house sprinkling it with recently blessed Holy Water. Its not a bad idea to have someone leading me through the house so that I don't go any place I am not supposed to. This is a great job for a kid(s) to do if you have any children around. If you would rather me just stay in the one room instead of walking everywhere, just say so. God can bless all the house without me physically going anywhere.

Once I have sprinkled your home with Holy Water, we will conclude the prayers at the place where we started. After this we can visit for a little. I would love to know who you are a little better, what ideas you have for our church, and what we can do to serve you and your family better.

Personally I don't drink coffee, but I might accept a glass of water or a cup of tea at a few houses. (I think Deacon François does drink coffee... somehow... but perhaps it's best to ask him.) Please keep it simple. If I don't drink anything at all, please don't be insulted. If I bless 4-8 houses in a day and I drink a cup at each one... I will... well... need to make too many pit stops.

Don't worry about cleaning up before I come. I don't care if your house is tidy or more "lived in." Don't panic about having stuff around.

My own house is certainly very "lived in".

And I love pets. I will bless them and play with them if you let me. No need to put them away unless they eat priests.

Finally I would like to let you know that you owe me/us nothing for house blessings. Many people think it's necessary to give an "envelope" but we are happy just to get to know you and serve you however we can.

See you soon.

Do you live outside of the city? Within reason... no problem. If you are around the general Edmonton area, and you anticipate me needing a little extra time to travel back and forth to your place: book two time slots back to back. Google Maps will help me find my way around.



THIS IS WHAT MY FACE PROBABLY LOOKED LIKE THE ONLY TIME I EVER TASTED COFFEE. YOU WON'T BE ABLE TO CONVINCE ME TO TRY IT AGAIN.

Synaxis of the Holy Glorious Prophet, Forerunner and Baptist John

Commemorated on January 7 - from OCA.org

In the Church it is customary, on the day following the Great Feasts of the Lord and the Mother of God, to remember those saints who participated directly in the sacred event. So, on the day following the Theophany of the Lord, the Church honours the one who participated directly in the Baptism of Christ, placing his own hand upon the head of the Savior.

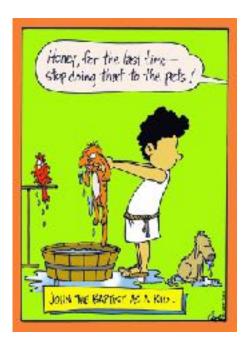
Saint John, the holy Forerunner and Baptist of the Lord, whom the Lord called the greatest of the prophets, concludes the history of the Old Testament and opens the era of the New Testament. The holy Prophet John bore witness to the Only-Begotten Son of God, incarnate in the flesh. Saint John was accounted worthy to baptize Him in the waters of the Jordan, and he was a witness of the Theophany of the Most Holy Trinity on the day of the Saviour's Baptism.

The holy Prophet John, the son of the Priest Zachariah and Righteous Elizabeth, was related to the Lord on His mother's side. The holy Forerunner, John, was born six months before Christ. The Archangel Gabriel announced his birth in the Temple at Jerusalem, revealing to Zachariah that a son was to be born to him.

Through the prayers offered beforehand, the child was filled with the Holy Spirit. Saint John prepared himself in the wilds of the desert for his great service by a strict life, by fasting, prayer and sympathy for the fate of God's people.



At the age of thirty, he came forth preaching repentance. He appeared on the banks of the Jordan, to prepare the people by his preaching to accept the Savior of the world. In church hymnology, Saint John is called a "bright morning star," whose gleaming outshone the brilliance of all the other stars, announcing the coming dawn of the day of grace, illumined with the light of the spiritual Sun, our Lord Jesus Christ.





Having baptized the sinless Lamb of God, Saint John soon died a martyr's death, beheaded by the sword on orders of King Herod at the request of his daughter Salome. (On Saint John the Baptist, see Mt.3:1-16, 11:1-19, 14:1-12; Mark 1:2-8, 6:14-29; Luke 1:5-25, 39-80, 3:1-20, 7:18-35, 9:7-9; John 1:19-34, 3:22-26).

