



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста

Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

Cell: 780-340-3726

(call or text)

fr.nahachewsky@eeparchy.com

Deacon: Dcn. François Provençal

fprovence23@outlook.com

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW

Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029

Edmonton, AB T5C 3R6

More info on the next page.

Sunday, October 29, 2023

Twenty-second Sunday after Pentecost. Octoechos Tone 5; The Holy Venerable-Martyr Anastasia (249-51); the Passing of Our Venerable Father Abraham, Archimandrite and Wonderworker of Rostov (11th c.).

Today after the Divine Liturgy we are having a Pancake Breakfast sponsored by our local Knights of Columbus

(Bishop Neil Savaryn Council #13361)

This fundraiser will help support the many initiatives that our Knights do in and around our parish community.

The Knights of Columbus are a Catholic Fraternal Organization, founded in 1882 by Father Michael J. McGivney in New Haven, Connecticut as a men's fraternal benefit society to render financial aid to members and their families. Mutual aid and assistance are offered to sick, disabled and needy members and their families. Social and intellectual fellowship is promoted among members and their families through educational, charitable, religious, social welfare, war relief and public relief works.

If you are a practical Catholic 18 years of age or older and would like to make a difference in your Parish community, your family and of the faith of the community at large, we would love the opportunity to speak to you. Come say "hi." We are the guys serving the pancakes and ham.



Last week we had Brady join us as an Altar Server. He did awesome. Hopefully today we shall have another... wink, wink, nudge, nudge... if you are ready.

I invite all children and youth who have finished their First Solemn Communion to come join us at the Altar as we give glory to God.

Training will be "on the job" as they say.

Also, I should mention to the Altar Servers who have been around and serving for a while already: You too deserve applause. Thank you for consistently doing such a great job and for helping with the new guys. You Rock.



Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be under the age of 18.

Funeral Dinners:

Call Cheryl: 780-456-2828

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky

Deacon - Dcn. François Provençal

President – Mark Helmak

Past President – Peter Fedorak

1st Vice-President – Mark Ramsankar

2nd Vice-President – John Lukey

Secretary – Gwen Uchach

Treasurer – Peter Fedorak

Archivist – Diana Horyn

Cultural – Maryka Bodnar

Fundraising – Edd Horyn

Hall Rental – Lisa Borosuk & Gladys Woitas

Ladies' Club – Heather Gauthier

Knights of Columbus – Darrell Uchach

Men's Club President – Marc Chiasson

Youth Coordinator – Emmette Lysak

Maintenance – Larry Waye

Membership – J'lyn Ramsankar

Social – Vacant

Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

Weddings:

- Contact Fr. Bo, at least a year in advance if possible

Funerals:

- Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- Sundays with Fr. Myron: See Calendar
- or anytime, just call Fr. Bo to arrange it.

We need YOU to get involved.

We already have a great parish, but let's work together to make it even better!

Parish Pastoral Council / Ministries is looking for members to join:

- the **Finance Committee** (contact Peter Fedorak),
- the **Catering Committee** (contact Mark Ramsankar);
- the **Bylaw Committee** (contact John Lukey);
- the **Social position on PPC** (contact Mark Helmak)
- the **Choir** is always happy to have new singers join them too. (contact Odessa Nguyen)
- the **Children, Youth and Young Adult Team** (contact Fr. Bo and or Dianne Kluk)
- the **First Solemn Communion Team** (contact Fr. Bo or Mariyka Bodnar)
- and/or to be the **Safer Environments Coordinator** (contact Fr. Bo)
- and/or the **Social Media Coordinator** (contact Fr. Bo)

If you don't know how to contact the people above directly, send an email or phone me. I will forward them your info and they will get back to you. My (Fr. Bo's) contact info is:

fr.nahachewsky@eeparchy.com or 780-340-3726

- **Holy Cross' Casino Fundraiser** dates are February 14 & 15, 2024 (Wednesday & Thursday) at Century Casino (Fort Road). We need volunteers for both dates. Shifts run from 9:00am to 3:30am. We need to fill positions for Chip Runners, Bankers, Cashiers, and also Count room staff. If you can help on those dates see Terry Yackimec to fill out the Casino Volunteer Worker Application form.
- If you can please join the awesome team of volunteers, who work **funeral and memorial dinners**. Please call Cheryl (780-456-2828). The team will welcome you with open arms!



Is Halloween bad?

As many know, Halloween is a old Western Christian holiday that celebrates the memory of all those who have died. Indeed we today should still pray for all those who have died. We pray for them and they pray for us. Together, the living and the dead make up the body of Christ.

For the most part Halloween has evolved into a fun day where kids dress up and get candy. Dressing up, having fun, and eating candy are not evil. We can do both, have fun and pray.

True, some people have taken things too far, focusing on evil spirits and such. But we should not let a few bad apples ruin this day for the rest of us. I recommend that you don't go around doing mischief and spiritually harmful things, but rather enjoy the costumes and candy (sharing what we have), and don't forget to ask God to remember all those who have gone before us.

Last Week's Sunday Collection was \$1905.00

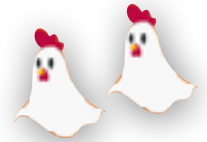
Is this good? Well... it has been better. We are in what our treasurer calls "THE YELLOW ZONE". We need to be quite cautious with our spending as the bank account is lower than comfortable. How much should we give? Well... we will not tell you to donate any particular number. Its up to your ability. However we remind you that God blesses generous people, and that we all should be giving of our substance not just of our surplus. Thank you to all who already give regularly and generously.



