



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста

Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

Cell: 780-340-3726
(call or text)
fr.nahachewsky@eeparchy.com

Deacon: Dcn. François Provencal
fprovence23@outlook.com

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW
Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029
Edmonton, AB T5C 3R6

More info on the next page.

Sunday, October 1, 2023

Eighteenth Sunday after Pentecost. Octoechos Tone I; The Protection of the Most Holy Mother of God; Holy Apostle Ananias, One of the Seventy Disciples; Our Venerable Father Roman Who Sang Sweetly (560).

Join us for Coffee Hour after liturgy every Sunday. See you there.



Let's get to know your Parish Pastoral Council!

This past Monday, the PPC met for the first time since Fr. Bo arrived at the parish. There were many things discussed at a very productive meeting. Get to know more about the meeting and the lovely people who serve our parish inside this bulletin.



Protection of the Blessed Virgin Mary

October 1 is one of the most beloved of all feast days, the Protection of the Mother of God. This feast pays honour to a miraculous intervention. According to the ancient chronicles of Nestor, the inhabitants of Constantinople prayed that the Mother of God would protect them from an attack by a large Rus' (the early Slavic nation) army at a time when Rus' was still pagan. Nestor suggests this took place sometime in the ninth century.

Tradition recalls the story of how Mary the Theotokos appeared to ...

Hall Rentals:

call Lisa at: 780-222-9155
 or email: hallrental@ehcucp

Perohy Off Sales: 780-478-4275

Membership:

email: membership@ehcucp

Reminder: To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be under the age of 18.

Funeral Dinners:

Call Cheryl: 780-456-2828

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
 Deacon - Dcn. François Provencal
 President – Mark Helmak
 Past President – Peter Fedorak
 1st Vice-President – Mark Ramsankar
 2nd Vice-President – John Lukey
 Secretary – Gwen Uchach
 Treasurer – Peter Fedorak
 Archivist – Diana Horyn
 Cultural – Maryka Bodnar
 Fundraising – Edd Horyn
 Hall Rental – Lisa Borosuk & Gladys Woitas
 Ladies' Club – Heather Gauthier
 Knights of Columbus – Darrell Uchach
 Men's Club President – Marc Chiasson
 Youth Coordinator – Emmette Lysak
 Maintenance – Larry Waye
 Membership – J'lyn Ramsankar
 Social – *Vacant*
 Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

Weddings:

- Contact Fr. Bo, at least a year in advance if possible

Funerals:

- Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30 with Fr. Bo
- Sundays with Fr. Myron: See Calendar
- or anytime, just call Fr. Bo to arrange it.

Protection of the Blessed Virgin Mary continued...

...St. Andrew the Fool for Christ inside Blachernae church in Constantinople (modern day Istanbul). Early in the morning of Sunday, October 1, St. Andrew saw the dome of the church open and Mary enter, floating in the air above him, surrounded by angels and saints. St. Andrew saw Mary kneel and pray for all faithful Christians throughout the world. She also asked her Son, Jesus, to accept the prayers of all those who turned to Him for protection through her intercession. After, Mary rose and spread her veil over all the people in the church as a sign of her protection.

St Andrew turned to his disciple, St. Epiphanius, who was standing near him, and asked, "Do you see, brother, the Holy Theotokos, praying for all the world?" Epiphanius answered, "Yes, holy father, I see it and am amazed!"

Following the appearance of the Mother of God, the invading enemy was thwarted and the city spared disaster.

The name of the feast—Protection—is a translation of the Ukrainian word, pokrov. However, "protection" does not convey the full significance of pokrov, which has several meanings. First, of all, it refers to a cloak or shroud; it also means protection or intercession. For this reason, the name of the feast is also translated as the Veil of Our Lady, the Protecting Veil of the Theotokos, or the Intercession of the Theotokos. Indeed, it would take a rather long English language sentence to express the full meaning. We are given the mental image of a caring and loving mother, spreading her cloak to shelter her children from harm. It is an image to which any child can relate.



