

Exaltation of the Holy Cross Ukrainian Catholic Parish

Үкраїнська Католицъка Парафія Воздвиження Чесного Хреста

Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

• 9 am Divine Liturgy

Most Major Feasts*:

• 10 am Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky Cell: 780-340-3726 (call or text) fr.nahachewsky@eeparchy.com

Deacon: Dcn. François Provençal fprovence23@outlook.com

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies:	780-340-3726
Church:	780-478-5260
Hall:	780-478-4275
Fax:	780-476-6485
Eparchy:	780-424-5496

Church Address:

9003 - 153 Avenue NW Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029 Edmonton, AB T5C 3R6

More info on the next page.

Sunday, October 22, 2023

Twenty-first Sunday after Pentecost. Octoechos Tone 4; The Holy Wonderworker and Equal-to-the-Apostles Abercius, Bishop of Hieropolis (c. 200). Holy Father John Paul II, Pope.

Today's Saint of the day is our Holy Father Saint John Paul II, Pope of Rome

Read all about Saint JP2's life on the following pages.



Fr. Greg Faryna and I had the honour of bringing two of our youngest parishioners into the Body of Christ: the Church yesterday.

The servants of God **Lincoln Hudema** and **Blake Wengreniuk** were initiated through the Holy Mysteries (Sacraments) of Baptism, Chrismation and Eucharist. May God bless both of them, their parents and their Godparents with long life full of profound beauty.

A Huge Thank you to all who helped with

the **"Bishop's Name's Day Celebration."** All seemed to go very well, donations were collected for food for people in war torn areas of Ukraine, and it could not have been done without your wonderful efforts. Our Volunteers are the best! Thank you. Thank you. Thank you.

Hall Rentals:

call Lisa at: or email:

780-222-9155 hallrental@ehcucp

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be under the age of 18.

Funeral Dinners: Call Cheryl: 780-456-2828

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky Deacon - Dcn. François Provençal President – Mark Helmak Past President – Peter Fedorak 1st Vice-President – Mark Ramsankar 2nd Vice-President – John Lukey Secretary – Gwen Uchach Treasurer – Peter Fedorak Archivist – Diana Horyn Cultural - Mariyka Bodnar Fundraising – Edd Horyn Hall Rental – Lisa Borosuik & Gladys Woitas Ladies' Club - Heather Gauthier Knights of Columbus – Darrell Uchach Men's Club President – Marc Chiasson Youth Coordinator – Emmette Lysak Maintenance - Larry Waye Membership – J'lyn Ramsankar Social - Vacant Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible
- Weddings:
- Contact Fr. Bo, at least a year in advance if possible

Funerals:

• Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- Sundays with Fr. Myron: See Calendar
- or anytime, just call Fr. Bo to arrange it.

We want to spotlight our parishioner **Elsie Wasylycia** who donated the "**Korovai**" (Traditional Wedding Bread) that is in our display cabinet in the Annex. We invite everyone to look at her beautiful hand made work of cultural art.







Our parish's **Yard Maintnance Roundup** was held on Wednesday, October 11th. The Holy Cross Men's Club sponsored a "pizza and beer thank you supper" for this group of dedicated volunteers who make our church look so very marvellous.



Here is a picture of a couple of our Yard Maintnance Guys removing and disposing of several unwanted trees. Thank you John and Ernest.



We Exalt and Give a Great Big Thank You To all of the Superb Volunteers Who Have Been Helping With Funeral and Memorial Dinners.

Dear Cheryl and team; even though you have been supper busy with all the funerals we have had lately, you all make our parish look (and taste) phenomenal each and every time. There have been soooooo many compliments these past few weeks on your delicious meals and your kind compassionate help with these difficult emotional family events. As they say, "You do us all proud!"

Even though you do so well... I hope for everyone's sakes that we have a bit of a break.

If you can please join this awesome **team of volunteers**, who work funeral and memorial dinners. Please call Cheryl (780-456-2828). The team will welcome you with open arms!

We need YOU to get involved.

We already have a great parish, but let's work together to make it even better!

