



# Exaltation of the Holy Cross

## Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста

### Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

### Wednesdays:

- 9 am Divine Liturgy

### Most Major Feasts\*:

- 10 am Divine Liturgy

(\* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

**Pastor:** Fr. Bo Nahachewsky

Cell: 780-340-3726

(call or text)

fr.nahachewsky@eeparchy.com

**Deacon:** Dcn. François Provencal

fprovence23@outlook.com

### Church Website:

**EHCUCP.CA**

**Facebook:** facebook.com/ehcucp

**Church Email:** office@ehcucp.ca

### Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

Eparchy: 780-424-5496

### Church Address:

9003 - 153 Avenue NW

Edmonton, AB

### Church Mailing Address:

Londonderry P.O. Box 70029

Edmonton, AB T5C 3R6

More info on the next page.

# Sunday, October 8, 2023

Nineteenth Sunday after Pentecost. Octoechos Tone 2;  
Our Venerable Mother Pelagia.

**Join us for Coffee Hour after liturgy every Sunday...except next week. See you there.**



## Sunday Confessions Available Today and Monthly

Confessions are available today both before and during the Divine Liturgy as Fr. Myron Pyszcz is with us.

As you know it is hard for a parish with only one priest to be able to do Sunday Confessions, as the one priest is also preparing for and celebrating the Liturgy. However we are blessed to have the opportunity to have Fr. Myron come to us about once a month to allow for this to happen. He is here today, and also we hope to have him with us on most "First Sundays" of each month.



Of course, confessions are also available with Fr. Bo at any time during the week when available. So please don't hesitate to call or text him. (Emails also work, but are much slower)

**More about the Mystery (Sacrament) of Confession on the next page.**

**Lord, grant us peace.** Change the hearts of all aggressors. Comfort and defend all the victims, homeless and defenceless. End violence everywhere.

Please pray for peace for the Middle East, Ukraine, Africa and everywhere.

## NEXT SUNDAY LITURGY WILL BE AT 10:30

**and it will be bilingual again... and Rosary at 10am**

due to the celebration of **Bishop's Name's Day Celebration**. This celebration will consist of a Divine Liturgy with Bishop David (at 10:30) and with people from other parishes as well. Expect a full church. Then following the Liturgy at about 12 the doors will be open to the hall where there will be a luncheon or maybe I should say "brunch-eon". You are all welcome BUT...

**IF YOU WISH TO JOIN IN NEXT SUNDAY'S BISHOP'S NAME'S DAY CELEBRATION YOU MUST SIGN UP TODAY.**

The event is **free**, but we are collecting donations for victims of the war in Ukraine. Donations of \$20 or more will receive a tax receipt. **There will be NO spaces opened at the door....** so... just do it today... after Liturgy in the Annex.

**Hall Rentals:**

call Lisa at: 780-222-9155  
 or email: hallrental@ehcucp

**Perochy Off Sales:** 780-478-4275

**Membership:**

email: membership@ehcucp

*Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be under the age of 18.*

**Funeral Dinners:**

Call Cheryl: 780-456-2828

**Parish Pastoral Council:**

Parish Priest – Fr. Bo Nahachewsky  
 Deacon - Dcn. François Provencal  
 President – Mark Helmak  
 Past President – Peter Fedorak  
 1st Vice-President – Mark Ramsankar  
 2nd Vice-President – John Lukey  
 Secretary – Gwen Uchach  
 Treasurer – Peter Fedorak  
 Archivist – Diana Horyn  
 Cultural – Maryka Bodnar  
 Fundraising – Edd Horyn  
 Hall Rental – Lisa Borosuk & Gladys Woitas  
 Ladies' Club – Heather Gauthier  
 Knights of Columbus – Darrell Uchach  
 Men's Club President – Marc Chiasson  
 Youth Coordinator – Emmette Lysak  
 Maintenance – Larry Waye  
 Membership – J'lyn Ramsankar  
 Social – *Vacant*  
 Spiritual – Elizabeth Podloski

**Baptism, Chrismation & Eucharist:**

- Contact Fr. Bo, at least a month in advance if possible

**Weddings:**

- Contact Fr. Bo, at least a year in advance if possible

**Funerals:**

- Contact Fr. Bo, as soon as you are able.

**Confessions:**

- Sundays from 9 till 9:30 with Fr. Bo
- Sundays with Fr. Myron: See Calendar
- or anytime, just call Fr. Bo to arrange it.



## The Holy Mystery of Reconciliation (Confession)

The Father, Son and Holy Spirit are selfless in all their actions, constantly pouring fourth their love for each other. We humans are made in the image and likeness of this self-giving God. We are created to constantly grow in communion with God, through self-less relationships.