Besides the Synaxis of the honourable, glorious Prophet, Forerunner and Baptist John, the Church celebrates his memory on the following days: September 23, his Conception; June 24, his Nativity; August 29, his Beheading; February 24, the First and Second Finding of his Head; May 25, the Third Finding of his Head; October 12, the Transfer of his Right Hand from Malta to Gatchina (1799).

Table for Two - You are My Valentine

Table for Two is a romantic candlelit dinner for couples married or dating, which provides the ideal opportunity to focus on each other. Each of the courses is served up with discussion starters which invite couples to explore and deepen their relationship with each other and with God. A guest couple will give a short presentation on a topic related to sacramental marriage. Dietary restrictions will be accommodated within reason.

WHEN: Feb 11, 5:30 pm – 8:30 pm

WHERE: St. Sophia Parish Hall, 25-53012, Range Rd 224, AB

COST: \$95 per couple.

REGISTER BY: Feb. 5 at: https://tinyurl.com/TableforTwo2024

CONTACT: familyandlife@eeparchy.com if you have questions. We will do our best to work with

allergies or sensitivities. These can be listed on the registration form.



Are you interested in the process of painting / writing a traditional Byzantine Icon?

"2 Icon Writing Workshops"

No experience is necessary. Since this prayerful process requires about 30+ hours, I'm planning to do one on February's Family Day Weekend (16-19) and the other on March's Commonwealth Day Weekend (8-11). The cost of each workshop is \$400 per person, and includes all materials and simple lunches. Space is limited.

If you are interested in either weekend, send me an email.

- Fr. Bo <u>fr.nahachewsky@eeparchy.com</u>



HUMAN TRAFFICKING GROUP STUDY SESSIONS



Sadly, Human Trafficking is one of the most lucrative businesses in the world!

Join this four-week online study group where, through reading, watching videos and discussion, participants will learn about human trafficking and Catholic Social Teaching, the buyers and prostituted persons, the connection between pornography and prostitution as well as Canadian law that protects exploited persons. These sessions are an introduction into the reality of human trafficking and sexual

exploitation and what actions we can take to fight it.

We will run the sessions with a minimum 6 participants, and a maximum of 10 participants. Please register by sending an e-mail to Inessa McIntyre at: socialjustice@eeparchy.com and you will be sent the Zoom link.

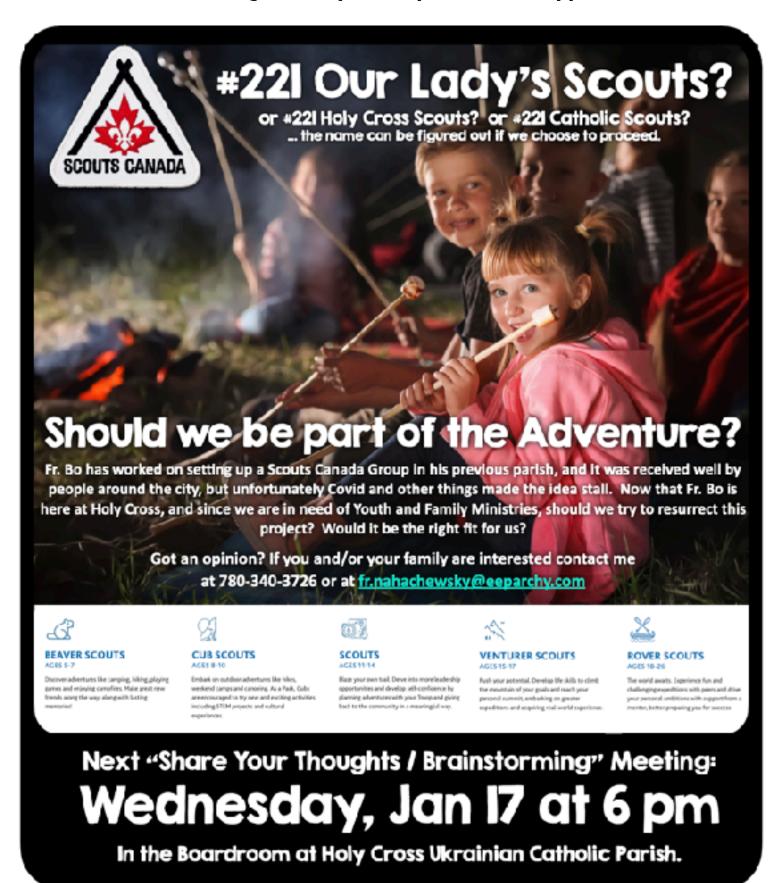
Deadline to register is Jan.10.