Parish Pastoral Council / Ministries is looking for members to join:

- the Finance Committee (contact Peter Fedorak),
- the Catering Committee (contact Mark Ramsankar);
- the Bylaw Committee (contact John Lukey);
- the Social position on PPC (contact Mark Helmak)
- the **Choir** is always happy to have new singers join them too. (contact Odessa Nguyen)
- the **Children, Youth and Young Adult Team** (contact Fr. Bo and or Dianne Kluk)
- the First Solemn Communion Team (contact Fr. Bo or Mariyka Bodnar)
- and/or to be the Safer Environments Coordinator (contact Fr. Bo)
- and/or the Social Media Coordinator (contact Fr. Bo)

If you don't know how to contact the people above directly, send an email or phone me. I will forward them your info and they will get back to you. My (Fr. Bo's) contact info is: fr.nahachewsky@eeparchy.com or 780-340-3726

• Holy Cross' Casino Fundraiser dates are February 14 & 15, 2024 (Wednesday & Thursday) at Century Casino (Fort Road). We need volunteers for both dates. Shifts run from 9:00am to 3:30am. We need to fill positions for Chip Runners, Bankers, Cashiers, and also Count room staff. If you can help on those dates see Terry Yackimec to fill out the Casino Volunteer Worker Application form.

Upcoming Events



- Knights of Columbus' Pancake Breakfast will take place next Sunday, October 29 after Liturgy. Come hungry.... and there will be more than just pancakes.
- Next PPC Meeting is on Monday October 30 at 7 pm. Look to your emails for more info.
- Next confessions on Sunday with Fr. Myron: Nov. 5
- Ladies' Club will have their next meeting on Monday, November 6th at 7 pm. Please have agenda items sent to Heather by Nov. 1.
- Next Venta Care Centre Liturgy will be Tuesday, November 7th at 10:30 am
- Knights of Columbus Meeting on Monday, November 13th at 7 pm.
- St. Philip's Fast AKA: The Nativity Fast will begin on November 15th.

Our Parish News:

- **Coffee Hour** after Sunday Liturgy every Sunday... unless we are having a special meal. Come join us. (Today's Coffee Hour Group is Group "B")
- Join us as we pray the **Rosary** before Divine Liturgy on Sundays.
 - Today the Rosary is lead by the Men's Club. Next week (Oct 29) it's the Knights of Columbus. The week after (Nov 5) it's the Parish Pastoral Council, and then (Nov 12) its the Ladies' Club
- Is your child ready for **First Solemn Communion?** (Typically this is about grade 2 or 3.) If so, please send a note to Fr. Bo.
- Our **Sunday School** is awesome! All kids up to First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy. Don't be shy, join us!
- Boys and Girls who have already done their First Solemn Communion are invited to become an **Altar Server!** Just say hi to Fr. Bo before Liturgy and we will train you on the job. In the future we will also have sessions for you... but we are still figuring this out.
- Food Bank Collection: Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
- **Coats for Kids:** Our organizations are gathering warm coats, gloves, hats and boots for school children who need them. If you would like to contribute talk to any Knight or Ladies' Club member.
- Our Eparchy is continuing to raise **funds for people in Ukraine** through CNEWA. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy.
- Please send any information that you want in the bulletin to Fr. Bo by Thursday if possible.
- A parish policy **reminder to all:** To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be under the age of 18.
- We are **recording our Liturgies** for those who are not able to come in person to church. Hopefully today we can do both audio and video. Please note that the **recorded Liturgies** are not intended to be an option for those who simply want to stay at home. Please come in person if you are able.

More and more funerals, especially since covid, are either a Parastas Service or a Divine Liturgy.

Which one of these two services is the "normal one" for a funeral in our Ukrainian Catholic Church?

Both. Normally, for us, a funeral takes place from the evening till the following morning. The evening service would be the *Parastas*. The *Parastas* is a service for the deceased which not only glorifies God and intercedes for the person who passed away, but it allows us the living people to meditate on what life and death are all about.

The various "odes" within the service speak from a variety of perspectives including the Church's, the family and friends', the deceased's perspective, and even God's perspective. These different views of what death is about help us cope with the difficult reality that we see and experience.

After the *Parastas*, in our tradition the body would stay overnight in the church, ideally with someone chanting the Psalms the whole time. Having said this the all night vigil is not commonly practiced at this time.

In the morning after the vigil (called by some the wake) the people would gather and celebrate the Divine Liturgy, where we unite ourselves with God Who is the Source of Life. At the conclusion of the Liturgy we would then finish the prayers within the Church with a short version of the *Parastas* called a "*Panachyda*" focused on asking God to forgive and take care of the one who has passed away.