In the beginning when God created humanity we read that a serpent tempted us to eat some fruit promising that: "your eyes will be opened and you will be like God" (Genesis 3:5). The problem was not

in being like God, but rather the problem was taking the fruit for ourselves when it was not ours to be taken.

Our selfish act of taking caused us to be subject to death and corruption (as God had warned). Now we live in a world where things around us are not all in harmony. We get sick, we get hungry, we need shelter, and we eventually die. Due to fear of death have a tendency to sin even more (i.e. be self-serving). However God wants us to return to our true nature (of being self-less) and to have eternal life with Him once again. God Himself came down amongst us, He conquered death, and therefore we no longer need to fear death. Death being conquered, we can now be with God eternally.

Thank goodness God offers His forgiveness freely. God does not hold our shortfalls against us, but rather he looks forward to our repentance and renewed goodness. The only thing that separates us from God (now that He has trampled death) is ourselves. We only have to 'get up' when we 'fall down', admit that we fell and move on. To gain God's forgiveness we only need to ask for it.

To be able to ask for forgiveness we need to realize that we have done wrong in the first place. Just like an addict that thinks that they are still in control, cannot receive help until they realize and admit that they have a problem, so it is with us. Until we can recognize our selfishness (inhumanity) we cannot accept God's forgiveness. Not recognizing our own inhumanity is perhaps one of the greatest of our self-serving acts.

We need to examine our lives regularly and strive to reconcile ourselves with God and our brothers and sisters in order to be truly human. When we recognize that we have done wrong, and we have a desire to turn our lives back to God (metanoia), we to come to the Holy Church in the Sacrament of Reconciliation (a.k.a. confession).

**WHY SHOULD I CONFESS TO A PRIEST?**

The Church has seven sacraments in which we know that reality both on heaven and earth are affected. Reconciliation is one of these sacraments. Through sacred orders the priest receives the faculty to forgive or not forgive sins, however the priest is not the one you are confessing to; rather he is merely a tangible witness to your conversion experience.

The priest lets us hear the words we dearly need to hear: "You are forgiven." He can also give you advice and help you overcome your struggles. At the same time, the priest keeps you honest with yourself and with God; if he senses that you are not sincere and have no intention to grow spiritually, then he will not give you absolution.

In the early church people would confess before the whole congregation, to make it easier and less scandalous the priest stands in alone for the whole Church.

**More on next page...**

## WHAT SCRIPTURAL REFERENCES DO YOU HAVE ON CONFESSING?

Here's a few:

Jesus "said to them (the disciples) "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained." (John 20:22-23)

"Therefore confess your sins to one another, and pray for one another, that you may be healed." (James 5:16)

"what ever you (Peter) bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven" (Matthew 16:19)

"If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness. If we say we have not sinned, we make him a liar, and his word is not in us. (1 John 1:8-10)

## HOW SHOULD I EXAMINE MY LIFE?

Listen to your conscience. Consider using the 10 commandments as a guide (Exodus 20). Reflect on how your relationship is with God, how it is with your family, friends, co-workers, and reflect on how you treat yourself. Are your relationships with these people healthy?

You can also find "Examinations of Conscience" online and even on you phone as apps.

## DO I HAVE TO TELL EVERYTHING?

You should confess everything that you remember. You are not able to fool God, and it is to Him that you are confessing. If you forget to mention some sin during confession do not worry, God forgives ALL your sins. But if you know your faults... be honest with yourself and bring them forward.

## WILL THE PRIEST TELL ANYONE?

ABSOLUTELY NOT! The priest cannot even talk to you about your own confession after it is complete. In no way are priests allowed to talk about anything that happens within the sacrament to anyone. Not even in a court of law.

The priest will not think poorly of you if you are trying to be a better person. How can you be angry or disappointed with someone who is trying to do good?

## HOW OFTEN SHOULD I GO?

We should participate in this sacrament as often as we have a significant division between us and God, and others. It is good to go before major feasts and on significant events in our lives. The Church recommends that we should approach this sacrament in preparation for receiving the Eucharist, and states that we should at very minimum reconcile ourselves at least once a year during the preparation for Easter.