I once served on a ship that was haunted by chickens.

Really?

Yes, Poultrygeists... fowl spirits.



Fr. Bo is ***not*** the most organized person. If I am missing something in this list of events... or the calendar... or anywhere in this bulletin please do drop me a line. And if you did send something and I didn't put it in, send it again. I probably lost/forgot to do it. (I think I may be forgetting something important.)

Upcoming Events

- **Next PPC Meeting** is Tomorrow, Monday, October 30 at 7 pm. Look to your emails for more info.
- Wednesday the 1st: Maybe a **First Solemn Communion Planning Meeting** at 6-ish. Check your email and/or phone if you have spoken up to help.
- also Wednesday the 1st: Hopefully a "**Youth Team**" planning meeting at 7 pm.
- Next opportunity for **Confessions** on a Sunday with Fr. Myron: Nov. 5
- **Ladies' Club** will have their next meeting on Monday, November 6th at 7 pm. Please have agenda items sent to Heather by Nov. 1.
- Next **Venta Care Centre Liturgy** will be Tuesday, November 7th at 10:30 am
- Wed., Nov. 8: **Feast of St. Michael and all the Angels**. Liturgy at 9 am as usual.
- 9 am **Nalysnyky & Cabbage Roll Bee** on November 9th
- **Knights of Columbus Meeting** on Monday, November 13th at 7 pm.
- Nov 14: **Dough and Potatoes get Prepped** at 7 am! Oy that's really early.
- Nov 15: **Pyroggy Bee** at 9 am. All are welcome to help pinch with us.
- St. Philip's Fast - AKA: **The Nativity Fast** will begin on November 15th.
- **Games Room Clean Up**: Friday Nov. 17
- **Young Adult's to pray Vespers** in our parish, followed by supper: 5pm Sat., Nov. 18
- **St. Michael's Event** at St. Michael's Extended Care: Nov. 18
- **Men's Club Meeting** anticipated on Nov. 20
- **Major Feast** of the Entrance of the Mother of God into the Temple: November 21st. Liturgy at 10 am... maybe... perhaps we will move it to Wednesday... stay tuned.
- **Cabbage Roll Bee** on Nov. 21 at 9 am.
- **Knights' ECKC Christmas Event** at St. Sophia Church: Nov 25.
- **PPC Meeting** (Parish Pastoral Council): Nov. 27th.
- **St. Nicholas Event**: Sunday, December the 3rd after Liturgy.
- **First Solemn Communion Orientation**, Sunday Dec. 3rd after the St. Nicholas Event.
- December 6: **St. Nicholas Day**. Regular Wednesday Liturgy at 9 am.
- Dec. 6th: Knights of Columbus and Men's Club **Christmas Event**.
- **Bishop's Gala**: Dec. 7th
- Dec. 9th: **Medium sized Feast**: Conception by Anne of the Theotokos.
- Dec. 11-15: Fr. Bo leads the annual **Icon Workshop for St. Joseph's Seminary's** Propaedeutic Students.
- Sunday Dec. 24 & 25: **Major Feast**: The Nativity of our Lord. Times to be determined, but likely similar to last year.
- Dec. 26 & 27: **Funeral**
- January 1: **Medium sized Feast**: St. Basil's & Circumcision of our Lord
- January 5 & 6: **Major Feast**: Theophany
- **Parish Malanka**: January 13

Our Parish News:

- **Coffee Hour** after Sunday Liturgy every Sunday... unless we are having a special meal. Come join us. (Today's Coffee Hour Group is Group "C")
- Join us as we pray the **Rosary** before Divine Liturgy on Sundays.
 - Today the Rosary is lead by the Knights of Columbus. Next week (Nov 5) it's the Parish Pastoral Council. The week after (Nov 12) it's the Ladies' Club, and then (Nov 19) its the Men's Club.
- **Any 50th Anniversaries?** Let us know so that we can congratulate you and give you a plaque. (and put you in the bulletin). Call Diana Horyn at 780-455-9926 if it's your anniversary or if you know if a parishioner here is having one.
- Is your child ready for **First Solemn Communion?** (Typically this is about grade 2 or 3.) If so, please send a note to Fr. Bo.
- Our **Sunday School** is awesome! All kids up to First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy. Don't be shy, join us!
- Boys and Girls who have already done their First Solemn Communion are invited to become an **Altar Server!** Just say hi to Fr. Bo before Liturgy and we will train you on the job. In the future we will also have sessions for you... but we are still figuring this out.
- **Food Bank Collection:** Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
- **Coats for Kids:** Our organizations are gathering warm coats, gloves, hats and boots for school children who need them. If you would like to contribute talk to any Knight or Ladies' Club member.
- Our Eparchy is continuing to raise **funds for people in Ukraine** through CNEWA. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy.
- Please send any **information that you want in the bulletin** to Fr. Bo by Thursday if possible.
- A parish policy **reminder to all:** To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be under the age of 18.
- We are **recording our Liturgies** for those who are not able to come in person to church. Please note that the **recorded Liturgies** are not intended to be an option for those who simply want to stay at home.



Many people are asking:

To cremate or not to cremate?