This article is an excerpt from "Protection of the Blessed Virgin Mary" in "Both Lungs" written by Brent Kostiniuk

An interesting fact is that we, the Church who was formed from the Slavic people who were besieging Constantinople at the time, are the primary people who now celebrate this feast. We celebrate this feast of how Mary saved the people of that Greek city from us more than any other Church. Thank you Mary for keeping us from doing great harm.



Saint of the Day: Apostle Ananias of the Seventy

Commemorated on [October 1](#) text from [OCA.org](#)

The Holy Apostle Ananias of the Seventy (October 1), was the first Bishop of Damascus. The Lord ordered him to restore the sight of Saul, the former persecutor of Christians, then baptize him (Acts 9:10-19, 22:12). Saul became the great preacher and Apostle Paul. Saint Ananias boldly and openly confessed Christianity before the Jews and the pagans, despite the danger.

From Damascus he went to preach at Eleutheropolis, where he healed many of their infirmities. Lucian, the prefect of the city, tried to persuade the holy one to offer sacrifice to idols. Because of Ananias' staunch and solid confession of Christ, Lucian ordered that he be tortured. Harsh torments did not sway the witness of Truth. Then the torturers led him out beyond the city, where they stoned him. The saint prayed for those who put him to death. His relics were later transferred to Constantinople.

Nurturing Faith and Values in a Ukrainian Catholic Family

In today's fast-paced world, the Ukrainian Catholic family faces unique challenges in raising and educating their children. Rooted in Christian upbringing, education, and schooling, this blog post explores the roles of parents, the state, and the Church in nurturing faith and values within the family unit. It emphasizes the importance of reading Holy Scripture and spiritual literature, providing guidance for Christian families seeking to pass on their faith to the next generation.

The Family as the Primary Environment

The Ukrainian Catholic family is not only the most important environment for receiving the gift of new life, but it is also the primary sphere of its development. Parents are not just the primary educators of their children; they have both a right and a duty to raise their children in a Christian manner. This responsibility is sacred and should be fulfilled effectively to pass on the treasure of faith to the next generation.

The Role of Society and the State

Society and the state play crucial roles in supporting parents in fulfilling their responsibilities. Following the principle of subsidiarity, they should assist parents in their parental duties but not replace them. The state should create conditions for education and schooling in alignment with parents' wishes, allowing Ukrainian Catholic families to send their children to schools that can guarantee an education in a Christian spirit.

The Church's Educational Mission

The Church, as Mother and Teacher, has a significant role in the education of children. The liturgical life, catechesis, and the Word of God are essential tools for nurturing the faith within the family. The Church has established Catholic schools from preschool to university to ensure that each new generation grows in Christian and civic consciousness, capable of positively impacting the culture they live in.

Reading Holy Scripture and Spiritual Literature

Daily reading of Scripture, particularly the New Testament, is crucial for Ukrainian Catholic families. It

should be organically connected to the practice of daily prayers. In prayer, we address God, and through Holy Scripture, God speaks to us. The Word of God guides parents in raising their children and encourages children to respect their parents.

Spiritual literature, such as the Lives of the Saints and the works of the Church Fathers, enhances spiritual growth in the grace of the Holy Spirit. By reading spiritual literature, one gains insights into repentance and conversion, the difficult path of asceticism, and the struggle with passions.

The Lives of the Saints: A Source of Inspiration

The Lives of the Saints are an accessible and beneficial source of inspiration for family reading. These saints faced various life situations, resolved them because of the sanctity of their lives, and cooperated with God's grace. The principal aim of the family community is to foster every family member's growth in sanctity, much like the saints.

Expanding the Spiritual Horizon

Apart from religious literature, the spiritual life of the domestic church can be nurtured through various modern mediums. This includes religious films, television programs, religious websites, radio programs, and Ukrainian Catholic magazines. These resources not only help families discover eternal spiritual treasures but also enable them to draw from authentic spiritual and cultural sources, counteracting simplistic and erroneous views of family, society, and the human person.

In conclusion, the Ukrainian Catholic family plays a central role in nurturing faith and values in children. While parents are the primary educators, society, the state, and the Church all contribute to this essential task. Reading Holy Scripture and spiritual literature enriches the family's spiritual life, and by embracing modern mediums, the family can continue to draw from the rich well of Christian wisdom and tradition, passing it on to the generations to come.

