



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста

Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

Cell: 780-340-3726

(call or text)

fr.nahachewsky@eeparchy.com

Deacon: Dcn. François Provencal

fprovence23@outlook.com

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcup

Church Email: office@ehcup.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

Eparchy: 780-424-5496

Church Address:

9003 - 153 Avenue NW

Edmonton, AB

Church Mailing Address:

Londonderry P.O. Box 70029

Edmonton, AB T5C 3R6

More info on the next page.

Sunday, Sept. 24, 2023

Seventeenth Sunday after Pentecost. Octoechos Tone 8; Holy First-Martyr and Equal-to-the-Apostles Thekla.

Join Us at Coffee Hour

Every Sunday we invite you to come and have a cup of coffee, tea, juice or water, let the kids play with each other and to get to know each other better. Everyone is absolutely welcome. In fact we want you to come, especially if we don't know who you are.



See you there today.



Today's Saint of the Day:

Protomartyr and Equal of the Apostles Thekla

Commemorated on [September 24](#)

This article is from oca.org, icons from orthodoxstypos.gr

The Holy Protomartyr and Equal of the Apostles Thekla was

born in the city of Iconium. She was the daughter of rich and illustrious parents, and she was distinguished by extraordinary beauty. At eighteen years of age they betrothed her to an eminent youth. But after she heard the preaching of the holy Apostle Paul about the Savior, Saint Thekla with all her heart came to love the Lord Jesus Christ, and she steadfastly resolved not to enter into marriage, but rather to devote all her life to preaching the Gospel.

continued on the following pages



Let's keep each other as safe as possible.

Danger, abuse, fraud and theft are all sadly a common part of our world. A while ago, as people were rolling cabbage rolls, there was a conversation in our parish about how people are trying to scam several of our parishioners. I'm sure we all have had those frustrating fraudulent calls and/or emails.

Our parish is not immune to possible dangers. So, let's talk about it and help keep each other as safe as we can.

Read more about this on page 6

Protomartyr and Equal of the Apostles Thekla continued....

Hall Rentals:

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Membership:

email: membership@ehcucp

Perohy Off Sales: 780-478-4275

Funeral Dinners:

Call Cheryl: 780-456-2828

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
Deacon - Dcn. François Provencal
President – Mark Helmak
Past President – Peter Fedorak
1st Vice-President – Mark Ramsankar
2nd Vice-President – John Lukey
Secretary – Gwen Uchach
Treasurer – Peter Fedorak
Archivist – Diana Horyn
Cultural – Mariyka Bodnar
Fundraising – Edd Horyn
Hall Rental – Lisa Borosuik &
Gladys Voitak
Ladies' Club – Heather Gauthier
Knights of Columbus – Darrell Uchach
Men's Club President – Marc Chiasson
Youth Coordinator – Emmette Lysak
Maintenance – Larry Waye
Membership – J'lyn Ramsankar
Social – Vacant
Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

Weddings:

- Contact Fr. Bo, at least a year in advance if possible

Funerals:

- Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30
- or anytime, just call Fr. Bo to arrange it.

Saint Thekla's mother was opposed to her daughter's plans and insisted that she marry her betrothed. Saint Thekla's fiancé also complained to the prefect of the city about the Apostle Paul, accusing him of turning his bride against him. The prefect locked up Saint Paul in prison.

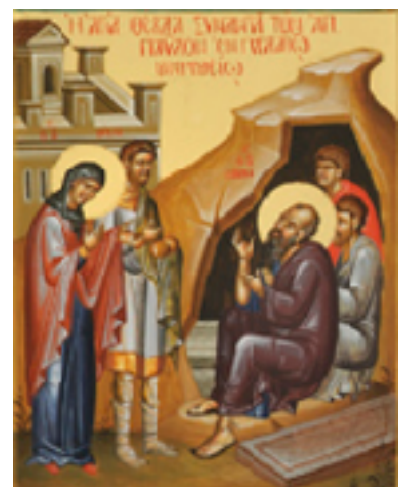
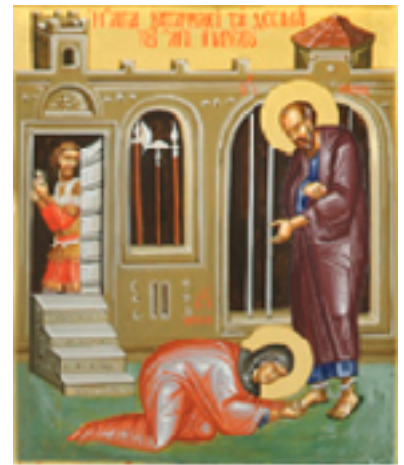
During the night Saint Thekla secretly ran away from her house, and she bribed the prison guards, giving them all her gold ornaments, and so made her way into the prison to the prisoner. For three days she sat at the feet of the Apostle Paul, listening to his fatherly precepts. Thekla's disappearance was discovered, and servants were sent out everywhere looking for her. Finally, they found her in the prison and brought her home by force.

At his trial Saint Paul was sentenced to banishment from the city. Again they urged Saint Thekla to consent to the marriage, but she would not change her mind. Neither the tears of her mother, nor her wrath, nor the threats of the prefect could separate Saint Thekla from her love for the Heavenly Bridegroom, the Lord Jesus Christ.