## HOW DO I GO TO CONFESSION?

If you are not sure what to do and say during the sacrament of reconciliation, do not fret. The priest will coach you through it. The following is the usual order of things:

- Pray before confession. Ask God to help you to know when you have sinned.
- When you come before the priest, tell him when the last time you came to confession was (# of weeks, months, years, or first time), and then confess all your sins.
- The priest may ask you some questions to see if you are truly sorry for your sins, and he will probably try to give you advice to help you sin less in the future.
- The priest will then ask you to say a prayer, or do a good deed to show your joy for forgiveness and to bring you closer to God and other people. This is called "Penance."
- Following this the priest will likely ask you to say an act of contrition. (See below) This prayer helps you state your desire to return to God, and avoid sin.
- Finally: Jesus, through the words of the priest, gives you forgiveness. This is called the "absolution." Listen to these words the priest says (in some form):

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*(quietly) O Lord God, Salvation of Your servants, gracious, bountiful, and long-suffering, Who repents concerning our evil deeds, and desires not the death of a sinner, but rather that he/she should turn from his/her wickedness and live: show Your mercy now upon Your servant N., and grant him/her an image of repentance, forgiveness of sins, and deliverance; pardoning his/her every transgression, whether voluntary or involuntary.*

*Reconcile and unite him/her to Your Holy Church, through Jesus Christ our Lord, to Whom, with You, are due dominion and majesty, now and for ever, and unto ages of ages.*

*(then aloud) May our Lord and God, Jesus Christ, By the grace and mercies of His love for us all, forgive you all your sins, and I, an unworthy priest, by the power given to me by Him, forgive and absolve you from all of your sins, in the name of the Father, and of the Son, and of the Holy Spirit. Amen.*

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- When it is over, talk to God. Thank him for the gift of forgiveness and for His love. And as soon as you are able, go and do your penance.

## A Prayer You Can Say Before Approaching For Confession:

Come, Holy Spirit. Help me to remember the words of Jesus asking me to be a loving person. Help me to know when I have sinned. Help me to be sorry for my sins. Help me to change.

## An Act of Contrition:

O God be merciful to me a sinner.  
O God cleanse me of my sins and have mercy on me.  
I have sinned without number, forgive me, O Lord.

## Another Act of Contrition (simplified)

O Lord my God, I love You with all my heart. I am sorry for all my sins. Please forgive me. Help me to change.

## Saint of the Day: Venerable Pelagia the Penitent

Commemorated on October 8 - taken from [OCA.org](http://OCA.org)

Saint Pelagia the Penitent was converted to Christianity by Saint Nonnus, Bishop of Edessa (Saturday of Cheesefare Week). Before her acceptance of Christianity through Baptism, Pelagia was head of a dance troupe in Palestinian Antioch, living a life of frivolity and prostitution.

One day Pelagia, elegantly dressed, was making her way past a church where Saint Nonnus was preaching a sermon. Believers turned their faces away from the sinner, but the bishop glanced after her. Struck by the outer beauty of Pelagia and having foreseen the spiritual greatness within her, the saint prayed in his cell for a long time to the Lord for the sinner. He told his fellow bishops that the prostitute put them all to shame. He explained that she took great care to adorn her body in order to appear beautiful in the eyes of men. "We... take no thought for the adornment of our wretched souls," he said.

On the following day, when Saint Nonnus was teaching in the church about the dread Last Judgment and its consequences, Pelagia came. The teaching made a tremendous impression upon her. With the fear of God and weeping tears of repentance, she asked the saint for Baptism. Seeing her sincere and full repentance, Bishop Nonnus baptized her.

By night the devil appeared to Pelagia, urging her to return to her former life. The saint prayed, signed herself with the Sign of the Cross, and the devil vanished.

Three days after her baptism, Saint Pelagia gathered up her valuables and took them to Bishop Nonnus. The bishop ordered that they be distributed among the poor saying, "Let this be wisely dispersed, so that these riches gained by sin may become a wealth of righteousness." After this Saint Pelagia journeyed to Jerusalem to the Mount of Olives. She lived there in a cell, disguised as the monk Pelagius, living in ascetic seclusion, and attaining great spiritual gifts. When she died, she was buried in her cell.





## A Message From Bishop David

Dear Ukrainian Catholic Faithful – Eparchy of  
Edmonton,

Glory be to Jesus Christ! Слава Ісусу Христу!

Many of us have heard about the recent unfortunate incident in the Canadian Parliament where the Speaker of the House of Commons honoured an individual who fought in a German SS unit during the Second World War. The incident embarrassed the Prime Minister of Canada and the President of Ukraine.

Related to this incident, as of late some have called for the removal of the central Cross at Saint Michael's Cemetery, Edmonton, claiming that it was erected as a monument honouring the same Second World War unit. This is not the case.

Most Ukrainian Catholic Cemeteries feature a central Cross where the faithful gather – not just Ukrainian Catholics but many other faith groups – for a prayer service during which, led by a priest, they remember and pray for their deceased loved ones. Saint Michael's Cemetery has such a central Cross. The Cross for all Christians is a reminder of the sacrifice made by Jesus Christ for the forgiveness of our sins and the hope in the Resurrection and eternal life. To deny the Cross is to deny Christ.