We Are People of the Eucharist: Towards a renewed love for Holy Communion

Reflections on the Eucharist by Bishop David Motiuk, Eparchy of Edmonton

October 2023

Thanksgiving, a Celebration of the Family

Thanksgiving Day, celebrated in Canada in the month of October, has its historical roots in religious and cultural traditions, giving thanks to God for the blessing of the harvest and graces received during the year.

While not a liturgical feast listed among the holy days of the Church, the spirit of thanksgiving underlies everything we do as Christians. Jesus said, "Give to others, and God will give to you... The measure you use for others is the one that God will use for you" (Luke 6: 38).

In other words, generosity is giving from the heart; and thanksgiving is gratitude for that generosity.

Thanksgiving is a celebration of the family. Whatever your family's Thanksgiving traditions are, thanksgiving is an opportunity for the family to gather together, to feast, and to enjoy each other's company. And it is an occasion to show gratitude to God and to each other.

When I was younger, I found a special card for Father's Day. Well, not exactly a Thanksgiving Card, but it expressed my sentiments of thanksgiving for my dad's love, guidance, and nurturing throughout my childhood. It went something like this: On the cover of the card, "Dad, when I think of all the food



you put on the table, the clothes on my back, and the roof over my head....", and the inside of the card, "Why did I ever leave home?!!" The card was my way of thanking my dad for giving me life and helping me to grow in his love and in the love of God into the person I've become.

As you gather this Thanksgiving, carry on your family traditions, or start some new ones. For example, in the time leading up to Thanksgiving, volunteer time as a family at a soup kitchen, visit a sick child or an elderly person or invite a stranger or forgotten relative over for dinner. At the Thanksgiving table, give everyone a chance to say one thing for which they are grateful. Include a prayer to God of thanksgiving.

Most importantly, attend Church as a family to show your gratefulness to God. After all, the word "thanksgiving" comes from the Greek word *eucharistia*, which literally means thanksgiving.

Eucharist. Thanksgiving. Imagine that.

In the Eucharist, God gives thanks for us by sharing the gift of God's son, Jesus Christ, and, in turn, we give thanks to God by receiving God's love in the Eucharist, which is Jesus' body and blood.

We are people of the Eucharist.



Get to Know Your Parish Pastoral Council



← **Parish Pastor**

Fr. Bo Nahachewsky



Parish Deacon →

Dcn. François Provencal



← **President/Chair**

Mark Helmak



Past President & Treasurer & Chair of Finance Committee →

Peter Fedorak



← **1st Vice-President & Chair of Catering Committee**

Mark Ramsankar



2nd Vice-President & Chair of Bylaw Committee & Diaconal Candidate →

John Lukey



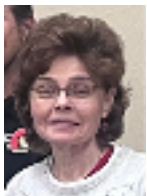
← **Council Secretary**

Gwen Uchach



Archivist →

Diana Horyn



← **Cultural**

Mariyka Bodnar



Fundraising →

Edd Horyn



← **Hall Rental**

Lisa Borosuik



Also Hall Rental →

Gladys Woitas



← **Ladies' Club**

Heather Gauthier



Knights of Columbus →

Darrell Uchach



← **Men's Club President**

Marc Chiasson



Youth Coordinator →

Emmette Lysak



← **Maintenance**

Larry Waye



Membership →

J'llyn Ramsankar



← **Spiritual**

Elizabeth Podloski



Social →

Vacant

We are currently looking for some help. Can you help?

If you have some time and skills we would love you to help us. We are looking for people able to help with:

- the **Finance Committee** (contact Peter Fedorak),
- the **Catering Committee** (contact Mark Ramsankar);
- the **Bylaw Committee** (contact John Lukey);
- **Social Committee Lead** (contact Mark Helmak)

- **Safer Environments Coordinator** (contact Fr. Bo)
- **Social Media Coordinator** (contact Fr. Bo)

If you don't know how to contact the people directly, send an email or phone me, Fr. Bo. I will forward them your info and they will get back to you.

My contact info is: fr.nahachewsky@eeparchy.com or 780-340-3726

Last Chance to Join! Have you experienced the loss of a Loved one?