Her mother in a insane rage demanded from the judges a death sentence against her unyielding daughter, and Saint Thekla was sentenced to be burned. Without flinching, the holy martyr went into the fire and made the Sign of the Cross over herself. At this moment the Savior appeared to her, blessing her present deed, and inexpressible joy filled her holy soul.

The flames of the fire shot up high, but the martyr was surrounded by a light and the flames did not touch her. Thunder boomed, and a strong downpour of rain and hail extinguished the fire. The torturers scattered in fear. Saint Thekla, kept safe by the Lord, left the city and with the help of a certain Christian youth, searched for the Apostle Paul. The holy apostle and his companions, among whom was Saint Barnabas, were hidden in a cave not far from the city, praying fervently, that the Lord would strengthen Saint Thekla in her sufferings.

After this, Saint Thekla went with them preaching the Gospel in Antioch. In this city she was pursued by a certain dignitary named Alexander, who was captivated by her beauty. Saint Thekla refused his offer of marriage, and so she was condemned to death for being a Christian. Twice they set loose hungry wild animals upon her,...



Protomartyr and Equal of the Apostles Thekla continued....

... but they would not touch the holy virgin. Instead, they lay down meekly and licked her feet.

The Providence of God preserved the holy martyr unharmed through all her torments. Finally, they tied her to two oxen and began to chase her with red-hot rods, but the strong cords broke asunder like cobwebs, and the oxen ran off, leaving Saint Thekla unharmed. The people began shouting, "Great is the God of the Christians!" The prefect himself became terrified, realizing that the holy martyr was being kept safe by the Almighty God, Whom she served. He then gave orders to set free the servant of God Thekla.

With the blessing of the Apostle Paul, Saint Thekla then settled in a desolate region of Isaurian Seleucia and dwelt there for many years, constantly preaching the Word of God and healing the sick through her prayer. Saint Thekla converted many pagans to Christ, and the Church appropriately names her as "Equal-to-the-Apostles." Even a pagan priest, trying to assault her purity and punished for his impudence, was brought by her to holy Baptism. More than once the Enemy of the race of man tried to destroy Saint Thekla through people blinded by sin, but the power of God always preserved this faithful servant of Christ.

When Saint Thekla was already a ninety-year-old woman, pagan sorcerers became incensed at her for treating the sick for free. They were unable to comprehend that the saint was healing the sick by the power of the grace of Christ, and they presumed that the virgin-goddess Artemis was her special helper. Envious of Saint Thekla, they sent their followers to defile her. When they came near her, Saint Thekla cried out for help to Christ the Savior, and a rock split open and hid the holy virgin, the bride of Christ. Thus did Saint Thekla offer up her holy soul to the Lord.

The holy Church glorifies the Protomartyr Thekla as "the glory of women and guide for the suffering, opening up the way through every torment." From of old many churches were dedicated to her, one of which was built at Constantinople by the holy Equal of the Apostles Constantine (May 21). The Protomartyr Thekla, a prayerful intercessor for ascetics, is also invoked during the tonsure of women into monasticism.



The Eparchy of Edmonton is pleased to announce our

Lay Leadership and Diaconate Formation Program

presented in both English and Ukrainian starting mid-September 2023. The Program is intended to provide opportunities for individuals to be formed for ministry in their parish and learn about their faith.

The **English** program is taught in conjunction with Newman Theological College in Edmonton and the **Ukrainian** program will be taught in conjunction with the Ukrainian Catholic University in Lviv.

To register and for more information for the **English** program, visit Newman.edu/CCS_eeparthy.com/?s=Lay+Leadership or contact Andrea Leader andrea.leader@eeparthy.com or Bernadette Mandrusiak bernadette.mandrusiak@eeparthy.com or call the Pastoral Centre (780) 424-5496.

To register and for more information for the **Ukrainian** program, visit <http://surl.li/kdppf> or contact Fr. Yuriy Sakvuk at sakvuk@gmail.com or call 778 789-9639.

One, Holy, Catholic, and Apostolic

The Niceno-Constantinopolitan Symbol of Faith, often referred to as the Nicene Creed, stands as a timeless testament to the essential beliefs of the Ukrainian Catholic Church. Within its concise structure, this creed encapsulates the four distinctive signs that characterize the Church of Christ: oneness, holiness, catholicity, and apostolicity. These four pillars of the Church form the foundation of Christian doctrine and practice, revealing the identity and purpose of the Church in the world. In this article, we will explore each of these pillars in-depth and understand their significance in the life of the Church.

The Church is One

The oneness of the Church mirrors the oneness of God Himself. As stated in Ephesians 4:6, “There is one God and Father of all.” Jesus, the cornerstone of the Church, declared, “I will build my church” (Matthew 16:18). This unity finds its source in the Most Holy Trinity—Father, Son, and Holy Spirit—and in the sacrament of baptism, as expressed in Ephesians 4:5: “one faith, one baptism.”