On the other hand a monument can be described as a statue, building, or other structure erected to commemorate a notable person or event. The central Cross at Saint Michael's Cemetery is not a monument. It is a Cross, plain and simple. It is certainly not dedicated to any particular group of individuals.

Perhaps the confusion arises in who contributed financially to the building of the central Cross when it was erected and blessed by Patriarch Josyf Slipyj the Head of the Ukrainian Catholic Church worldwide, on

October 31, 1976. Two plaques, one in English and one in Ukrainian, list the major donors. Of the five groups mentioned, three are veteran groups from World War I and two from World War II. Many other non-veteran Ukrainian Catholic individuals also contributed to the building of the central Cross. The intention from the very beginning, in placing this central Cross at Saint Michael's Cemetery, was to pray for all deceased who are buried there. This includes those who defended their homeland during World War I and World War II, and others. Today, it also includes those who for some ten years now are fighting to defend Ukraine from yet another Russian invasion. The words behind the central Cross ring out anew today, "For the Freedom of Ukraine."

War is dirty. It is not always black and white. Where war crimes have been committed by certain individuals, in the past or the present, justice should be sought in the international courts based on evidence. The role of historians and those communities harmed are crucial in this process. The same holds true of the genocide-in-the-making in Ukraine at the hands of the Russian aggressors.

For now, it is my hope to engage in a lasting and meaningful dialogue with our Jewish brothers and sisters in the hope of walking together towards peace and reconciliation. Both of our peoples have suffered much during the Holocaust and the Holodomor and the pain and hurt continue to this day.

Let us continue to pray for the blessed repose of those buried at Saint Michael's Cemetery and elsewhere, and for those who will die today.

Bishop David

Ukrainian Catholic Eparchy of Edmonton



## Edmonton Eparchy Sends Contingent to Third Annual “SingCon”

Approximately twenty cantors and church singers of the Edmonton Eparchy attended the third annual “SingCon” Church Singing Conference in Welland, Ontario, held at St. Michael the Archangel Ukrainian Catholic Church. Participants from Alberta hailed from Assumption and St. Stephen parishes in Calgary, and St. Josaphat’s Cathedral and St. Basil’s in Edmonton. Among the participants from Alberta were eight youth and young adult participants who were sponsored by their parishes, thanks to a grant from the Eparchial “E-Fund”.

“SingCon,” held from September 28 to October 1, including workshops, rehearsals, a public lecture by Subdeacon Dr. Brian Butcher on the centrality of singing in the Christian tradition, and a round table discussion with four panelists on contemporary issues facing English-speaking liturgists, singers, and faithful in the UGCC. Attendees also participated in the divine services: daily vespers on Thursday and Friday evenings, two celebrations of the parastas, great vespers on Saturday evening, festal matins on Sunday morning, and the Hierarchical Divine Liturgy, presided over by Bishop Bohdan Danylo of the Parma Eparchy.

Participants left the gathering inspired by the beautiful worship, more knowledgeable of UGCC singing tradition, better informed by the discussions, and energized by the fellowship and new friendships formed over their four days together.

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*“Singcon reminded me of the beautiful diversity in spiritual expression within the Catholic Church – even just in North America. Whether we are baptized Byzantine or Latin, or live on the east coast or west coast, what unites all cantors is that we have a serious and intentional ministry in the Church that can move the tallest of mountains and the hardest of hearts. Singcon was both amazing and challenging in so many ways. I grew in my ability to lead liturgical services in my parish but also in my personal faith journey, guided by deepening connections with new and old friends.” ~Alicia Chichak*

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The “SingCon” organizing committee, led by Deacon Daniel Galadza, includes three representatives from the Edmonton Eparchy: Deacon Cyril Kennedy, Damein Zakordonski, and Namisha Hlus. For more information, see <https://ugccmusic.com/> or email [deacon.kennedy@eeparchy.com](mailto:deacon.kennedy@eeparchy.com).

Interested in really making a difference in the world?



If you have a passion for protecting human rights, especially for the poor and marginalized, ethical consumption, taking care of our environment, reconciliation between all people, and promoting the sanctity of human life - then we are excited to meet YOU!

The Eparchial Social Mission Commission is searching for two new members to join our team of passionate parishioners hoping to make a difference. Please contact [socialjustice@eeparchy.com](mailto:socialjustice@eeparchy.com)

## “Called to be Holy” Men’s Conference & Retreat Oct 27 & 28, 2023

Join other men of faith to learn, laugh, and pray as you grow in faith. We are excited to welcome Fr. Matthew Hysell as our keynote speaker!