In today's day and age many people are cremating the remains of their loved ones. The reasons for this are numerous. Reasons may include the perceived cost of embalming vs cremation, size and availability of a burial plot, and the perceived length of time possible to delay a funeral so that family from afar can arrive.

All these reasons are okay (even though some of them are true and others are only perceived that way).

At one point in time Cremation was frowned upon by the Church and society. Many believed that by burning the body one was making a statement that denied the Resurrection of the person. The logic behind this is that without a body, Christ at the Second Coming would be unable to resurrect the person. Although some people believed this, in reality if we think about it, this is silly. God can do anything. If he can create the Universe out of nothing, He certainly can restore a person from ashes (or any other form or place).

In the Ukrainian Catholic Church, we normally celebrate a funeral with the body of the deceased present (if possible). It is important psychologically for people to see their loved one's reality, even though it may be difficult emotionally. People need to recognize that death is real, they need to grieve and to say goodbye, they need sometimes the one last opportunity to seek or give forgiveness. Without being able to see the body it can be more difficult. Removing the connection to the body can cause a more difficult grieving process.

Many of the prayers sung in our funeral services also speak of and to the body of the deceased. Not having a body present while we pray these profound words is a little confusing.

This does not mean that the body can not be cremated at all, but rather that it is more ideal to have the body present where the family and friends gather to pray and mourn and then, after the funeral prayers are sung, the body can be cremated.

Either way the Church would strongly recommend that the body is not carried around or left on the counter or fireplace mantle. Not only does this make the process more difficult for us emotionally, but it also opens up the possibility for various unfortunate accidents with the remains. It is best to respectfully lay our loved ones to rest. Having a place where one can visit, where there is some sort of marker, a grave stone normally, allows for people to visit with their loved ones when desired/needed, but also allows us to let go and not to keep the dead among the living.

14th Annual Bishop's Gala



IMAGE TO LIKENESS *"Our Life in Christ"*

Supporting the
Ukrainian Catholic
Religious Education
Curriculum K-12

Honourary Chair
Fr. Stephen Wojcichowsky

Thursday, December 7, 2023

Chateau Louis Conference Centre | Edmonton

Cocktails 6:00 pm | Dinner 7:00 pm

TICKETS \$200.00

Available at the Ukrainian Catholic Pastoral Centre
780 424 5496 or chancery@edmontoneparchy.com
www.eeparchy.com/gala/



Fourteenth Annual Bishop's Gala Thursday, December 7, 2023 supporting the new **"Image to Likeness: Our Life in Christ" Ukrainian Catholic Religious Education Curriculum/Program** for use in Ukrainian Bilingual Schools, parishes, the home and beyond! Chateau Louis Hotel and Conference Centre, cocktail reception and silent auction at 6:00 pm, dinner at 7:00 pm, followed by an exciting live auction. Tickets \$200 each (\$1600 per table of eight) with tax receipt for \$100 per ticket. Contact the Pastoral Centre for tickets or to make a monetary or auction donation: 780 424 5496 or chancery@edmontoneparchy.com. Go to www.eeparchy.com/gala/ for more information and to view on-line auction. All proceeds of the Gala will support the development of *Image to Likeness: Our Life in Christ, Ukrainian Catholic Religious Education Program*.



Tickets for our annual Malanka are being printed now and should be available next Sunday.



Saint of the Day: Monastic Martyr Anastasia of Rome

Commemorated on October 29 -
from oca.org

The Monastic Martyr Anastasia the Roman lost her parents when she was three years old, and was taken to be raised by the Igomeness of a women's monastery, whose name was Sophia, a nun who had attained a high degree of spiritual perfection. She raised Anastasia in fervent faith, in the fear of God, and obedience. After seventeen years, Anastasia became known as a great ascetic, and she was very beautiful.

The Emperor Decius (249-251) began his persecution of Christians at that time. The city administrator, Probus, following the Emperor's orders, commanded that Anastasia be brought to him. Blessed by her Igomeness to suffer for Christ, the young martyr Anastasia went out to meet the armed soldiers. Seeing her youth and beauty, Probus first tried flattery to make her deny Christ.

"Why do you waste your youth deprived of pleasure?" he asked. "What is to be gained by enduring tortures and death for the Crucified? Worship our gods, marry a handsome husband, and live with glory and honor."



While Saint Anastasia stood before the ruler, her mind stood before Christ, and with her spiritual eyes, she beheld the comeliness of her Bridegroom.

The Saint replied, "My spouse, my riches, my life and my happiness are my Lord Jesus Christ, and you cannot turn me away from Him by your deceit!"

Probus subjected Anastasia to horrible tortures. The holy martyr bravely endured all of them, glorifying and praising God. When she became thirsty she asked for some water, and a Christian named Cyril gave her a drink. She thanked him, but Probus had him beheaded.

An Angel held her upright as she endured many tortures. When the people witnessed the inhuman and disgusting treatment the Saint received, they became indignant, and Probus was forced to end the tortures by having her beheaded. In this manner, Saint Anastasia received the unfading crown of martyrdom.

Saint Anastasia's body was thrown outside the city limits to be eaten by wild animals, but the Lord did not permit her holy relics to be dishonored. By the instructions of a holy Angel, Igomeness Sophia found Saint Anastasia's mutilated body. With the help of two Christians, she buried it in the earth.