DATES & TIMES: Wednesdays @ 7:00-8:30pm - January 17 - February 7

LOCATION: Online (Zoom)

Week of Prayer for Christian Unity is held each year from January 18-25. This year's Ecumenical Prayer Service in the Edmonton and area will be held 7 pm, Sunday, January 21 at St. Joachim's Catholic Church, located at 9920 - 110 Street. The history of St. Joachim's Church goes back to 1854, when it was first built within the walls of Fort Edmonton. This year's theme is "You shall love the Lord your God ... and your neighbour as yourself" (Luke 10: 27). The entire biblical text is Luke 10: 25 – 37. You are encouraged to attend the Ecumenical Prayer Service at St Joachim's Parish, or another ecumenical service that week in your area.

We welcome everyone to this meeting about our parish's Youth Ministry, regardless of your age, from within our parish and beyond our parish. We want to get everyone's opinions and support.



Parish News:

- Our Yard Maintenance Group is in great need of two or three volunteers to join our group to help with the grass cutting and some small projects throughout the year. The time commitment is only about one hour per month. If you are able to join or have questions, please see Edd Horyn (volunteer coordinator) or contact him at 780 908-2410.
- Holy Cross Parish Pastoral Council is looking to fill several Positions in March 2024 (so if you are interested let us know), however our Treasurer position needs to be filled asap. Our current Treasurer Peter anticipates that he may be unable to finish this full term. Council would like to hear from any parish member that would like to be the next treasurer for the parish. Peter is able to provide training for this position in order to do knowledge transfer and tap his many years of experience. The Treasurer position is a key position in our organization and there are supports in place to help the function of the treasurer. If you have any questions about the position, please contact Peter Fedorak or Mark Helmak (780) 473-2972 to talk further.
- Holy Cross Ladies' Club is looking to hire a paid casual cook for our parish. The position requires flexibility as functions/events occur on an as needed ongoing basis. People who are qualified in catering and food handling and safety will be considered. If you love working in a fast paced environment and working with dynamic team members, please get in touch with either Heather Gauthier at (780) 982-4189 or Dianne Kluk at (780) 242-1534 for further information.
- We're also seeking positive women leaders to join our Ladies' Club's Executive. The Ladies' Club is a very active group of hardworking people who have been taking care of the parish in many ways (and they still do). They support and make a huge impact on various church initiatives including our youth, faith development, liturgy, finances and well... everywhere! Consider grabbing a few of your friends and make an impact in this awesome parish, so it can be even more awesome. Your energy is needed. Call the parish office (780-478-5260) or Fr. Bo (780-340-3726) who can get you in touch with some of the current team.
- We need a few more volunteers for our Hall Carpet and Chair Cleaning Day: Tuesday, January 16th. If you can help move tables and chairs around, we could use your assistance. Contact Marc Chiasson if you can help.
- Tickets for Deacon-to-be John's Ordination Lunch which will take place after his ordination on January 27th at 10 am are available now after Liturgies. They are only \$15 per person.

