



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста

Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

Cell: 780-340-3726
(call or text)
fr.nahachewsky@eeparchy.com

Deacon: Dcn. François Provençal
fprovence23@outlook.com

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.

Sundays, November 5 & 12, 2023

Twenty-third Sunday after Pentecost. Octoechos Tone 6;
The Holy Martyrs Galaction and Epistemis; and the

Twenty-fourth Sunday after Pentecost, Tone 7;
The Holy Priest-Martyr Josaphat, Archbishop of Polotsk (1623)



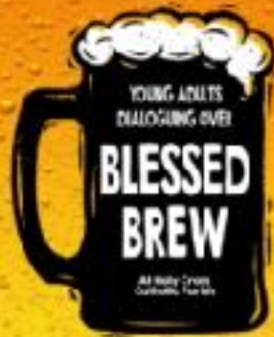
Invite your friends and let's see who will have to wear the Yellow Jacket and Hat, at our

Durak & Cribbage Night

Here at Holy Cross on
November 17th at 6 pm

\$2 entry fee at the door. Snacks and Drinks available.

Grand Prizes: Winner of the Cribbage Tournament together with the Loser of the Durak Tournament will have their names engraved on the parish's card playing trophy and be featured on the front page of the bulletin on Sunday the 19. The Durak must wear the famous Yellow Jacket and Hat.



This Month's Topic:
LGBTQ+
And the Church

Are you between 18 and 35?

Do you want to meet with friends and other Young Adults to about your faith?

Let's Dialogue over a Blessed Brew.

Come drink Coffee, Tea or Beer (or another beverage brewed or not) and let's ask all those questions we have wanted to of our super panel of priests and/or religious.

November 29th, at 7 pm

Here at Holy Cross. All young Adults Welcome



Come for the meal, and/or bring the kids after to have them receive a gift from the REAL St. Nicholas (not Santa).**

St. Nicholas will appear at 12:30 (-ish).

Don't expect this event to be ordinary... a fun surprise will happen for both kids and grownups alike during the meal.

*Tickets non refundable.

Orientation for those families wishing to be part of this year's First Solemn Communion Class will follow the event.

** we will prepare extra gifts for kids from the schools who won't likely eat with us. We want them to come anyway. Too many kids! What a great problem! 1

Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Perochy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be under the age of 18.

Funeral Dinners:

Call Cheryl: 780-456-2828

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
Deacon - Dcn. François Provençal
President – Mark Helmak
Past President – Peter Fedorak
1st Vice-President – Mark Ramsankar
2nd Vice-President – John Lukey
Secretary – Gwen Uchach
Treasurer – Peter Fedorak
Archivist – Diana Horyn
Cultural – Maryka Bodnar
Fundraising – Edd Horyn
Hall Rental – Lisa Borosuk & Gladys Woitas
Ladies' Club – Heather Gauthier
Knights of Columbus – Darrell Uchach
Men's Club President – Marc Chiasson
Youth Coordinator – Emmette Lysak
Maintenance – Larry Waye
Membership – J'lyn Ramsankar
Social – Vacant
Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

Weddings:

- Contact Fr. Bo, at least a year in advance if possible

Funerals:

- Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- Sundays with Fr. Myron: See Calendar
- or anytime, just call Fr. Bo to arrange it.

Why is this a two week bulletin?

Fr. Bo will be away for a break on Sunday November 12, therefore this bulletin will need to suffice for 2 weeks in a row.

On Sunday the 5th we welcome Fr. Myron

Fr. Myron is here to hear confessions for us again on a Sunday. Since it is very difficult for Fr. Bo to both get ready and serve Liturgy and also to hear confessions at the same time, our parish has asked Fr. Myron to join us once a month, typically on the first Sunday of the month to make this sacrament available for everyone.

Confession is very important. We all sin, but do we all try to seek forgiveness and to move forward again? I encourage everyone to take advantage of this lovely opportunity with a pastorally minded priest as often as you can.

Of course Fr. Bo can also hear confessions, but not on Sunday mornings. If you would like to have him hear your confession anytime, just make an appointment with him: 780-340-3726.

On Sunday the 12th we welcome Fr. Peter

As Fr. Bo will be away, Fr. Peter Brezden will come to serve Liturgy on Sunday the 12th. Please make him feel at home.



REMEMBRANCE DAY
Left We Forget

Remembrance Day as always is on Nov. 11th.

On Sunday the 12th we will Remember here!

At the end of Liturgy on the 12th, there will be a Panachyda (prayers for the departed) on the occasion of Remembrance Day. A wreath will be placed in the front of the church and we will pray for all those who have died in every and any war, and for all those who served to protect the innocent and helpless.

Deacon François will be in charge of this Remembrance Day service, therefore if you have any questions, they can be addressed to him.

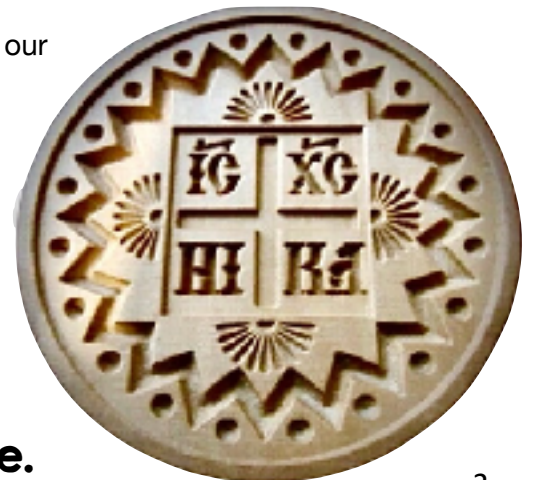
Thank you Deacon François for taking this on.

Fresh bread has been baked for our Lord.

As you probably know but probably also don't bring to mind very often, bread needs to be baked so that the celebration of the Divine Liturgy can happen.

I would dearly love to thank our wonderful volunteer who faithfully prepares this for us all.

Thank you Christine.