This Wednesday's Saint of the Day: Holy Wonderworkers and Unmercenarries Cosmas and Damian of Mesopotamia

Commemorated on [November 1](#) - also from oca.org

The Holy Wonderworkers and Unmercenary Physicians Cosmas and Damian and their mother Saint Theodota were natives of Asia Minor (some sources say Mesopotamia). Their pagan father died while they were still quite small children. Their mother raised them in Christian piety. Through her own example, and by reading holy books to them, Saint Theodota preserved her children in purity of life according to the command of the Lord, and Cosmas and Damian grew up into righteous and virtuous men.

Trained and skilled as physicians, they received from the Holy Spirit the gift of healing people's illnesses of body and soul by the power of prayer. They even treated animals. With fervent love for both God and neighbor, they never took...

continued on the following page...



... payment for their services. They strictly observed the command of our Lord Jesus Christ, "Freely have you received, freely give." (Mt. 10:8). The fame of Saints Cosmas and Damian spread throughout all the surrounding region, and people called them unmercenary physicians.



Once, the saints were summoned to a grievously ill woman named Palladia, whom all the doctors had refused to treat because of her seemingly hopeless condition. Through faith and through the fervent prayer of the holy brothers, the Lord healed the deadly disease and Palladia got up from her bed perfectly healthy and giving praise to God. In gratitude for being healed and wishing to give them a small gift, Palladia went quietly to Damian. She presented him with three eggs and said, "Take this small gift in the Name of the Holy Life-Creating Trinity, the Father, Son, and Holy Spirit." Hearing the Name of the Holy Trinity, the unmercenary one did not dare to refuse.

When Saint Cosmas learned what had happened, became very sad, for he thought that his brother had broken their strict vow. On his deathbed he gave instructions that his brother should not be buried beside him. Saint Damian also died shortly afterward, and everyone wondered where Saint Damian's grave should be. But through the will of God a miracle occurred. A camel, which the saints had treated for its wildness, spoke with a human voice saying that they should have no doubts about whether to place Damian beside Cosmas, because Damian did not accept the eggs from the woman as payment, but out of respect for the Name of God. The venerable relics of the holy brothers were buried together at Thereman (Mesopotamia).

Many miracles were worked after the death of the holy unmercenaries. There lived at Thereman, near

the church of Cosmas and Damian, a certain man by the name of Malchus. One day he went on a journey, leaving his wife all alone for what would be a long time. He prayerfully entrusted her to the heavenly protection of the holy brothers. But the Enemy of the race of mankind took on the appearance of one of Malchus' friends, and planned to kill the woman. A certain time went by, and this man went to her at home and said that Malchus had sent him to bring her to him. The woman believed him and went along. He led her to a solitary place intending to kill her. The woman, seeing that disaster threatened her, called upon God with deep faith.

Two fierce-some men then appeared, and the devil let go of the woman and fled, falling off a cliff. The two men led the woman home. At her own home, bowing to them deeply she asked, "My rescuers, to whom I shall be grateful to the end of my days, what are your names?"

They replied, "We are the servants of Christ, Cosmas and Damian," and became invisible. The woman with trembling and with joy told everyone about what had happened to her. Glorifying God, she went up to the icon of the holy brothers and tearfully offered prayers of thanksgiving for her deliverance. And from that time the holy brothers were venerated as protectors of the holiness and inviolability of Christian marriage, and as givers of harmony to conjugal life. From ancient times, their veneration spread also to Russia.

The Unmercenary Saints Cosmas and Damian of Asia Minor (November 1) should not be confused with the Unmercenary Saints Cosmas and Damian of Rome (July 1), or the Unmercenary Saints Cosmas and Damian of Arabia (October 17).



Seriously??? Three sets of Sts. Cosmases & Damians?

Yup, often people are/were named after the saints who lived before them. Parents who had a pair of sons would often give their sons names of saints like this pair of brothers, so that they too could be inspired by those saints. Sometimes they too became saints.



**Wait a minute! Isn't November 1st the feast of "All Saints"?
... you know the day after Halloween - "All Hallow's Eve"**

It is for Roman Catholics, but for us Ukrainian Catholics it isn't. We remember all Saints on the first Sunday after Pentecost. And we celebrate "All Souls Saturdays" 5 times before, during, and after the Great Fast. That kinda means we Ukrainian Catholics have at least 5 "All Hallow's Eves", but (most of the time) we don't have candy because we are in a fasting period... and nobody dresses up either.

We Are People of the Eucharist: Towards a renewed love for Holy Communion

Reflections on the Eucharist by Bishop David Motiuk,
Eparchy of Edmonton

November 2023

The Eucharist and Baptism - From Rags to Riches



In the early Church, when people became members of the Body of Christ, they were fully initiated, that is, they received at one and the same time the mysteries (sacraments) of baptism, chrismation (confirmation), and Holy Communion.

As the 1996 Eastern Liturgical Instruction teaches us: *“Initiation is, in reality, the one and indivisible celebration of the entrance into the life of Christ, into the community that lives in him. This entrance, initiated with the first call to the faith reaches its culminating point in the Paschal Mystery of Christ, in whose death we are immersed to be raised in his resurrection which renders us children of God and the temple of the Spirit. ‘Anointed’ by the Spirit for the work of the Kingdom, we are thus rendered fit to participate in the banquet of the Kingdom [Divine Eucharist]”* (paragraph 42).