The Church’s unity is not merely a superficial bond but a profound spiritual reality. Every believer, regardless of nationality, ethnicity, or background, becomes a member of the one Body of Christ. Romans 12:5 reminds us, “So we, who are many, are one body in Christ, and individually we are members one of another.” This unity foreshadows the unified People of God that will be fully realized in the Kingdom of God.

Within this oneness, self-governing Churches play a crucial role. These local Churches demonstrate the unity of the Church through hierarchical structures centered around the bishop. Ministries, whether presbyteral, diaconal, monastic, or lay, work harmoniously to promote the growth of the body in love (Ephesians 4:16). The bishop, guided by the Holy Spirit, discerns the gifts of the faithful, calling them to serve within the Church.

Furthermore, the unity of faith among self-governing Churches is reaffirmed through the common profession of doctrinal teachings found in the

Ecumenical Councils. The Church’s one faith is the wellspring from which the faithful draw their participation in the Holy Mysteries, particularly in the Eucharist, where believers become one body in communion.

The Church is Holy

God’s holiness serves as the source of holiness for the Church. In Hosea 11:9, God declares, “For I am God and no mortal, the Holy One in your midst.” Leviticus 11:44 reinforces this call to holiness: “For I am the Lord your God; sanctify yourselves therefore, and be holy, for I am holy.”

Christ’s profound love for the Church is exemplified in Ephesians 5:25-27, where it is expressed that He gave Himself up to make the Church holy. The Church affirms its holiness through liturgy, inviting the faithful with the words, “The holy Things for the holy.” It is within the Church that believers are called to grow in holiness through the grace of the Holy Spirit.

The Holy Spirit leads believers on the path of holiness, offering the grace of repentance and divinization through the Holy Mysteries. The Church’s sanctity is evident in its capacity to embrace sinners while continually purifying itself. As members of the Church grow in holiness, they become part of the transformative work of the Lord, directing all of creation toward the “new earth” (Revelation 21:1).



The Church is Catholic

The term “Catholic” derives from the Greek word “katholike,” meaning according to the whole or fullness. The Church embodies catholicity when it gathers the community of believers around the Eucharistic table. As the faithful partake of the Eucharist, they become one Body of Christ, a unity that transcends individuality and unites them with each other and with Christ.

The bishop, often referred to as the “vicar of Christ,” presides over the Eucharistic gathering. He holds a dual role as both the leader of the liturgical assembly and an icon of God for the community. This primacy of the bishop is rooted in love and reflects Christ’s own love for His Church.

Moreover, the bishop’s role extends beyond the local community. Through the common faith shared in the Eucharist, every local Church enters into communion with others, forming a self-governing Church. The Church of Rome holds a special place in this structure, as the Pope of Rome, the successor of the apostle Peter, presides over it. His ministry serves to preserve the purity and immutability of divine teaching, ensuring the unity of the Church.

The highest expression of the Church’s catholicity is seen in the Ecumenical Councils, where chief shepherds of the Church bear witness to the faith and life of the entrusted Churches. Christ’s commission to Peter to strengthen his brothers (Luke 22:32) finds fulfillment in the ministry of the Bishop of Rome, who convenes these councils, approves their decisions, and upholds the infallible faith-teaching of the Church.

The Church is Apostolic

The apostolicity of the Church traces its roots back to the twelve apostles chosen by Christ. These apostles formed the foundation of the Church, sent into the world to proclaim the Gospel. Mark 3:13-14 tells us, “He appointed twelve, whom he also named apostles, to be with him, and to be sent out to proclaim the message.”

This apostolic ministry endures through the Church hierarchy and the mission of all believers. The Church, scattered throughout the world, faithfully preserves the apostolic faith, proclaiming it with unity and harmony. This unity is expressed in the Symbol of Faith, where the Church is professed to be apostolic.



The successors of the apostles are the bishops, who pass on the apostolic inheritance of saving grace and true faith through the laying on of hands. As guardians of the faith, bishops are called to teach, sanctify, and shepherd the people of God. The priest, an assistant to the bishop, carries out his apostolic role by leading the Eucharistic community, expressing communion with the bishop, and ministering for the salvation of God’s people.

Deacons, in service to the bishop and his group of priests, attend to the daily needs of the Church communities. Monastics, through a life of prayer and contemplation, contribute to the sanctification of the world. Their spiritual life empowers them to engage in various works of apostolate.

The laity, by virtue of their vocation, engage in temporal affairs, seeking to bring the Church into every aspect of social life. Their role is to work for the sanctification of the world as a leaven, cooperating closely with the Church hierarchy.

In conclusion, the four pillars of the Church—One, Holy, Catholic, and Apostolic—constitute the foundation of Christian faith and practice. These pillars reveal the Church’s identity as a unified, holy, universal, and apostolic community. As we reflect on these pillars, we are reminded of

the Church’s divine origin, its sacred mission, and its call to bring the message of Christ to the world. In living out these core attributes, the Church continues to be a beacon of hope, guiding humanity toward the fullness of the Kingdom of God.

About Our Safer Environments Policy

This is an Eparchial Policy that we as a parish are happy to comply with. We want to keep **EVERYONE** and **EVERYTHING** as safe as possible. In the upcoming weeks and months we will be approaching all parish volunteers to update their paperwork, including (if necessary) their training and possibly even Police Reference Checks. Below is a description and overview of our “Safer Environments” Policy.