Saints of the Day:

Martyrs Galaction and his wife, Epistemis, at Emesa

Commemorated on **November 5** from OCA.org

There was a rich and distinguished couple named Kletophon and Leukippe, who lived in the Syrian city of Emesa, and for a long time they were childless. They gave much gold to the pagan priests, but still they remained childless.

The city of Emesa was governed by a Syrian named Secundus, put there by the Roman Caesars. He was a merciless and zealous persecutor of Christians, and to intimidate them he ordered that the instruments of torture be displayed on the streets. The slightest suspicion of belonging to “the sect of the Galilean” (as thus Christians were called by the pagans), was enough to get a man arrested and handed over for torture. In spite of this, many Christians voluntarily surrendered themselves into the hands of the executioners, in their desire to suffer for Christ.

A certain old man by the name of Onuphrius concealed his monastic and priestly dignity beneath his beggar’s rags. He walked from house to house in Emesa, begging alms. At the same time, whenever he saw the possibility of turning people away from the pagan error, he preached about Christ.

Once, he came to the magnificent house of Leukippe. Accepting alms from her, he sensed that the woman was in sorrow, and he asked what was the cause of this sadness. She told the Elder about her familial misfortune. In consoling her, Onuphrius began to tell her about the one true God, about His omnipotence and mercy, and how He always grants the prayer of those turning to Him with faith. Hope filled the soul of Leukippe. She believed and accepted Holy Baptism. Soon after this it was revealed to her in a dream that she would give birth to a son, who would be a true follower of Christ. At first, Leukippe concealed her delight from her husband, but after the infant was born, she revealed the secret to her husband and also persuaded him to be baptized.

They named the baby Galaction and his parents raised him in the Christian Faith and provided him a fine education. He could make an illustrious career

for himself, but Galaction sought rather an unsullied monastic life in solitude and prayer.

When Galaction turned twenty-four, his father resolved to marry him off and they found him a bride, a beautiful and illustrious girl by the name of Episteme. The son did not oppose the will of his father, but by the will of God, the wedding was postponed for a time. Visiting his betrothed, Galaction gradually revealed his faith to her. Eventually, he converted her to Christ and he secretly baptized her himself.

Besides Episteme he baptized also one of her servants, Eutolmius. The newly-illuminated decided on the initiative of Galaction, to devote themselves to the monastic life. Leaving the city, they hid themselves away on Mount Publion, where there were two monasteries, one for men and the other for women. The new monastics had to take with them all the necessities for physical toil, since the inhabitants of both monasteries were both old and infirm.

For several years the monastics struggled in work, fasting and prayer. Once, Episteme had a vision in her sleep: she and Galaction stood in a wondrous palace before a radiant King, and the King bestowed golden crowns on them. This was a prefiguring of their impending martyrdom.

The pagans became aware of the existence of the monasteries, and a military detachment was sent to apprehend their inhabitants. But the monks and the nuns succeeded in hiding themselves in the hills. Galaction, however, had no desire to flee and so he remained in his cell, reading Holy Scripture. When Episteme saw that the soldiers were leading Galaction away in chains, she began to implore the Abbess to permit her to go also, since she wanted to accept torture for Christ together with her fiancé and teacher. The Abbess tearfully blessed Episteme to do so.

The saints endured terrible torments, while supplicating and glorifying Christ. Their hands and legs were cut off, their tongues were cut out, and then they were beheaded.

Eutolmius, the former servant of Episteme, and who had become her brother in Christ and fellow ascetic in monastic struggles, secretly buried the bodies of the holy martyrs. He later wrote an account of their virtuous life and their glorious martyrdom, for his contemporaries and for posterity.



Saint of the Day:

Saint Josaphat, Martyr for Christian Unity

Commemorated on **November 12**

By the Very Rev. Anselm Romb, OFM Conv., former Rector of the Basilica of St. Josaphat

St. Josaphat was born John Kuncevic about 1580 in Vladimir, a village of the Lithuanian Province of Volhynia (then a part of the Polish Kingdom begun under the Jagellonian Dynasty). His parents belonged to the Eastern Rite Church of Kyiv (Ukraine) which was then separated from Rome.

When John was just a child, his mother explained the icons in church. Years later he told a friend that he felt a spark of fire leave the wounded side of the Crucified and enter his own heart, which was filled with joy. This event influenced the rest of his life. He began to memorize the Church rituals and psalms. Within him grew the desire to suffer poverty and death for his Savior.

John's father sent him to Vilno in Lithuania to learn more about the family business. Nevertheless, he spent much of his leisure in reading the lives of the Saints and observing the religious ferment in the local church. The Ruthenians (the ethnic origin of his family) had been evangelized from Constantinople-modern Istanbul-and generally followed the lead of the Byzantine Church there. But because of the absorption of the Ruthenians into the Polish Kingdom, always staunch Roman Catholics, the question of reunion with Rome was hotly debated.

The Union of Brest

The bishops of the Ukrainian and Byelorussian Churches who lived within the Polish-Lithuanian Commonwealth held a Ruthenian Synod in 1595 and voted to unite with Rome under Pope Clement VIII. John Kuncevic was fifteen years old. In 1598 seven bishops signed the Union of Brest, which allowed them to retain their Eastern Rites while in full communion with the Pope. Although most of Vilno refused union, John made his profession of faith, then entered the Basilian Monastery of the Holy Trinity in Vilno, and took the name of Josaphat.

Unable to find adequate spiritual direction among the lax priests of his Order, Josaphat compensated by severe mortifications of reparation for them and for those who

had refused communion with Rome. Finally spiritual guidance came in the person of John Rutsky, a convert from Calvinism and later Bishop of Kiev. In 1609 Josaphat was ordained a priest and began his career of preaching and spiritual direction and providing for the needy and homeless. Over sixty men entered the Basilian Order under his influence.