- Food Bank Collection: Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
- Our Eparchy is continuing to raise funds for people in Ukraine through CNEWA. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy.
- Join us as we pray the Rosary before Divine Liturgy on Sundays. The Schedule is on the Bulletin Board as usual.
- Any 50th Anniversaries? Let us know so that we can congratulate you and give you a plaque. (and put you in the bulletin). Call Diana Horyn at 780-455-9926 if it's your anniversary or if you know if a parishioner here is having one.
- Our Sunday School is awesome! All kids up to First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy. Don't be shy, join us!
- Boys and Girls who have already done their First Solemn Communion are invited to become an Altar Server! Just say hi to Fr. Bo before Liturgy and we will train you on the iob.
- We are recording our Liturgies for those who are not able to come in person to church. Please note that the recorded Liturgies are not intended to be an option for those who simply want to stay at home.
- The Ukrainian Bilingual Parent Advisory Society (UBPAS)
 invites you to join us in celebrating the 50th anniversary of
 the Ukrainian Bilingual Program in Alberta! For more
 information, please feel free to contact us by email:
 <u>ubpasanniversary@gmail.com</u> or go to the UBPAS facebook
 page for more information.
- Human trafficking. You can do something about it. See page 4 of this bulletin.
- Tables for Two: Join this lovely program designed to boost couple's relationships. See page 4 of this bulletin.
- Fr. Bo is putting on two Icon Workshops. See page 4.
- Week of Prayer for Christian Unity. You guessed it, see page 4
- Interested in Youth Ministry? See page 5!
- Fr. Bo is thinking of doing "Children's Liturgies" once a month to engage our youngest people in our Sunday Prayer. This is likely to start on the last Sunday of each month starting in February. Your input is welcome.
- Watching the New Testament during the Lenten Season. Fr.
 Bo is considering a group "Bible Study" where we would
 watch season one of "The Chosen" then gather together to
 discuss it. Again your input is welcome.

Sub Deacon John's Ordination to the Diaconate

Saturday, January 27th at 10 am

Followed by a lunch.

Tickets for the lunch are available today for only \$15!

Get them after Liturgy in the Annex.



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Upcoming (Not Regularly Scheduled) Events

- Monday, Jan 8th Knights of Columbus meeting at 7:30 pm
- Wednesday, Jan I0th Deacon Cyril visits for Liturgy and more
- · Thursday, Jan. IIth Bingo
- Saturday, Jan 13th First Solemn Communion Classes resume
- · Saturday, Jan 13th Our Parish's Malanka
- Tuesday, Jan 16th Floor and Chair Cleaning at 8 am
- Wednesday, Jan 17th Scouts and Youth Ministry Brain-storming meeting at 6 pm
- Saturday, Jan 19th 21st Bishop Michael Smolinski's Nomination, Consecration, and Installation with Patriarch Sviatoslav in Saskatoon
- Sunday, Jan 2lst Ukrainian Carol Concert at St. Josaphat Cathedral, 2:00 pm. Donations to Bridge of Hope orphanages in Ukraine.

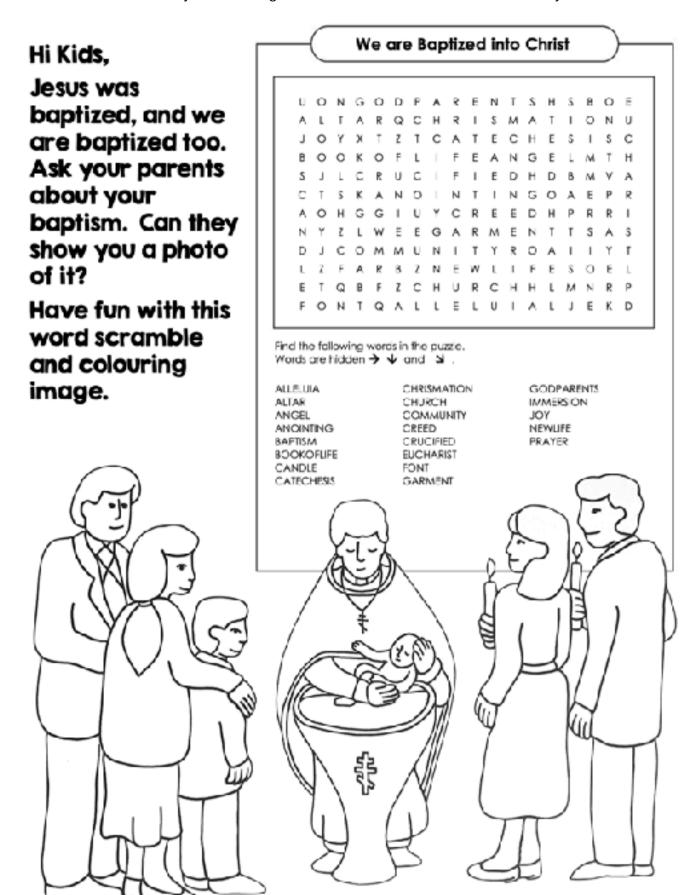
- Monday, Jan. 22nd Bylaws Committee Meeting at 10 am
- Tuesday, Jan. 23rd Bingo
- · Friday, Jan. 26th Setup for Ordination
- Saturday, Jan 27th Ordination of John Lukey to the Diaconate, followed by a lunch.
- Monday Jan 29th Parish Pastoral Council (PPC) Meeting at 7?
- Saturday, Feb 3rd Prayers for the deceased of 2023
- Saturday, Feb I0th Ukrainian Bilingual Program's 50th Anniversary Celebration
- Monday, Feb. I2th Bingo
- · Tuesday, Feb. 20th Bingo