The Instruction continues: *“In Baptism, the person is freed from sin, reborn to new life, re clothed in Christ and incorporated in the Church. In Chrismation with the holy Myron [myrrh], he or she is signed with the seal of the gift of the Holy Spirit. The full initiation is made final by the reception of the Eucharist, a sacrament not only of the communion of the individual with Christ, Head of the Mystical Body, but also of the communion among all the faithful, members of the Body who live the new life in Him. The nourishment of the Body and the Blood of the incarnated Word brings the Christian to perfection, in such a way that it is no longer he that lives but Christ that lives in him”* (paragraph 43).

With this teaching in mind, let us reflect further on our baptism, which leads us by the grace of the Holy Spirit to the Eucharistic Table.

Did you know that for the first three centuries, Christians did not have a separate feast for Christmas? Rather, they celebrated both the Nativity and Baptism of Our Lord on January 6.

Only in the fourth century did the Roman Church first begin celebrating Christmas on December 25. It did so in order to replace the pagan feast of the Sun-god, regarded as the birthday of the sun and its triumph over the darkness of the night. Christian Rome eventually substituted the pagan Sun-god with its Christian Sun-the God-Man and began celebrating Jesus’ birth on December 25.

In time, the Eastern Christian Churches followed, but continued to celebrate Jesus’ baptism on January 6, and do so even day.

Baptism. Swaddling clothes. Burial robes.

When Jesus was born, Mary and Joseph wrapped him in swaddling clothes and laid him in a manger. What are swaddling clothes? Well, when a baby is born, hospitals use a cloth sometimes called “swaddling” cloth to wrap the newborn. However, contrary to popular belief, tradition has it that swaddling cloth had more to do with death than birth.

In the Middle East, when people travelled long distances oftentimes through hardship, they carried with them thin, gauzelike cloth to wrap the body of a loved one in preparation for burial should someone have died during the long journey.

When Jesus was born in a stable, for there was no room in the Inn, Mary and Joseph used swaddling cloth to wrap him, cloth usually reserved for someone’s death. And they weren’t far off. After all, Jesus was born in order to die. To die for our sins and our salvation.

At Jesus’ death, after his crucifixion and passion upon the Cross, we see these same swaddling clothes. Joseph of Arimathea went to Pilate and asked him for Jesus’ body. *“They took the body of Jesus and wrapped it with the spices in linen cloths, according to the burial custom of the Jews”* (John 19: 40).

At our baptism, we are given new clothes, a new white robe to signify that we have been washed clean of sin and have been given new life. Saint Paul puts it this way: *“Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life”* (Romans 6: 3-4).

Old rags just won’t do! At baptism they were thrown away. After all, we have entered a Kingdom, the Kingdom of God. The King of King himself awaits us and welcomes us. And he says, “What fine robes you are wearing!”

Let us remember that even in his birth, Jesus was already preparing for his death. In our re-birth through baptism, each day we can add to the brilliance of our new clothes, one stitch at a time, through prayer, a kind word, love and forgiveness. We do want to be properly dressed in our finest robes when we fully enter the Kingdom and meet God face to face.

From rags to riches.

We are people of the Eucharist.

Let's put Children, Youth and Young Adult Ministries to the front burner.

No we won't cook them. We just want to make sure we are growing vibrant, healthy and holy people, who are NOT the future of the Church, but our present!

This Wednesday at 7 pm we are planning to meet with anyone and everyone who is interested in working with

young people. We shall discuss programs for all ages from newborn to about 35 years. This will include, but not be limited to:

- Sunday School
- Perhaps a Catholic Scouting Group based in our Parish
- Our Altar Servers
- The Annual St. Nicholas Event
- School Ministries
- Inviting School Families to our Parish
- Working with other parishes & inviting other parishes to work with us

- Camps
- Retreats
- Is there desire to join in a Catholic Campus Ministry?
- Our facility needs and desires.
 - Can the "Game's Room" be used regularly as a youth area? Do the bathrooms have adequate baby changing stuff? What about the cry room?

Junk food is always welcome... I'll bring some Halloween Candy to the meeting.

We all, especially kids, love to collect things. And we all love when learning is fun. Soooo....

Saint Trading Cards! Better than Pokemon!?!

On the front is an icon of a saint that I have written/painted, and on the back is a brief child friendly life of the saint.

At this time I am sharing this project with 3 schools, and the kids seem to like them. If you would like to see what I'm doing let me know. I'm also open to ideas and tips to make them better. Heck, maybe you can collect them too!

I'll bring some with me on Wednesday night.



We MIGHT be having a **First Solemn Communion Planning Meeting** with our new teaching team on **Wednesday at about 6 pm.**

But we are not sure yet. Partly because we have not checked if this day is good with those who volunteered and gave us their contact info already. And we are not 100% ready with all the plans... but that never stopped us yet. Please, stay tuned.

Those who are still considering joining our team, we would love to have you. Please send a message to Fr. Bo if you are interested.

A few of you have been inquiring...

“Fr. Bo: When is your next icon workshop?”

Normally I put one on just before or at the beginning of Lent. A typical icon workshop is about 30 hours of instruction, prayer, and painting. This can be done over a week during the days, or over a long weekend. This is a fairly intense process, but anyone who wants to can do it.

Please give me your input. Which would you prefer?