The policy for “*Safe Environments and the Protection of Children, Youth and Vulnerable*”

Adults” acknowledges the need to provide safe pastoral environments and protect those most vulnerable in our parish communities.

It establishes best practices not only to protect those to whom we minister, especially children, youth and vulnerable adults, but also to ensure the integrity, safety and reputation of those who minister, namely, clergy, religious, staff and church volunteers, and the ministries they provide.

Together, we can better promote wholeness, accountability, trust and care within the Church by fulfilling our spiritual, ethical, moral, and legal responsibilities.

Overview

Intent of Safe Environments Policy

- To provide clear directives in order to establish and maintain a safe pastoral environment which is free from abuse.
- To provide clear directives to respond to any and all allegations of abuse within the Eparchy of Edmonton.

Responsible Ministry

All parish and eparchial individuals providing ministry, including all clergy, religious, seminarians, laity, employees and volunteers, will:

- undergo Volunteer and Employee Screening according to eparchial procedures to determine their suitability for ministry and/or employment
- sign a Covenant of Care, thereby committing to follow all safe environment procedures, including adherence to the Code of Pastoral Conduct.

Safe Environments Training

Safe Environments Training teaches us how to identify abuse, not only in our Church, but also in our families and communities. Safe Environment Training sets standards of appropriate behaviour so that non-appropriate behaviour is easily noticeable and can be addressed immediately. It teaches us when and how to report abuse to church and civil authorities.

Safe Environment Training is mandatory for:

- all priests, deacons, sub-deacons, lectors, women and men religious, and monastics
- all parish and eparchial employees and key holders
- all volunteers in a high-risk ministry involving youth and children, as well as pastoral care ministries to hospitals, care centres, nursing homes, private homes, etc.
- all volunteers in a leadership role or those responsible for any parish or eparchial organization or committee, including all parish and eparchial Pastoral/Finance Council members, Volunteer Screening Coordinators and all presidents of parish and eparchial organizations.

Reporting Abuse

The Church takes seriously its responsibility to provide a safe pastoral environment within its parishes and ministries. When an allegation arises, the Eparchy of Edmonton is committed to responding with compassion and in a timely manner, providing assistance to those in need of healing and reconciliation, and will take any and all means to prevent a future occurrence of abuse.

For more information, or to report an abuse, please see our Parish and/or Eparchial website, and follow the instructions there.



I will be starting to ask for updated Safer Environments information from volunteers in our parish starting with our Parish Pastoral Council at our PPC meeting this Monday at 7 pm.

In a few weeks all parish groups will be asked to help us with their volunteers too.

I thank all of you volunteers for your awesome help and also for your anticipated cooperation in this policy. The process is not difficult, and does help us all to be safe.

Thank You, Thank You, Thank You

To all volunteers who have made last week's celebration of our parish feast (our Praznyk), such a lovely feast. I can not thank you enough. Everything went very well.

The food was awesome, the crowd was big, the Liturgy was Divine.

Special thanks to our cooks and kitchen staff, our set up people and our clean up people, those who sold the tickets, those who coordinated the program, those who served, those who greeted, those who sang, those who welcomed, brought flowers, baked bread, decorated, did laundry after and everyone... there were lots of hands in this lovely parish event.

Thank you also to all who attended.



September's Collection is nearly over!

During the month of September, the Eparchy of Edmonton conducts its annual Vocations and Seminary Collection.

The suggested donation amount is at least \$30.00 per family.

"It takes a whole village to raise a child." It likewise takes the support of the whole Church to form a deacon, priest, religious, monastic and lay member for ministry in the Church. It also takes our support to offer on-going education and formation for those already in sacred orders or involved in lay ministry.

The faithful can acknowledge the role they play in nurturing vocations by offering their financial support to help defray such expenses as formation programs, retreats, conferences, seminars, tuition, books, and room and board.

Studying for the priesthood and the diaconate this year, on behalf of the Eparchy Edmonton are:

- **Volodymyr Babiak** (Bachelor of Theology, Master of Theology, Neman Theological College, Edmonton);

- **Jacob Kociuba** (Bachelor of Arts in Catholic Studies, Newman Theological College, Edmonton);
- **John Lukey** (Diaconate Formation, Exaltation of the Holy Cross Parish, Edmonton);
- **Brian O'Neill** (Diaconate Formation, Saint Stephen Parish, Calgary);
- **Orion Wiebe** (Pastoral Internship, Saint Stephen Parish, Calgary);
- **John Vizza** (Pastoral Internship, Saint Sophia Parish, Sherwood Park); and
- **Adam Yurkow** (Master of Divinity, Newman Theological College, Edmonton).

Thank you for your generosity! May God bless you and your families!



Attention All Men!

You are invited to attend the 8th annual

"Called to be Holy" Men's Conference & Retreat

Oct 27 & 28, 2023

"The Liturgy of Life; From Table to Mission"

Join other men of faith to learn, laugh, and pray as you grow in faith. We are excited to welcome Fr. Matthew Hysell as our keynote speaker in the prayerful surroundings of Holy Spirit seminary!