Finally following the services prayed within the Church building, the people would process to the cemetery where the priest would help burry the departed and seal the grave till the Second Coming of our Lord.

Is it okay to only have one of the two?

Two is ideal, but it is much better to have one service as compared to none.

Which one is better?

Both are important and have a different focus. However when I talk to a family who is only willing to do one service, I ask them about their family's faith background.

If they understand the Christian perspective on death well and they participate in the life of the Church, I will encourage them to do a Divine Liturgy. In this service we participate in the Mystery of the Eucharist which is life giving.

However if the family is not quite understanding what our faith is about, and only a few of them might be able to participate in the Eucharist, then I often recommend the *Parastas* which helps us come to grips with the reality of death more fully.

Next Bulletin: To cremate or not to cremate?

The Saint of the Day: SAINT JOHN PAUL II

from www.jp2shrine.org

Introduction

"Everyone knows John Paul II: his face, his characteristic way of moving and speaking; his immersion in prayer and his spontaneous cheerfulness. Many of his words have become indelibly engraved in our memories, starting with the passionate cry with which he introduced himself to the people at the beginning of his pontificate: 'Open wide the doors to Christ, and be not afraid of him!' Or this saying: 'No one can live a trial life; no one can love experimentally.' An entire pontificate is condensed in words like these. It is as though he would like to open the doors for Christ everywhere and wishes to open up to people the gate that leads to true life, to true love." - Pope Emeritus Benedict XVI



KAROL JÓZEF WOJTYŁA IS PICTURED AS A BOY IN WADOWICE, POLAND. (CNS PHOTO)

The life of a saint is one in which the Gospel is luminous. In this way, the Church has received an inestimable gift in St. John Paul II. Through his life, he has shown the radiation of the fatherhood of God in humanity, or what St. Paul calls the "newness of life in Christ" (Cf. Rom. 6: 4).

Childhood

"I had not yet made my First Holy Communion when I lost my mother: I was barely nine years old." — Karol Wojtyła

Karol Józef Wojtyła was born on May 18, 1920, in Wadowice, Poland, the youngest of three children. Although he was born into a loving family, his early life was marked by suffering and loss. His older sister, Olga, died in infancy and, by the time Karol was twelve, his mother Emelia had died of kidney



KAROL JÓZEF WOJTYŁA IS PICTURED AT HIS FIRST COMMUNION MAY 25, 1929. (CNS PHOTO)

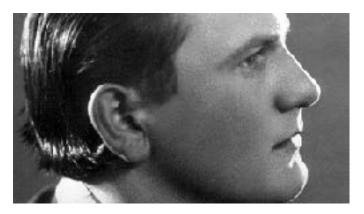
failure and his older brother, Edmund, had died heroically serving those stricken with scarlet fever. Known to his friends as Lolek, and growing under the loving guidance of his father, he was a vibrant youth, athletic, studious and a gifted theatrical performer.

Young Man

"My father's words played a very important role because they directed me toward becoming a true worshiper of God." — Karol Wojtyła

"After her death and, later, the death of my older brother, I was left alone with my father, a deeply religious man. Day after day I was able to observe the austere way in which he lived ...his example was in a way my first seminary, a kind of domestic seminary." — Karol Wojtyła

Young Karol attended Kraków's Jagiellonian University in 1938 where he studied Polish language, literature, theater and poetry. He also performed in local theatrical productions, cofounding the Rhapsodic Theater of Kraków. It was during this time that he met his spiritual mentor, Jan Tyranowski, and was introduced to the...



THIS PORTRAIT OF YOUNG KAROL JÓZEF WÓJTYŁA APPEARED IN A POSTER FOR THE STUDIO 39 THEATER GROUP. (CNS PHOTO/CATHOLIC PRESS PHOTO)

...Carmelite mysticism of St. John of the Cross. This meeting profoundly changed the course of his life, leading him to the priesthood. However, his studies were interrupted when Nazi Germany invaded Poland in September 1939.

In order to remain in the country, Karol was forced to work in a stone quarry as well as night shifts at the Solvay chemical plant. During this time, Karol suffered the loss of his father, who died of a heart attack on February 18, 1941. In 1944, he miraculously survived being hit by a German truck. Through all this, he recounts the maturing of his vocation and the formation of his priestly identity.