Currently I am thinking about putting on a public one on the week of **February 4-9** +/- a day, or the **Long Weekend of February 16-19** (Family Day Weekend), or both.



Kid's Bulletin Page

Kids: you are important and we love you. This page is for you.

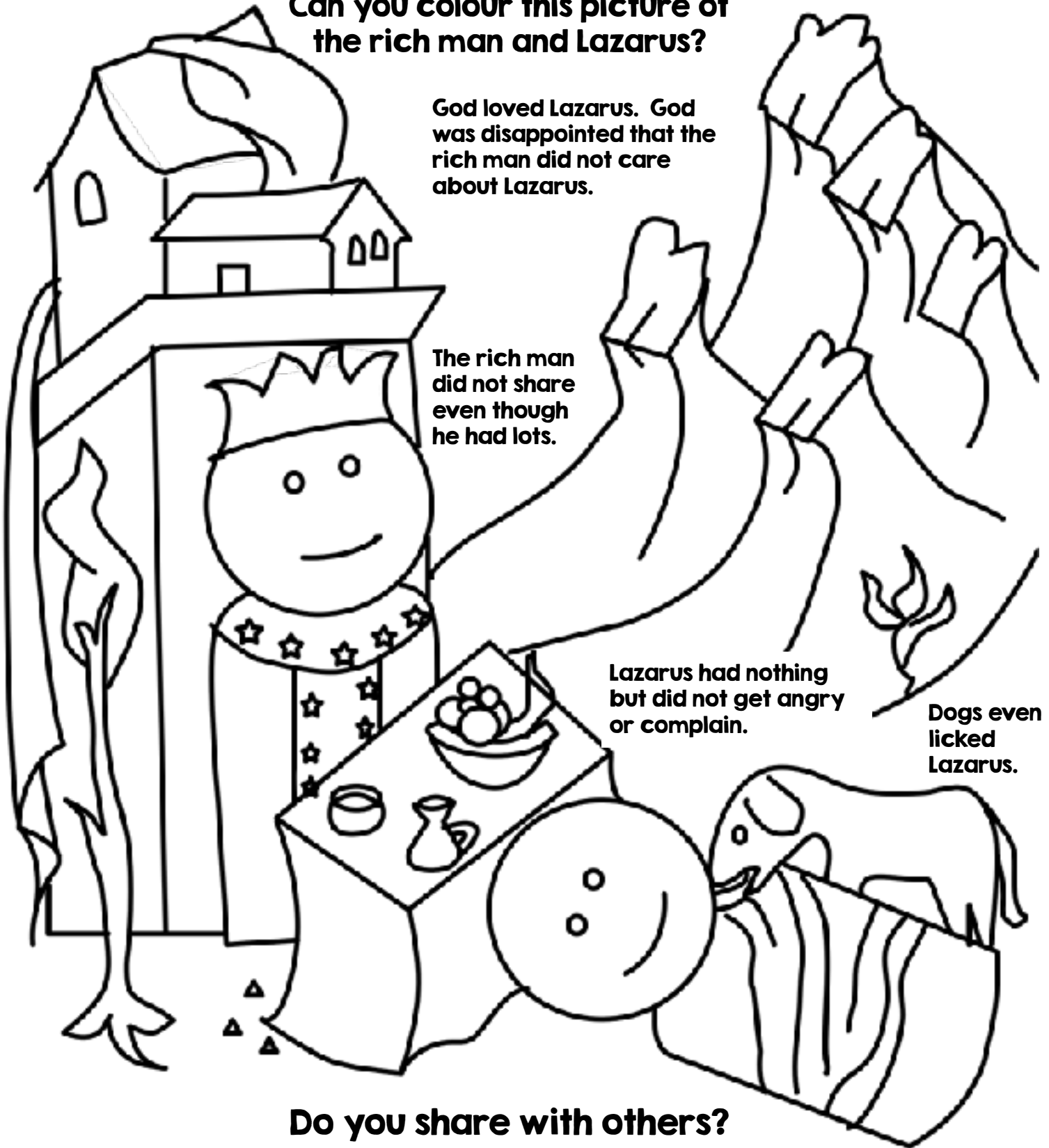
Can you colour this picture of the rich man and Lazarus?

God loved Lazarus. God was disappointed that the rich man did not care about Lazarus.

The rich man did not share even though he had lots.

Lazarus had nothing but did not get angry or complain.







Dogs even licked Lazarus.



Do you share with others?

As always Fr. Bo would love to see your art, and would be happy to put it on the bulletin board.