In the Divine Liturgy we are nourished first by the Word of God and then ultimately in the Eucharist. From there we are sent out to the world. We will look closely at how our partaking in the Eucharist – being at the Table of Our Lord, prepares us to approach life with an attitude of thankfulness, evangelization, discipleship, and mission, whatever our place in the world may be.

DATES & TIMES:

- Oct 27, 6:30 pm - 8:15 pm, and
- Oct 28, 8:30 am - 4:30 pm.

LOCATION:

- Holy Spirit Seminary, 12909 - 113 Avenue NW., Edmonton.

COST:

- Before Oct 1 - \$85.00 - commute, or \$145.00 - live in.
- After Oct 1 - \$95.00 - commute, or \$155.00 - live in.

Price includes Saturday breakfast, lunch and snacks.

Optional Friday supper available for \$20.00.

CONTACT: Bernadette: 780-424-5496 or email: education@edmontoneparchy.com

REGISTRATION: Deadline to register is Oct 21. No late registrations will be accepted. Online: <https://tinyurl.com/Calledtobeholy2023>

or find the link on the Edmonton Eparchy website <https://eeparchy.com/>

Unveiling Ceremony, WWI Internment Monument

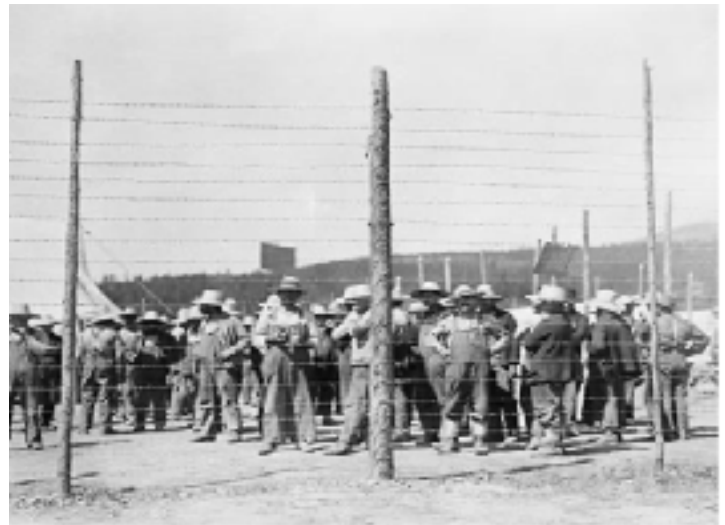
Between 1914 and 1920, thousands of Ukrainians and other Europeans were unjustly declared “enemy aliens” and imprisoned during Canada’s first national internment operations.

These victims of prejudice were confined to 24 internment camps, of which five were in Alberta – at Castle Mountain and Cave & Basin in Banff National Park, Jasper, Lethbridge, and Munson.

The Ukrainian Canadian Civil Liberties Foundation cordially invites you to the ceremony unveiling the Internment Monument, titled “Endurance.”

Sunday, 1 October 2023
South Amphitheatre, Alberta Legislature Grounds 10800
– 97 Avenue Edmonton, Alberta 2:30 PM

All are invited.



Internees at Castle Mountain, Alberta (Source: Glenbow Museum Archives)

HORIZON OF HOPE: A TOOLKIT FOR CATHOLIC PARISHES ON PALLIATIVE CARE

How does our faith in Christ help us to understand the human experience of dying and death?

You are invited to join this 4-part program **OCT. 16, 23, 30 Nov. 6, 7:00 - 9:00 pm** focusing on Catholic teaching regarding end of life care. We will share and discuss the importance of palliative care and learn more about how we can respond to our Christian call to provide compassionate care for our loved ones at the end of life.

Parishes and church groups across Alberta will connect virtually and in person. There will be two “in person” centres: St. Stephen Protomartyr parish hall, 4903 – 45 St., SW, Calgary **AND** St. Josaphat’s Cathedral basement, 10825 97th Street N.W. Edmonton.

WHO SHOULD ATTEND? Those seeking to learn about palliative care in the Catholic Church, caregivers, persons diagnosed with a terminal illness, family members who need guidance, parishioners & pastoral care teams.

REGISTER AT: <https://tinyurl.com/Eparchyhorizonofhope2023> or find the link on the Edmonton Eparchy website. If you cannot attend in person, you are welcome to join virtually. You will receive the Zoom link when you register online.

CONTACT: socialjustice@eeparchy.com



It would be great if all of our parish’s Pastoral Care people and/or teams were to take this program. These include all who visit shut-ins, nursing homes and hospitals, those who help with funerals, and even those who phone and talk to people who are stressed, lonely or sick. Please let me know if you would like to participate, and encourage others to join with you.



Padre Night

2023



St. Basil's Cultural Centre

10819 - 71 Avenue, Edmonton, Alberta

2023 Padre Night

Thursday, October 26, 2023

Cocktails 5:30 pm, Dinner 6:30 pm

Followed by recognition of our Priests and Religious, guest speakers, entertainment and a social evening.