KAROL JÓZEF WOJTYŁA IS PICTURED AROUND THE TIME HE BECAME A PRIEST. (CNS PHOTO)

Priest / Bishop

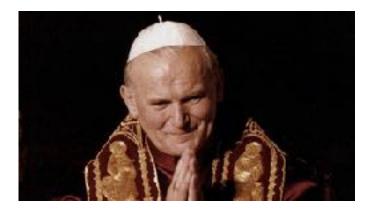
"As a young priest I learned to love human love... If one loves human love, there naturally arises the need to commit oneself completely to the service of 'fair love,' because love is fair, it is beautiful." — Pope John Paul II

Karol joined a clandestine seminary headed by Cardinal Sapieha and was ordained alone on the Feast of All Saints in 1946. He then traveled to Rome to continue his doctoral studies. Upon his return to Poland he was made assistant pastor of a parish in Niegowic, where he began his vital work with young people.

After teaching in the Jagiellonian University for approximately five years and having been appointed to the Chair of Ethics at the Catholic University of Lublin, Fr. Wojtyła was consecrated auxiliary bishop of Kraków on July 4, 1958 - the youngest bishop in the history of Poland. Among the first to hear of his election were the young people who had accompanied him on many camping and hiking trips.

Constantly concerned with the question of man, Bishop Wojtyła encouraged a spiritual and cultural resistance to the Communist occupation of Poland, giving his countrymen hope in the face of grave oppression.

Bishop Wojtyła attended the Second Vatican Council beginning in 1962, where he provided a vital support to the seminal documents of the Council. His insight and gifts were also central in the final formulation of *Humanae Vitae*, which was promulgated by Pope Paul VI in 1968. Soon after, he was elevated to the College of Cardinals.



POPE JOHN PAUL II APPEARS FROM ST. PETER'S BASILICA FOLLOWING HIS ELECTION THE EVENING OF OCT. 16, 1978. (CNS PHOTO/CATHOLIC PRESS PHOTO)

The Early Papacy

"Do not be afraid! Open wide the doors for Christ.... Christ knows 'what is in man.' He alone knows it." — Pope John Paul II in his Inaugural Address, St. Peter's Square, October 22, 1978

Cardinal Wojtyła was elected Pope on October 16, 1978, and took the name John Paul II. He was the 263rd successor to Peter, and was to have one of the longest pontificates in the history of the Church, lasting nearly 27 years. He retained his Episcopal motto, drawn from the profound insight of St. Louis de Montfort, "*Totus Tuus* – I am completely yours." It would become increasingly clear to the world that this papacy was an incarnation of that motto and a direct response to Divine Love, which was profoundly expressed in his love for man.

Immediately, John Paul II went out to the entire world with a vigorous missionary spirit. He embarked on 104 apostolic journeys to 129 different countries, "to the uttermost parts of the earth" (Acts 13:47), beginning with the West, Mexico and the United States, for the sake of the Gospel. His love for young people led him to establish World Youth Day, celebrated 19 times during his pontificate, which attracted millions of young people from all over the world. The Pope's concern for marriage and the family was clearly expressed in the establishment of the World Meeting of Families, his Wednesday catechesis on human love and the founding of the Pontifical John Paul II Institute for Studies on Marriage and Family.

The Pope's presence on the world stage began the gradual and peaceful removal of Communism from Eastern Europe, averted war between the nations of Chile and Argentina, and began the restoration of peace and the healing of division between the major world religions.



POPE JOHN PAUL II IS ASSISTED BY AIDES AFTER BEING SHOT IN ST. PETER'S SQUARE IN 1981. (CNS PHOTO/ L'OSSERVATORE ROMANO)

Assassination Attempt

"In everything that happened to me on that day, I felt (the Mother of God's) extraordinary motherly protection and care, which turned out to be stronger than the deadly bullet." — Pope John Paul II

On May 13, 1981, Pope John Paul II was the victim of an attempted assassination in St. Peter's Square. Shocking the world, he exhibited extraordinary love and forgiveness when he made a personal visit to his attacker, Ali Agca, in Rebibbia Prison in 1983. Following his recovery, Pope John Paul II continued with his missionary activity, meeting with more than 17,600,000 pilgrims during General Audiences and countless millions of faithful during his subsequent pastoral visits throughout the world. He continued to meet



POPE JOHN PAUL II SITS WITH HIS WOULD-BE ASSASSIN, MEHMET ALI AGCA, IN ROME'S REBIBBIA PRISON IN 1983. (CNS PHOTO/ARTURO MARI, L'OSSERVATORE ROMANO)

with numerous government leaders during 38 official visits and 738 audiences and meetings held with heads of state, including two landmark speeches at the United Nations and 246 audiences with prime ministers.