Grief as a Journey is an 10 week grief recovery support group for those searching for support in their grief over the loss of a loved one. Using video presentations and group discussion, we will build community with others who have experienced loss, gain a better understanding of what we are experiencing, and give and receive support and encouragement while journeying through mourning.

DATES & TIMES: Tuesdays. Time will be determined according to the group preference.

LOCATION: Edmonton Eparchy Pastoral Centre,
9645 – 108 Ave

COST: \$20.00 to cover materials

REGISTER: 780-424-5496 or
Bernadette.mandrusiak@eeparchy.com

You are invited to attend the 8th annual

“Called to be Holy”

Men’s Conference & Retreat

Oct 27 & 28, 2023

“The Liturgy of Life; From Table to Mission”

Join other men of faith to learn, laugh, and pray as you grow in faith. We are excited to welcome Fr. Matthew Hysell as our keynote speaker!

- Oct 27, 6:30 pm - 8:15 pm, and
- Oct 28, 8:30 am - 4:30 pm

This will take place at Holy Spirit Seminary:

12909 - 113 Avenue NW, Edmonton.

COST: \$95.00 - commute, or \$155.00 - live in.

Price includes Saturday breakfast, lunch and snacks.
Optional Friday supper available for \$20.00.

CONTACT: Bernadette: 780-424-5496 or email:
education@edmontoneparchy.com

REGISTRATION: Deadline to register is Oct 21. No late registrations will be accepted.

Online: <https://tinyurl.com/Calledtobeholy2023>

or find the link on the Edmonton Eparchy website <https://eeparchy.com/>

Today: Unveiling Ceremony, WWI Internment Monument

Between 1914 and 1920, thousands of Ukrainians and other Europeans were unjustly declared “enemy aliens” and imprisoned during Canada’s first national internment operations. These victims of prejudice were confined to 24 internment camps, of which five were in Alberta – at Castle Mountain and Cave & Basin in Banff National Park, Jasper, Lethbridge, and Munson.

The Ukrainian Canadian Civil Liberties Foundation cordially invites you to the ceremony unveiling the Internment Monument, titled “Endurance” at the South Amphitheatre, Alberta Legislature Grounds 10800 – 97 Avenue Edmonton, Alberta 2:30 PM

HORIZON OF HOPE: A TOOLKIT FOR CATHOLIC PARISHES ON PALLIATIVE CARE

You are invited to join this 4-part program **OCT. 16, 23, 30 Nov. 6, 7:00 - 9:00 pm** focusing on Catholic teaching regarding end of life care. We will share and discuss the importance of palliative care and learn more about how we can respond to our Christian call to provide compassionate care for our loved ones at the end of life.

Parishes and church groups across Alberta will connect virtually and in person. There will be two “in person” centres: St. Stephen Protomartyr parish hall, 4903 – 45 St., SW, Calgary **AND** St. Josaphat’s Cathedral basement, 10825 97th Street N.W. Edmonton.

WHO SHOULD ATTEND? Those seeking to learn about palliative care in the Catholic Church, caregivers, persons diagnosed with a terminal illness, family members who need guidance, parishioners & pastoral care teams.

REGISTER AT: <https://tinyurl.com/Eparchyhorizonofhope2023> or find the link on the Edmonton Eparchy website. If you cannot attend in person, you are welcome to join virtually. You will receive the Zoom link when you register online.

CONTACT: socialjustice@eeparchy.com

Our News:

- **Thank you** to all who helped with last week's funeral. Your participation makes things possible. May God bless you all.
- **Thank you** also to those who will be helping with this week's 2 funerals. We recognize how much work there is, and indeed it is hard to do it two days in a row. Thank you very much. God bless.
- **Coffee Hour** after Sunday Liturgy. This Sunday, and every Sunday. Come join us.
- **Food Bank Collection:** Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
- Our Parish's **Sunday School** has resumed. All kids up to First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy.
- Boys and Girls who have already done their First Solemn Communion are invited to become an **Altar Server!** Just say hi to Fr. Bo before Liturgy and we will train you on the job. In the future we will also have sessions for you... but we are still figuring this out.
- A parish policy **reminder to all:** To receive member rates for funerals/memorials the deceased person must have been a fully paid up member of Holy Cross Parish for the past 22 consecutive months. Deceased children of fully paid up members are also entitled to member rates however child must be under the age of 18.
- Soon we will be updating our **Safer Environments** Volunteer files. Stay tuned.
- We are calling everyone to renew (or start) their **parish membership**. If you haven't updated your membership yet, contact J'lyn at: jjramsankar@gmail.com
- Our Eparchy has been raising **funds for people in Ukraine** through CNEWA. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy.
- Please send any **information that you want in the bulletin** by Thursday if possible.
- We are **recording our Liturgies** for those who are not able to come in person to church. Unfortunately the quality of these videos will not be great until our internet is upgraded, so we have decided to just record the audio. Hopefully soon our internet provider will get their services in order.
- Also please note that the **recorded Liturgies** are not intended to be an option for those who simply want to stay at home. Come in person if you are able.

Events (in order of date)

- Today at 2:30 there will be an unveiling of a new monument to commemorate and educate Albertans about the **Internment Operation Camps** which operated in Canada during 1914-1920. [See page 10 for more details.](#)
- **Next Choir Practice:** October 2nd & 9th at 6pm in the choir loft. Use the back door to enter. Come sing with us!
- Next **Ladies' Group Meeting:** Monday, October 2, at 7 pm. New members are welcome. Come join us.
- **Funeral for + John Boychuk** will take place on Monday, October 2, at 10 am.
- **Funeral for + Michael Iwanyshyn** will take place on Tuesday, October 3, at 10 am.
- Next **Men's Club Meeting:** will be on Tuesday, October 3 at 7pm. New members are always welcome. Starting in January our meetings will be on the third Monday of the Months of Jan, Feb, March & May.
- Next **Knights of Columbus Meeting:** Tuesday, October 10, at 7 pm. If you are interested in joining us speak to any Knight.
- **Bishop's Name Day Celebration** is being held in our parish on Sunday, October 15th. Although held here the UCWLC of Holy Eucharist Parish is officially hosting this event (and we will be helping however we can). The Divine Liturgy on this Sunday will be held at 10:30 a.m. (bilingual). Following liturgy, all are invited to a luncheon. Doors will open at noon, meal at 12:30 p.m. Donations will be accepted for food packages for the people of Ukraine affected by the war. Charitable tax receipts will be issued for all donations over \$20. Please RSVP using the sign-up sheet in the room between the church and hall, or email [Patty Zakordonski: \[pzakordonski@gmail.com\]\(mailto:pzakordonski@gmail.com\)](mailto:pzakordonski@gmail.com)
- **October 16, 23, 30 & Nov 6** is the Horizon of Hope training for those interested in pastoral care. [See page 10 for details.](#)
- **Likely Baptisms** October 21
- **KofC Padre Night** will take place on October 26. [See page 11 for the poster.](#)
- **Men's Conference and Retreat** will take place October 27 & 28. [See page 9 for details.](#)
- **Holy Cross' Casino Fundraiser** dates are February 14 & 15, 2024 (Wednesday & Thursday) at Century Casino (Fort Road). We need volunteers for both dates. Shifts run from 9:00am to 3:30am. We need to fill positions for Chip Runners, Bankers, Cashiers, and also Count room staff. If you can help on those dates see Terry Yackimec to fill out the Casino Volunteer Worker Application form.

Kid's Bulletin Page

Kids: you are important and we love you. This page is for you.



Can you spot 7 differences in these pictures of Jesus telling Peter to cast his net?