Tickets are \$65 each

For tickets, please contact:

Gerald Draganiuk, 780.915.1052 kc10519trs@gmail.com

or

Jerry Dubyk, 780.922.2943 jerdubyk@shaw.ca

Deadline for tickets: October 20, 2023

e-transfer kc10519trs@gmail.com

Hosted by

Knights of Columbus

Father Hannas Council No. 10519
Edmonton, Alberta



Please join us if you have experienced the loss of a Loved one



Grief as a Journey is an 10 week grief recovery support group for those searching for support in their grief over the loss of a loved one. Using video presentations and group discussion, we will build community with others who have experienced loss, gain a better understanding of what we are experiencing, and give and receive support and encouragement while journeying through mourning.

DATES & TIMES: Tuesdays Sept 26 – Nov. 28. Time will be determined according to the group preference.

LOCATION: Edmonton Eparchy Pastoral Centre, 9645 – 108 Ave

COST: \$20.00 to cover materials

REGISTER: 780-424-5496 or Bernadette.mandrusiak@eeparchy.com

Some Parish Tech News

- We are **recording our Liturgies** for those who are not able to come in person to church. Unfortunately the quality of these videos will not be great until our internet is upgraded, so we have decided to just record the audio. Hopefully soon our internet provider will get their services in order.
- Also please note that the **recorded Liturgies** are not intended to be an option for those who simply want to stay at home. Come in person if you are able.
- The Eparchy of Edmonton launched a **new liturgical app called iPraises**, available in Android and Apple platforms. The app is free and hosts the liturgical propers in English for the Divine Liturgy each day during the year, including the troparion, kondak, Epistle, Gospel, and everything else you need to follow along during the Divine Liturgy. The app can also be used at home, school, or work to take a few moments in prayer with the Lord each day. Bishop David introduces the app in an iPraises short video. Watch for the website version soon to be launched.
- Our **website** needs you! So does **Social Media**! Talk to Fr. Bo if you want to help with these forms of communication.



Congratulations to **Layne Kozakevich and Kevin Danylak** who were married in our parish yesterday (September 23). May God bless your life together with all that is good: prosperity, holiness, and happy children. Mnohaya Lita!

Our News:

- **Coffee Hour** after Sunday Liturgy. This Sunday, and every Sunday. Come join us.
- **Food Bank Collection:** Let us not forget those who are hungry! We are always called to think about those who are less fortunate. A box for nonperishable food donations is always in the entrance of the Church.
- Our Parish's **Sunday School** has resumed. All kids up to First Solemn Communion are welcome. You will get the blessing to go from Fr. Bo at the start of the Liturgy.
- Boys and Girls who have already done their First Solemn Communion are invited to become an **Altar Server!** Just say hi to Fr. Bo before Liturgy and we will train you on the job. In the future we will also have sessions for you... but we are still figuring this out.
- Soon we will be updating our **Safer Environments** Volunteer files. Read page 7 for details.
- We are calling everyone to renew (or start) their **parish membership**. Forms can be found in the entrance of the church. If you haven't updated your membership yet, contact J'lyn at: jjramsankar@gmail.com
- Our Eparchy has been raising **funds for people in Ukraine** through CNEWA. On the ground receiving these funds is the local Ukrainian Catholic Church who know first hand the needs of their people. If you wish to help you can donate through our parish, which will pass the donation to the Eparchy. Funds raised will not be used for weapons nor armour, but only for the physical, spiritual and emotional needs of the people affected by this war.
- **If you still haven't filled in a "Get to know you" form for Fr. Bo please do. It's never too late.** You can do it online (see the parish website), or you can use pen and paper.
- Please send any **information that you want in the bulletin** by Thursday if possible.

Events (in order of date)

- Today! For those who are interested there will be an **Accordion Concert** here in our parish on Sunday, September 24th. The proceeds of this concert, preformed by the members of the Edmonton Accordion Society, will be given to support Ukrainian newcomers.
- **Next PPC Meeting:** Tomorrow: Monday, September 25, at 7 pm.
- **Grief as a Journey:** this 10 week program starts September 26. See page 11 for details.

- **Funeral for + Nellie Sajiw-Bogda** will take place on Wednesday, September 27, at 10 am.
- On Sunday, October 1, at 2:30 there will be an unveiling of a new monument to commemorate and educate Albertans about the **Internment Operation Camps** which operated in Canada during 1914-1920. See page 10 for more details.
- **Next Choir Practice:** October 2nd & 9th at 6pm in the choir loft. Use the back door to enter. Come sing with us!
- Next **Ladies' Group Meeting:** Monday, October 2, at 7 pm. New members are welcome. Come join us.
- **Funeral for + Michael Iwanyszyn** will most likely take place on Tuesday, October 3, at 10 am.
- Next **Men's Club Meeting:** will be on Tuesday, October 3 at 7pm. New members are always welcome. Starting in January our meetings will be on the third Monday of the Months of Jan, Feb, March & May.
- Next **Knights of Columbus Meeting:** Tuesday, October 10, at 7 pm. If you are interested in joining us speak to any Knight.
- **Bishop's Name Day Celebration** is being held in our parish on Sunday, October 15th. Although held here the UCWLC of Holy Eucharist Parish is officially hosting this event (and we will be helping however we can). The Divine Liturgy on this Sunday will be held at 10:30 a.m. (bilingual). Following liturgy, all are invited to a luncheon. Doors will open at noon, meal at 12:30 p.m. Donations will be accepted for food packages for the people of Ukraine affected by the war. Charitable tax receipts will be issued for all donations over \$20. Please RSVP using the sign-up sheet which is located just beside Fr. Bo's office, or email [Patty Zakordonski: pzakordonski@gmail.com](mailto:pzakordonski@gmail.com)
- **October 16, 23, 30 & Nov 6** is the Horizon of Hope training for those interested in pastoral care. See page 10 for details.
- **Likely Baptisms** October 21
- **KofC Padre Night** will take place on October 26. See page 11 for the poster.
- **Men's Conference and Retreat** will take place October 27 & 28. See page 9 for details.
- **Holy Cross' Casino Fundraiser** dates are February 14 & 15, 2024 (Wednesday & Thursday) at Century Casino (Fort Road). We need volunteers for both dates. Shifts run from 9:00am to 3:30am. We need to fill positions for Chip Runners, Bankers, Cashiers, and also Count room staff. If you can help on those dates see Terry Yackimec to fill out the Casino Volunteer Worker Application form.