Legacy

"The answer to the fear which darkens human existence at the end of the twentieth century is the common effort to build the civilization of love.... With the help of God's grace, we can build in the next century and the next millennium a civilization worthy of the human person, a true culture of freedom. We can and must do so!" — Pope John Paul II in his address to the United Nations



POPE JOHN PAUL II WALKS DOWN A GRAVEL PATH IN AN UNDATED PHOTO BY VATICAN PHOTOGRAPHER ARTURO MARI. (CNS PHOTO/L'OSSERVATORE ROMANO)

John Paul II's doctrinal legacy is one of the richest in the history of the Church. He tirelessly guarded the deposit of faith and the tradition of the Church from errors, promoting authentic theological, moral and spiritual doctrine.

St. John Paul II was also a prolific writer; among his principal documents are many treasures of the Church. His writings included 14 encyclicals, 15 apostolic exhortations, 11 apostolic constitutions and 45 apostolic letters in addition to the catecheses delivered in the general audiences, lectures and homilies given during his many travels.

With his emphasis on the universal call to holiness, he beatified 1,338 people and canonized 482 saints, more than all of the popes in the last 500 years combined.

The Great Jubilee

"The whole of the Christian life is like a great pilgrimage to the house of the Father, whose unconditional love for every human creature, and in particular for the 'prodigal son', we discover anew each day.... The Jubilee...should encourage everyone to undertake...a journey of conversion." — Pope John Paul II Throughout his pontificate, Pope John Paul II guided and prepared the Church to celebrate the Great Jubilee, a celebration of the mercy of God and the forgiveness of sin, which began with the opening of the Holy Door of St. Peter's Basilica. Eight million pilgrims came to Rome to pray during the Year 2000, as the Church and the whole of humanity passed into the third millennium since the birth of the Redeemer.

During this time, Pope John Paul II prayed for God's forgiveness and for the forgiveness of those wounded by the sins of Christians throughout the past two millennia.

John Paul II successfully encouraged dialogue with the Jews and inaugurated a time of healing between Jews, Muslims and representatives of other religions. Several times he extended an invitation for these groups to participate in worldwide meetings to pray for peace.



POPE JOHN PAUL II MEETS WITH JEWISH, MUSLIM LEADERS IN JERUSALEM IN 2000. (CNS PHOTO/ARTURO MARI, L'OSSERVATORE ROMANO)

With the Year of the Redemption, the Marian Year and the Year of the Eucharist, he devoted himself to the spiritual renewal of the Church. He was convinced that the Church would receive courage and refreshment, even in the face of the great trials of humanity experienced in the last century, by drawing near the Heart of Christ in the Eucharist. He stated, "...The gaze of the Church is constantly turned to her Lord, present in the Sacrament of the Altar, in which she discovers the full manifestation of his boundless love" (John Paul II, *Ecclesia de Eucharistia*, 2003).

The love of Christ, "that love which goes to the end," proclaimed by St. John Paul II with his entire life, was made increasingly comprehensible to the world as the day of his return to the Father's House drew near.

Death and Beatification

"Death itself is anything but an event without hope. It is the door which opens wide on eternity and, for those who live in Christ, an experience of participation in the mystery of his Death and Resurrection." — Pope John Paul II

Suffering from the debilitating effects of Parkinson's disease, the aftereffects of the wounds from the attempted assassination, multiple surgeries, and the loss of his voice, Pope John Paul II expressed in his last days the mystery of the Crucified Lord.

With hundreds of thousands of young people beneath the window of the papal apartment keeping candlelight vigil during the pope's final agony, John Paul II whispered in response, "I have looked for you and you have come to me. Thank you." Pope John Paul II died during the first vespers of Divine Mercy Sunday, April 2, 2005, at 9:37 p.m., soon after he had uttered his final audible words, "Let me go to my Father's house."