Fr. Bo is <u>not</u> the most organized person. If I am missing or have something wrong in this list of events... or the calendar... or anywhere in this bulletin... please do drop me a line. And if you did send something and I didn't get it in, please don't be mad, just send it to me again.

Kid's Bulletin Page

Kids: you are important and we love you. This page is for you.

Fr. Bo would love to see your colouring on the bulletin board near his office.... Or you can take it home.



Next Couple of Weeks at Holy Cross Parish						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
•	8	9	10	II	12	13
Inday after Theophany. Octoechos Tone Synaxis of the Holy and Glorious ophet, Forerunner and Baptist John. Indesians 4:7-13. Acts 19:1-8. Matthew 12-17. John 1:29-34. Is 30 am Rosary Diwine iturgy unday School & Coffee Hour pm Divine Liturgy at the Michael's Extended are	Post-feast of Theophany. Our Venerable Father George the Chosebite (610-41). Our Venerable Mother Dominica (474-91). Emilian the Confessor. 33 WAP James 2:14-26. Mark 10:46-52. IO am Bible Study HOUSE BLESSINGS for Fr. Bo 7:30 pm Knights of Columbus Meeting	Post-feast of Theophany. Martyr Polyeuctus (249-51). James 3:1-10. Mark 11:11-23. 1 pm Ann F. School Visit HOUSE BLESSINGS for Fr. Bo	Our Venerable and Godbearing Father Anthony the Great (356). Polyeleos Feast. Hebrews 13: 17-21. Luke 6: 17-23. 9 am Divine Liturgy with guest Deacon Cyril because we need more deacons around here. HOUSE BLESSINGS for Fr. Bo	Post-feast of Theophany. Our Venerable Father Theodosius, Founder of the Cenoebitic Monastic Life (529). Polyeleos Feast. 2 Corinthians 4:6-15. Matthew 11:27-30. 8:30 am St. Matthew School Visit Parish Bingo Fundraiser Please try to have all information for the bulletin in by this day 5:30 pm Fr. Bo has an appointment Thursdays afternoon till Friday morning is Fr. Bo's day off	Post-feast of Theophany. Martyr Tatiana. Abstention from meat and foods that contain meat. 1 Peter 1:1-2, 10-12. 2:6-10. Mark 12:1-12. Preparations for Malanka	Saturday after Theophany Holy Martyrs Hermylus an Stratonicus (313-24). Ephesians 6:10-17. Matthew 4:1-11. 2 pm First Solemn Communion Class Holy Cross' MALANKA
unday of Zacchaeus. Octoechos Tone 8. eave-taking of the Feast of the Holy heophany. Our Venerable Fathers tassacred in Sinai and Rhaithu (c. 370). epose of the Holy Equal-to-the Apostles ina, Enlightener of Georgia. Zacchaeus 1 imothy 4:9-15. Luke 19:1-10. 1:30 am Rosary O am Divine .iturgy unday School & Coffee Hour 2 pm Divine Liturgy at it. Michael's Extended Care	Our Venerable Fathers Paul of Thebes (312-37) and John the Hut-Dweller (465-74). 33 WAP 1 Peter 2:21-3:9. Mark 12:13-17. First Day of the Pre- Lenten Season IO am Bible Study HOUSE BLESSINGS for Fr. Bo	I6 The Veneration of the Precious Chains of the Holy and Illustrious Apostle Peter. 1 Peter 3:10-22. Mark 12:18-27. 