Kid's Bulletin Page

Kids: you are important and we love you. This page is for you.

Y	L	T	N	A	T	S	N	I	L	B	C	V	C
C	R	U	M	B	S	E	E	S	O	I	W	M	A
T	O	R	W	E	T	F	E	H	C	H	O	E	N
D	S	U	E	E	A	A	A	E	A	A	M	R	A
E	J	O	L	L	B	I	R	E	R	N	A	C	A
V	E	G	L	S	L	T	D	P	E	E	N	Y	N
I	S	L	D	E	E	H	H	T	S	T	T	E	I
L	U	E	H	A	T	S	D	L	G	R	E	A	T
W	S	A	C	G	U	L	C	L	O	S	Y	E	E
E	S	R	E	E	L	G	W	R	D	E	P	S	A
E	R	S	L	I	B	O	H	S	A	H	T	A	E
M	E	I	U	G	E	A	L	T	E	P	P	R	E
E	D	E	L	A	E	H	M	L	E	L	S	U	O
S	D	E	T	N	E	M	R	O	T	R	E	A	E

TABLE
 DAUGHTER
 GREAT
 HEALED
 CRUMBS
 SCRAPS
 JESUS
 FAITH
 ISRAEL
 LOST
 DEVIL
 MERCY
 INSTANTLY
 WOMAN
 SHEEP
 CANAANITE
 TORMENTED
 DOGS
 WELL

Woman, great is your faith! Let it be done for you as you wish.