More than three million pilgrims traveled to Rome to pay homage to the pope, some standing in line for over 24 hours to pray in thanksgiving for their beloved Holy Father.



POPE FRANCIS CELEBRATES THE CANONIZATION MASS OF STS. JOHN XXIII AND JOHN PAUL II IN ST. PETER'S SQUARE AT THE VATICAN APRIL 27. (CNS PHOTO/PAUL HARING)

On April 28, 2005, Pope Benedict XVI announced that the normal five-year waiting period before beginning the cause of beatification and canonization would be waived for John Paul II. On May 1, 2011, Pope Benedict XVI beatified Pope John Paul II, and Pope Francis canonized Saint John Paul II alongside Saint John XXIII on April 27, 2014.

"We can be sure that our beloved Pope is standing today at the window of the Father's house, that he sees us and blesses us." — Pope Benedict XVI, at the Funeral Mass for Pope John Paul II, April 8, 2005.

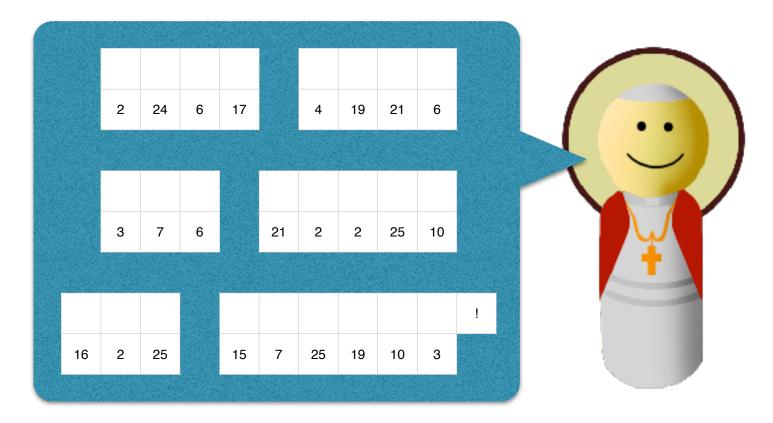
Kid's Bulletin Page

Kids: you are important and we love you. This page is for you.

Can you "Crack the Code?"

Use the following key below to reveal a quote from Saint John Paul II. How can you do what he tells us to do in your own life?