For more info call Bernadette at 780-424-5496 or email: [education@edmontoneparchy.com](mailto:education@edmontoneparchy.com)

## A Note about the Method of Distributing Eucharist from Bishop David:

The Covid-19 pandemic required our parishes to find alternate ways to distribute the Divine Eucharist in order to ensure the health and well-being of our faithful, namely, using individual “single-use” Holy Communion spoons. For some time now, most Ukrainian Catholic Churches throughout the world have returned to our regular practice in distributing the Divine Eucharist, using a single common spoon for all. It is time for our Eparchy to do the same. However, to allow some time for communities to transition, pastors may implement either of the following practices wherever some of the faithful still wish to receive Holy Communion with individual spoons. 1) In parishes where only one priest

distributes Holy Communion, he begins by distributing Holy Communion with “single-use” spoons to those who desire this, before using the common spoon for others. 2) In parishes where the Eucharist is distributed from several chalices, some ministers use one common spoon while others use individual “single-use” spoons. The manner in which the Divine Eucharist is distributed should not be an obstacle to those desiring to be nourished by the life-giving Body and Blood of Our Lord. May the Holy Eucharist be our strength and nourishment in our journey towards holiness.”

Please note: The threat of Covid / Corona Virus is now lower from the past years. It is no longer considered a pandemic by the W.H.O., given widespread immunity and effective treatments.

Please also note: the article below about “How to receive Eucharist in the Ukrainian Catholic Church”.

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## How to receive Eucharist in the Ukrainian Catholic Church



All Baptized Catholics are welcome & encouraged to receive Holy Communion provided they have fasted and go to Confession regularly.

All Orthodox are encouraged to follow the Canons of their Church and are welcome to Holy Communion as well in the spirit of Oeconomia.

In places where it is offered, everyone is welcome to receive the “Antidor”, the Blessed Bread at the end of Divine Liturgy. However this is not normally done at Holy Cross Parish.

Baptized infants and children, are normally presented in the arms of their parents/God-parents/grandparents. In the case of babies and very young children, only the Blood of Christ is given.

Older children are encouraged to learn about both the HOLY Mysteries of Confession and Eucharist at “First Solemn Communion” classes\* which are offered primarily to children in grade 2 or 3.

If you are receiving Holy Communion:

- make the sign of the Cross
- cross your hands over your heart
- tell the priest your name
- come up close to the Holy Cup
- if you are significantly taller than the priest or Eucharistic Minister you can lower yourself so that they can reach your mouth more easily; however this is only necessary if you are taller.
- tilt your head back slightly
- open your mouth wide
- ensure that your tongue is well back in your mouth; do NOT stick out your tongue
- do NOT close your mouth, lick, or otherwise touch the spoon; the distributor will drop the Eucharist into your open mouth
- after receiving, you do not need to say “Amen” as do those receiving in the Roman Catholic Church
- make the sign of the Cross again
- return to your spot, and thank the Lord for this opportunity to receive this Sacrament

\* We have begun to discuss our “First Solemn Communion” program for this year here at Holy Cross Parish. Details will be shared in this weekly bulletin when they are solidified. In the mean time, if you have a child who is of that age and maturity, please send Fr. Bo an email.

## Our News:

- **Thank you** to all who helped with last week's funerals. Your participation makes things possible. May God bless you all.
- **Coffee Hour** after Sunday Liturgy. This Sunday, and every Sunday (except Oct 15). Come join us.
- **Food Bank Collection:** Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
- Our Parish's **Sunday School** has resumed. All kids up to First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy.
- Boys and Girls who have already done their First Solemn Communion are invited to become an **Altar Server!** Just say hi to Fr. Bo before Liturgy and we will train you on the job. In the future we will also have sessions for you... but we are still figuring this out.
- A parish policy **reminder to all:** To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be under the age of 18.
- Soon we will be updating our **Safer Environments** Volunteer files. Stay tuned.
- Apparently I jumped the gun. **Membership** renewals for 2024 will be starting in November. We are still taking Memberships for 2023 now. You can still contact J'lyn if you have questions: [jjramsankar@gmail.com](mailto:jjramsankar@gmail.com)
- Our Eparchy has been raising **funds for people in Ukraine** through CNEWA. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy.
- Please send any **information that you want in the bulletin** by Thursday if possible.
- We are **recording our Liturgies** for those who are not able to come in person to church. Unfortunately the quality of these videos will not be great until our internet is upgraded, so we have decided to just record the audio. Hopefully soon our internet provider will get their services in order.
- Also please note that the **recorded Liturgies** are not intended to be an option for those who simply want to stay at home. Come in person if you are able.