Josaphat was made the superior of a daughter monastery at Byten, where he revived devotion to the Mother of God at Zirovica. Returning to Vilno as archimandrite of the monastery, he began to reform the monks. There he also compiled texts from the Eastern Fathers and Doctors under the title "A Defense of Church Unity." All these activities led to his being appointed Coadjutor Bishop to the elderly, ailing Bishop of Plock (Plotsk). Subsequently Josaphat became the Bishop of Plock with the title of Archieparch (Archbishop).

Called to Revitalize His Diocese

The new appointee at once called a synod to revitalize his diocese. He detached his priests from subservience to the unruly nobility and wrote "A Rule for Priests." Most of all he pursued the reunion of all with Rome. The major obstacle was the Orthodox Bishop Meletius Smotrytsky, who was aided by schismatic preachers sent from Constantinople to prevent reunion. The latter spread slanders against Josaphat and, during his absence in Warsaw to plead for reunion, agitated for Josaphat's removal from Plock. Hostility increased when he wrote to prove that St. Vladimir, had actually preached the Catholic, not Orthodox faith.

While Josaphat was visiting Vitebsk (Belarus), he was cruelly hacked to death on November 12, 1623. He was about forty-five years old.

Josaphat had said before his martyrdom, "I rejoice to offer my life for my holy Catholic faith." He had prayed, "Grant that I be found worthy, Lord, to shed my blood for the union and obedience to the Apostolic See." He had never revoked his childhood experience of the Crucified.

The Events of His Martyrdom

The mob hostile to reunion broke into the courtyard of the mansion where Archbishop Josaphat was staying. He came out of the house a commanding figure in his black robes and crossed medallions over his breast. He addressed his enemies calmly, "Why are you attacking my servants? Take your anger out upon me!"

continued on next page.



Saint Josaphat continued...

Momentarily the mob quieted. Then two schismatics, bolder than the rest, rushed forward and split his head open with battle-axes. As if that were not enough, they shot him as well, stripped his body, and set wild dogs to tear him apart. Tiring of their terrible sport, the mob threw his body into the river with his penitential hairshirt tied around his neck and loaded with rocks to sink his body. His remains were subsequently recovered and hidden from further desecration.

It has been written that the blood of the martyrs is the seed of Church growth. Among the many miracles consequent to Josaphat's murder was the conversion of those assassins



to the Roman union. Thousands of dissidents returned to the Catholic faith. Most significant, even Bishop Smotrytsky became an ardent supporter of the Pope!

In May 1643, twenty years later, Pope Urban VIII declared him "Blessed." But it was not until June 29, 1867, that Pope Pius IX canonized him "Saint." On November 12, 1923, the tercentenary of Josaphat's martyrdom, Pope Pius XI declared him the heavenly Patron of Reunion between Orthodox and Catholics. During the Second Vatican Council, at the express wish of Pope John XXIII, who himself was most interested in reunion, the body of St. Josaphat was finally laid to rest at the magnificent altar of St. Basil in St. Peter's Basilica. This took place on November 25, 1963.

The Nativity Fast, also known as St. Philip's Fast - Nov 15

This fast begins forty days before the Nativity of our Lord on November 15, the day after the feast of St. Philip, and that is why it called Saint Philip's Fast (or the Philipian Fast - Pilipiwka in Ukrainian).

The Philipian Fast is a time to prepare us to receive Christ into the world and into our hearts.

On each Sunday of the fast in our church we celebrate a different figure who has helped to show us the way.

1. The first holy person we encounter is the Evangelist St. Matthew whose feast is celebrated on November 16. St. Matthew is the first Evangelist to give us the infancy narratives in the Gospels, the first to announce the "Good News" of salvation. He begins us on our journey.

2. Next we celebrate the entrance of the Theotokos (The God bearer - Mary) into the temple. Mary goes into the Temple to prepare her heart for God. She is the Temple where the Son of God will make His home until His birth. She shows us how to be a true servants of



the Lord who may give our entire life, so that we may also become worthy dwelling places for our Saviour.

3. St. Andrew who is celebrated on Nov. 30, was the first apostle called by Jesus. Tradition tells that he travelled to Slavic territories to bring the light of Christ's message to the Slavic people. He encourages, us to be the bearers of the light of Jesus to others.

4. The Feast of St. Nicholas, the Wonderworker, is on December 6. The story of this Saint is well known. St. Nicholas' life is an example to us all of preparing our hearts by loving acts for one another.

5. This week we commemorate the ancestors of our faith; the great men and women of the Bible who kept the promise of the Messiah alive through the ages; the prophets, and we especially admire the Prophet Daniel and the faith and courage of the three children who went into the fiery furnace. They teach us to be courageous in our faith.

6. This week, we remember the ancestors of Jesus. These holy people waited and prayed with hope in their hearts that God would send the promised Saviour to the world. They remind us to wait for the saviour with hope in our hearts.

Why so many pages in todays bulletin?

Well, Fr. Bo will be away next Sunday, therefore he did not want you to run out of reading. :)

Last Sunday's Collection was \$1785.

The previous Sunday's collection was \$1905.00

Thank you to all who contribute generously and regularly.

Upcoming Events

- There will be the **funeral of + Denis Mackowecki** on Monday November 6th at 10:30 am. Vichnaya Pamyat.
- **Ladies' Club** will have their next meeting on Monday, November 6th at 7 pm.
- Next **Venta Care Centre Liturgy** will be Tuesday, November 7th at 10:30 am
- Wed., Nov. 8: **Feast of St. Michael and all the Angels.** Liturgy at 9 am as usual.
- 9 am **Nalysnyky & Cabbage Roll Bee** on November 9th
- **Knights of Columbus Meeting** on Monday, November 13th at 7 pm.
- Nov 13: **Dough and Potatoes get Prepped** at 7 am. (that's Monday)
- Nov 14: **Pyroghy Bee** at 9 am. All are welcome to help pinch with us. (that's Tuesday)
- St. Philip's Fast - AKA: **The Nativity Fast** will begin on November 15th.
- **Games Room Clean Up:** Friday Nov. 17
- Our **Durak and Cribbage Tournament** will take place on Friday Nov. 17 at 6 pm.
- **Young Adult's to pray Vespers** in our parish, followed by supper: 5pm Sat., Nov. 18
- **St. Michael's Event** at St. Michael's Extended Care: Nov. 18
- **Major Feast** of the Entrance of the Mother of God into the Temple: November 21st. Liturgy at 10 am... maybe... perhaps we will move it to Wednesday... stay tuned.
- **Cabbage Roll Bee** on Nov. 21 at 9 am.
- **Knight's EECKC Christmas Event** at St. Sophia Church: Nov 25.
- **Men's Club Meeting** will take place on Tuesday November the 28.
- **Blessed Brew:** An event for Young Adults to talk about their Church and Faith will take place November 29th at 7-9 pm
- **St. Nicholas Event:** Sunday, December the 3rd after Liturgy.
- December 3, 2023: **International Day of Persons with Disabilities**
- **First Solemn Communion Orientation,** Sunday Dec. 3rd after the St. Nicholas Event.
- December 6: **St. Nicholas Day.** Regular Wednesday Liturgy at 9 am.
- Dec. 6th: Knights of Columbus and Men's Club **Christmas Event.**
- **Bishop's Gala:** Dec. 7th
- Dec. 9th: **Medium sized Feast:** Conception by Anne of the Theotokos.
- Dec. 11-15: Fr. Bo leads the annual **Icon Workshop for St. Joseph's Seminary's** Propaedeutic Students.
- Sunday Dec. 24 & 25: **Major Feast:** The Nativity of our Lord. Times to be determined, but likely similar to last year.
- Dec. 27 & 28: **Funeral**
- January 1: **Medium sized Feast:** St. Basil's & Circumcision of our Lord
- January 5 & 6: **Major Feast:** Theophany
- **Parish Malanka:** January 13

Fr. Bo is **not** the most organized person. If I am missing or have something wrong in this list of events... or the calendar... or anywhere in this bulletin... please do drop me a line. And if you did send something and I didn't get it in, send it to me again. If so.... forgive me please.



It is time to register children for First Solemn Communion.

If your child is about grade 2 or 3 or older and has not participated in a First Solemn Communion Program yet, please send Fr. Bo an email stating their name, age, grade, and contact information. Also it would be very good for us to know of any behavioural needs and allergies that they may have.

fr.nahachewsky@eeparchy.com

Our Parish News:

- The servant of God + **Denis Mackowecki** has passed away last week and will have his funeral in our parish this Monday, November 6th at 10:30 am. Our condolences to the whole family. May God grant him rest among the Saints, Vichnaya Pamyat.
- **Coffee Hour** after Sunday Liturgy every Sunday... unless we are having a special meal. Come join us. (Today's Coffee Hour Group is Group "D" if you are reading this on the 5th, or "E" if you are reading this for the 12th.)
- Join us as we pray the **Rosary** before Divine Liturgy on Sundays.
 - The Rosary is lead on Nov 5th by the Parish Pastoral Council.
 - The Rosary is lead on Nov 12th by the Ladies' Club.
- **Any 50th Anniversaries?** Let us know so that we can congratulate you and give you a plaque. (and put you in the bulletin). Call Diana Horyn at 780-455-9926 if it's your anniversary or if you know if a parishioner here is having one.
- Our **Sunday School** is awesome! All kids up to First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy. Don't be shy, join us!
- Boys and Girls who have already done their First Solemn Communion are invited to become an **Altar Server!** Just say hi to Fr. Bo before Liturgy and we will train you on the job.
- **Food Bank Collection:** Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
- Our Eparchy is continuing to raise **funds for people in Ukraine** through CNEWA. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy.
- We recognize that **funerals** are a difficult and expensive time for a family. In order that you are not surprised, we are sharing this reminder with you: The current policy in our parish states that in order to receive our member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. In the unfortunate cast that a child of fully paid members should die, they are entitled to member rates if that child is under the age of 18 or is a dependant.
- We are **recording our Liturgies** for those who are not able to come in person to church. Please note that the **recorded Liturgies** are not intended to be an option for those who simply want to stay at home.

Knights of Columbus'

"Padre Night"

Every year the Knights of Columbus in Edmonton and the surrounding areas honour the Clergy of the Edmonton Catholic Archdiocese and the Edmonton Ukrainian Catholic Eparchy at an event called Padre Night. This year Father Hanas Council out of St. Basils Ukrainian Catholic Church hosted the 2023 Padre Night on October 26 at the St Basil's Cultural Centre.

Our K.C. Council at Holy Cross (Bishop Neil Savaryn) hosted Father Bo and our Deacon in training John Lukey and his wife Debbie at this years event.

The event was well attended by Catholic Clergy and Knights with Bishop David (State Chaplain for the Knights) as guest speaker. Bishop Bryan Bayada was also in attendance as well as Sisters, Priests, Deacons and seminarians from our Eparchy.



14th Annual Bishop's Gala



IMAGE TO LIKENESS "Our Life in Christ"

Supporting the
Ukrainian Catholic
Religious Education
Curriculum K-12

Honourary Chair
Fr. Stephen Wojcichowsky

Thursday, December 7, 2023

Chateau Louis Conference Centre | Edmonton

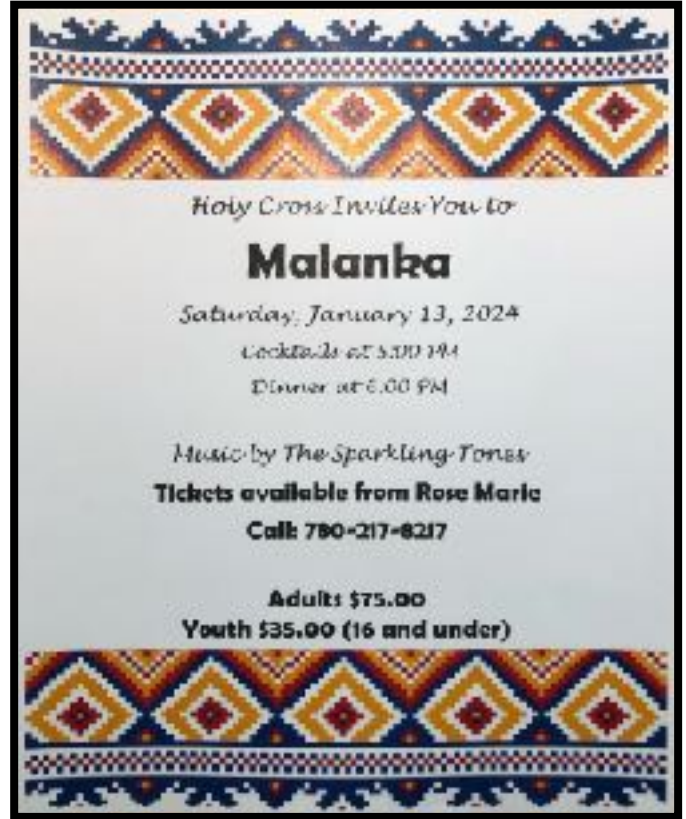
Cocktails 6:00 pm | Dinner 7:00 pm

TICKETS \$200.00

Available at the Ukrainian Catholic Pastoral Centre
780 424 5496 or chancery@edmontoneparchy.com
www.eeparchy.com/gala/



Fourteenth Annual Bishop's Gala Thursday, December 7, 2023 supporting the new **"Image to Likeness: Our Life in Christ" Ukrainian Catholic Religious Education Curriculum/Program** for use in Ukrainian Bilingual Schools, parishes, the home and beyond! Chateau Louis Hotel and Conference Centre, cocktail reception and silent auction at 6:00 pm, dinner at 7:00 pm, followed by an exciting live auction. Tickets \$200 each (\$1600 per table of eight) with tax receipt for \$100 per ticket. Contact the Pastoral Centre for tickets or to make a monetary or auction donation: 780 424 5496 or chancery@edmontoneparchy.com. Go to www.eeparchy.com/gala/ for more information and to view on-line auction. All proceeds of the Gala will support the development of *Image to Likeness: Our Life in Christ, Ukrainian Catholic Religious Education Program*.



Tickets for our annual **Malanka** are now available. Come to the Table in the Annex after Liturgy.



Did you know that **Catholic Education** in Edmonton predates the creation of our province? In 1888 three nuns had 27 students start classes at St. Joachim School. Now the ECSD has 94 schools and more than 47,000 students.



The Catholic Bishops
of Alberta and the
Northwest Territories

Les évêques catholiques
de l'Alberta et des
Territoires du Nord-Ouest

8421 - 101 Avenue, Edmonton, Alberta, Canada, T6A 0L1 | T 780.463.1300 F 780.465.3305

October 5, 2023

Dear Sisters and Brothers in Christ,

“Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.” (Joshua 1:9)

Our theme for Catholic Education Sunday this year is: “Courage to Lead”. Parents, educators, administrators, trustees, and clergy are all invited to engage their responsibility of leadership to strengthen and promote Catholic education, through which we lead the children entrusted to our care to know, love, and follow Jesus Christ.

Publicly funded Catholic education in Alberta is a unique and cherished historical gift, for which we are grateful. It is an invaluable offering to both the Catholic community and wider society, carrying growing responsibility in an increasingly secular world. In the face of many societal changes and challenges, we share the responsibility of ensuring that our faith-based education remains steadfast in its fidelity to the teachings of the Church. We are all called to lead with courage, secure in God’s love.

Leadership within Catholic Education involves guidance with a sense of purpose, driven by the mission to nurture in our young people a joyful reliance upon the Holy Spirit, unwavering trust in the words of the Lord Jesus, and abiding confidence in the providence of our Heavenly Father. Beyond academic excellence, dedicated educators will permeate all aspects of school life with the Catholic faith. Parents and clergy have their role to play by strengthening the relationship of our schools with both home and parish. In addition, all Catholics exercise their responsibility by offering the support of their prayers and advocating strongly for our schools. Every effort counts in the promotion of our Catholic education system.

For our part, we Bishops pledge our leadership and support in the service of our schools. We look forward to our continuing engagement with parents, trustees, administrators, teachers, and clergy to ensure that our schools are places of authentic Catholic community, in which our beloved students come to know the joy of friendship with Jesus Christ, our Saviour.

May God bless our Catholic schools.

Catholic Bishops of Alberta and NWT

Most Reverend Richard W. Smith
Archbishop of Edmonton

Most Reverend Gary Franken
Bishop of St. Paul

Most Reverend Gerard Pettipas CSsR
Archbishop of Grouard-McLennan

Most Reverend William McGrattan
Bishop of Calgary

Most Reverend David Motiuk
Bishop of the Ukrainian Eparchy of
Edmonton

Most Reverend Jon Hansen, CSsR
Bishop of Mackenzie-Fort Smith



I accidentally dropped my laundry basket
and all my freshly cleaned clothes fell out.

Yes, I know, I watched it all unfold.



Interested in learning more about God, your faith, and the Church?

The Eparchy of Edmonton is pleased to announce Year I (of a two-year program) of our **Lay Leadership and Diaconate Formation Program** in collaboration with Newman Theological College starting in September 2023.

Each course consists of 10 online sessions, spanning 5 weeks, requiring some 4 hours of work per week (2 hours per lesson). No exams. Cost of registration per course \$90.00 plus the cost of books.

Sign up for an online course (or two or three) or even work towards a Certificate in Eastern Christian Traditions at Newman Theological College (Edmonton).

To register and for more information, visit Newman.edu/CCS, or contact Andrea Leader andrea.leader@eeparchy.com or Bernie Mandrusiak bernadette.mandrusiak@eeparchy.com or call the Pastoral Centre (780) 424-5496.

Certificate in Eastern Christian Traditions I

The Certificate in Eastern Christian Traditions I provides an introduction to the rich tradition of the Eastern Christian faith. Participants will explore their faith through the study of the Theology of Eastern Christianity, Worship and Spirituality of the Eastern Catholic Churches, and the Holy Mysteries, the terminology for what the West calls the Sacraments.

Courses

- CCS-046 The Theology of Eastern Christianity Part I (Cycle 2 (Oct. 30 – Dec. 3, 2023) - CCS-046)
- CCS-047 The Theology of Eastern Christianity Part II(Cycle 3 (Jan. 8 – Feb. 11, 2024) - CCS-047)
- CCS-048 Worship and Spirituality of Eastern Catholic Churches Part I(Cycle 4 (Feb. 19 – Mar. 24, 2024) - CCS-048)
- CCS-090 Worship and Spirituality of Eastern Catholic Churches Part II(Cycle 5 (Apr. 1 – May 5, 2024) - CCS-090)
- CCS-050 The Holy Mysteries: An Introduction (Cycle 6 (May 13 – June 16, 2024) - CCS-050)

Additional courses of interest:

CCS-049 Praying with Icons - Cycle 6 (May 13 – June 16, 2024)

A few of you have been inquiring...

“Fr. Bo: When is your next icon workshop?”

Normally I put one on just before or at the beginning of Lent. A typical icon workshop is about 30 hours of instruction, prayer, and painting. This can be done over a week during the days, or over a long weekend. This is a fairly intense process, but anyone who wants to can do it.

Please give me your input. Which would you prefer?

Currently I am thinking about putting on a public one on the week of **February 4-9 +/- a day**, or the **Long Weekend of February 16-19** (Family Day Weekend), or both.

If neither of these works for you, also let me know when would it work.



What Happened this past Wednesday at the F.S.C. & Youth Ministry Meetings?

At our First Solemn Communion meeting three of us (Mariyka, Danielle and Fr. Bo) got together to discuss how we will teach the First Solemn Communicants and their parents. Our plan is to have 17 lessons 2 of which would start before Christmas and the remaining to be had after. We would still love another adult or two to help us with this program, so if you are able and

interested, we'd love to hear from you. Contact us via Fr. Bo's email.

At the Youth Ministries meeting we talked about a lot of things. The first significant topic was our Sunday School. So far things are going well, the children and teachers are all happy. It is our hope that we could let the rest of the parish see what is going on more by putting current things up on the bulletin board.

Fr. Bo is still hoping to start a Scouts Canada group in our parish. This is not something that can be done overnight. Likely it will not be able to start till Spring, or more likely Fall of 2024.

School Ministries seem to be going well. Many parents and teachers and their families have been spotted in our church. They also have been enjoying and learning about our saints via the trading cards.

Altar Servers are doing well for a small group. Hopefully more will join in as we move forward.

Our Young Adults ministry were perhaps the most active conversation. As you see on the cover of this bulletin they are planning an event on Nov. 29 on where Young Adults can discuss with clergy and religious the topic of the Church and the LGBTQ+ Community.

Kid's Bulletin Page

Kids: you are important and we love you. This page is for you.



In today's Gospel reading Jesus helps a man who was bothered by bad spirits. The spirits ran away from Jesus and went into a bunch of pigs. These pigs then ran away and jumped into a lake. Some people were frightened by Jesus and were sad that their pigs were gone, so they told Jesus to go away. The man that Jesus helped however was so happy that he wanted to stay with Jesus wherever He would go. Jesus told him, not to leave his town, but to go tell his family and friends nearby how good God is.








Sometimes we want to go far away to follow Jesus. Often Jesus wants us to help those around us.

Who are some people you can love?

B S A B O X T C C S K G S P S
 R R U J A A O J E I R R U A E
 O E N Z G U A T D A O E W R T
 T T T P S N A S N I C V W I A
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 S L O N E L Y U A Z E S M S A
 C K A W U J H V A R Y O T U D

- AUNTS
- BROTHERS
- CLASSMATES
- COUSINS
- DAD
- FAMILY
- FRIENDS
- GRANDPARENTS
- HUNGRY
- JANITORS
- KIDS
- LONELY
- MOM
- NEIGHBOURS
- PARISHIONERS
- POOR
- PRIESTS
- SAD
- SENIORS
- SISTERS
- TEACHERS
- TEAMMATES
- UNCLES

Next Couple of Weeks at Holy Cross Parish

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>5</p> <p>Twenty-third Sunday after Pentecost. Octoechos Tone 6; The Holy Martyrs Galaction and Epistemis Ephesians 2:4-10; Luke 8:26-39.</p> <p>Daylight Savings Time Ends</p> <p>Catholic Education Sunday</p> <p>Fr. Myron will hear confessions today</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (English) * group "D"</p> <p>Sunday School & Coffee Hour</p> <p>2 pm Liturgy at St. Michael's Extended Care</p>	<p>6</p> <p>Our Holy Father Paul, Archbishop of Constantinople and Confessor (c. 353-61) 1 Thessalonians 2:20-3:8; Luke 11:29-33.</p> <p>10 am Bible Study</p> <p>10 am Parish Clergy Meeting</p> <p>10:30 am Funeral of + Denis Mackowecki</p> <p>3:30 pm Sacred Orders Commission Meeting</p> <p>7 pm Ladies' Club Meeting</p>	<p>7</p> <p>The Thirty-Three Holy Martyrs of Millene (284-305); Our Venerable Father and Wonderworker Lazarus, Hermit of Mount Galesius (1054) 1 Thessalonians 3:9-13; Luke 11:34-41.</p> <p>10:30 Venta Care Centre Divine Liturgy</p> <p>12:30 pm Ann F. School Visitation (time might be delayed for travel's sake)</p> <p>Eparchial Grief as Journey Program</p>	<p>8</p> <p>Synaxis of the Archangel Michael and the Other Bodiless Powers of Heaven All-Night Vigil Feast. A day when the faithful are highly encouraged to participate in the Divine Liturgy. Hebrews 2:2-10; Luke 10:16-21.</p> <p>9 am Divine Liturgy</p> <p>11 am Remembrance day service at BCR (Ben Calf Robe School)</p>	<p>9</p> <p>The Holy Martyrs Onisiphorus and Porphyry (456-474); Our Venerable Mother Matriona (456-74); the Venerable Theoctista of Lesbos 1 Thessalonians 5:1-8; Luke 11:47-12:1.</p> <p>No Classes for ECSD</p> <p>Fr. Bo away</p> <p>9 am Nalysnyky & Cabbage Roll Bee</p> <p>Thursday afternoon till Friday morning is typically Fr. Bo's day off</p> <p>5:30 pm Appointment</p>	<p>10 </p> <p>The Holy Apostles Erastus, Olympus, Rodion and those with them Abstinence from meat and foods that contain meat. 1 Thessalonians 5:9-13, 24-28; Luke 12:2-12.</p> <p>No Classes for ECSD</p> <p>Fr. Bo away</p>	<p>11</p> <p>The Holy Martyrs Menas, Victor and Vincent (138-61); Our Venerable Father and Confessor Theodore the Studite (826) 2 Corinthians 11:1-6; Luke 9:1-6.</p> <p>Fr. Bo away</p> <div style="text-align: center;">  <p>REMEMBRANCE DAY <i>Left We Forget</i></p> <p>Remembrance Day</p> </div>
<p>12</p> <p>Twenty-fourth Sunday after Pentecost, Tone 7; The Holy Priest-Martyr Josaphat, Archbishop of Polotsk (1623); John the Merciful, Patriarch of Alexandria (619); Nil the Faster (430); Passing into Eternal Life (1950) of Blessed Hryhorij (Gregory) Lakota, Auxiliary Bishop of Peremyshl and Confessor. All-Night Vigil. Ephesians 2:14-22; Hebrews 4:14-5:10; Luke 8:41-56; John 10:9-16.</p> <p>Fr. Bo away</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy with Fr. Peter Brenden followed by Remembrance Day Panachyda (Bilingual) * group "E"</p> <p>Sunday School & Coffee Hour</p> <p>2 pm Liturgy at St. Michael's Extended Care with Fr ???</p>	<p>13</p> <p>Our Holy Father John Chrysostom (the Golden-Mouthed), Archbishop of Constantinople (407) Polyeleos Feast. Hebrews 7:26-8:2; John 10:9-16.</p> <p>Fr. Bo away</p> <p>7 am Dough & Potato Prepping Bee</p> <p>10 am Bible Study</p> <p>No Classes for ECSD</p> <p>7 pm Knights of Columbus Meeting</p>	<p>14</p> <p>The Holy and All-Praiseworthy Apostle Philip Polyeleos Feast. 1 Corinthians 4:9-16; John 1:43-51.</p> <p>Fr. Bo away</p> <p>9 am Pyroghy Pinching Bee</p> <p>No Classes for ECSD</p> <p>Eparchial Grief as Journey Program</p>	<p>15 *</p> <p>The Holy Martyrs and Confessors Gurias, Samonas (284-305) and Abibus (313-24) Nativity Fast. Abstinence from meat and foods that contain meat. 2 Thessalonians 2:1-12; Luke 12:48-59.</p> <p>First Day of the Nativity Fast (aka: Advent or St. Philip's Fast)</p> <p>9 am Divine Liturgy</p> <p>10 am Parish Clergy Meeting & Deaconal Training</p>	<p>16 *</p> <p>The Holy Apostle and Evangelist Matthew Polyeleos Feast. Nativity Fast. 1 Corinthians 4:9-16; Matthew 9:9-13.</p> <p>10:30 am St. Matt's School Visitation</p> <p>Thursday afternoon till Friday morning is typically Fr. Bo's day off</p> <p>5:30 pm Appointment</p>	<p>17 ***</p> <p>Our Holy Father Gregory the Wonderworker, Bishop of Neocaesarea (270-75); Passing into Eternal Life (1947) of Blessed Josaphat Kotsylovsky, Bishop of Peremyshl and Martyr Nativity Fast. Abstinence from meat and foods that contain meat. 2 Thessalonians 3:6-18; Luke 13:31-35.</p> <p>10 am Clean up of Games Room Volunteers welcome</p> <p>2 pm Deanery Meeting at St. Nicholas</p> <div style="text-align: center;">  </div> <p>6 pm Durak & Cribbage Tournament.</p> <p>Bulletin Writing</p>	<p>18 *</p> <p>The Holy Martyrs Plato (286-305) and Roman (305) Nativity Fast. Galatians 1:3-10; Luke 9:37-43.</p> <p>10:30 am St. Michael's Feast Day Event at St. Michael's Extended Care</p> <p>10:30 Appointment</p> <p>5 pm Vespers with Young Adults followed by supper (here at EHC)</p>
<p>19</p> <p>Twenty-fifth Sunday after Pentecost. Octoechos Tone 8; The Holy Prophet Obadiah (Abdias); the Holy Martyr Barlaam Nativity Fast. Ephesians 4:1-6; Luke 10:25-37.</p> <p>9:30 am Rosary</p> <p>10 am Divine</p>	<p>20</p> <p>Forefeast of the Entrance of the Most Holy Mother of God into the Temple; Blessed Josaphata Hordashevskya, First Superior of the Sisters Servants of Mary Immaculate (+1919); Our Venerable Father Gregory of Decanopolis</p>	<p>21</p> <p>The Entrance into the Temple of our Most Holy Lady, the Mother of God and Ever-Virgin Mary Feast of the Mother of God. Nativity Fast. Holy Day of Obligation. Hebrews 9:1-7; Luke 10:38-42, 11:27-28</p>	<p>22</p> <p>Post-feast of the Entrance of the Mother of God; The Holy Apostle Philemon and those with him Nativity Fast. Abstinence from meat and foods that contain meat. 1 Timothy 1:18-20; 2:8-15; Luke 15:1-10.</p>	<p>23</p> <p>Post-feast of the Entrance of the Mother of God; Our Holy Fathers Amphilocheus, Bishop of Iconium (4th c.) and Gregory, Bishop of Agrigentum (7th c.) Nativity Fast. 1 Timothy 3:1-13; Luke 16:1-9.</p>	<p>24</p> <p>Post-feast of the Entrance of the Mother of God; The Holy Great-Martyr Catherine (310-13); the Holy Great-Martyr Mercurius (249-51) Nativity Fast. Abstinence from meat and foods that contain meat. 1 Timothy 4:4-8,16; Luke</p>	<p>25</p> <p>Leave-taking of the Feast of the Entrance of the Most Holy Mother of God into the Temple; Our Holy Father and Priest-Martyr Clement, Pope of Rome (101); Peter, Bishop of Alexandria (312) Nativity Fast. Galatians 3:8-12; Luke 9:57-62.</p>