Next Couple of Weeks at Holy Cross Parish

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>24</p> <p>Seventeenth Sunday after Pentecost. Octoechos Tone 8; Holy First-Martyr and Equal-to-the-Apostles Thekla 2 Corinthians 6:16-7:1; Matthew 15:21-28.</p> <p>9:30 am Rosary (MC)</p> <p>10 am Divine Liturgy (Bilingual)</p> <p>Sunday School</p> <p>Coffee Hour * group "D"</p> <p>2 pm Liturgy at St. Michael's Extended Care Centre</p> <p>2 - 4:15 pm Accordion Concert in Parish Hall</p>	<p>25</p> <p>Our Venerable Mother Euphrosyne Ephesians 4:25-32; Luke 3:19-22.</p> <p>10 am Bible Study</p> <p>10 am Diaconal Formation</p> <p>2:45 pm Meeting at St. Matthew's Catholic School</p> <p>7 pm PPC Meeting</p> <p><i>Monday Evenings are often used for Parish Meetings</i></p>	<p>26</p> <p>The Passing of the Holy Apostle and Evangelist John the Theologian 1 John 4:12-19; John 19:25-27; 21:24-25.</p> <p><i>Tuesday Morning are often used for Nursing Home Liturgies</i></p> <p><i>Tuesday Evenings are anticipated for youth ministries within the parish</i></p> <p>Eparchial Grief as Journey Program Begins</p>	<p>27</p> <p>Holy Martyr Callistratus and His Companions; Our Venerable Father Nilus, Founder and Hegumen of the Grottaferrata Monastery Ephesians 5:25-33; Luke 4:1-15.</p> <p>NO Divine Liturgy because of the funeral</p> <p>10 am Funeral Liturgy for Nellie Sajiw-Bogda</p> <p><i>Wednesday Evenings are anticipated for future Adult Faith Programming</i></p>	<p>28</p> <p>Our Venerable Father and Confessor Chariton (350); Holy Viacheslav, Czech Prince; Synaxis of the Venerable Fathers of the Monastery of the Caves Passing into eternal life of Blessed Nykyta Budka (1949), First Bishop of Canada and Confessor of Karaganda Polyeleos Feast. 2 Corinthians 4:6-15; Luke 6:17-23.</p> <p>Thursday morning School Visitations</p> <p>5:30 pm Fr. Bo has an appointment</p> <p><i>Thursdays afternoon till Friday morning is Fr. Bo's day off</i></p>	<p>29</p> <p>Our Venerable Father Cyriacus the Anchorite (c. 448-556) Abstinence from meat and foods that contain meat. Ephesians 6:18-24; Luke 4:22-30.</p> <p>Bulletin Writing day</p> <p><i>Please have all bulletin requests in by Thursday if possible.</i></p>	<p>30</p> <p>The Priest-Martyr Gregory, Bishop of Great Armenia (284-305) 1 Corinthians 15:39-45; Luke 4:31-36.</p> <p>National Day for Truth and Reconciliation (Orange T-Shirt)</p> <p>10:30 am Appointment</p> <p>Saturday Night Bulletin Photo-copying/ Liturgy set up</p>
<p>1</p> <p>Eighteenth Sunday after Pentecost. Octoechos Tone 1; The Protection of the Most Holy Mother of God; Holy Apostle Ananias, One of the Seventy Disciples; Our Venerable Father Roman Who Sang Sweetly (560) 2 Corinthians 9:6-11; Hebrews 9:1-7; Luke 5:1-11; Luke 10:38-42; 11:27-28.</p> <p>9:30 am Rosary (KC)</p> <p>10 am Divine Liturgy (Bilingual)</p> <p>Sunday School</p> <p>Coffee Hour * group "E"</p> <p>2 pm Liturgy at St. Michael's Extended Care Centre</p> <p>2:30 Unveiling of Monument at Alberta Legislature</p>	<p>2</p> <p>The Holy Priest-Martyr Cyprian; the Holy Martyr Justina; and the Holy Andrew, Fool for the Sake of Christ Philippians 1:1-7; Luke 4:37-44.</p> <p>10 am Bible Study</p> <p>10 am Diaconal Formation 5 pm Appointment</p> <p>6 pm Choir Practice</p> <p>7 pm Ladies' Club Meeting</p>	<p>3</p> <p>The Holy Priest-Martyr Dionysius the Areopagite Philippians 1:8-14; Luke 5:12-16.</p> <p>10 am Funeral of + Michael Iwanysyn</p> <p>10:30 Divine Liturgy at Venta Care Centre with Fr. ?</p> <p>Eparchial Grief as Journey Program</p> <p>7 pm Men's Club Meeting</p>	<p>4</p> <p>The Holy Priest-Martyr Hierotheus, Bishop of Athens; Ammon the Anchorite (350); Vladimir, Prince of Novgorod and his mother, Anne (1051); our Venerable Father Francis of Assisi (1181-1226) Philippians 1:12-20; Luke 5:33-39.</p> <p>9 am Divine Liturgy</p>	<p>5</p> <p>The Holy Martyr Charitina Philippians 1:20-27; Luke 6:12-19.</p> <p>Thursday morning School Visitations</p>	<p>6</p> <p>The Holy and Glorious Apostle Thomas Polyeleos Feast. Abstinence from meat and foods that contain meat. 1 Corinthians 4:9-16; John 20:19-31.</p> <p>2 pm Burial of + Anne Prokop at Westlawn</p>	<p>7</p> <p>The Holy Martyrs Sergius and Bacchus (293-305) 1 Corinthians 15:58-16:3; Luke 5:17-26.</p> <p>10:30 am Appointment</p> <p>Saturday Night Bulletin Photo-copying/ Liturgy set up</p>

PPC = Parish Pastoral Council

LC = Ladies' Club

MC = Men's Club

KC = Knights of Columbus

Changeable Parts for September 24th

Seventeenth Sunday after Pentecost. Octoechos Tone 8;
Holy First-Martyr and Equal-to-the-Apostles Thekla.

After “Blessed is the Kingdom” Sunday School children are blessed to go to the Sunday School room with their teachers.

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 8: When You rose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your resurrection,* and the ends of the world celebrate Your rising from the dead,* O most merciful One.

Now and for ever and ever. Amen.

Theotokion, Tone 8: To You, O Mother of God,* the invincible leader,* we, Your servants, ascribe these victory hymns* in thanksgiving for our deliverance from evil.* With Your invincible power free us from all dangers* that we may cry out to You:* “Hail, O Bride, and pure Virgin!”

Prokeimenon, Tone 8

Pray and give thanks to the Lord our God.

verse: In Judea God is known; His name is great in Israel.

Epistle: 2 Corinthians 6:16-7:1 (NRSV)

Brothers and sister, what agreement has the temple of God with idols? For we are the temple of the living God; as God said, “I will live in them and walk among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch

nothing unclean; then I will welcome you, and I will be your father, and you shall be my sons and daughters, says the Lord Almighty.” Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and of spirit, making holiness perfect in the fear of God.

Alleluia verses, Tone 8

Come, let us rejoice in the Lord; let us acclaim God our Saviour.

Let us come before His countenance with praise and acclaim Him with psalms.

Gospel: Matthew 15:21-28 (NRSV)

At that time, Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, “Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.” But he did not answer her at all. And his disciples came and urged him, saying, “Send her away, for she keeps shouting after us.” He answered, “I was sent only to the lost sheep of the house of Israel.” But she came and knelt before him, saying, “Lord, help me.” He answered, “It is not fair to take the children’s food and throw it to the dogs.” She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their masters’ table.” Then Jesus answered her, “Woman, great is your faith! Let it be done for you as you wish.” And her daughter was healed instantly.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.

Alleluia, alleluia,* alleluia.