## We are currently looking for some help. Can you help?

### Bishop's Name's Day Celebration:

- 2 people are needed for Friday at 9 am
- 4 people are needed for Saturday at 9 am
- and 7 people are needed for Sunday
  - Contact Dianne Kluk if you can help

### Parish Pastoral Council:

- the **Finance Committee** (contact Peter Fedorak),
- the **Catering Committee** (contact Mark Ramsankar);
- the **Bylaw Committee** (contact John Lukey);
- **Social position on PPC** (contact Mark Helmak)
- **Safer Environments Coordinator** (contact Fr. Bo)
- **Social Media Coordinator** (contact Fr. Bo)

If you don't know how to contact the people directly, send an email or phone me, Fr. Bo. I will forward them your info and they will get back to you.

My contact info is: [fr.nahachewsky@eeparchy.com](mailto:fr.nahachewsky@eeparchy.com) or 780-340-3726

**Holy Cross' Casino Fundraiser** dates are February 14 & 15, 2024 (Wednesday & Thursday) at Century Casino (Fort Road). We need volunteers for both dates. Shifts run from 9:00am to 3:30am. We need to fill positions for Chip Runners, Bankers, Cashiers, and also Count room staff. If you can help on those dates see Terry Yackimec to fill out the Casino Volunteer Worker Application form.

## Upcoming October Events

- Next **Knights of Columbus Meeting:** Tuesday, October 10, at 7 pm. If you are interested in joining us speak to any Knight.
- **Bishop's Name Day Celebration** is being held in our parish on Sunday, October 15th. The Divine Liturgy on this Sunday will be held at 10:30 a.m. (bilingual). Following liturgy, all are invited to a luncheon. Doors will open at noon, meal at 12:30 p.m. Donations will be accepted for food packages for the people of Ukraine affected by the war. Charitable tax receipts will be issued for all donations over \$20. Please RSVP using the sign-up sheet in the annex, or email Patty Zakordonski today: [pzakordonski@gmail.com](mailto:pzakordonski@gmail.com)
- **Double Baptism** of Blake Wengceniuk and Lincoln Hudema will take place on Saturday, October 21
- **Men's Conference and Retreat** will take place October 27 & 28.



# Kid's Bulletin Page

Kids: you are important and we love you. This page is for you.



**Love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High;**

CHILDREN  
CREDIT  
ENEMIES  
EXPECTING  
FATHER  
FRIENDS  
GOD  
GOOD  
GREAT  
JESUS  
KIND  
LEND  
LOVE  
MERCY  
NOTHING  
PEACE  
RECEIVE  
RETURN  
REWARD  
SINNERS  
UNGRATEFUL  
WICKED

F L B M B D E U D C W A T  
A E J C R N U X O R S A W  
T N V A E F D L O V E I W  
H D W M K D R U G R C X P  
E E I I O N E I G K Y S R  
R E N G N I T C E P X E N  
S D Y C R E M D E N C S O  
E B J J U F R A A E D U T  
Y M C H T N C D I H H S H  
I V G T E E H V L R T E I  
T I D E R C E R F I W J N  
S R E N N I S D D U H V G  
U N G R A T E F U L A C U