Next Couple of Weeks at Holy Cross Parish

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Eighteenth Sunday after Pentecost. Octoechos Tone 1; The Protection of the Most Holy Mother of God; Holy Apostle Ananias, One of the Seventy Disciples; Our Venerable Father Roman Who Sang Sweetly (560) 2 Corinthians 9:6-11; Hebrews 9:1-7; Luke 5:1-11; Luke 10:38-42; 11:27-28.</p> <p>9:30 am Rosary (KC)</p> <p>10 am Divine Liturgy (English)</p> <p>Sunday School</p> <p>11 am Coffee Hour * group "E"</p> <p>Fr. Bo to meet with Striletski (sp?) family</p> <p>2 pm Liturgy at St. Michael's Extended Care Centre</p> <p>2:30 Unveiling of Monument at Alberta Legislature</p>	<p>2</p> <p>The Holy Priest-Martyr Cyprian; the Holy Martyr Justina; and the Holy Andrew, Fool for the Sake of Christ Philippians 1:1-7; Luke 4:37-44.</p> <p>10 am Funeral of + John Boychuk</p> <p>10 am Bible Study</p> <p>CANCELLED 10 am Diaconal Formation</p> <p>5 pm Appointment</p> <p>6 pm Choir Practice</p> <p>7 pm Ladies' Club Meeting</p>	<p>3</p> <p>The Holy Priest-Martyr Dionysius the Areopagite Philippians 1:8-14; Luke 5:12-16.</p> <p>10 am Funeral of + Michael Iwanysyn</p> <p>CANCELLED due to lockdown 10:30 am Divine Liturgy at Venta Care Centre</p> <p>2:30 pm Meet and Greet at Anne Fitzgerald School</p> <p>Eparchial Grief as Journey Program</p> <p>7 pm Men's Club Meeting</p>	<p>4</p> <p>The Holy Priest-Martyr Hierotheus, Bishop of Athens; Ammon the Anchorite (350); Vladimir, Prince of Novgorod and his mother, Anne (1051); our Venerable Father Francis of Assisi (1181-1226) Philippians 1:12-20; Luke 5:33-39.</p> <p>9 am Divine Liturgy</p> <p>10 am Parish Clergy Meeting</p> <p>1:15 pm Reading to K's at B.C.R. School</p>	<p>5</p> <p>The Holy Martyr Charitina Philippians 1:20-27; Luke 6:12-19.</p> <p>St. Matt's School Visitation</p> <p>Please try to have all information for the bulletin in by this day</p> <p>5:30 pm Fr. Bo has an appointment</p> <p><i>Thursdays afternoon till Friday morning is Fr. Bo's day off</i></p>	<p>6 </p> <p>The Holy and Glorious Apostle Thomas Polyeleos Feast. Abstinence from meat and foods that contain meat. 1 Corinthians 4:9-16; John 20:19-31.</p> <p>10:30 am reading to students at St. Matt's School</p> <p>2 pm Burial of + Anne Prokop at Westlawn cemetery</p> <p>Bulletin Writing</p>	<p>7</p> <p>The Holy Martyrs Sergius and Bacchus (293-305) 1 Corinthians 15:58-16:3; Luke 5:17-26.</p> <p>10:30 am Appointment</p> <p>Bulletin Writing</p> <p>Saturday Night Bulletin Photo-copying/ Liturgy set up</p>
<p>8</p> <p>Nineteenth Sunday after Pentecost. Octoechos Tone 2; Our Venerable Mother Pelagia 2 Corinthians 11:31-12:9; Luke 6:31-36.</p> <p>9:30 am Rosary (PPC)</p> <p>10 am Divine Liturgy (Bilingual)</p> <p>Sunday School</p> <p>11 am Coffee Hour * group "F"</p> <p>2 pm Liturgy at St. Michael's Extended Care Centre</p>	<p>9</p> <p>Thanksgiving Day</p> <p>The Holy Apostle James, Son of Alpheus Polyeleos Feast. 1 Corinthians 4:9-16; Luke 10:16-21.</p> <p>10 am Bible Study</p> <p>10 am Diaconal Formation</p> <p>Knights of Columbus meeting moved to Tuesday due to Thanksgiving</p>	<p>10</p> <p>The Holy Martyrs Eulampius and Eulampia (305-13) Philippians 2:16-23; Luke 6:37-45.</p> <p>Eparchial Grief as Journey Program</p> <p>7:30 pm Knights of Columbus Meeting</p>	<p>11</p> <p>The Holy Apostle Philip, One of the Seven Deacons; Our Venerable Father Theophanes the Branded, Composer of Canons (845) Philippians 2:24-30; Luke 6:46-7:1.</p> <p>9 am Divine Liturgy</p> <p>10 am Parish Clergy Meeting</p>	<p>12</p> <p>The Holy Martyrs Probus, Tarachus and Andronicus (284-305); Our Venerable Father Cosmas of Jerusalem, Bishop of Maium and Composer of Canons (760); Our Holy Father Martin the Compassionate, Bishop of Tours (397) Philippians 3:1-8; Luke 7:17-30.</p> <p>St. Matt's School Visitation</p> <p>Please try to have all information for the bulletin in by this day</p> <p>5:30 pm Fr. Bo has an appointment</p> <p><i>Thursdays afternoon till Friday morning is Fr. Bo's day off</i></p>	<p>13 </p> <p>The Holy Martyrs Carpus, Pappylas and Agathonicus (249-51) Abstinence from meat and foods that contain meat. Philippians 3:8-19; Luke 7:31-35.</p> <p>Bulletin Writing</p> <p>7:30 Appointment</p>	<p>14</p> <p>Our Venerable Mother Parascvea of Ternovo (11th c.); The Holy Martyrs Nazarius, Gervasius, Protasius and Celsus (64-68); Passing into eternal life of Blessed Roman Lysko, Pastor of Youth and Martyr of L'viv 2 Corinthians 1:8-11; Luke 5:27-32.</p> <p>Fr. Bo busy all day with his wife's Convocation (Master's Degree)</p> <p>Saturday Night Bulletin Photo-copying/ Liturgy set up</p>