А	В	С	D	E	F	G	н	I	J	К	L	М
12	5	15	21	6	16	13	7	19	1	22	8	14
N	0	Р	Q	R	S	т	U	v	W	Х	Y	Z
17	2	24	9	25	10	3	26	11	4	18	23	20



Ask your mom, dad, baba or dido if they remember St. John Paul the 2nd. Ask them what this quote means.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	-	28
Twenty-first Sunday after Pentecost. Octoechos Tone 4; The Holy Wonderworker and Equal-to-the-Apostles Abercius, Bishop of Hieropolis (c. 200). Holy Father John Paul II, Pope. Galatians 2:16-20; Luke 8:5-15. 9:30 am Rosary IO am Divine Liturgy (English) (Deacon F. Preaches) Sunday School II am Coffee Hour * group "B" 2 pm Liturgy at St. Michael's Extended Care	The Holy Apostle and Brother of the Lord in the Flesh James Galatians 1:11-19; Matthew 13:54-58. IO am Bible Study	The Holy Martyr Aretas and those with him (523) Colossians 2:20-3:3; Luke 9:23-27.	 The Holy Martyrs and Notaries Marcian and Martyrius (351) Colossians 3:17-4:1; Luke 9:44-50. 9 am Divine Liturgy 10 am Parish Clergy Meeting 10:20-ish am Diaconal Training 5 pm Vocations Meeting 	The Holy and Glorious Great-Martyr Demetrius, from Whose Tomb Myrrh Streams Forth (285-310); and the Commemoration of the Great and Terrible Earthquake at Constantinople of 741 AD All-Night Vigil Feast. 2 Timothy 2:1-10; John 15:17-16:2. IO:30 am St. Matt's School Visitation CANCELLED 5:30 pm Appointment 6 pm Padre Night (closed event)	27 A The Holy Martyr Nestor (305); the Holy Martyr Capitolina and Her Slave Erotheides Abstention from meat and foods that contain meat. Colossians 4:10-18; Luke 10:1-15. Bulletin Writing Men's Retrect	20 The Holy Martyrs Terentius and Neonila; Our Venerable Father Stephen the Sabaite Composer of Canons (9th c.); the Holy Martyr Parasceve of Iconium 2 Corinthians 5:1-10; Luke 7:1-10. Men's Retrect 10:30 pm Appointment Saturday Night Bulletin Photo- copying/Liturgy set up
29 Twenty-second Sunday after Pentecost. Octoechos Tone 5; The Holy Venerable- Martyr Anastasia (249-51); the Passing of Our Venerable Father Abraham, Archimandrite and Wonderworker of Rostov (11th c.) Galatians 6:11-18; Luke 16:19-31. 9:30 cm Roscary 10 am Divine Liturgy (Bilingual) * group "C" Sunday School Knights of Columbus Pancake Breakfast 2 pm Liturgy at St. Michael's Extended Care	30 The Holy Martyrs Zenobius and Zenobia His Sister (284-305); Passing into eternal life of Blessed Priest- martyr Olesky Zarytsky (1963), Pastor of Strutyn near Zolochiv, and Siberia, Martyr 1 Thessalonians 1:1-5; Luke 10:22-24. IO am Bible Study 7 pm PPC Meeting	3J The Holy Apostles Stachys, Amplias and others with them; the Holy Martyr Epimachus (250) 1 Thessalonians 1:6-10; Luke 11:1-10. Halloween I2:30 pm Ann F. School Visitation Eparchial Grief as Journey Program	I The Holy Wonderworkers and Unmercenaries Cosmas and Damian; Passing into Eternal Life of the Servant of God Metropolitan Andrey Sheptytsky, 1944; Passing into Eternal Life (1947) of Blessed Theodore Romzha, Bishop of Mukachevo, and Martyr 1 Thessalonians 2:1-8; Luke 11:9-13. 9 am Divine Liturgy NEEDS TO BE RESCHEDULED: 10 am Parish Clergy Meeting & 10:20-ish am Diaconal Training IO:45 am PD for staff at St. Matt's School	2 The Holy Martyrs Acindynus, Pegaslus, Aphtonius, Elpidephorus, and Anempodistus 1 Thessalonians 2:9-14; Luke 11:14-23. IO:30 am St. Matt's School Visitation Thursday afternoon till Friday morning is typically Fr. Bo's day off 5:30 pm Appointment	3 A The Holy Martyrs Acepsimas the Bishop (378), Joseph the Priest and Aithalis the Dealcation of the Church of the Holy Great Martyr George in Lydda, Where His Precious Body is Entombed Abstention from meat and foods that contain meat. 1 Thessalonians 2:14-19; Luke 11:23-26. Bulletin Writing	4 Our Venerable Father Joannicius the Great (846); the Holy Martyrs Nicander, Bishop of Myra and the Priest Hermas 2 Corinthian 8:1-5; Luke 8:16-21. 10:30 Appointment Saturday Night Bulletin Photo- copying/Liturgy set up
5 Twenty-third Sunday after Pentecost. Octoechos Tone 6; The Holy Martyrs Galaction and Epistemis Ephesians 2:4-10; tuke 8:26-39. Daylight Savings Time Ends Catholic Education Sunday 9:30 am Rosary 10 am Divine Liturgy (English) * group "D" Sunday School 2 pm Liturgy at St. Michael's Extended Care	6 Our Holy Father Paul, Archbishop of Constantinople and Confessor (c. 353-61) 1 Thessalonians 2:20-3:8; Luke 11:29-33. IO am Bible Study 3:30 pm Sacred Orders Commission Meeting 7 pm Ladies' Club Meeting	7 The Thirty-Three Holy Martyrs of Millene (284-305); Our Venerable Father and Wonderworker Lazarus, Hermit of Mount Galesius (1054) 1 Thessalonians 3:9-13; Luke 11:34-41. JO:30 Venta Care Centre Divine Liturgy I2:30 pm Ann F. School Visitation (time?)	8 Synaxis of the Archangel Michael and the Other Bodiless Powers of Heaven Al-Night Vigil Feast. A day when the faithful are highly encouraged to participate in the Divine Liturgy. Hebrews 2:2-10; Luke 10:16-21. 9 am Divine Liturgy NEEDS TO BE RESCHEDULED: 10 am Parish Clergy Meeting & 10:20-ish am Diaconal Training II am Remembran ce day service at BCR	9 The Holy Martyrs Onisiphorus and Porphyry (456-474); Our Venerable Mother Matrona (456-74); the Venerable Theoctista of Lesbos 1 Thessalonians 5:1-8; Luke 11:47-12:1. No Classes for ECSD Thursday afternoon till Friday morning is typically Fr. Bo's day off 5:30 pm Appointment	IO 🗼 The Holy Apostles Erastus, Olympus, Rodion and those with them Abstention from meat and foods that contain meat. 1 Thessalonians 5:9-13, 24-28; Luke 12:2-12. No Classes for ECSD Fr. Bo possibly away Bulletin Writing	The Holy Martyrs Menas, Victor and Vincent (138-61 Our Venerable Father and Confessor Theodore the Studite (826) 2 Corinthians 11:1-6; Luke 9:1-6. Fr. Bo possibly away 10:30 Appointment Saturday Night Bulletin Photo- copying/Liturgy set up