## Next Couple of Weeks at Holy Cross Parish

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>8</b></p> <p>Nineteenth Sunday after Pentecost. Octoechos Tone 2; Our Venerable Mother Pelagia 2 Corinthians 11:31-12:9; Luke 6:31-36.</p> <p><b>9:30 am Rosary</b> (LC)</p> <p><b>10 am Divine Liturgy</b> (Bilingual)</p> <p><b>Sunday School</b></p> <p><b>11 am Coffee Hour</b> * group “F”</p> <p><b>2 pm Liturgy at St. Michael’s Extended Care</b></p>	<p><b>9</b></p> <p><b>Thanksgiving Day</b></p> <p>The Holy Apostle James, Son of Alphaeus Polyeleos Feast. 1 Corinthians 4:9-16; Luke 10:16-21.</p> <p><b>10 am Bible Study</b></p> <p>10 am Diaconal Training postponed to Wednesday</p> <p>12 noon Appointment</p> <p>No Choir Practice</p> <p>Knights of Columbus meeting moved to Tuesday due to Thanksgiving</p>	<p><b>10</b></p> <p>The Holy Martyrs Eulampius and Eulampia (305-13) Philippians 2:16-23; Luke 6:37-45.</p> <p><b>12:30 Ann F. School Visitation</b></p> <p>6:15 pm Appointment</p> <p><b>7:30 pm Knights of Columbus Meeting</b></p> <p>Eparchial Grief as Journey Program</p>	<p><b>11</b></p> <p>The Holy Apostle Philip, One of the Seven Deacons; Our Venerable Father Theophanes the Branded, Composer of Canons (845) Philippians 2:24-30; Luke 6:46-7:1.</p> <p><b>9 am Divine Liturgy</b></p> <p>10 am Parish Clergy Meeting</p> <p>10:20-ish am Diaconal Training</p>	<p><b>12</b></p> <p>The Holy Martyrs Probus, Tarachus and Andronicus (284-305); Our Venerable Father Cosmas of Jerusalem, Bishop of Maium and Composer of Canons (760); Our Holy Father Martin the Compassionate, Bishop of Tours (397) Philippians 3:1-8; Luke 7:17-30.</p> <p><b>8:30 am St. Matt’s School Visitation</b></p> <p>Thursdays afternoon till Friday morning is Fr. Bo’s day off</p> <p>5:30 pm appointment</p>	<p><b>13</b> </p> <p>The Holy Martyrs Carpus, Pappylas and Agathonicus (249-51) Abstinence from meat and foods that contain meat. Philippians 3:8-19; Luke 7:31-35.</p> <p><b>10 am Divine Liturgy for all Ukrainian Bilingual Schools at St. Basil’s</b></p> <p>Bulletin Writing</p> <p><b>Set-up for Bishop’s Name’s Day Celebration</b></p>	<p><b>14</b></p> <p>Our Venerable Mother Parasceva of Ternovo (11th c.); The Holy Martyrs Nazarius, Gervasius, Protasius and Celsus (64-68); Passing into eternal life of Blessed Roman Lysko, Pastor of Youth and Martyr of L’viv 2 Corinthians 1:8-11; Luke 5:27-32.</p> <p><b>Set-up for Bishop’s Name’s Day Celebration</b></p> <p>Fr. Bo all day Appointment</p> <p>Saturday Night Bulletin Photo-copying/Liturgy set up</p>
<p><b>15</b></p> <p>Commemoration of the Fathers of the Seventh Ecumenical Council. Octoechos Tone 3; Our Venerable Father Euthymius the Younger, the Holy Venerable-Martyr Lucian, Priest of Great Antioch (312) Hebrews 13:7-16; John 17:1-13.</p> <p><b>10 am Rosary</b> (MC)</p> <p><b>10:30 am Divine Liturgy</b> (Bilingual)</p> <p><b>Sunday School</b></p> <p><b>12 noon Bishop’s Name’s Day Luncheon</b></p> <p><b>NO Coffee Hour</b> but group “A” still ushers at the Liturgy</p> <p><b>2 pm Liturgy at St. Michael’s Extended Care</b></p>	<p><b>16</b></p> <p>The Holy Martyr Longinus the Centurion Philippians 4:10-23; Luke 7:36-50.</p> <p><b>10 am Bible Study</b></p> <p>10 am Diaconal Training??? or Wed?</p> <p>4:30 pm Appointment</p>	<p><b>17</b></p> <p>The Holy Prophet Hosea (8th c. BC); the Venerable-Martyr Andrew of Crete (767) Colossians 1:1,2,7-11; Luke 8:1-3.</p> <p><b>12:30 Ann F. School Visitation</b></p> <p>Eparchial Grief as Journey Program</p>	<p><b>18</b></p> <p>The Holy Apostle and Evangelist Luke Colossians 1:18-23; Luke 8:22-25.</p> <p><b>9 am Divine Liturgy</b></p> <p>10 am Parish Clergy Meeting</p> <p>10:20-ish am Diaconal Training??? or Mon?</p>	<p><b>19</b></p> <p>The Holy Prophet Joel; the Holy Martyr Varus (307); Our Venerable Father John of Rila (946) Colossians 1:24-29; Luke 9:7-11.</p> <p><b>10:30 am St. Matt’s School Visitation</b></p> <p>Thursdays afternoon till Friday morning is Fr. Bo’s day off</p> <p>5:30 pm appointment</p>	<p><b>20</b></p> <p>The Holy Great-Martyr Artemius (360-363) Abstinence from meat and foods that contain meat. Colossians 2:1-7; Luke 9:12-17.</p> <p>Bulletin Writing</p> <p>5 pm Appointment</p>	<p><b>21</b></p> <p>Our Venerable Father Hilarion the Great (371) 2 Corinthians 3:12-18; Luke 6:1-10.</p> <p><b>Double Baptism of Blake Wengceniuk and Lincoln Hudema</b></p> <p>Saturday Night Bulletin Photo-copying/Liturgy set up</p>
<p><b>22</b></p> <p>Twenty-first Sunday after Pentecost. Octoechos Tone 4; The Holy Wonderworker and Equal-to-the-Apostles Abercius, Bishop of Hieropolis (c. 200). Holy Father John Paul II, Pope. Galatians 2:16-20; Luke 8:5-15.</p> <p><b>9:30 am Rosary</b> (KC)</p> <p><b>10 am Divine Liturgy</b> (English) (Deacon F. Preaches)</p> <p><b>Sunday School</b></p> <p><b>11 am Coffee Hour</b> * group “B”</p> <p><b>2 pm Liturgy at St. Michael’s Extended Care</b></p>	<p><b>23</b></p> <p>The Holy Apostle and Brother of the Lord in the Flesh James Galatians 1:11-19; Matthew 13:54-58.</p> <p><b>10 am Bible Study</b></p> <p>10 am Diaconal Training??? or Wed?</p> <p>5:30 pm Appointment</p>	<p><b>24</b></p> <p>The Holy Martyr Aretas and those with him (523) Colossians 2:20-3:3; Luke 9:23-27.</p> <p><b>12 noon Meeting at St. Michael’s Extended Care</b></p> <p>12:30 No regular Ann F. School Visitation</p> <p>Eparchial Grief as Journey Program</p>	<p><b>25</b></p> <p>The Holy Martyrs and Notaries Marcian and Martyrius (351) Colossians 3:17-4:1; Luke 9:44-50.</p> <p><b>9 am Divine Liturgy</b></p> <p>10 am Parish Clergy Meeting</p> <p>10:20-ish am Diaconal Training??? or Mon?</p>	<p><b>26</b></p> <p>The Holy and Glorious Great-Martyr Demetrius, from Whose Tomb Myrrh Streams Forth (285-310); and the Commemoration of the Great and Terrible Earthquake at Constantinople of 741 AD All-Night Vigil Feast. 2 Timothy 2:1-10; John 15:17-16:2.</p> <p><b>10:30 am St. Matt’s School Visitation</b></p> <p>CANCELLED 5:30 pm Appointment</p> <p>6 pm Padre Night (closed event)</p>	<p><b>27</b></p> <p>The Holy Martyr Nestor (305); the Holy Martyr Capitolina and Her Slave Erotheides Abstinence from meat and foods that contain meat. Colossians 4:10-18; Luke 10:1-15.</p> <p>Bulletin Writing</p> <p><b>Men’s Retreat</b></p>	<p><b>28</b></p> <p>The Holy Martyrs Terentius and Neonila; Our Venerable Father Stephen the Sabaite, Composer of Canons (9th c.); the Holy Martyr Parasceve of Iconium 2 Corinthians 5:1-10; Luke 7:1-10.</p> <p><b>Men’s Retreat</b></p> <p>Saturday Night Bulletin Photo-copying/Liturgy set up</p>