8 am Chair and Carpet Cleaning at Church 1 pm Ann F. School Visit HOUSE BLESSINGS for Fr. Bo 6 pm Taking down the Nativity Scene	Our Venerable and God- bearing Father Anthony the Great (356). Polyeleos Feast. Hebrews 13: 17-21. Luke 6: 17-23. 9 am Divine Liturgy HOUSE BLESSINGS for Fr. Bo 7 pm Scouts and Youth Ministry Brain- storming Discussion	Our Holy Fathers and Archbishops of Alexandria Athanasius (373) and Cyril (444). 1 Peter 4:12-5:5. Mark 12:38-44. 8:30 am St. Matthew School Visit 11 am appointment Please try to have all information for the bulletin in by this day 5:30 pm Fr. Bo has an appointment Thursdays afternoon till Friday morning is Fr. Bo's day off	Our Venerable Father Macarius of Egypt (c. 390). Abstention from meat and foods that contain meat. 2 Peter 1:1-10. Mark 13:1-8. Bishop-to-be Michael of Saskatoon's Nomination	20 Our Venerable and Godbearing Father Euthemius the Great (473) Polyeleos Feast. Hebrews 13:17-21. Luke 6:17-23. Bishop Michael of Saskatoon's Consecration 2 pm First Solemn Communion Class
unday of the Publican and the Pharisee. Detoechos Tone 1. Our Venerable Father Asximus the Confessor (662). Holy Martyr Neophytus (284-305). Holy Martyrs Eugene, Candidus, Valerian, and quilas. 2 Timothy 3:10-15. Luke 8:10-14. R:30 am Rosary O am Divine	The Holy Apostle Timothy. Holy Venerable-Martyr Anastasius the Persian (628). 2 Peter 1:20-2:9. Mark 13:9-13. HOUSE BLESSINGS for Fr. BO	Blessed Vincent Levoniuk and His Twelve Companions Martyred at Pratulyn (1874). The Holy Priest-Martyr Clement, Bishop of Ancyra. Holy Martyr Agathangel (both 286-305). Passing into Eternal Life of Blessed Olimpia Bida, Superior of the Sisters of St. Joseph (1952), and Martyr. 2 Peter 2:9-22. Mark	24 Our Venerable Mother Xenia the Roman. 2 Peter 3:1-18. Mark 13:24-31. 9 am Divine Liturgy HOUSE BLESSINGS for Fr. Bo	Our Holy Father Gregory the Theologian, Archbishop of Constantinople (390). Polyeleos Feast. 1 Corinthians 12:7-11. John 10:9-16. 8:30 am St. Matthew School Visit Please try to have all information for the	26 Our Venerable Father Xenophon and his wife Maria. 1 John 2:7-17. Mark 14:3-9. 10 am Ordination Practice & Preparations for Deacon-	The Transfer of the Precion Relics (438) of Our Father among the Saints John Chrysostom. Polyeleos Feast. Hebrews 7:26-8:2. John 10:9-16. 10 am Deaconal Ordination

Liturgy

Sunday School & Coffee Hour

2 pm Divine Liturgy at St. Michael's Extended

Bishop Michael of Saskatoon's Instalation

2 Peter 2:9-22. Mark

1 pm Ann F. School Visit

HOUSE BLESSINGS for Fr. Bo **Parish Bingo Fundraiser**

bulletin in by this day

5:30 pm Fr. Bo has an appointment

till Friday morning is Fr. Bo's day off

for Deaconto-be John's **Ordination**

information for the

Thursdays afternoon

of John Lukey here at Holy Cross, followed by lunch

2 pm First Solemn Communion Class

Changeable Parts for January 7

Sunday after Theophany. Octoechos Tone 7.

