



Exaltation of the Holy Cross

Ukrainian Catholic Parish

Українська Католицька Парафія Воздвиження Чесного Хреста

Sundays:

- 9:30 am Rosary
- 10 am Divine Liturgy

Wednesdays:

- 9 am Divine Liturgy

Most Major Feasts*:

- 10 am Divine Liturgy

(* It's always best to check the calendar in this bulletin for upcoming special events & feasts.)

Pastor: Fr. Bo Nahachewsky

Deacon: Dcn. François Provencal

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(call or text)

Fr. Bo's Email:
fr.nahachewsky@eeparchy.com

Church Website:

EHCUCP.CA

Facebook: facebook.com/ehcucp

Church Email: office@ehcucp.ca

Pastoral

Emergencies: 780-340-3726

Church: 780-478-5260

Hall: 780-478-4275

Fax: 780-476-6485

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Edmonton, AB

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Edmonton, AB T5C 3R6

More info on the next page.

Sunday, August 6, 2023

The Holy Transfiguration of Our Lord, God and Saviour Jesus Christ

Transfiguration

by • Fr. Thomas Hopko

The transfiguration of Christ is one of the central events recorded in the gospels. Immediately after the Lord was recognized by His apostles as “the Christ [Messiah], the Son of the Living God,” He told them that “He must go up to Jerusalem and suffer many things . . . and be killed and on the third day be raised” (Mt 16). The announcement of Christ’s approaching passion and death was met with indignation by the disciples. And then, after rebuking them, the Lord took Peter, James, and John “up to a high mountain”—by tradition Mount Tabor—and was “transfigured before them.”



... and His face shone like the sun, and His garments became white as snow and behold, there appeared to them Moses and Elijah, talking with Him. And Peter said to Jesus, “Lord, it is well that we are here; if you wish I will make three booths here, one for You and one for Moses and one for Elijah.” He was still speaking when lo, a bright cloud overshadowed them, and a voice from the cloud said, “This is My Beloved Son, with Whom I am well pleased; listen to Him.” When the disciples heard this, they fell on their faces with awe. But Jesus came and touched them, saying, “Rise, and have no fear.” And when they lifted up their eyes, they saw no one but Jesus only. And as they were coming down the mountain, Jesus commanded them, “Tell no one the vision, until the Son of Man is raised from the dead” (Mt 17.1–92, see also Mk 9.1–9; Lk 9.28–36; 2 Pet 1.16–18).

The Jewish Festival of Booths was a feast of the dwelling of God with men, and the transfiguration of Christ reveals how this dwelling takes place in and through the Messiah, the Son of God in human flesh. There is little doubt that Christ’s transfiguration took...

continued on next page.

Hi, I'm your new priest: Fr. Bo.

Bishop David has appointed me as pastor of the Exaltation of the Holy Cross Parish for 5 years. I will do my best to love and serve you all. I probably will make a million mistakes (especially remembering names) until we get to know each other better. (then I'll still make more, but not a million).

Learn about me on page 3, and please help me get to know you.



Hall Rentals;

call Lisa at: 780-222-9155
or email: hallrental@ehcucp

Membership:

email: membership@ehcucp

Perohy Off Sales: 780-478-4275

Funeral Dinners:

Call Cheryl: 780-456-2828

Parish Pastoral Council:

Parish Priest – Fr. Bo Nahachewsky
Deacon - Dcn. François Provencal
President – Mark Helmak
Past President – Peter Fedorak
1st Vice-President – Mark Ramsankar
2nd Vice-President – John Lukey
Secretary – Gwen Uchach
Treasurer – Peter Fedorak
Archivist – Diana Horyn
Cultural – Mariyka Bodnar
Fundraising – Edd Horyn
Hall Rental – Lisa Borosuik &
Gladys Woitas
Ladies' Club – Heather Gauthier
Knights of Columbus – Darrell Uchach
Men's Club President – Marc Chiasson
Youth Coordinator – Emmette Lysak
Maintenance – Larry Waye
Membership – J'lyn Ramsankar
Social – Vacant
Spiritual – Elizabeth Podloski

Baptism, Chrismation & Eucharist:

- Contact Fr. Bo, at least a month in advance if possible

Weddings:

- Contact Fr. Bo, at least a year in advance if possible

Funerals:

- Contact Fr. Bo, as soon as you are able.

Confessions:

- Sundays from 9 till 9:30
- or anytime, just call Fr. Bo to arrange it.

Transfiguration... continued...

... place at the time of the Festival of Booths, and that the celebration of the event in the Christian Church became the New Testamental fulfillment of the Old Testamental feast in a way similar to the feasts of Passover and Pentecost.

In the Transfiguration, the apostles see the glory of the Kingdom of God present in majesty in the person of Christ they see that "in Him, indeed, all the fullness of God was pleased to dwell," that "in Him the whole fullness of deity dwells bodily" (Col 1.19, 2.9). They see this before the crucifixion so that in the resurrection they might know Who it is Who has suffered for them, and what it is that this one, Who is God, has prepared for those who love Him. This is what the Church celebrates in the feast of the Transfiguration.

Thou wast transfigured on the mount. O Christ God, revealing Thy glory to Thy disciples as they could bear it. Let Thine everlasting light shine upon us sinners. Through the prayers of the Theotokos, O Giver of Light, glory to Thee (Troparion).

On the mountain wast Thou transfigured, O Christ God, and Thy disciples beheld Thy glory as far as they could see it; so that when they would behold Thee crucified, they would understand that Thy suffering was voluntary, and would proclaim to the world that Thou art truly the Radiance of the Father (Kontakion).

Besides the fundamental meaning which the event of the Transfiguration has in the context of the life and mission of Christ, and in addition to the theme of the glory of God which is revealed in all of its divine splendor in the face of the Saviour, the presence of Moses and Elijah is also of great significance for the understanding and celebration of the feast. Many of the hymns refer to these two leading figures of the Old Covenant as do the three scripture readings of Vespers which tell of the manifestation of the glory of God to these holy men of old (Ex 24.12–18; 33.11–34.8; 1 Kg 19.3–16).

Moses and Elijah, according to the liturgical verses, are not only the greatest figures of the Old Testament who now come to worship the Son of God in glory, they also are not merely two of the holy men to whom God has revealed himself in the prefigurative theophanies of the Old Covenant of Israel.

These two figures actually stand for the Old Testament itself: Moses for the Law and Elijah for the Prophets. And Christ is the fulfillment of the Law and the Prophets (Mt 5.17).

They also stand for the living and dead, for Moses died and his burial place is known, while Elijah was taken alive into heaven in order to appear again to announce the time of God's salvation in Christ the Messiah.

Thus, in appearing with Jesus on the mount of Transfiguration, Moses and Elijah show that the Messiah Saviour is here, and that He is the Son of God to Whom the Father Himself bears witness, the Lord of all creation, of the Old and New Testaments, of the living and the dead. The Transfiguration of Christ in itself is the fulfillment of all of the theophanies and manifestations of God, a fulfillment made perfect and complete in the person of Christ. The Transfiguration of Christ reveals to us our ultimate destiny as Christians, the ultimate destiny of all men and all creation to be transformed and glorified by the majestic splendor of God Himself.

There is little doubt that the feast of the Transfiguration of Christ belonged first to the pre-Easter season of the Church. It was perhaps celebrated on one of the Sundays of Lent, for besides certain historical evidence and the fact that today St Gregory Palamas, the great teacher of the Transfiguration of Christ, is commemorated during Lent, the event itself is one which is definitely connected with the approaching death and resurrection of the Saviour.

... for when they would behold Thee crucified, they would understand that Thy suffering was voluntary (Kontakion).

The feast of the Transfiguration is presently celebrated on the sixth of August, probably for some historical reason. The summer celebration of the feast, however, has lent itself very well to the theme of transfiguration. The blessing of grapes, as well as other fruits and vegetables on this day is the most beautiful and adequate sign of the final transfiguration of all things in Christ. It signifies the ultimate flowering and fruitfulness of all creation in the paradise of God's unending Kingdom of Life where all will be transformed by the glory of the Lord.

Hi, I'm Fr. Bo, your new parish priest.

Yes, Bo is short for Bohdan, but please call me Fr. Bo.

I was born and raised in the Holy Land. Yes, Saskatchewan. Mom and dad both raised us well in the faith (in the Cathedral in Saskatoon), knee deep in perogies, cabbage rolls and ice cream (our family had a Ukrainian restaurant called the O&O Drive-In), and we were active in the local Ukrainian community. My great-grandparents came to Canada as children in 1903, so, I'm 4th generation here... but I still can speak Ukrainian fairly well. Although I have Ukrainian roots, I consider myself fully and completely a Canadian.

I have 5 older brothers, and out of all 6 of us I am the best looking and humblest. My oldest brother Thomas is the Deacon, Architect and Engineer who designed this church building (as well as St. Sophia's), and my fourth oldest brother is also a fairly well known Priest back in the "Holy Land". The other 3 brothers are good too... a retired professor, retired police chief and a Painter/Decorator.

As a young adult I lived with the Ukrainian Redemptorists in Winnipeg helping with the less fortunate at the "Welcome Home", then I lived for a while in the Studite Monastery of the Holy Transfiguration (Mt. Tabor) in California. After that I studied for the priesthood in Ottawa at Holy Spirit Seminary. After graduating I worked for (then) Bishop Lawrence as Eparchial Youth Coordinator for several years, then he ordained me to the priesthood. I have served many parish communities including Lloydminster & Vermillion Districts, St. Stephen's in Calgary and most recently at Dormition here on the West side of Edmonton.

I married a wonderful Ukrainian Catholic Sherwood Park-ian (before ordination) named Jess who has lots of patience with me (most days). Together we have 3 bright university-aged kids who live with us at home: Theodore (Theo), Raina and Seraphine (Sera).

Besides parish work I am a consecrated iconographer who loves to paint/write icons and teach, I'm often a camp director at Camp Oselia, a somewhat okay tech user (websites, Youtube, and other such, but not Social Media), a very lousy ventriloquist, and a fan of many things nerdy.

I know my missions in life is to love and serve God and his people, and to tell awful dad jokes. In this parish I will try to keep things real, practical, and profound for all of you as best as I can.

Please note: I am seldom formal. Let me repeat that again. I am seldom formal. You will often see me playing with little kids, or hanging spoons from my nose at banquets, as do others who have ADHD. You might see me walking around with my big black dress (pid-ryasa) and pectoral cross, or a clergy collar on Sundays and for the first few weeks around the parish, but soon enough you will see me in an old t-shirt and blue jeans. Also, I cheer for the Roughriders, and have awfl spelng, and likely I will make many typis when doing the weekly church hulletin.



Now that you know some stuff about me, it's your turn.

I have set up a "Help me get to know you" form online. This is a wonderful way that you can introduce yourself to me, let me know what you do both at home and around the parish, and for you to tell me what you would like to see in our parish community. I even have a place for you to send me a photo of yourself so that I can learn your name.

This will likely take you about 10 minutes.

All you have to do it go to our parish website (ehcucp.ca) and click on the **"Tell me about yourself"** button, then... tell me about yourself and your family.

(Or if you are reading this bulletin online, then you can click on this hyperlink: <http://ehcucp.ca/help-me-get-to-know-you/> Or, you can type that hyperlink into your computer's browser. Or you can use this QR code. Or you can ask your children to help you find and fill in the form.)

Then as I get my feet under me in this new community, perhaps we can go out for tea or ice cream and get to know each other even better.



**I look forward
to getting to
know you all.**

Congratulations to Sam Johnson who was initiated into the church here at Holy Cross through the Holy Mysteries of Baptism, Chrismation and Eucharist this past week.

Sam is the child of Xina & Reg, who live in Winnipeg, but baba Elizabeth Chrapko is from here.

Mnohaya Lita!



This past week we laid the servant of God, + Jim Wasylcyia to rest. May God grant him rest among the saints.

Eternal Memory.
Vichnaya Pamyat.



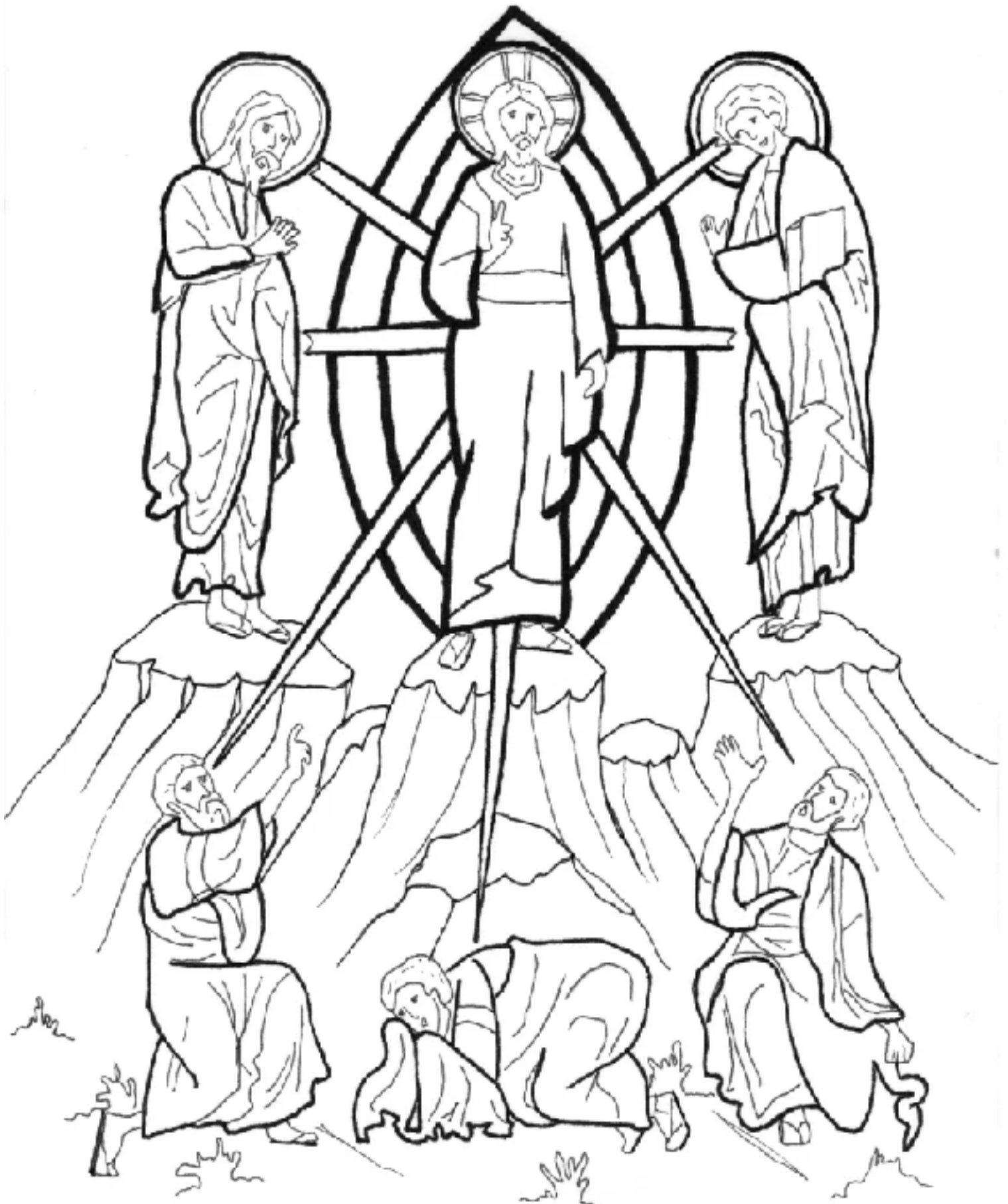
I'm new here. So... what am I missing? and what might I have wrong in this calendar?

I'm just getting to know what is happening in and around this parish, but here is what I have figured out so far... I think. There are likely several other things that I am missing. If you know of something that should be on this parish calendar, please let me (Fr. Bo) know. My email is fr.nahachewsky@eeparchy and my phone number is 780-340-3726.

I normally put a 2 week calendar in each bulletin.

Next Couple of Weeks at Holy Cross Parish

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6</p> <p>The Holy Transfiguration of Our Lord, God and Savior Jesus Christ Feast of our Lord. 2 Peter 1:10-19; Matthew 17:1-9.</p> <p>9:30 am Rosary</p> <p>10 am Festal Divine Liturgy followed by the blessing of Fruit</p> <p>Sunday School</p> <p>2 pm Liturgy at St. Michael's Extended Care Centre</p>	<p>7</p> <p>Post-feast of the Transfiguration; Holy Venerable-Martyr Dometius (360- 63) Dormition Fast. 2 Corinthians 2:4-15; Matthew 23:13-22.</p> <p>10 am Bible Study</p> <p>10 am Deaconal Formation</p> <p>5:30 pm Appointment</p> <p>Eparchial Acolyte Camp at Camp St. Basil's</p>	<p>8</p> <p>Post-feast of the Transfiguration; Holy Confessor Emilian, Bishop of Cyzicus (815) Dormition Fast. 2 Corinthians 2:14-3:3; Matthew 23:23-28.</p> <p>10 am Funeral of Ray Mackay</p> <p>Eparchial Acolyte Camp at Camp St. Basil's</p> <p>Possible Eparchial Youth Commission Meeting?</p>	<p>9</p> <p>Post-feast of the Transfiguration; Holy Apostle Matthias Polyeleos Feast. Dormition Fast. Abstinence from meat and foods that contain meat. Acts 1:12-17, 21-26; Luke 9:1-6.</p> <p>9 am Divine Liturgy</p> <p>Eparchial Acolyte Camp at Camp St. Basil's</p> <p>Possible Eparchial Youth Commission Meeting?</p>	<p>10</p> <p>Post-feast of the Transfiguration; Holy Martyr Euplus (304) Dormition Fast. (249-51) Dormition Fast. 2 Corinthians 4:1-6; Matthew 24:13-28.</p> <p>5:30 pm Appointment</p> <p>Eparchial Acolyte Camp at Camp St. Basil's</p> <p>(Fr. Bo likely will take Thursdays off when possible)</p>	<p>11 🐟</p> <p>Post-feast of the Transfiguration; Holy Martyr Photius and Anicetas (284-305) Dormition Fast. Abstinence from meat and foods that contain meat. 2 Corinthians 4:13-18; Matthew 24:27-33, 42-51.</p> <p>Eparchial Acolyte Camp at Camp St. Basil's</p> <p>Possible Eparchial Youth Commission Meeting?</p>	<p>12</p> <p>Post-feast of the Transfiguration; Holy Martyrs Photius and Anicetas (284-305) Dormition Fast. 1 Corinthians 1:3-9; Matthew 19:3-12.</p> <p>Eparchial Acolyte Camp at Camp St. Basil's</p>
<p>13</p> <p>Eleventh Sunday after Pentecost. Octoechos Tone 2; Leave-taking of the Feast of the Holy Transfiguration; Our Venerable Father Maximus the Confessor (662) Dormition Fast. 1 Corinthians 9:2-12; Matthew 18:23-35.</p> <p>9:30 am Rosary</p> <p>10 am Divine Liturgy followed by the blessing of Fruit</p> <p>Sunday School</p> <p>2 pm Liturgy at St. Michael's Extended Care Centre</p>	<p>14</p> <p>The Transfer of the Precious Relics of Our Venerable Father Theodosius, Hegumen of the Monastery of the Caves at Kiev (1091); Fore-feast of the Holy Dormition of the Mother of God; Holy Prophet Micah (8th c. BC) Polyeleos Feast. Dormition Fast. Hebrews 13:7-16; Matthew 11:27-29.</p> <p>10 am Bible Study</p> <p>10 am Deaconal Formation</p> <p>11 am Parish Bingo Fundraiser</p> <p>5:30 pm Appointment</p>	<p>15</p> <p>The Dormition of Our Most Holy Lady, the Mother of God and Ever-Virgin Mary; Kievian-Caves Icon of the Mother of God (1073), and Zaranysia Feast of the Mother of God. Holy Day of Obligation. Philippians 2:5-11; Luke 10:38-42, 11:27-28.</p> <p>10 am Festal Divine Liturgy</p>	<p>16</p> <p>Post-feast of the Dormition; the Transfer from Edessa to Constantinople of the Holy Icon ?Not Made with Hands? of Our Lord, God and Savior Jesus Christ, also Called the Holy Veil, and the Holy Martyr Diomedes (284-305) 2 Corinthians 6:11-16; Mark 1:23-28.</p> <p>9 am Divine Liturgy</p>	<p>17</p> <p>Post-feast of the Dormition; the Holy Martyr Myron (249-51) 2 Corinthians 7:1-10; Mark 1:29-35.</p> <p>10:30 am Safer Environments Meeting</p> <p>5:30 pm Appointment</p> <p>(Fr. Bo likely will take Thursdays off when possible)</p>	<p>18 🐟</p> <p>Post-feast of the Dormition; Holy Martyrs Florus and Laurus (313-24) Abstinence from meat and foods that contain meat. 2 Corinthians 7:10-16; Mark 2:18-22.</p>	<p>19</p> <p>Post-feast of the Dormition; Holy Martyr Andrew the General and those with him (286-305) 1 Corinthians 1:26-29; Matthew 20:29-34.</p>



Kid's Colouring Page

Keep this picture on your fridge, or give it to Fr. Bo and he will put it on a bulletin board at church!

Bulletin

I admit, I think bulletins and websites are awesome tools that most parishes underutilize. It is a tool that we can use to keep each other informed, teach each other things, and even encourage each other with.

I have been making big bulletins from the early days of my priesthood and I doubt that I will stop soon. Not every one will be 8 pages long... some might be only 4 pages... but I must admit I have done quite a few that have even exceeded 12 pages.

I hope to make this bulletin something that not only educates us, but also helps us learn from our past, be proud of our present, and excited about our future.

I will have a colour copy of it on our website weekly (but we will print it in black & white for the sake of cost), and I would love to email it to you every week. Please go and put yourself on my list on the parish website. (You can always unsubscribe if it gets annoying).

As a priest I can do a bunch, but I can't do it all. Obviously this is not "my" parish, it is not just "your" parish, but it is "our" parish in God's Church. We all need to be active disciples of Christ and work with the gifts that the Holy Spirit has granted us. Some of us are going to be organized. Some of us are going to be good at teaching. Some of us can wisely take care of the resources we have. Others will feed and take care of people. Others will sing, and still others will seek out those who need someone to find them. We are all called to minister in some way(s).

In a parish communication is very important. If part of the body of Christ is moving in one direction, and another part is moving in another direction, then the church will be pulling against itself and will be frustrated and less productive. Hopefully the bulletin and website will keep us "on the same page".

Okay, here is where I ask for your participation:

- We need each organization, ministry and all Parish Pastoral Council (PPC) members need to **review and update** the sections of the website which pertain to them. Some info is apparently quite outdated. Simply type an email to me with what you want it to say, and we will cut and paste it into the appropriate spot.
- Also, we need each group to let me know **what is happening regularly** (meetings, events, workbees...) so that I can keep the bulletin, calendar and website up to date.
- We need **pictures and videos!** Everyone pull out your phones and get snapping, then share them with the office/me. Let's fill the world with the beauty of our community. (Obviously we can't post photos or videos of children without permission of their parents.)
- We need to "target" the right audiences. It's true, we need to communicate amongst ourselves, but we also need to share our faith and grow the Kingdom of God. It's not only communication, it's evangelizing. The world calls this "**Marketing**". If you know what you are doing in this area, please don't be shy.
- We need someone on **Social Media**. Personally, I will not do this job alone. I go on FaceBook once or twice a year when I need to get someone's info. But I recognize that this is a powerful tool, and we as a can not neglect it. We can create content together, and share them on multiple platforms.
- We need **constructive** criticism. If you are just going to point out what is wrong... maybe stay quiet. But if you can show us what can be improved and help us be better, please do!
- We need **creativity and art**. If we just have the same stuff over and over, then people will get bored. Help keep us fresh.
- We need fun. Let's not be overly formal and rigid. **Funny anecdotes** are most welcome from anyone, so long as they are consistent with our overall message of Christ.
- Our kids do more online that we do and they are an important part of our parish, so we need to be family friendly. **Youth centred** content is important. Parents, teachers and Youth yourselves, help us out please.
- We need everyone to **read** the bulletin and website. They won't work at all if we don't read them.
- We need everyone to share their bulletins with others (don't leave them in the pews for someone else to clean up). **Pass on your bulletin** to your kids, neighbours, friends, coworkers, even those people who annoy us!

Website

One of the first things that I did upon becoming the pastor is write things down. Why? Because I can't remember everything.

There is a LOT of things going on in a parish like this and who can keep track of it all? There would need to be a 100 page bulletin every week! Well... remembering it all is possible, with the help of our parish website.

One of the first things I did when I arrived was to ask for access to the website. I have been working on it since Friday, and have managed to get a bunch of stuff going. On our website you will notice all the things we had before, plus a whole pile of new stuff. It's simple to use. Just go to EHCUCP.CA

Much still needs to be updated, I'm sure there will be some re-organizing, and I promise I will be making more content too. It **will** be updated often.

Please check it out regularly.

Changeable Parts for Aug 6th

The Holy Transfiguration of Our Lord, God and Saviour Jesus Christ

Antiphon 1

Shout to the Lord, all the earth, sing now to His name, give glory to His praise.

Through the prayers of the Mother of God, O Saviour, save us.

The voice of Your thunder was in the whirlwind; Your lightning lit up the world.

Through the prayers of the Mother of God, O Saviour, save us.

You have clothed Yourself in praise and splendour; You robe Yourself in light as with a cloak.

Through the prayers of the Mother of God, O Saviour, save us.

Glory... Now... Only-begotten Son...

Antiphon 3

Those who trust in the Lord are like Mount Sion which cannot be moved.

Troparion, Tone 7: You were transfigured on the mount, O Christ God,* showing Your glory to Your disciples as much as they could bear.* Make Your eternal light shine* also on us who are sinners,* through the prayers of the Mother of God,* O Giver of Light, glory to You!

The mountains surround it, and the Lord surrounds His people henceforth and forever.

Troparion, Tone 7: You were transfigured on the mount, O Christ God,* showing Your glory to Your disciples as much as they could bear.* Make Your eternal light shine* also on us who are sinners,* through the prayers of the Mother of God,* O Giver of Light, glory to You!

Lord, who will stay in Your dwelling place, or abide on Your holy mountain?

Troparion, Tone 7: You were transfigured on the mount, O Christ God,* showing Your glory to Your disciples as much as they could bear.* Make Your eternal light shine* also on us who are sinners,* through the prayers of the Mother of God,* O Giver of Light, glory to You!

Who will ascend the Lord's mountain, or stand in His holy place?

Troparion, Tone 7: You were transfigured on the mount, O Christ God,* showing Your glory to Your disciples as much as they could bear.* Make Your eternal light shine* also on us who are sinners,* through the prayers of the Mother of God,* O Giver of Light, glory to You!

Entrance

Lord, send forth Your light and Your truth, these have guided and led me to Your holy mountain.

Troparion, Tone 7: You were transfigured on the mount, O Christ God,* showing Your glory to Your disciples as much as they could bear.* Make Your eternal light shine* also on us who are sinners,* through the prayers of the Mother of God,* O Giver of Light, glory to You!

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 7: You were transfigured on the mount, O Christ God,* and Your disciples saw Your glory as much as they could,* that when they saw You crucified* they might know that You suffered willingly*, and might proclaim to the world* that You are truly the brightness of the Father.

Prokeimenon, Tone 4

How great are Your works, O Lord, You have made all things in wisdom.

verse: Bless the Lord, O my soul; O Lord, my God, You are exceedingly great. (Psalm 103:24,1)

Epistle: 2 Peter 1:10-19 (NRSV)

Brothers and sisters, be all the more eager to confirm your call and election, for if you do this, you will never stumble. For in this way, entry into the eternal kingdom of our Lord and Savior Jesus Christ will be richly provided for you.

Therefore I intend to keep on reminding you of these things, though you know them already and are established in the truth that has come to you. I think it right, as long as I am in this body, to refresh your memory, since I know that my death will come soon, as indeed our Lord Jesus Christ has made clear to me. And I will make every effort so that after my departure you may be able at any time to recall these things.

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain.

So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a...

... dark place, until the day dawns and the morning star rises in your hearts.

Alleluia, Tone 8

verse: Yours are the heavens, and Yours the earth.

verse: Blessed are the people who know the festal shout, they will walk in the light of Your countenance, O Lord. (Psalm 88:12,16)

Gospel: Matthew 17:1-9 (NRSV)

At that time, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is

my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

Hymn to the Mother of God & the Irmos, Tone 4:

O my soul, magnify the Lord transfigured on the mountain.

Your giving birth was received as incorrupt; for it was God who came forth from your womb; He appeared on earth in the flesh, and made His dwelling among us. Thus, O Mother of God, all of us magnify you.

Communion Hymn

We will walk in the light of Your face, O Lord,* and rejoice in Your name forever. Alleluia, alleluia,* alleluia. (Psalm 88:16,17)

A note* to those in the choir.

I take the changeable parts directly from the Eparchial Website.

* pun only slightly intended.

• **Thank you** to all those who have helped with this past week's funeral for + Jim Wasylcyia.

• **Tuesday:** At 10 am we will be having a funeral for the servant of God + **Raymond (Ray) Mackay**. May God grant him rest among the saints. Eternal Memory.

• **Next PPC Meeting:** 10:30 am (after Divine Liturgy) on Wednesday, August 23.

Parish News:

Interested in learning more about God, your faith, and the Church?

The Eparchy of Edmonton is pleased to announce Year I (of a two-year program) of our Lay Leadership and Diaconate Formation Program in collaboration with Newman Theological College starting September 18, 2023. The Lay Leadership and Diaconal Formation Program is intended to provide opportunities for individuals to be formed for ministry in their parish and learn about their faith.

Each course consists of 10 online sessions, spanning 5 weeks, requiring some 4 hours of work per week (2 hours per lesson). No exams. Cost of registration per course \$90.00 plus the cost of books.

Sign up for an online course (or two or three) or even work towards a Certificate in Eastern Christian Traditions at Newman Theological College (Edmonton).

To register and for more information, visit Newman.edu/CCS, eeparchy.com/?s=Lay+Leadership or contact Andrea Leader andrea.leader@eeparchy.com or Bernie Mandrusiak bernadette.mandrusiak@eeparchy.com or call the Pastoral Centre (780) 424-5496.

Year I - Certificate in Eastern Christian Traditions I

The Certificate in Eastern Christian Traditions I provides an introduction to the rich tradition of the Eastern Christian faith. Participants will explore their faith through the study of the Theology of Eastern Christianity, Worship and Spirituality of the Eastern Catholic Churches and the Holy Mysteries (Sacraments).

- CCS-002 Scripture (Cycle 1 Sept. 18 – Oct. 22, 2023)
- CCS-046 The Theology of Eastern Christianity Part I (Cycle 2 Oct. 30 – Dec. 3, 2023)
- CCS-047 The Theology of Eastern Christianity Part II (Cycle 3 Jan. 8 – Feb. 11, 2024)
- CCS-048 Worship and Spirituality of Eastern Catholic Churches Part I (Cycle 4 Feb. 19 – Mar. 24, 2024)
- CCS-090 Worship and Spirituality of Eastern Catholic Churches Part II (Cycle 5 Apr. 1 – May 5, 2024)
- CCS-050 The Holy Mysteries: An Introduction (Cycle 6 May 13 – June 16, 2024)

Additional courses of interest:

- CCS-049 Praying with Icons - Cycle 6 (May 13 – June 16, 2024)