Next Couple of Weeks at Holy Cross Parish

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>29</p> <p>Twenty-second Sunday after Pentecost. Octoechos Tone 5; The Holy Venerable-Martyr Anastasia (249-51); the Passing of Our Venerable Father Abraham, Archimandrite and Wonderworker of Rostov (11th c.) Galatians 6:11-18; Luke 16:19-31.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (Bilingual) * group "C"</p> <p>Sunday School</p> <p>Knights of Columbus Pancake Breakfast</p> <p>2 pm CANCELLED: Liturgy at St. Michael's Extended Care due to covid outbreak in facility</p> | <p>30</p> <p>The Holy Martyrs Zenobius and Zenobia His Sister (284-305); Passing into eternal life of Blessed Priest-martyr Olesky Zarytsky (1963), Pastor of Strutyn near Zolochiv, and Siberia, Martyr 1 Thessalonians 1:1-5; Luke 10:22-24.</p> <p>10 am Bible Study</p> <p>10 am Parish Clergy Meeting</p> <p>10:30 am Deaconal Training</p> <p>7 pm PPC Meeting</p> | <p>31</p> <p>The Holy Apostles Stachys, Amplias and others with them; the Holy Martyr Epimachus (250) 1 Thessalonians 1:6-10; Luke 11:1-10.</p> <p>Halloween</p> <p>12:30 pm Ann F. School Visitation</p> <p>Eparchial Grief as Journey Program</p> | <p>1</p> <p>The Holy Wonderworkers and Unmercenarics Cosmas and Damian; Passing into Eternal Life of the Servant of God Metropolitan Andrew Sheptytsky, 1944; Passing into Eternal Life (1947) of Blessed Theodore Romzha, Bishop of Mukachevo, and Martyr 1 Thessalonians 2:1-8; Luke 11:9-13.</p> <p>9 am Divine Liturgy</p> <p>10:45 am PD for staff at St. Matt's School</p> <p>6 pm hopefully a FSC meeting</p> <p>7 pm Youth Team Meeting</p> | <p>2</p> <p>The Holy Martyrs Acindynus, Pegasus, Aphthonius, Elpidophorus, and Anempodistus 1 Thessalonians 2:9-14; Luke 11:14-23.</p> <p>10:30 am St. Matt's School Visitation</p> <p>Thursday afternoon till Friday morning is typically Fr. Bo's day off</p> <p>5:30 pm Appointment</p> | <p>3 </p> <p>The Holy Martyrs Acepasimus the Bishop (378), Joseph the Priest and Aithalis the Deacon (379); the Dedication of the Church of the Holy Great Martyr George in Lydda, Where His Precious Body is Entombed Abstinence from meat and foods that contain meat. 1 Thessalonians 2:14-19; Luke 11:23-26.</p> <p>Bulletin Writing</p> | <p>4</p> <p>Our Venerable Father Joannicius the Great (846); the Holy Martyrs Nicander, Bishop of Myra and the Priest Hermas 2 Corinthians 8:1-5; Luke 8:16-21.</p> <p>10:30 Appointment</p> <p>Saturday Night Bulletin Photo-copying/Liturgy set up</p> |
| <p>5</p> <p>Twenty-third Sunday after Pentecost. Octoechos Tone 6; The Holy Martyrs Galaction and Epistemis Ephesians 2:4-10; Luke 8:26-39.</p> <p>Daylight Savings Time Ends</p> <p>Catholic Education Sunday</p> <p>Fr. Myron will hear confessions today</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy (English) * group "D"</p> <p>Sunday School & Coffee Hour</p> <p>2 pm Liturgy at St. Michael's Extended Care</p> | <p>6</p> <p>Our Holy Father Paul, Archbishop of Constantinople and Confessor (c. 353-61) 1 Thessalonians 2:20-3:8; Luke 11:29-33.</p> <p>10 am Bible Study</p> <p>10 am Parish Clergy Meeting</p> <p>3:30 pm Sacred Orders Commission Meeting</p> <p>7 pm Ladies' Club Meeting</p> | <p>7</p> <p>The Thirty-Three Holy Martyrs of Militene (284-305); Our Venerable Father and Wonderworker Lazarus, Hermit of Mount Galesius (1054) 1 Thessalonians 3:9-13; Luke 11:34-41.</p> <p>10:30 Venta Care Centre Divine Liturgy</p> <p>12:30 pm Ann F. School Visitation (time might be delayed for travel sake)</p> <p>Eparchial Grief as Journey Program</p> | <p>8</p> <p>Synaxis of the Archangel Michael and the Other Bodiless Powers of Heaven All-Night Vigil Feast. A day when the faithful are highly encouraged to participate in the Divine Liturgy. Hebrews 2:2-10; Luke 10:16-21.</p> <p>9 am Divine Liturgy</p> <p>11 am Remembrance day service at BCR (Ben Calf Robe School)</p> | <p>9</p> <p>The Holy Martyrs Onisiphorus and Porphyry (456-474); Our Venerable Mother Matrona (456-74); the Venerable Theoctista of Lesbos 1 Thessalonians 5:1-8; Luke 11:47-12:1.</p> <p>No Classes for ECSD</p> <p>Fr. Bo away</p> <p>9 am Nalysnyky & Cabbage Roll Bee</p> <p>Thursday afternoon till Friday morning is typically Fr. Bo's day off</p> <p>5:30 pm Appointment</p> | <p>10 </p> <p>The Holy Apostles Erastus, Olympus, Rodion and those with them Abstinence from meat and foods that contain meat. 1 Thessalonians 5:9-13, 24-28; Luke 12:2-12.</p> <p>No Classes for ECSD</p> <p>Fr. Bo away</p> | <p>11</p> <p>The Holy Martyrs Menas, Victor and Vincent (138-61); Our Venerable Father and Confessor Theodore the Studite (826) 2 Corinthians 11:1-6; Luke 9:1-6.</p> <p>Fr. Bo away</p> <p>Remembrance Day</p> |
| <p>12</p> <p>Twenty-fourth Sunday after Pentecost, Tone 7; The Holy Priest-Martyr Josaphat, Archbishop of Polotsk (1623); John the Merciful, Patriarch of Alexandria (619); Nil the Faster (430); Passing into Eternal Life (1950) of Blessed Hryhoriy (Gregory) Lakota, Auxiliary Bishop of Peremyshl and Confessor. All-Night Vigil. Ephesians 2:14-22; Hebrews 4:14-5:10; Luke 8:41-56; John 10:9-16.</p> <p>Fr. Bo away</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy with Fr. Peter Brenden</p> | <p>13</p> <p>Our Holy Father John Chrysostom (the Golden-Mouthed), Archbishop of Constantinople (407) Polyeleos Feast. Hebrews 7:26-8:2; John 10:9-16.</p> <p>Fr. Bo away</p> <p>7 am Dough & Potato Prepping Bee</p> <p>No Classes for ECSD</p> | <p>14</p> <p>The Holy and All-Praiseworthy Apostle Philip Polyeleos Feast. 1 Corinthians 4:9-16; John 1:43-51.</p> <p>Fr. Bo away</p> <p>9 am Pyroghy Pinching Bee</p> <p>No Classes for ECSD</p> <p>Eparchial Grief as Journey Program</p> | <p>15 *</p> <p>The Holy Martyrs and Confessors Gurias, Samonas (284-305) and Abibus (313-24) Nativity Fast. Abstinence from meat and foods that contain meat. 2 Thessalonians 2:1-12; Luke 12:48-59.</p> <p>First Day of the Nativity Fast (aka: Advent or St. Philip's Fast)</p> | <p>16 *</p> <p>The Holy Apostle and Evangelist Matthew Polyeleos Feast. Nativity Fast. 1 Corinthians 4:9-16; Matthew 9:9-13.</p> <p>10:30 am St. Matt's School Visitation</p> <p>Thursday afternoon till Friday morning is typically Fr. Bo's day off</p> | <p>17 **</p> <p>Our Holy Father Gregory the Wonderworker, Bishop of Neocaesarea (270-75); Passing into Eternal Life (1947) of Blessed Josaphat Kotsylovsky, Bishop of Peremyshl and Martyr Nativity Fast. Abstinence from meat and foods that contain meat. 2 Thessalonians 3:6-18; Luke 13:31-35.</p> <p>10 am Clean up of Games Room Volunteers</p> | <p>18 *</p> <p>The Holy Martyrs Plato (286-305) and Roman (305) Nativity Fast. Galatians 1:3-10; Luke 9:37-43.</p> <p>10:30 am St. Michael's Feast Day Event at St. Michael's Extended Care</p> <p>11</p> <p>5 pm Yeopans with</p> |