Synaxis of the Holy and Glorious Prophet, Forerunner and Baptist John

After "Blessed is the Kingdom" Sunday School children are blessed to go to the Sunday School room with their teachers.

Antiphon I:

When Israel came forth from Egypt, the house of Jacob from an alien people.

Through the prayers of the Mother of God,* O Saviour, save us.

Judah became His sanctuary, Israel His dominion.

Through the prayers of the Mother of God,* O Saviour, save us.

The sea beheld this and fled,* the Jordan turned back on its course.

Through the prayers of the Mother of God,* O Saviour, save us.

Why was it, O sea, that you fled,* that you, O Jordan, turned back on your course?

Through the prayers of the Mother of God,* O Saviour, save us.

Glory... Now... Only-Begotten Son...

Antiphon 3

Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms.

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

For God is the great Lord, and the great king over all the earth.

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

At the Entrance:

Come, let us worship and fall down before Christ.

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

Troparion, Tone 7: By Your cross You destroyed death;* You opened Paradise to the thief;* You changed the lamentation of the myrrh-bearers to joy,* and charged the apostles to proclaim* that You are risen, O Christ our God,* offering great mercy to the world.

Troparion, Tone I: When You, O Lord, were baptized in the Jordan,* worship of the Trinity was revealed;* the voice of the Father bore witness to You,* naming You the beloved Son,* and the Spirit in the form of a dove confirmed the word's certainty.* Glory to You, O Christ God,* who appeared and enlightened the world.

Troparion, Tone 2: The just man is remembered with praises,* but for you the Lord's testimony suffices, O Forerunner,* for you truly became more honourable than the prophets* and were deemed worthy to baptize the One foretold.* Then you suffered for the truth and joyfully announced to those in Hades* that God appeared in the flesh taking away the sin of the world* and offering us great mercy.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 3: She who once was barren gives birth today to the Forerunner of Christ,* who will fulfil every prophecy.* In the Jordan he placed his hand upon the One Whom the prophets foretold,* and thus was shown to be the prophet, the herald,* and the Forerunner of the Word of God.

Now and for ever and ever. Amen.

Kontakion, Tone 4: Today, You have appeared to the world* and Your light, O Lord, has been signed on us,* who with knowledge sing Your praises.* You have come, You have appeared, O unapproachable Light.

Prokeimenon. Tone I

Let your mercy, O Lord, be upon us* as we have hoped in you.

verse: Rejoice in the Lord, O you just; praise befits the righteous.

Epistle: Ephesians 4:7-13; (NRSV)

Brothers and Sisters, each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

Changeable Parts for January 7 continued

Sunday after Theophany. Octoechos Tone 7.

Synaxis of the Holy and Glorious Prophet, Forerunner and Baptist John.

Alleluia verses:, Tone 5

Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared.

Gospel: Matthew 4:12-17; (NRSV)

At that time when Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled:

"Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned."

From that time Jesus began to proclaim, "Repent, for the kingdom of heaven has come near."

Hymn to the Mother of God and the Irmos:

O my soul, magnify Christ the King, baptized in the Jordan.

Every tongue is at a loss to praise you as is your due, O Mother of God. Even a spirit from above is filled with dizziness when seeking to sing your praises. But since you are good accept our faith, for you know well our love inspired by God. For it is you who protect all Christians; therefore, we magnify you.

Communion Hymn

The grace of God has appeared* bringing salvation to all.

The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.

Alleluia, alleluia,* alleluia.

Instead of We have seen the true light... we sing:

All creation is filled with rejoicing today, for Christ is baptized in the Jordan.

Instead of May our mouths... and Blessed be the Name... we sing:

All creation is filled with rejoicing today, for Christ is baptized in the Jordan. (3)