PPC = Parish Pastoral Council LC = Ladies' Club MC = Men's Club KC = Knights of Columbus

Changeable Parts for October I

18th Sunday after Pentecost. Octoechos Tone I; The Protection of the Most Holy Mother of God; Holy Apostle Ananias, One of the Seventy Disciples; Our Venerable Father Roman Who Sang Sweetly (560).

After “Blessed is the Kingdom” Sunday School children are blessed to go to the Sunday School room with their teachers.

Troparion, Tone I: Though the stone was sealed by the Judeans,* and soldiers guarded Your most pure body,* You arose, O Saviour, on the third day,* and gave life to the world.* And so the heavenly powers cried out to You, O Giver of Life:* Glory to Your resurrection, O Christ!* Glory to Your kingdom!* Glory to Your saving plan,* O only Lover of mankind.

Troparion, Tone 4: Today we believers radiantly celebrate,* flooded in light by your coming to us, O Mother of God;* beholding your pure image,* we say with contrition:* shelter us with your precious protection* and deliver us from every evil,* entreating Your Son, Christ our God, to save our souls.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone I: You arose in glory from the tomb* and with Yourself You raise the world.* All humanity acclaims You as God.* and death has vanished.* Adam exults, O Master,* and Eve, redeemed from bondage now, cries out for joy.* “You are the One, O Christ, Who offer resurrection to all.”

Now and for ever and ever. Amen.

Kontakion, Tone 3: Today the Virgin stands before us in the church* and together with the choirs of saints invisibly prays to God for us.* Angels are worshipping with hierarchs,* Apostles exult with prophets,* for the Mother of God prays in our behalf to the eternal God.

Prokeimenon, Tone I:

Let Your mercy, O Lord, be upon us, as we have hoped in You.

verse: Rejoice in the Lord, O you just; praise befits the righteous. (*Psalms 32:22,1*)

Epistle: 2 Corinthians 9:6-11:

Brothers and Sisters, the point is this: the one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work. As it is written, “He

scatters abroad, he gives to the poor; his righteousness endures forever.” He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness. You will be enriched in every way for your great generosity, which will produce thanksgiving to God through us.

Alleluia verses, Tone I:

God gives me vindication, and has subdued people under me.

Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever.

Gospel: Luke 5:1-11 (NRSV):

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, “Put out into the deep water and let down your nets for a catch.” Simon answered, “Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets.” When they had done this, they caught so many fish that their nets were beginning to break. So they signalled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus’ knees, saying, “Go away from me, Lord, for I am a sinful man!” For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, “Do not be afraid; from now on you will be catching people.” When they had brought their boats to shore, they left everything and followed him.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.*

I will take the cup of salvation;* and I will call upon the name of the Lord.*

Alleluia, alleluia,* alleluia.