Changeable Parts for October 22

Twenty-first Sunday after Pentecost. Octoechos Tone 4; Holy Equal-to-the-Apostles Abercius, Bishop of Hieropolis (c. 200), and St. John Paul II, Pope of Rome.

After "Blessed is the Kingdom" Sunday School children are blessed to go to the Sunday School room with their teachers.

Troparion, Tone 4: When the disciples of the Lord learned from the angel* the glorious news of the resurrection* and cast off the ancestral condemnation,* they proudly told the apostles:* "Death has been plundered!* Christ our God is risen,* granting to the world great mercy."

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 4: My Saviour and Deliverer from the grave* as God raised out of bondage the children of the earth* and shattered the gates of Hades;* and as Master, He rose on the third day.

Now and for ever and ever. Amen.

Theotokion, Tone 4: By your birth, O immaculate one,* Joachim and Anna were freed from the reproach of childlessness,* and Adam and Eve* from the corruption of death.* And your people, redeemed from the guilt of their sins,* celebrate as they cry out to you:* "The barren one gives birth to the Mother of God* and nourisher of our life."

Prokeimenon, Tone 4

How great are Your works, O Lord* You have made all things in wisdom.

verse: Bless the Lord, O my soul: O Lord my God, You are exceedingly great.

Epistle: Galatians 2:16-20 (NRSV)

Brothers and Sisters, we know that a person is justified not by the works of the law but through faith in Jesus Christ. And we have come to believe in Christ Jesus, so that we might be justified by faith in Christ, and not by doing the works of the law, because no one will be justified by the works of the law. But if, in our effort to be justified in Christ, we ourselves have been found to be sinners, is Christ then a servant of sin? Certainly not! But if I build up again the very things that I once tore down, then I demonstrate that I am a transgressor. For through the law I died to the law, so that I might live to God. I have been crucified with Christ; and it is no longer I who live, but it is Christ who lives in me.

And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Alleluia verses, Tone 4:

Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice.

You have loved justice and hated iniquity.

Gospel: Luke 8:5-15 (NRSV)

The Lord spoke this parable: "A sower went out to sow his seed; and as he sowed, some fell on the path and was trampled on, and the birds of the air ate it up. Some fell on the rock; and as it grew up, it withered for lack of moisture. Some fell among thorns, and the thorns grew with it and choked it. Some fell into good soil, and when it grew, it produced a hundredfold." As he said this, he called out, "Let anyone with ears to hear listen!"

Then his disciples asked him what this parable meant. He said, "To you it has been given to know the secrets of the kingdom of God; but to others I speak in parables, so that 'looking they may not perceive, and listening they may not understand.'

"Now the parable is this: The seed is the word of God. The ones on the path are those who have heard; then the devil comes and takes away the word from their hearts, so that they may not believe and be saved. The ones on the rock are those who, when they hear the word, receive it with joy. But these have no root; they believe only for a while and in a time of testing fall away. As for what fell among the thorns, these are the ones who hear; but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. But as for that in the good soil, these are the ones who, when they hear the word, hold it fast in an honest and good heart, and bear fruit with patient endurance.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (*Psalm 148:1*)