Changeable Parts for November 5

Twenty-third Sunday after Pentecost. Octoechos Tone 6;

The Holy Martyrs Galaction and Epistemis

After “Blessed is the Kingdom” Sunday School children are blessed to go to the Sunday School room with their teachers.

Troparion, Tone 6: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 6: With His life-giving hand* Christ our God, the Giver of life,* raised all the dead from the murky abyss* and bestowed resurrection upon humanity.* He is for all the Saviour,* the resurrection and the life, and the God of all.

Now and for ever and ever. Amen.

Theotokion, Tone 6: Undaunted patroness of Christians,* O steadfast intermediary with the Creator,* turn not away from the suppliant voices of sinners,* but in your kindness come to help us who cry out to you in faith.* Be quick to intercede, make haste to plead,* for you are ever the patroness of those who honour you, O Mother of God.

Prokeimenon, Tone 6:

Save Your people, O Lord, * and bless Your inheritance.

verse: Unto You I will cry, O Lord, my God, lest You turn from me in silence.

Epistle: Ephesians 2:4-10 (NRSV)

Brothers and Sisters, God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved — and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Alleluia verses, Tone 6:

He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.

verse: He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.

Gospel: Luke 8:26-39 (NRSV)

At that time Jesus arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, “What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me” — for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, “What is your name?” He said, “Legion”; for many demons had entered him. They begged him not to order them to go back into the abyss. Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, “Return to your home, and declare how much God has done for you.” So he went away, proclaiming throughout the city how much Jesus had done for him.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia.

Changeable Parts for November 12

Twenty-fourth Sunday after Pentecost, Tone 7; The Holy Priest-Martyr Josaphat, Archbishop of Polotsk (1623)

After “Blessed is the Kingdom” Sunday School children are blessed to go to the Sunday School room with their teachers.

Troparion, Tone 7: By Your cross You destroyed death;* You opened Paradise to the thief;* You changed the lamentation of the myrrh-bearers to joy,* and charged the apostles to proclaim* that You are risen, O Christ our God,* offering great mercy to the world.

Troparion, Tone 4: You appeared as a radiant light,* O priest-martyr Josaphat.* Like the Good Shepherd, you lay down your life for your sheep;* killed by enemies who loved division, you entered the holy of holies to dwell with the bodiless powers.*Therefore we pray you, long-suffering saint:* beg Christ, the Prince of Shepherds,* to number us among the sheep at His right hand and to save our souls.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 7: No longer shall the dominion of death be able to hold humanity,* for Christ went down shattering and destroying its powers.* Hades is bound.* The prophets exult with one voice.* The Saviour has come for those with faith, saying:* “Come forth, O faithful, to the resurrection!”

Now and for ever and ever. Amen.

Kontakion, Tone 4: Enlightened in childhood* by the flame from the crucified Christ,* you resembled the angels in your life as a monk,* and as bishop you lived in godliness.* You clearly preached unity and with your martyr’s blood, you calmed hearts inflamed by love for dispute.* From Christ you received the crown.* And so remember us as we cry to you:* Rejoice, O unshakeable pillar of unity.

Prokeimenon, Tone 7

The Lord will give strength to His people,* the Lord will bless His people with peace.

verse: Bring to the Lord, O you sons of God; bring to the Lord young rams.

Epistle: Ephesians 2:14-22, (NRSV)

For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household

of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling place for God.

Alleluia verses, Tone 7:

It is good to give praise to the Lord; and to sing to Your name, O Most High.

To announce Your mercy in the morning, and Your truth every night.

Gospel: Luke 8:41-56, (NRSV)

Just then there came a man named Jairus, a leader of the synagogue. He fell at Jesus’ feet and begged him to come to his house, for he had an only daughter, about twelve years old, who was dying. As he went, the crowds pressed in on him. Now there was a woman who had been suffering from hemorrhages for twelve years; and though she had spent all she had on physicians, no one could cure her. She came up behind him and touched the fringe of his clothes, and immediately her hemorrhage stopped. Then Jesus asked, “Who touched me?” When all denied it, Peter said, “Master, the crowds surround you and press in on you.” But Jesus said, “Someone touched me; for I noticed that power had gone out from me.” When the woman saw that she could not remain hidden, she came trembling; and falling down before him, she declared in the presence of all the people why she had touched him, and how she had been immediately healed. He said to her, “Daughter, your faith has made you well; go in peace.”

While he was still speaking, someone came from the leader’s house to say, “Your daughter is dead; do not trouble the teacher any longer.” When Jesus heard this, he replied, “Do not fear. Only believe, and she will be saved.” When he came to the house, he did not allow anyone to enter with him, except Peter, John, and James, and the child’s father and mother. They were all weeping and wailing for her; but he said, “Do not weep; for she is not dead but sleeping.” And they laughed at him, knowing that she was dead. But he took her by the hand and called out, “Child, get up!” Her spirit returned, and she got up at once. Then he directed them to give her something to eat. Her parents were astounded; but he ordered them to tell no one what had happened.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.

The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.

Alleluia, alleluia,* alleluia.