# Changeable Parts for October 8

## Nineteenth Sunday after Pentecost. Octoechos Tone 2; Our Venerable Mother Pelagia.

**After “Blessed is the Kingdom”** Sunday School children are blessed to go to the Sunday School room with their teachers.

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**Troparion, Tone 2:** When You went down to death, O Life Immortal,\* You struck Hades dead with the blazing light of Your divinity.\* When You raised the dead from the nether world,\* all the powers of heaven cried out:\* “O Giver of Life, Christ our God, glory be to You!”

Glory be to the Father and to the Son and to the Holy Spirit.

**Kontakion, Tone 2:** You rose from the tomb, O almighty Saviour,\* and Hades, seeing this wonder, was stricken with fear; and the dead arose.\* Creation saw and rejoices with You, and Adam exults.\* And the world, my Saviour, sings Your praises for ever.

Now and for ever and ever. Amen.

**Theotokion, Tone 2:** The tomb and death could not hold the Mother of God,\* unceasing in her intercession and an unailing hope of patronage,\* for as the Mother of Life she was transferred to life\* by Him Who had dwelt in her ever-virgin womb.

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### Prokeimenon, Tone 2

The Lord is my strength and my song of praise, and He has become my salvation.

**verse:** The Lord has indeed chastised me, but He has not delivered me to death.

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### Epistle: 2 Corinthians II:31-II:9 (NRSV)

*Brothers and Sisters,* the God and Father of the Lord Jesus (blessed be he forever!) knows that I do not lie. In Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped from his hands. It is necessary to boast; nothing is to be gained by it, but I will go on to visions and revelations of the Lord. I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the

body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me.

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### Alleluia verses, Tone 2:

The Lord will hear you in the day of tribulation; the name of the God of Jacob will shield you.

Lord, grant victory to the king and hear us in the day that we shall call upon You.

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### Gospel: Luke 6:31-36 (NRSV)

*The Lord said,* do to others as you would have them do to you. “If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.”

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### Communion Hymn

Praise the Lord from the heavens;\* praise Him in the highest.

Alleluia, alleluia,\* alleluia.