Changeable Parts for October 29

Twenty-second Sunday after Pentecost. Octoechos Tone 5;

The Holy Venerable-Martyr Anastasia (249-51);

Our Venerable Father Abraham, Archimandrite and Wonderworker of Rostov (11th c.).

After “Blessed is the Kingdom” Sunday School children are blessed to go to the Sunday School room with their teachers.

Troparion, Tone 5: Let us the faithful acclaim and worship the Word,* co-eternal with the Father and the Spirit,* and born of the Virgin for our salvation.* For He willed to be lifted up on the cross in the flesh, to suffer death* and to raise the dead by His glorious resurrection.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 5: You, my Saviour, descended to Hades,* and as the Almighty, You shattered its gates.* With Yourself You, as the Creator, raised the dead and shattered the sting of death,* and delivered Adam from the curse, O Lover of Mankind.* And so we cry out: “Save us, O Lord.”

Now and for ever and ever. Amen.

Theotokion, Tone 5: Rejoice, O impassable door of the Lord!* Rejoice, O rampart and protection of those who have recourse to you!* Rejoice, O tranquil haven and Virgin,* who gave birth in the flesh to your Maker and God!* Fail not to intercede for those* who sing and worship the Child you bore.

Prokeimenon, Tone 5

You, O Lord, will guard us and will keep us* from this generation and for ever.

verse: Save me, O Lord, for there is no longer left a just man. (*Psalm 11:8,2*)

Epistle: Galatians 6:11-18 (NRSV)

A reading from the Epistle of the Holy Apostle Paul to the Galatians.

Brothers and Sisters, see what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for

those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God. From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body. May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

Alleluia verses, Tone 5:

Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared.

Gospel: Luke 16:19-31 (NRSV)

The Lord told this parable: “There was a rich man who was dressed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, covered with sores, who longed to satisfy his hunger with what fell from the rich man’s table; even the dogs would come and lick his sores. The poor man died and was carried away by the angels to be with Abraham. The rich man also died and was buried. In Hades, where he was being tormented, he looked up and saw Abraham far away with Lazarus by his side. He called out, ‘Father Abraham, have mercy on me, and send Lazarus to dip the tip of his finger in water and cool my tongue; for I am in agony in these flames.’ But Abraham said, ‘Child, remember that during your lifetime you received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in agony. Besides all this, between you and us a great chasm has been fixed, so that those who might want to pass from here to you cannot do so, and no one can cross from there to us.’ He said, ‘Then, father, I beg you to send him to my father’s house— for I have five brothers—that he may warn them, so that they will not also come into this place of torment.’ Abraham replied, ‘They have Moses and the prophets; they should listen to them.’ He said, ‘No, father Abraham; but if someone goes to them from the dead, they will repent.’ He said to him, ‘If they do not listen to Moses and the prophets, neither will they be convinced even if someone rises from the dead.’”

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia.